MIRACOSTA COLLEGE BULLETIN **COMMUNITY EDUCATION** SPRING | 2018

Art • Computers • Career & Work Skills Training • Children & Teens

Fun with academic excellence Drivers Education • ELI • Enrichment • Excursions



ENGLISH ANGUAGE INSTITUT

Why study English with us? See p39

tci.miracosta.edu





Watch for our College for Kids Summer 2018 Schedule!

— An exciting selection of classes posted online February 26 —

- Ace of Cakes
- Fierce and Fabulous Females
- Hogwarts School of Wizardry
- Jr. Vet Tech / Vet Tech
- Junior Animal Trainer
- Robotics: LEGO Mindstorm EV3
- Survivor Camp

- You Be the Chemist
- Motors and Generators for Young Engineers
- Totally Irresponsible, Potentially Catastrophic Science
- Video Game Design
- Young Jedi Academy
- Top Chef

And more to come...



Call 760.795.6820 for more information

CONTENTS Workshops, Classes & Excursions

In this bulletin you will find a variety of enrichment and work skills courses. All of these courses are affordable, fee-based, not-for-credit offerings that are not supported by any state or local taxes. Your enrollment fees keep this program going.

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MiraCosta College is accredited by the Accrediting Commission for Community and Junior Colleges, Western Association of Schools and Colleges, 10 Commercial Blvd., Suite 204, Novato, CA 94949, 415.506.0234, an institutional accrediting body recognized by the Council for Higher Education Accreditation and the U.S. Department of Education. Additional information about accreditation, including the filing of complaints against member institutions, can be found at: accjc.org. The college is also approved by the California Department of Education for the training of veterans under the provisions of the GI Bill® of Regulations.

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HOW TO REGISTER

1 Internet Registration—Go to miracosta.augusoft.net to register online.

- **2** By Phone: 760.795.6820—Please have your Visa, MasterCard, or Discover card in hand and your registration information ready when you call.
- 3 In Person—Community Education & Workforce Development Office, MiraCosta College Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, CA 92011. Hours: 9 AM–5 PM, Monday–Friday.
- **By Mail**—Complete the registration form on the next page using a separate form for each person. Forms may be duplicated. Visa, MasterCard, Discover card or check (payable to MiraCosta College) can be used to pay registration fees. If you would like a confirmation, enclose a self-addressed, stamped envelope. Mail checks and completed registration form(s) to: Community Education & Workforce Development, MiraCosta College Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, CA 92011.

Remember to mark your calendar with class date, time and location. Please included your email address on your registration form. You will receive an email confirmation of your enrollment.

PARKING INFORMATION

Parking permits are required at the Oceanside, San Elijo and Community Learning Center (CLC) campuses of MiraCosta College Monday–Saturday. Students may park in any lot marked Student or spaces marked Student on all campuses. Please avoid any spaces or lots marked Staff. Parking permits may be purchased from the parking permit vending machines as follows:

- Oceanside Campus: A day pass may be purchased for \$1. There are three parking permit vending machines located on the Oceanside Campus in Parking Lots 1A, 3C and 4C. In Parking Lot 4C, students may use debit and credit cards, a one dollar bill and exact change (no pennies). In Parking Lots 3C and 1A, students may use a one dollar bill and exact change (no pennies).
- San Elijo Campus: A day pass may be purchased for \$1. There is one parking permit vending machine located next to the College Police kiosk in the front of the campus. This machine takes a one dollar bill and exact change (no pennies).
- **Community Learning Center:** A day pass may be purchased for 50 cents. There is one parking permit vending machine located at the front of the parking lot across from the main building entrance. This machine takes exact change (no pennies).
- Technology Career Institute: Parking permit is not required. Parking is free.

REFUND & TRANSFER POLICY

Check refunds may take 4-6 weeks to process.

Class/Workshop Refund Policy: Refunds will be made up to three business days prior to the class start date. No refunds will be given once a class has started. A \$10 cancellation fee will be retained for each refund. A full refund will be given if a class is cancelled due to low enrollment. Unused attendance is not transferable to another class session.

Excursion Refund Policy: Refunds will be made up to one week before the excursion only if the excursion is full and someone on the waiting list is available to take your place. There will be a \$25 cancellation fee if a replacement can be found.

Work Skills Refund Policy: Refunds will be made up to five business days, depending on course, prior to the class start date. A \$25 cancellation fee for work skills programs will be retained for each refund. A full refund will be given if a class is cancelled due to low enrollment. Unused attendance is not transferable to another class session.

Class/Workshop Transfer Policy: Transfers will be approved up to three business days prior to the class start date. Students must receive a verbal approval from Community Education before a transfer can be made.

For more information, email us at: commservices@miracosta.edu

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COMMUNITY EDUCATION & WORKFORCE DEVELOPMENT

Job	Training,	Workshops,	Classes	&	Excursions
All of	these course	es are affordable	, fee-based	, n	ot-for-credit offerings.

REGISTRATION FORM			0
MAIL TO: Community Education & Workforce Development MiraCosta College Technology Career Institute 2075 Las Palmas Drive Carlsbad, CA 92011		P Call 760.795.6820 are required on	
Last () Phone: Day	First	() Evening	Middle Initial
Mailing Address			
City			Zip Code
Email Address			Date of Birth
Please list the courses you wis	sh to attend:		

Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
			Total \$

Register by phone or online at **miracosta.augusoft.net** 24 hours a day with your credit card (or complete this registration form if you prefer):

MASTERCARD	DISCOVER CARD

Card Number

Signature of Cardholder

Expiration Date

ARTS | CRAFTS | KNITTING



Stained Glass for Beginners

Create your own beautiful stained glass art pieces and windows! Learn the art of stained glass from a master cutter, right in a stained glass studio. In this comprehensive workshop, you will learn the basics of design and assembly, as well as the use of the tools needed to develop beautiful stained glass artwork. By the end of the workshop, you will have created as many as three projects suitable for display or sale (depending on your speed and ability).

Fee: \$104. Early Bird Special \$95 (Register BEFORE 3/2 for this rate)

Supplies: A \$40 per-project material fee for glass, solder, lead and copper will be collected in class. On-site sales of tools available. Bring snacks.

Instructor: Don Myers

Location: Don Myers Stained Glass 1025 S. Coast Highway, Oceanside Time: 3 Saturdays, 3/10–3/24, 11 AM–2 PM

NEW Mosaic in 3D-Introduction to Mosaic Sculpture

All levels are welcome.

We will explore preliminary mosaic sculpture techniques by working with three dimensional forms in a fun, relaxed atmosphere. Students will complete three projects for home, office



Gazing Ball by student David

or garden. More advanced students may choose to do their own project with individual guidance from instructor.

Fee: \$129. Early Bird Special \$119 (Register BEFORE 1/27 for this rate)

Supplies: A \$50 material fee will be collected in class. Students may choose to purchase additional materials and/or bring their own tools from home. Instructor: Cathy Sparks

Location: San Elijo Campus, Room 406 Time: 7 Thursdays, 2/1–3/15, 6–9 PM

Personal Mosaic Totems

Back by popular demand! All levels are welcome.

Create your own personal totem post! We will study contemporary mosaic pillar and historic totem pole images for a sculptural piece suitable for indoors or outdoors in a fun, relaxed atmosphere. More advanced students may choose to do their own project with individual guidance from instructor.



Personal Totem by student Judy

Fee: \$129. Early Bird Special \$119 (Register BEFORE 3/22 for this rate)

Supplies: A \$50 material fee will be collected in class. Students may choose to purchase additional materials and/or bring their own tools from home.

Instructor: Cathy Sparks

Location: San Elijo Campus, Room 406 Time: 7 Thursdays, 3/29–5/10, 6–9 PM

Knitting Basics and Beyond

All levels are welcome.

Learn the timeless art of knitting and unlock your creativity in this no stress class. Taught by a certified knitting instructor, each session will be divided into two parts. First, we will explore topics through lecture and hands-on practice. Then, knitters will have time to work on their own projects, consult with the instructor on specific issues, and share in the relaxing experience of knitting as a part of a community.

Fee: \$129. Early Bird Special \$119 (Register BEFORE 1/23 for this rate)

Supplies: A \$3 material fee will be collected in class for lesson handouts. A materials list will be sent prior to the start of class.

Instructor: Karen des Jardins

Location: Oceanside Campus, Room 4016 Time: 6 Mondays (every other Monday) 1/29–4/9, 6–8:30 PM

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Pattern Making and Sewing

All levels are welcome.

Make perfect fitting patterns for bodice, sleeves, skirt and pants! Learn the art of taking measurements, pattern drafting (using templates in your size provided by the instructor), fitting, grading, and sewing of the test garment. Enjoy learning how design can showcase your unique, beautiful body shape.

Fee: \$110. Early Bird Special \$90 (Register BEFORE 1/27 for this rate)

Supplies: Sewing machines are not required. Bring a sack lunch. A materials list will be sent prior to the start of class.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4526 Time: 4 Saturdays, 2/3–3/3, 9:30 AM–2:30 PM *No class on 2/17.*



NEW Sewing for High Fashion Clothing Design

All levels are welcome.

Learn how to make garments with style, proper fit and a high fashion look! Choose the correct size based on body frame shape and measurements. Learn high quality clothing construction techniques in a class filled with talented people. Let your imagination soar and delight yourself while making garments you always wanted.

Fee: \$110. Early Bird Special \$90 (Register BEFORE 4/7 for this rate)

Supplies: Sewing machines are not required. Bring a sack lunch. A materials list will be sent prior to the start of class.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4526 Time: 4 Saturdays, 4/14–5/5, 9:30 AM–2:30 PM

Draping, Drafting and Fitting for Garments Design

All levels are welcome.

The art of fashion draping is the manipulation of fabric on a three dimensional form to obtain perfect fit and harmony between the fabric, design of the garment and the silhouette of the model. It allows for more inspiration as you learn the draping method and see the proportion, balance and style lines of a design emerge.

Fee: \$110. Early Bird Special \$90 (Register BEFORE 3/3 for this rate)

Supplies: Sewing machines are not required. Bring a sack lunch. A materials list will be sent prior to the start of class.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4526 Time: 4 Saturdays, 3/10–4/7, 9:30 AM–2:30 PM *No class on 3/24.*



Have a **passion** for teaching?

Do you have an idea for a class that you would like to propose? Please visit the website below to view subjects needed. Contact our office for additonal information!

For more information: miracosta.augusoft.net

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Drawing Animals

All experience levels welcome, especially the enthusiastic beginner!

Let's draw animals—from decoratively filled silhouettes to realistic head studies and expressive gesture drawings. Learn to render eyes, fur and feathers using pencil media, watercolor pencils, pen and ink. Working from photos, lessons will include freehand methods and the realistic artist's use of tools, such as grids and proportional dividers.

Fee: \$99

Supplies: A \$3 material fee will be collected in class. A materials list will be sent prior to the start of class.

Instructor: Drew Bandish

Location: San Elijo Campus, Room 406 Time: 5 Saturdays, 2/3–3/10, 9 AM–12:30 PM *No class on 2/17.*



New How to Draw Portraits That SELL

All experience levels welcome.

Whether you are an absolute beginner or seasoned artist, this class will teach you secret tips and techniques to draw portraits that sell. Have fun learning basic portrait anatomy and expressions, how to photograph your model and the business of portrait selling from a pro who has painted over 3,000 portraits. You will be drawing at every class session!

Fee: \$110. Early Bird Special \$99 (Register BEFORE 3/10)

Supplies: A \$3 material fee will be collected in class. A materials list will be sent prior to the start of class.

Instructor: Stan Stevenson

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Location: San Elijo Campus, Room 205 Time: 6 Saturdays, 3/17–4/28, 9 AM–12 PM *No class on 3/24.*

NEW Learn to Draw Fabulous Figures Without a Model

All experience levels welcome.

Want to draw a figure for your family, your work colleagues or your kids? Learn how to draw the human figure easily, without

the expense of a model. Invent figures with the "Secrets of the Old Masters." Even Michelangelo did not use models hovering in the air to paint the Sistine Chapel. He invented them and so will you! Learn Michelangelo's secrets of anatomy and his original



technique in this fast, fun and informative class. You will learn to simplify the form and basic anatomy from a long-time professional artist.

Fee: \$110. Early Bird Special \$99 (Register BEFORE 1/27)

Supplies: A \$3 material fee will be collected in class. A materials list will be sent prior to the start of class.

Instructor: Stan Stevenson

Location: San Elijo Campus, Room 206 Time: 5 Saturdays, 2/3–3/10, 9 AM–12 PM *No class on 2/17.*

INSTRUCTOR BIO:

Stan Stevenson is a modern-day Renaissance artist. His work is recognizable and beautiful, something you can enjoy without having to have a reason. Today, there is a re-emergence of the craftsmanship and technical excellence of the "old school"-the same excellence and quality that is synonymous with the "Old Masters." He has followed this approach to painting since he began his career over 40 years ago. His paintings hang in some of the finest galleries.

Stevenson has attracted the attention of celebrities, statesmen, and corporate presidents, who have, over time, become devoted collectors. Now is your opportunity to explore the two art courses that Stan is teaching this semester!



ke advantage

of the Early Bird Specials.

Note: Applies to

elect courses. eck each class for pricing.

New Draw Your Way Through Art History-Making Art History Come Alive

All experience levels welcome.

Take a fun tour of art history and learn to interpret various styles in your own way. Develop drawing skills while being inspired by ancient artistry, as well as modern masters. Create your own works of art as we explore a selection of works such as centuries-old frescoes, Impressionist art and popular artists from Klimt to Warhol.

Fee: \$110. Early Bird Special \$99 (Register BEFORE 2/24)

Supplies: A materials list will be sent prior to the start of class. Instructor: Alice Picado Location: San Elijo Campus, Room 206 Time: 6 Mondays, 3/5–4/9, 6–9 PM

Watercolor-An Elemental Approach

All experience levels welcome, especially the enthusiastic beginner!

Do you find inspiration in representational subjects (trees, rocks, water, sky, people, animals, buildings, flowers, shadows and colors) but confused about how to paint them? Learn a logical, elemental approach to artfully depict representational subjects in watercolor while developing control of shape, color, value and texture in a watercolor medium.

Fee: \$154

Supplies: A \$3 material fee will be collected in class. A materials list will be sent prior to the start of class.

Instructor: Drew Bandish

Location: San Elijo Campus, Room 206 Time: 8 Saturdays, 3/17–5/19, 9 AM–12:30 PM No class on 3/31 & 4/21.

Watercolor Portrait Painting

All experience levels welcome.

Learn how to capture the most essential qualities of a portrait. Gain technical mastery and intuitive understanding

of the human face. This class will teach students watercolor techniques, line, form, contour, composition and proportions of the head, as well as the proper use of materials. Students will learn how to paint each feature on the face through demonstrations and exercises designed to advance your painting skills.

Fee: \$120. Early Bird Special \$105 (Register BEFORE 1/27)

Supplies: A \$5 material fee will be collected in class. A materials list can be viewed under this course description on miracosta.augusoft.net

Instructor: Alexsandra Babic

Location: Oceanside Campus, Room 2269 Time: 6 Saturdays, 2/3–3/17, 9 AM–12 PM *No class on 2/17.*

NEW Paint Outdoors with Watercolor

All experience levels welcome.

Discover the fun and challenge of sketching and painting outdoors with watercolor. In this introductory course, you will learn how to capture your impressions of time and place as we paint in the outdoor setting of MiraCosta's San Elijo campus, as well as a scenic spot off campus (location to be determined and transportation not included).

Fee: \$110. Early Bird Special \$99 (Register BEFORE 4/21)

Supplies: A materials list will be sent prior to the start of class.

Instructor: Alice Picado Location: San Elijo Campus, Room 206 Time: 4 Saturdays, 4/28–5/19, 1 PM-4:30 PM

ARTS | PAINTING



Watercolor and More-Mature Adult

All skill levels are welcome, even first timers.

Would you like to paint with confidence by learning extremely fun and easy techniques to achieve quality results? Are you looking for a way to reduce stress and have a relaxing and creative experience in a supportive group? Then this is the class for YOU! Individual attention will be given to each student. You will be delighted with your successful paintings!

Fee: \$79. Early Bird Special \$70 (Register Before 1/27 for class start date 2/6 and BEFORE 3/22 for class start date 4/3) Instructor: Denise McMurtrie

Location: La Colonia Park, Recreation Room Time Options:

7 Tuesdays, 2/6-3/20, 1:30-3:30 PM

7 Tuesdays, 4/3-5/15, 1:30-3:30 PM

Painting Techniques and Aesthetics

All experience levels welcome.

If you are interested in learning more about painting in oil and acrylic, this class is for you! New students, as well as seasoned painters, will benefit from learning about painting supplies, color mixing, composition, values and techniques including brushstroke, dry brush, glazing and more through demonstrations, as well as hands on practice.

Fee: \$187. Early Bird Special \$177 (Register BEFORE 1/27 for this rate)

Supplies: A material list will be sent prior to the start of class.

Instructor: Judy Sayer

Location: Fletcher Cove, Community Center Time: 7 Thursdays, 2/1–3/15, 10:30 AM–1:30 PM

Painting at the Beach

This class is for all level of painters, beginner to advanced. Paint in oil or acrylic. Class includes discussion, demonstrations and instruction. Topics covered include color mixing, brushstroke technique, values, perspective and composition. Each class ends with a critique designed to help evaluate how students are progressing in a friendly, nurturing atmosphere. Enjoy the ocean views and paint outside if you like!

Fee: \$188

Supplies: A materials list will be sent prior to the start of class. Instructor: Linda Goldstein Location: Fletcher Cove, Community Center Time: 7 Wednesdays, 2/7–3/21, 9 AM–12 PM

Fee: \$162

Time: 6 Wednesdays, 4/4-5/9, 9 AM-12 PM

Oil Painting

This is a class for new or experienced students with good drawing skills. The class emphasis changes each semester, so there is a continual learning of new skills. The goal is to better understand value, shape and color, and how to use them to create a harmonious painting. There will be a mix of painting with the class on a project and working independently. By the end of this course, you will have some finished paintings to proudly display in your home! Build the foundation you need to create great works of art.

Note: Must have previous experience in drawing or strong drawing skills.

Fee: \$99

Supplies: A \$5 material fee will be collected in class. A materials list will be sent prior to the start of class.

Instructor: Anne von Benckendorff Location: San Elijo Campus, Room 205

Time: 5 Saturdays, 2/3–3/10, 9 AM–12 PM No class on 2/17.

(10)



Acting-Lights, Action and Sound

Monty Silverstone, father of Alicia Silverstone, will teach budding and experienced actors monologues, scene study, cold reading and improvisation. Not only will you have fun, you might even be discovered. Class size limited. Enroll now!

Fee: \$162. Early Bird Special \$149 (Register BEFORE 2/16 for this rate)

Supplies: A \$18 material fee will be collected in class.

Instructor: Monty Silverstone Location: Fletcher Cove, Community Room Time: 6 Wednesdays, 2/28–4/4, 1:30–4:30 PM



Beginning Blues Harmonica

This class will get you quickly "jammin" da blues" as you learn the many techniques to make the harmonica cry, moan, and wail the blues! Through this fun, one-night workshop, you will learn proper breathing techniques, blues harmonica rhythms, improvisational techniques, and how to effectively solo and practice.

Fee: \$45

Supplies: A \$15 material fee will be collected in class. Please bring your own C major diatonic harmonica, or you can purchase one in class for \$13.

Instructor: Dave Broida Location: Oceanside Campus, Room 3510 Time: 1 Monday, 3/5, 6–8 PM

Beginning Ukulele

Do you have a ukulele sitting in your house waiting to be played? Wouldn't you like to pick up a ukulele, jam on the beach with friends and show off what you have learned from this class! This class is open to beginners and all those who would like to continue to play the ukulele, but are not quite on the intermediate level yet.

Fee: \$79

Supplies: A \$10 material fee will be collected in class. Please bring your own ukulele, tuner, 3-ring binder, notebook and pencil to class.

Instructor: Zenia Panao

Location: San Elijo Campus, Room 201 Time: 9 Mondays, 1/29–3/26, 6:30–8 PM *No class on 2/19.*

Beginning Guitar

No experience necessary. If you know a minimal amount about the guitar, this is the class for you. This class covers guitar techniques, chords, strumming and some notation/theory. By the end of this class, you will have an understanding of chord structure and beginning strumming techniques! Most of the songs learned will be by The Beatles. No book required. Instructor will provide handouts.

Fee: \$89. Early Bird Special \$79 (Register BEFORE 3/22 for this rate)

Supplies: A \$3 material fee will be collected in class. Bring guitar, notebook and pen to class. Instructor: Tony Lasley

Location: San Elijo Campus, Room 201 Time: 8 Mondays, 4/2–5/21, 6:30–7:30 PM



MiraCosta College Chorale

Experienced choral singers are invited to join with credit students to sing college-level repertoire and receive instruction in vocal production, sight



reading, ensemble singing, diction and musicianship.

Audition Required: Tuesday, 1/22, 6:30 PM. Please contact Dr. Langager at sing@miracosta.edu prior to the audition.

Fee: \$69

Instructor: Arlie Langager Location: Oceanside Campus, Room 2406 Time: Tuesdays, 1/30–5/15, 6:30–8:40 PM

MiraCosta College Symphony Orchestra

This course is for musicians who are interested in performing with the MiraCosta Symphony Orchestra. This class includes study and performance of orchestral literature from the 17th century to the present. Open to college students and community musicians wishing to develop a further understanding of music through symphonic ensemble playing. Members are expected to participate in rehearsals and concert presentations.

Audition Required: Wednesday, 1/24, 6:30 PM. Please contact instructor Branden Muresan at brandenmuresan@miracosta.edu prior to the audition.

Fee: \$69

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Instructor: Branden Muresan Location: Oceanside Campus, Room 2406 Time: Wednesdays, 1/31–5/23, 6:30–9:30 PM

Note: New students will register after the audition. The instructor will give you the registration form. Returning students will register at first class meeting. For more information, email: music@miracosta.edu

Coastal Communities Concert Band

Under the direction of Tom Cole, the 75-piece Coastal Communities Concert Band rehearses every Monday night at Oak Crest Middle School from 7-9:30 PM. Membership is based on experience and needed instrumentation. Call the personnel manager at 760.533.2333 to learn about joining. If your section is full, you may be put on a waiting list until a vacancy occurs. Our next concerts are 2/25 at 2 PM, Carlsbad Community Church, and 4/29 at 2 PM, San Dieguito Academy. For more information, please visit cccband.com.

Fee: \$75

Instructor: Tom Cole Location: Oak Crest Middle School, Crest Hall Time: Mondays, 1/8–4/30, 7–9:30 PM

Contemporary Big Band

This course is for musicians interested in performing with MOJO (MiraCosta Oceanside Jazz Orchestra). This multiple Downbeat award winning ensemble concentrates on the preparation and performance of large jazz ensemble/ big band jazz. Students study music from a wide variety of historical eras, ranging from the 1920s swing style to contemporary styles. Students are required to participate in both on and off campus performances. For more information, contact Steve Torok at playjazz@miracosta.edu

Audition Required: Tuesday, 1/22, 6 PM. Please contact Steve Torok at playjazz@miracosta.edu prior to the audition.

Fee: \$69

Instructor: Steve Torok Location: Oceanside Campus, Room 2218 Time: Tuesdays, 1/30–5/15, 6–9 PM

Night Photography: Learn to Capture Amazing Images in the Dark

Want to capture night sky splendor with your digital SLR camera? The vibrancy of color can be found in capturing the stars, a city skyline at twilight, or even urban settings at night. Join photographer, Lamia Khorshid, and learn the technique and art of photographing after dark. Fundamentals of night photography are covered in the computer lab on night one. On night two, we shoot outside of class (weather permitting). Then on night three and four, we will meet at a selected location to put what we have learned into action.

Fee: \$120. Early Bird Special \$99 (Register BEFORE 3/31 for this rate) Instructor: Lamia Khorshid Location: San Elijo Campus, Room 306 Time: 4 Mondays, 4/9–4/30, 7:30 PM–9:30 PM





Getting Started with Your dSLR

In this workshop, you will learn how to set up your camera to optimize the quality of your photographs. We will cover the all important topics of white balance and ISO to be able to shoot under difficult conditions. Additionally, we will learn about the little icons on your shooting dial. After you have completed this class, you'll be able to take pictures right away!

Fee: \$45

Supplies: A \$3 material fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Offered at 2 locations for your convenience

Location: Oceanside Campus, Room 3511 Time: 1 Tuesday, 3/6, 6:30-8:30 PM

Location: San Elijo Campus, Room 307 Time: 1 Tuesday, 4/10, 6:30-8:30 PM

From Good to Great Photos: **Understanding Aperture and Shutter Speed**

Even if you didn't realize it, this is probably why you bought your dSLR in the first place! Aperture and shutter speed can be daunting concepts to understand on your own. Once you master these aspects of photography, it's what is going to separate your pictures from the rest. We will also take a look at some of the pictures you took after your first session for constructive evaluation. After this class, you'll be able to practice depth-offield and capture motion and time.

Fee: \$45

Supplies: A \$3 material fee will be collected in class. Please bring your camera and manual to class. Instructor: Terry Matsuoka

Offered at 2 locations for your convenience

Location: Oceanside Campus, Room 3511 Time: 1 Tuesday, 3/13, 6:30-8:30 PM

Location: San Elijo Campus, Room 307 Time: 1 Tuesday, 4/17, 6:30-8:30 PM

Series



Introductory digital SLR photography series can be taken as individual courses for \$45, or together for only \$99!

The photography topics are interrelated and affect one another, so we recommend you take all three (Getting Started with Your dSLR, Aperture & Shutter Speed and Making Shooting Perfect Pictures Easy) to get a complete understanding of the camera and picture taking.

Making Shooting Perfect Pictures Easv

The primary strategy for achieving great pictures is proper lighting, no matter what kind of camera you have. To make getting that perfect shot easy, we will cover lens focal length, exposure compensation, bracketing, auto-focus points and flash. You will be surprised at how advanced you become after this class.

Fee: \$45

Supplies: A \$3 material fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Offered at 2 locations for your convenience Location: Oceanside Campus, Room 3511 Time: 1 Tuesday 3/20, 6:30-8:30 PM

Location: San Elijo Campus, Room 307 Time: 1 Tuesday, 4/24, 6:30-8:30 PM

CAREER & WORK SKILLS

- 14 Free Information Sessions
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FREE INFORMATION

Biomedical Equipment Technician Certificate Program

- Tuesday, May 8 at 5-5:45 PM
- Wednesday, June 6 at 6-6:45 PM
- Technology Career Institute, 2075 Las Palmas Drive, Carlsbad

ROV/Drone Operator Technician Certificate Program

- Tuesday, May 8, 6-6:45 PM
- Wednesday, June 6, at 5-5:45 PM

Technology Career Institute, 2075 Las Palmas Drive, Carlsbad

MiraCosta College's Technology Career Institute is an equal opportunity employer (EOE). Auxiliary aids and services are available upon request to individuals with disabilities. This project received \$2,749,419.44 (45% of its total cost) from a grant awarded under the TAACCCT grant as implemented by the U.S. Department of Labor's Employment and Training Administration.



HOW TO APPLY FOR WORK SKILLS CLASSES

The majority of our Work Skills classes (identified by a \Diamond) require that students complete an online application in our Work Skills database "Apricot." In order to start the enrollment process, please go to **bit.ly/tci_interest** to fill out a Student Interest Form. Then, follow the steps below to complete an Application and a Medical Forms.

- 1. Sign on using your email and password at ctk.apricot.info
- 2. Click on Student Interest Form at the upper left
- 3. Click on your name (if it does not appear, click on "Browse All" to refresh the page
- 4. Go to the right of Application and click on "Create New"
- 5. Choose (PROGRAM)
- 6. Don't forget to SAVE IT!
- 7. Go to "View Folder" and do the same for the Medical Form

Lastly, submit two forms of ID in person or via email to tci@miracosta.edu.

Note: For our longer Work Skills programs and/or outside funding sources, there may be additional forms and documents that are required.

Our programs under 50 hours will typically accept students ages 15 years or older. Please contact our office at 760.757.2121, x6346 prior to applying.

CERTIFICATE INFORMATION

For any program over 50 hours, students will have the opportunity to earn a certificate of accomplishment. If you are enrolled and successfully complete a program under 50 hours, we can issue a certificate for \$15.

REFUND POLICY

Refunds will be made up to five working days prior to your class start date. A \$25 cancellation fee will be retained for each refund. There are no refunds given once the class has begun, unless special permission has been granted by the program coordinator.

Tuition free courses received \$3,600,000 (60% of total) awarded under the America's Promise Grant program as implemented by the U.S. Department of Labor.

Tours at TCI on Fridays at 9 AM | Email us at tci@miracosta.edu

SESSIONS



Advanced Manufacturing & Engineering

- Thursday, February 1 at 6 PM
- Wednesday, March 8 at 9 AM (with testing and interviews immediately following)
- Tuesday, April 3 at 6 PM (testing and interviews only) Technology Career Institute, 2075 Las Palmas Drive, Carlsbad

Phlebotomy Technician

Monday, February 5 at 5:30 PM Technology Career Institute, 2075 Las Palmas Drive, Carlsbad Note: Mandatory math and reading comprehension assessment will be given immediately following the information session at 6:45–7:45 PM.

Veterinary Assistant

Thursday, January 25 at 6 PM Oceanside Campus, Room 4529 Note: Mandatory math and reading comprehension assessment will be given immediately following the information session at 7 PM.

Note: If you have a verifiable disability, you will need to call 760.795.6820 at least one week prior to the assessment proper accommodations can be made.

^oAdditive Manufacturing Certificate

Classes can be taken individually or as a certificate program. **Take all classes for \$675 \$325** This certificate program is GI Bill® funding approved.

Student must complete a capstone project.

^oBlueprint Reading with GD&T

This hands-on class helps students with blueprint reading and GD&T. Students learn to read and correctly interpret blueprints used in the manufacturing trades. They will get an opportunity to draw and edit simple blueprints through step-by-step development of multi-view drawings. In addition, students will learn the basics of geometric dimensioning and tolerancing (GD&T). This course is the perfect introduction to GD&T, symbols, applications and methods of inspection.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute **Time:** 10 Wednesdays, 1/31–4/4, 5–8 PM

Composite Materials

Composites are used in a variety of different fields, from aircrafts and military applications to construction and civil infrastructure. You may be most familiar with composite use in consumer products, such as golf clubs, tennis rackets, mobile campers, or surf boards. To work in these industries, you need to understand the materials. This 15-hour workshop is a great introduction to composite materials. Students will learn about core materials, fabrics, epoxy and adhesives, plastics, metals, ceramics, carbon fiber, etc. Students will also learn about patterns, molds, tooling and the supplies needed to create prototypes.

Fee: \$125

Location: Technology Career Institute Time: 5 Tuesdays, 2/27–3/27, 6–9 PM

Digital Precision Measuring

Using a Portable CMM

An introduction to metrology using a portable CMM and Verisurf CAD software. Students will learn the basics of inspection, measurement, analysis, and reverse engineering. This course is for individuals working within the advanced manufacturing environment.

Fee: \$200 Admin Fee: \$75*

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Location: Technology Career Institute Time: 10 Wednesdays, 3/7–5/9, 6–9 PM

DESN 203: Solid Modeling

Uses Pro/Engineer (Creo) and SolidWorks software extensively This course introduces students to 3D parametric solid modeling, including basic and intermediate parts, assemblies, and drawings. From their models, students produce CAD drawings to include orthographic, pictorial, section, and detail views. The course also covers dimensioning, dimensional tolerancing, and thread notation per ASME Standards. This is a MiraCosta College credit 3 unit class that is required as part of the not-for-credit Additive Manufacturing Certification in Community Education & Workforce Development. Students will need to apply to MiraCosta College through SURF at: surf.miracosta.edu/landing.html

Fee: \$46 per unit (Total=\$138) Instructor: Than Du

Location: Oceanside Campus, Room 4530 Time: Tuesdays & Thursdays, 1/22–5/24 6–8:50 PM



^oIntroduction to Reverse Engineering

As 3D printers become more common, scanners and the associated software are also becoming more frequently used within the manufacturing and engineering industries. This 20-hour course introduces students to reverse engineering through software used to scan an object and potentially redesigning the reproduced object. We encourage students to have some CAD programming experience prior to enrolling.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute Time: 3 Tuesdays & Thursdays, 5/15–5/31, 6–9:30 PM

[°]Advanced Manufacturing Leadership Certificate

Classes can be taken individually or as a certificate program. **Take all classes for \$850 \$655** This certificate program is GI Bill® funding approved.

Student must complete a capstone project.

^oBlueprint Reading with GD&T

Course details on page 16.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute Time: 10 Wednesdays, 1/31–4/4, 5–8 PM

^oLean Manufacturing I

Lean manufacturing is the systematic method for eliminating waste within a manufacturing system. This initial course will consist of 5S, 8 wastes, deep observation, value stream mapping, A3 one-page corrective action reports and Kaizen events. This course provides practical application of LEAN tools that anyone can use to identify and minimize waste in their own area of control.

Fee: \$150

Location: Technology Career Institute Time Options: Saturday & Sunday, 2/24–2/25, 9 AM–4 PM

Saturday & Sunday, 3/24-3/25, 9 AM-4 PM

^oLean Manufacturing II

This second-level course will consist of a refresher of LEAN I and practical applications of standard work, takt time and balancing work. In addition, there will be an overview of error proofing, job instruction, improving job methods, and building a LEAN team. This course is appropriate for supervisors, team leads and managers who are interested in implementing change within their work environment.

Fee: \$150

Location: Technology Career Institute Time: Saturday & Sunday, 4/21–4/22, 9 AM-4 PM

> \$25 off for taking both Lean Manufacturing courses

OSHA-30

The 30- hour general industry outreach training course is a comprehensive safety training program designed for anyone involved in general industry. The course provides extensive information on OSHA compliance, safety and health hazards in the workplace, employer responsibilities, workers' rights, hazard recognition, avoidance, abatement and prevention. Successful completion of this course results in a Department of Labor 30-hour OSHA General Industry safety card that is federally recognized in all 50 states and never expires.

Fee: \$250

Location: Technology Career Institute Time: 5 Mondays & Wednesdays, 2/26–3/28 6:30–9:30 PM

^oQuality Assurance Basics for Manufacturing

Manufacturing companies are thriving in San Diego county. That means thousands of products must be inspected to ensure that quality meets or exceeds customer expectations. Whether it's a screw that goes into your body or a solar array on a satellite, it's critical that the part is made or assembled correctly. This 15-hour workshop provides students with an overview of quality assurance concepts within the manufacturing industry. Course topics include:

- Day-to-day job functions
- Inspection and testing topics
- Material certificates, MIL standards
 and verification
- AS9100 overview
- Auditing overview
- Manufacturing processes
- Documentation

Fee: \$100 Admin Fee: \$30*

Location: Technology Career Institute Time: 3 Mondays & Wednesdays, 5/7–5/23 5:30–8 PM

*Tuition is FREE through the DOL funded America's Promise Grant.

^oCNC Operator Certificate

Classes can be taken individually or as a certificate program. **Take all classes for \$4,595 \$570** This certificate program is GI Bill® funding approved.

Student must complete a capstone project.

^oAutoCAD for Manufacturing

Using Autodesk Inventor

SPRING 2018

In this 15-hour introductory course, students will be introduced to Autodesk Inventor, a 3D mechanical design software. This program allows students to move from 2D to 3D images. In this course, students will also learn how to transform their CAD drawing to a usable CAM image.

Fee: \$100 Admin Fee: \$50*

Location: Technology Career Institute Time: 5 Tuesdays, 2/27–3/27, 6–9 PM

^oBlueprint Reading with GD&T

Course details on page 16.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute Time: 10 Wednesdays, 1/31–4/4, 5–8 PM

^oComputer Numerical Control (CNC) Operation

In this class, the first day will include safety, an introduction to terminology, and basic blueprint reading. The rest of the course consists of demonstrations and hands-on instruction. Learn how to interpret G&M codes and operate both a HAAS CNC mill and lathe. Students will also get exposure to CAD/CAM software.

Fee: \$2,100 Admin Fee: \$175*

Location: Technology Career Institute Time: 14 Saturdays, 2/3–5/12, 8–4:30 PM No class on 2/17.



▲UEVA ⁰Operación Española de Control Numérico

Este curso está diseñado para aquellos cuyo inglés es un segundo idioma y se beneficiarían de la instrucción en español. En esta clase, el primer día incluirá seguridad, una introducción a la terminología y lectura básica del modelo. El resto de el curso consiste en demostraciones y la instrucción práctica. Aprender como interpretar los códigos G&M y operar ambos un molino y torno HAAS CNC. Los estudiantes también obtener exposición al software CAD/CAM.

Fee: \$2,100 Admin Fee: \$175*

Location: Technology Career Institute Time: 14 Tuesdays & Thursdays, 1/16–4/19, 5–9 PM

OSHA-10

Standard OSHA-10 safety course.

Fee: \$95 Location: Technology Career Institute Time Options: Thursday, 1/11, 1–4 PM & Friday, 1/12 8:30 AM–4:30 PM

Thursday, 1/18, 1–4 PM & Friday, 1/19, 8 AM–4 PM

Thursday, 4/26, 1–4 PM & Friday, 4/27 8:30 AM–4:30 PM

Thursday 5/10, 1-4 PM & Friday, 5/11, 8 AM-4 PM

FACT

Our core advanced manufacturing and engineering programs have a 92% employment rate.

Our students have been hired by Accutek, C&H Machine, Callaway Golf, Fluid Components, Hunter Industries, IOS Technologies, Means Engineering, SouthWest Greene, TE Connectivity and ViaSat to name a few.

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^oCNC Programming Certificate

Classes can be taken individually or as a certificate program. **Take all classes for \$900 \$350** This certificate program is GI Bill® funding approved.

Student must complete a capstone project.

AutoCAD for Manufacturing

Course details on page 18.

Fee: \$100 Admin Fee: \$50*

Location: Technology Career Institute Time: 5 Tuesdays, 2/27–3/27, 6–9 PM

^oBlueprint Reading with GD&T

Course details on page 16.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute **Time:** 10 Wednesdays, 1/31–4/4, 5–8 PM

Oigital Precision Measuring

Course details on page 16.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute Time: 10 Wednesdays, 3/7–5/9, 6–9 PM



°CNC Programming-Introduction

Using MasterCam Mill

In this 30-hour introductory course, students learn how to design basic CNC programs for a three-axis CNC milling machine. Students will be instructed on G&M codes, Boolean logic and machine and control definitions. In addition, the class will cover basic aspects of post configuration, variable definitions, formatting, post lines, post text, modality and control definitions.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute Time: 4 Mondays & Wednesdays, 3/5–3/28, 6–9 PM

°CNC Programming-Intermediate

Using MasterCam Mill

MasterCam is the most widely used CAM software in the industry and this intermediate, 30-hour course will provide students with trade-specific tips and tricks, whether they are within the production or the programming department. This course will teach additional topics for more intricate programs and designs. HAAS simulators will be used to test run the programs.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute Time: 4 Mondays & Wednesdays, 4/2–4/25, 6–9 PM

*Tuition is FREE through the DOL funded America's Promise Grant. Note: The listed administrative fees will be collected upon registration.

CNC AND MACHINE OPERATOR APPRENTICESHIPS AVAILABLE

For more information please call 760.757.2121, x6528



[°]Electronics Certificate

Classes can be taken individually or as a certificate program. **Take all classes for \$2,945 \$1,295** This certificate program is WIOA funding approved.

Student must complete a capstone project.

Basic Electronics

An introductory, 54-hour course that teaches students the basics of electronic technology. Students experiment with direct current, seriesparallel circuits and transistors/ semiconductors. Additional topics include: study of Ohm's law, Watt's law, use of electronic components, basic soldering, oscilloscopes, digital volt meters, bread-boarding electronic circuits, basic computer troubleshooting and basic AC circuitry.

Reduced Fee: \$450

Location: Technology Career Institute Time: 10 Mondays & Wednesdays, 2/5–4/16 6–8:30 PM. *No class on 2/19*.



^oIntroduction to Electromechanics

Electromechanical technicians combine knowledge of mechanical technology with knowledge of electrical and electronic circuits. They install, troubleshoot, repair, and upgrade electronic and computer-controlled mechanical systems. In this 60-hour course, students will learn about mechanical systems: solder small electrical boards build, program and operate a 3D printer, troubleshoot a copier and more.

Reduced Fee: \$500

Location: Technology Career Institute Time: 10 Tuesdays & Thursdays, 2/27–5/3, 6–9 PM

[°]Quality Assurance Basics for Manufacturing

Course details on page 17.

Fee: \$100 Admin Fee: \$30*

Location: Technology Career Institute Time: 3 Mondays & Wednesdays, 5/7–5/23 5:30–8 PM

Electronic Assembly

This course provides the necessary training to become an electronic assembler at an advanced manufacturing company. Students will learn:

- Soldering through-hole and surface mount single-lead/multi-lead components
- Soldering multi-pin IC chips
- Measuring and cutting wire
- Trimming insulation, crimping, connectorizing, molding and insulating connector ends
- Wrapping, bundling, shielding, insulating and security cable harnesses
- Mounting modules, components, connectors, cables, and harnesses into chassis

Students will work toward IPC certification. In addition, students will learn the role of production in the manufacturing system and how certain skill sets such as reading and analyzing acceptance criteria, testing, documentation and soldering are integral to the job.

Fee: \$1,800 Admin Fee: \$220*

Location: Technology Career Institute Time: 13 Sundays, 2/4–5/13, 9 AM–3:30 PM No class on 2/18 & 4/1.

OSHA-10

Standard OSHA-10 safety course.

Fee: \$95

Location: Technology Career Institute Time Options:

Thursday, 1/11, 1–4 PM & Friday, 1/12 8:30 AM–4:30 PM

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Thursday, 1/18, 1–4 PM & Friday, 1/19, 8 AM–4 PM

Thursday, 4/26, 1–4 PM & Friday, 4/27 8:30 AM–4:30 PM

Thursday 5/10, 1–4 PM & Friday, 5/11, 8 AM–4 PM

(20)

^oEngineering Technician Certificate

Whether you want to work in electronics, aerospace, biotechnology or breweries, this program can provide with you the necessary training!

Engineering technology integrates theory and application in mechanical, electrical and electronic systems, fluid power, automation, robotics, and computer software. Our 600-hour program is 75% hands-on, gets students in front of industry, and trains students in the areas that companies have requested. Students will receive:

- OSHA certification
- National Career Readiness certification
- 2 days of job shadow experience
- Industry tours and guest speakers
- Career Readiness Bootcamp
- · Work Skills Navigator support throughout the program and after graduation

Students will experience an accelerated program designed to prepare them with the skill sets to qualify for immediate entry into positions with local industry. Or, if a student has a college degree in this subject area, or is interested in pursuing one in the future, this is the perfect supplement to enhance their current or future education.

Fee: \$6,750. GI Bill[®] and WIOA funding approved. Tuition is FREE through the DOL funded America's Promise Grant (Note: A \$335* charge to cover administrative fees will be collected upon registration). ► Attend our FREE information session (details on page 15).

Location: Technology Career Institute

Time: Monday-Friday, 5/7-8/23, 8 AM-4:30 PM. No class on 5/28 & 7/4.

Machinist Technology Certificate -

Want to work in the aerospace industry, make medical parts that go into your body or design a new golf club?

Gone are the days of the grease-covered, conventional machinist. Today's machinist must be highly trained with specific skills, working in high-tech manufacturing plants that are clean and innovative. Our nation has a huge shortage of skilled workers. As 77% of skilled baby boomers leave the workforce, San Diego County will need to fill thousands of positions over the next 15 years.

To meet this need, we offer a fast-paced, high-level training program. Students will be able to complete this program in 13-weeks (487 hours), with training in shop math, metal properties, reading blueprints, precision measuring, tooling, G&M codes, and manual and CNC machining. In addition, students will receive:

- OSHA certification
- National Career Readiness certification
- · Opportunities to attend local industry meetings
- 2 days of job shadow experience
- · Industry tours and guest speakers
- Career Readiness Bootcamp
- Work Skills Navigator support throughout the program and after graduation

Fee: \$6,000. GI Bill[®] and WIOA funding approved. Tuition is FREE through the DOL funded America's Promise Grant (Note: A \$310* charge to cover administrative fees will be collected upon registration).

Attend our FREE information session (details on page 15).

Location: Technology Career Institute

Time: Monday-Friday, 4/30-7/27, 8:30 AM-4:30 PM. No class on 5/28 & 7/4.

*Tuition is FREE through the DOL funded America's Promise Grant. Note: The listed administrative fees will be collected upon registration.





^oMetrology Certificate

Classes can be taken individually or as a certificate program. **Take all classes for \$750 \$260** This certificate program is GI Bill® funding approved.

Student must complete a capstone project.

^oBlueprint Reading with GD&T

Course details on page 16.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute Time: 10 Wednesdays, 1/31-4/4, 5-8 PM

^oDigital Precision Measuring

Course details on page 16.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute Time: 10 Wednesdays, 3/7–5/9, 6–9 PM

^oManual Precision Measuring Workshop

In the advanced manufacturing and engineering fields, it is imperative to know how to measure accurately to ensure quality. This 15-hour class is an introduction to the importance of measuring and testing/inspection, the tools used and the applications for the various different tools. Students will have lots of hands-on practice measuring using calipers, micrometers, and gages.

Fee: \$100 Admin Fee: \$30*

Location: Technology Career Institute Time: 4 Mondays, 1/29–2/26, 5:30–9:30 PM *No class on 2/19.*

*Tuition is FREE through the DOL funded America's Promise Grant. Note: The listed administrative fees will be collected upon registration.

^oQuality Assurance Basics for Manufacturing

Course details on page 17.

Fee: \$100 Admin Fee: \$30* Location: Technology Career Institute Time: 3 Mondays & Wednesdays, 5/7–5/23 5:30–8 PM

^oIntroduction to Reverse Engineering

Course details on page 16.

Fee: \$150 Admin Fee: \$50* Location: Technology Career Institute Time: 3 Tuesdays & Thursdays, 5/15–5/31, 6–9:30 PM



FACT 🛞 + 💭 + 💭

Advanced manufacturing, health care, as well as information and communication technologies make up 50% of San Diego's job postings and are expected to grow 10% over the next five years.

> Provided by SAN DIEGO WORKFORCE PARTNERSHIP



^oWelding I Certificate

This course is designed to train students to qualify for an American Welding Society (AWS) code. The course will explore basic welding processes and procedures, safety, interpretations of blueprints/shop drawings, metallurgy, different fabrication tools, different welding qualifications, and procedure qualification. In addition, students will receive a significant amount of hands-on training in:

- OFC/OFW (oxyfuel cutting/oxyfuel welding)
- SMAW (shielded metal arc welding)
- GMAW (gas metal arc welding)
- FCAW (flux core arc welding)
- GTAW (gas tungsten arc welding)

Fee: \$2,750. GI Bill[®] funding approved. Tuition is FREE through the DOL funded America's Promise Grant (Note: A \$200* charge to cover administrative fees will be collected upon registration).

Location: Landes Recreation Center, 2855 Cedar Road, Oceanside Time Options:

11 Tuesdays, Wednesdays & Thursdays, 1/23–4/5, 5–9 PM

11 Tuesdays, Wednesdays & Thursdays, 4/17-6/28, 5-9 PM

19 Saturdays, 1/27–6/16, 8 AM–3:30 PM. No class on 2/17 & 5/26.

Welding and Metal Fabrication

If you are interested in welding and other authentic manufacturing processes, this class is a great introduction or opportunity to practice existing skills. Topics include:

- · Oxy-acetylene welding, cutting, brazing and soldering
- SMAW: electrodes and positions
- GMAW: hardwire, short and spray arc, gas coverage
- FCAW: inner and dual shield
- GTAW: aluminum, magnesium, stainless steel, carbon steel, brass and gas coverage
- Plasma arc cutting

Students will also learn fabrication math, specialty certifications, fabrication skills, job steps from start to finish, tacking, squaring, order of welding and basic critical thinking.

Fee: \$375

Location: Landes Recreation Center, 2855 Cedar Road, Oceanside Time: 15 Mondays, 1/22–4/30, 6–10 PM. *No class on 2/19*.



Additional Advanced Manufacturing and Engineering Courses

NEW ⁽⁾Introduction to the Internet of Things (IoT)

IoT refers to the connection of devices to the Internet. Cars, kitchen appliances, and heart monitors are all examples of current consumer products connected through the IoT. According to *Business Insider*, there will be more than 24 billion IoT devices by 2020. That's approximately four devices for every person on the planet. About \$6 billion is anticipated to flow into IoT solutions. In this 15-hour introductory course, students will be exposed to four elements of industrial Internet of Things:

- Physical monitoring hardware
- Device programming
- Internet communication via ISP
- Creating data displays

Fee: \$100 Admin Fee: \$30*

Location: Technology Career Institute Time: 5 Thursdays, 4/5–5/3, 6–9 PM

MATLAB I

MATLAB is a scientific computing language and program platform widely used throughout industry. It is designed to simplify rapid development and prototyping of highly intensive applications. MATLAB is used in robotics, PLC design, electrical engineering, economics, financing, neural networks, video processing, image processing, data acquisition and more. You will learn to build your own functions based on processing audio signals and images. Finally, you will learn to use the various toolboxes available in the student version of the software.

Fee: \$175

Location: Technology Career Institute Time: 5 Saturdays, 4/21–5/19, 12–5 PM

PLC Programming I

Programmable Logic Controller (PLC) systems have evolved to become the central component to most automation systems today. Learn the basic skills to program, troubleshoot and configure PLC-based automation installations. Allen Bradley and Siemens are two commonly used systems within the manufacturing and engineering industries. Take one or both courses to gain a foundation in PLCs.

Note: A basic understanding of electrical circuitry is strongly recommended.

Fee: \$150 each Location: Technology Career Institute Class Options: Siemens Software

Time: 4 Saturdays, 1/20–2/10, 12–5 PM

Allen Bradley Software

Time: 4 Saturdays, 3/17-4/7, 12-5 PM

^oIntroduction to Python-xy

Python is a powerful programming language used in many areas of industry such as:

- Computer vision
- Machine learning
- Robotics
- Web development
- Gaming

This course focuses on the basics of Python-xy programming with examples in computer networking and web applications. These basics will be the starting point for other future classes, including embedded computing courses using Raspberry Pi and robotic programming using RoboSDK.

Fee: \$150

Location: Technology Career Institute Time: 5 Fridays, 4/6–5/4, 5–9 PM



Real Estate License Program | Fall 2018

Now an accelerated 4-month program, includes licensing exam preparation!

The Real Estate License Program provides the perfect training for those students planning to enter the real estate profession, as well as opportunities for those currently working in real estate and related areas to increase knowledge in this field MircCosta's People State Program has



knowledge in this field. MiraCosta's Real Estate Program has moved to Community Education and Workforce Development and will no longer offer college credit. However, the duration of the course has been shortened to 4 months and 160-hours and includes testing preparation and the opportunity to take the real estate exam at the end of class.

Course Includes: Real Estate Principles, Real Estate Practice, Legal Aspects of Real Estate, Mastering Real Estate Math and Exam Preparation.

Licensing to become a real estate salesperson is conducted by the California Department of Consumer Affairs Bureau of Real Estate (BRE). To obtain a California Real Estate Salesperson license, candidates must first qualify for and pass a written examination. For information about state licensing, go to: bre.ca.gov.

Required Textbooks: California Real Estate Principles, 14th Edition (Approx. \$80) Mastering Real Estate Mathematics, 7th Edition (Approx. \$9) Time: Fall 2018. Call **760.795.6820** for information.

Scuba Diving Instructor Program

Gi Bill® funding approved

MiraCosta College Community Education and Workforce Development now offers a rigorous GI Bill[®] funded Professional Scuba Diving Instructor Program. We have created a 489-hour course that prepares students for Professional Association of Diving Instructor (PADI) membership and certification.

The program includes the following courses:

- Open water
- Emergency first response instructor
- Cylinder inspector and technician
- Emergency first response
 HAS instructor
- Rescue diver
- Dive master
- Assistant instructor

Advanced open water

 Open water SCUBA instructor and MSDT prep

This program is self-paced. To receive certificates, students must complete all classes and dives.

Start Dates: Ongoing

Fee: \$14,515 (includes all coursework, boat dives, materials and scuba gear) Additional fees for PADI application, membership and certification will be required. These fees are the responsibility of the student and are to be paid directly to PADI or the certifying agency.

For VA funding, payments, and enrollment questions, call MiraCosta College Community Education & Workforce Development at TCI: 760.795.6820

ROV/Drone Operator Technician Certificate Program with FAA Licensing Test Prep-COMING JULY 2018

NEW

San Diego is a center for innovation and ROVs are becoming the technology of choice for overwater, underwater, aerospace, retail delivery and agriculture industries. Our new program will employ handson training using state-of-the-art technology. Upon course completion, you'll be ready to take the FAA Unmanned Aircraft Systems (UAS) Drone Knowledge Test—the required exam you need to pass to get a Remote Pilot Certificate.

Course includes:

- Industrial safety
- Electrical and specialty wiring
- Programmable controllers
- Machine design
- PC base data acquisition and control
- GIS (geographic information systems)
- · Electrical and mechanical repair
- Introduction to submersible robotics
- · Introduction to ROV/drone careers
- ROV piloting
- Introduction to drones (UAVs)
- Drone piloting
- · FAA licensing requirements and regulations
- FAA exam prep

Fee: \$6,500 Admin fee \$310*

Attend our FREE information session: 5/8 on 6 PM or 6/6 at 5 PM

Location: Technology Career Institute

Time: Mondays–Thursdays, 7/9–11/29. *No class on 9/3, 11/12 & 11/22.* 6 hours each day, 475 hours

*Tuition is FREE through the DOL funded America's Promise Grant. Note: The listed administrative fees will be collected upon registration.



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PROGRAMS COMING SOON!

Biomedical Equipment Technician Certificate Program-COMING JULY 2018

Gi Bill® funding approved

BMETs play a vital role in patient care through the inspection, maintenance and repair of measuring, recording and monitoring devices. MiraCosta's Biomedical Equipment Technology Program Certificate will train students to troubleshoot, repair, and maintain electronics-based biomedical instruments and equipment. The program is being developed as a result of increasing demand for biomedical equipment technicians (BMETs) in the San Diego County region. Courses will build on lecture topics through extensive hands-on application in the areas of:

- Fundamental electronics
- Human anatomy
- Advanced troubleshooting
- BMET career readiness

Fee: \$6,500 Admin fee \$310*

► Attend our FREE information session: 5/8 on 5 PM or 6/6 at 6 PM

Location: Technology Career Institute Time: Mondays-Thursdays, 7/9–11/29 *No class on 9/3, 11/12 & 11/22.* 6 hours each day

*Tuition is FREE through the DOL funded America's Promise Grant. Note: The listed administrative fees will be collected upon registration.

Craft Brewing Technician | TUITION FREE

San Diego is arguably the best city on the planet for beer brewing with new micro-breweries popping up every month. MiraCosta's Craft Brewing Technician program is the fastest way into a lucrative career working in this growing field. Students will learn about the history and nature of contemporary craft brewing, the techniques and technologies for maintaining small brewery operations and hands-on practice in equipment maintenance and repair.

Call for details 760.795.6820

Tuition is FREE through the DOL funded America's Promise Grant.



^oSecurity Programs

We provide training to civilians, active duty/reserve military, veterans, law enforcement, and protection specialists. Our courses can be taken individually or grouped together. Our training pipelines produce highly trained protection specialists suitable for duty in non-permissive environments or to serve on professional, corporate and celebrity protection teams.

Corporate and Celebrity Protection 8-Day Training

This is the ideal starting point for those wishing to get into the protection business, those transitioning from military or law enforcement, or for high threat protection specialists/WPS/PSD wanting to add corporate and celebrity protection to their existing knowledge and skill sets. Students will run complete details, including planning, advance work, site and client assessments, team brief, client brief/interview and providing 24-hour coverage for your assigned client(s).



High Risk Medic 6-Day Training

Whether you are working in the U.S. or abroad, well-rounded medical training can be the difference between life and death. Many people do not have time to attend lengthy EMT or paramedic courses, not to mention the opportunity to become a military medic. This course was designed with this in mind and covers the most important life-saving aspects of all these emergency medical professions.

High Threat Protection 19-Day Training

The HTP course bridges the gap between conventional domestic protective operations and war-zone PSD work. This course provides the training, knowledge and skill sets to be a proficient protective team leader/ member in all threat areas by focusing on one of the most challenging protective environments, the high threat low profile area of operations.

Over the next year, we will be rolling out the following new programs:

- Advanced High Risk Protection
- Air Travel Threat Mitigation Training
- Crisis Management Negotiator
- Designated Defensive Marksman
- International Security Advisor
- Lone Protector Training
- Protective Security Driving
- Remote Security Operations
- Surveillance Detection/ Counter Surveillance Program

For class times, dates and more information, go to htpscourse.com. Our programs are approved for GI Bill®, WIOA and other funding options. Give us a call at 760.795.6822 for more information.



^oPhlebotomy Technician

MiraCosta College Community Education & Workforce Development, in partnership with Family Health Services, is proud to offer this excellent opportunity for those seeking to enter the medical field as a CPT1 phlebotomy technician.

Students are required to complete:

- a minimum of 20-hours in basic phlebotomy
- a minimum of 20-hours in advanced phlebotomy
- a minimum of 40-hours in a laboratory course in applied phlebotomy
- 40-120 hours of clinical externship in a health care setting
- Career readiness class on 5/16

Students who pass the course will also be eligible to

take the certification examination offered by the National Center for Competency Testing (NCCT) in class at the conclusion of the course. Upon successful completion of the course, participants will be issued a state-approved training certificate.

Note: National exam fee, plus application fee, CPR training and all immunization and background checks are not included in the tuition fee and must be paid by the student. High School Diploma or GED required. **Fee: \$2,750.** Gl Bill[®] and WIOA funding approved.

► Attend our information session (details on page 15).

Location: Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, Room 100-101 Time: Mondays, Wednesdays & Fridays, 3/19–5/23, 5:30–8:30 PM

Externship: Clinical externships will be provided and supervised by our phlebotomy program staff.

^oVeterinary Assistant

Become a veterinary assistant in just a few months! This 60-hour program will provide an overview and entry-level training for the veterinary assistant profession. Learn basic animal care principles and techniques, safety procedures and state/federal guidelines.

Topics include:

- Basic anatomy and physiology
- Basic radiology
- Small animal breeds
- Animal nutrition
- Parasite control
- Recordkeeping and veterinary
 office procedures
- Client relations and communications
- Career readiness class on 4/28

Veterinary medical terminology, hospital patient care and reception skills will also be covered. Students will learn lab skills and surgical assisting appropriate to the veterinary assistant level. This class is entry level and specifically NOT veterinary technician training, which requires a two-year degree program.

Fee: \$990. GI Bill[®] and WIOA funding approved. ► Attend our information session (details on page 15).

Supplies: Students must purchase Veterinary Assisting Fundamentals & Applications by Beth Vanhorn & Robert Clark and Animal Restraint for Veterinary Professionals by C.C. Sheldon, James Topel and Teresa Sonstagen (available on amazon.com) PRIOR to the first class session.



Location: Oceanside Campus, Room 4529 Time: 10 Saturdays, 2/24–5/19, 9 AM–4 PM *No class on 3/24, 3/31 & 5/12.*

Externship: We strongly recommended a minimum of 80 externship hours at the conclusion of the training (this is required for anyone receiving funding from an outside organization).



Y EDUCATION

Medical Insurance Billing Certificate Program

A comprehensive study of medical insurance billing, introduction to CPT, ICD, HCPCS coding and collection strategies.

Prerequisite: Students must have basic computer knowledge, internet access, Adobe Flash player and Adobe Acrobat Reader.

Fee: \$150

Supplies: \$325 (payable to instructor at orientation via PayPal) Instructor: Kris Patterson

Online class dates: Tuesdays & Thursdays, 2/20-4/12 6:30-8:30 PM, No class on 4/3 & 4/5.

landatory Online Orientation: Saturday, 2/17, 10–11 AM

Note: Details on the purchase of materials will be covered at the orientation. Students will be notified with access to their online class prior to the orientation.

Visit kaplic.net for more details about this course.

QUALIFIED EMPLOYEE **TRAINERS WANTED!**

Technology Career Institute is looking for qualified individuals who are industry experts and natural instructors with experience teaching 10 or more students at a time. If you love your field of expertise, contact us at tci@miracosta.edu.

Submit your resume, and a short proposed class description. We look forward to hearing from you!



Online Learning

Anytime, anywhere... just a click away!

- Health Care Programs
- Business/Legal Programs
- Video Game Design/Development Programs

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- Construction
- Internet, Design and Technical Programs

In partnership with Ed2go, MiraCosta Community Education & Workforce Development provides detailed certificated program outlines, descriptions and demos at careertraining.ed2go.com/MiraCosta.

For more information call 760.795.6820.

CAREER & WORK SKILLS TRAINING | ONLINE

Online Electronics/Robotics

MiraCosta Community Education, in partnership with George Brown College, is proud to offer six interactive and highly innovative distance education programs that combine state-of-the-art lab simulation with award-winning curriculum. The program content is delivered on CD, DVD or USB drive, and is supported through the online virtual campus.

Automation Technician

This program provides an introduction to industrial automation, including digital electronics, process control, and programming of PLCs, robotic and SCADA systems.

Fee: \$1,850 or pay as you go (cost per module available at miracosta-gbc.com).

Electronics Technician

The ET program covers the fundamentals of electronics and prepares students for further on-the-job training as a consumer, commercial or industrial electronics service technician.

Fee: \$1,750 or pay as you go: initial registration \$430, \$60 for each of the remaining 22 modules.

Electromechanical Technician

The ET program is designed to provide students with a foundation in electromechanical technology, such as industrial maintenance, design and installation, technical services, technical sales and industrial research.

Fee: \$1,800 or pay as you go: initial registration \$430, \$60 for each of the remaining 23 modules.

Robotics Technician

This program provides an introduction to industrial robotics and explains how they are used in plants or manufacturing systems.

Fee: \$1,650 or pay as you go: initial registration \$570, \$90 for each of the remaining 12 modules.

Programmable Logic Controllers (PLC) Technician

This program provides a basic introduction to PLCs and is designed for people with little or no background in the area. Visit website for more information.

Fee: \$1,800 or pay as you go: initial registration \$450, \$75 for each of the remaining 18 modules.

Programmable Logic Controllers II (PLC) Technician

The PLC Technician II Certificate provides a more advanced study of PLCs, introducing tag-based addressing, DCS and SCADA systems.

Fee: \$1,800 or pay as you go: initial registration \$450, \$75 for each of the remaining 18 modules.



In partnership with George Brown College, MiraCosta Community Education & Workforce Development provides more information at miracosta-gbc.com or call at 866.277.0881.



MEETS ALL OF YOUR EDUCATION NEEDS

START YOUR CONTINUING EDUCATION miracosta.edu/noncredit



Begin your journey with us through adult high school, short-term vocational, noncredit adult courses, and English as a second language.

EARN YOURSELF A DEGREE miracosta.edu/credit



In our credit program, you can earn a degree or certificate, complete your first two years of college and transfer to a four-year university or take classes to advance your career. Scholarships and financial aid are available!

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Human Resources Certificate Program-3 Fridays!

Our HR Certificate Program is appropriate for individuals who are not yet HR professionals and for HR veterans who wish to update their skills. This program was developed to enable participants to complete their studies in just three days and has been approved for 23 general recertification credit hours toward PHR, SPHR and GPRH recertification through the Human Resource Certification Institute (HRCI). All content is designed to address core HR competencies:

- History and role of human resources in today's workplace
- Creating and administering an effective HR department
- Compensation, benefits and retirement programs
- Staffing (recruiting & retention) strategies
- Employment law and compliance hot topics
- Effective employee relations and termination

Fee: \$98/class or \$530 for all six sessions Supplies: Handouts will be emailed before the start of each class.

Instructor: Nadia Ardebili

Location: Technology Career Institute, Room 102 Time: 3 Fridays, 2/2–2/23, 8:30 AM–12:30 PM & 1:30–5:30 PM. *No class on 2/16.*

Voice-Overs...Now is Your Time!

You've heard Lisa Foster on TV and radio commercials! Now hear Lisa LIVE as she illustrates how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. Lisa will show you a unique, "outside-the-box" way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for! Lisa Foster's voice can be heard on commercials and narrations for such

clients as Crest Toothpaste, Olay, Cafe Appassionato, LA Weight Loss, Advanced Laser Clinics and Sleep Train.

Fee: \$48. Early Bird Special \$39 (Register BEFORE 3/3 for this rate)

Instructor: Lisa Foster Location: San Elijo Campus, Room 307 Time: 1 Wednesday, 3/14, 6:30–8:30 PM

Explore 250 Legitimate Home-Based Business Ideas

Turn talents and hobbies into profits. Taught by a Chamber of Commerce past president and award-winning business owner, this is the most comprehensive business start-up workshop you will ever find. Topics include:

- More than 250 legitimate home business ideas
- How to determine which one is best for you
- Mandatory legal documentation
- Many ways to market your product/service
- How to take tax deductions (this workshop included!)

Fee: \$60. Early Bird Special \$50 (Register BEFORE 2/24 for this rate)

Time: 1 Monday, 3/5, 6-8 PM

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Supplies: A \$20 material fee for three booklets will be collected in class. Instructor: LeeAnne Krusemark Location: Oceanside Campus, Room T306

Make Money with a Virtual Assistant/Word Processing Business

If you can type, then you can make money at home using your computer. Having already learned about home-based business success, you will discover:

- How and where to find clients
- 50 ways to market your services
- Effective home office equipment choices
- FREE national networking information

Note: Participants must attend "Explore 250 Legitimate Home-Based Business Ideas" class.

Fee: \$39. Early Bird Special \$29 (Register BEFORE 2/24 for this rate)

Supplies: A \$10 material fee will be collected in class. Please bring a notebook and pen to class. Instructor: LeeAnne Krusemark

Location: Oceanside Campus, Room T306 Time: 1 Monday, 3/5, 8–9 PM



CAREER & WORK SKILLS TRAINING

Customer Service Essentials

Do your customer service skills need a tune up—then this class is for you! Good customer service is critical to the success of any business. Research indicates that 96% of customers will not voice a complaint after a poor service experience. More important, 91% of customers will not return to a business after having a bad experience. This 4-hour workshop will teach:

- The latest trends in customer service
- Social media's impact on customer service
- How to measure your current customer service
- A proprietary customer service system that can be used in most consumer based businesses

Fee: \$89. Early Bird Special \$70 (Register BEFORE 2/16 for this rate)

Instructor: Ali Mohareri Location: Technology Career Institute, Room 102 Time: 1 Saturday, 2/24, 9 AM-1 PM

Leadership for the Workplace

Leadership is evolving. Technology is advancing a diverse workforce. Generational changes impact how organizations are managed. Modern leaders must adapt their style and approach in order to succeed in today's global economy. This 4-hour workshop will teach:

- The difference between leadership and management
- What makes today's leaders successful
- How leaders can create a productive and positive culture for their people
- Leadership competencies, communication, problem solving, motivation, delegation and emotional intelligence (EQ)

Fee: \$89. Early Bird Special \$70 (Register BEFORE 3/3 for this rate) Instructor: Ali Mohareri

Location: Technology Career Institute, Room 102 Time: 1 Saturday, 3/10, 9 AM-1 PM

INSTRUCTOR BIO:

With an MBA from UC Irvine, **Ali Mohareri** is a current professor at MiraCosta College where he has taught various business courses. He consults and trains companies and executives in leadership and customer service. He also spent over 20 years in the private sector working for Fortune 500 organizations such as Johnson & Johnson, Bausch & Lomb and Quest Diagnostics.

Make Extra Income-DMV Auto Wholesale Business from Home

Learn how to make extra income buying and selling wholesale cars as a home-based business. You will learn six techniques that can earn you \$3,000 selling just one to three cars a month. Learn how to get your auto dealer license and how to operate a profitable used car business. You'll get a FREE list of the 300+ dealer-only auctions in the USA where automobiles are sold below wholesale prices. This class is DMV approved and you will receive a DMV certificate of completion at the end of the class.

Fee: \$95. Early Bird Special \$89 (Register BEFORE 3/10 for this rate)

Supplies: A \$25 material fee will be collected in class. Please bring a notebook and pen to class. Instructor: Wayne Williams

Location: Oceanside Campus, Room T520 Time: 1 Monday & 1 Tuesday, 3/19 & 3/20, 6–9 PM

NEW Beginning Grant Writing for Nonprofit

Grant writing is at the heart of the nonprofit world. This class will cover the ins and outs of writing a grant proposal with a limited budget. We will research the various types of grants, develop and create compelling and concise grants to support a non-profit's mission.

Note: This course is not for experienced grant writers.

Fee: \$50. Early Bird Special \$40 (Register BEFORE 2/10 for this rate)

Supplies: Please bring a notebook and pen to class. Instructor: Matt Koumaras

Location: Oceanside Campus, Room 3607 Time: 3 Wednesdays, 2/21–3/7, 6:30–8:30 PM



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Become a Notary Public the Smart Way-In One Day!

New Laws This Year

Making more money is always a great idea and shows your amazing initiative! Establish yourself as a notary public, earn additional income and provide a service to your community. Notary skills are valuable in almost any industry: real estate, legal, medical, and banking to name just a few. This six-hour stateapproved seminar gives you the knowledge to pass the notary exam and practice as an effective notary. The class will focus on new legislation, passing the test (must be taken every four years), how to identify document signers, keep a journal, complete certificates properly and how to avoid lawsuits. After becoming a notary, train to become a loan signing agent and make \$200 to \$400 per signing. You will be a part of a rewarding and lasting career. Must be at least 18 years old and have a clean criminal record.

Note: You are automatically registered for the official state exam which will directly follow the seminar. See box to the right regarding the notary test. Due to state regulations, no one will be admitted to the classroom after 8:30 AM. In addition, you must be on time when returning to the classroom from all breaks. Refunds will not be issued.

Fee: \$99

Supplies: A \$35 material fee will be collected in class.

Instructor: Notary Public Seminars, Inc. Location: Oceanside Campus, Room 3507 Time: 1 Saturday, 3/3, 8 AM–6 PM

Renewing Notaries

Need to renew your notary commission? We'll feature the new state laws passed this year and give you a brushup on general law to make sure you haven't fallen into any bad habits. Your commission must be current to be eligible for the three-hour seminar. Renewing notaries must take the exam and submit Live Scan fingerprints again. A six-hour approved course must be taken first.

Note: You are automatically registered for the official state exam directly following the seminar. See call-out to the right regarding the notary test. Fee: \$50

Supplies: A \$35 material fee will be collected in class.

Location: Oceanside Campus, Room 3507 Time: 1 Saturday, 3/3, 12:45–6 PM

Notary Testing

For those students who need just the notary exam—either preregister with MiraCosta College Community Education or pay at the door. A six-hour approved course must be completed before you are eligible to take the notary exam (see call-out below regarding the notary test).

Fee: \$25

Location: Oceanside Campus, Room 3507 Time: 1 Saturday, 3/3, 3:45–6 PM

For regular notaries, renewing notaries, and those taking just the test, Cooperative Personnel Service will register you for the exam from 3:45–4:45 PM. The exam will be from 4:45–5:45 PM. If you are taking the

exam, you will need to bring the following with you: \$40 check made payable to

"Secretary of State," current CA driver's license with photo or state-issued ID card, a 2"x2" color photo of yourself, and two #2 pencils. If you took your notary class online, you MUST have your certificate of completion with you. Live Scan fingerprints are required after you pass the exam. Serious convictions may disqualify applicants.

Become a Certified Loan-Signing Agent

It's time to use your new skills as a Notary Public to earn more money. We'll teach you how to notarize loan documents and give you a simple strategy to launch your new business. Loan Signing Agencies are hiring and some do require a certificate to land the job. Our expert instructors are in the business, and will teach you how to negotiate your fee, get called back and brand yourself as a professional in the market. Topics include:

- Notarize a loan package from any bank successfully every time
- What not to discuss with your clients
- How to develop your own business in five easy steps
- How to connect with busy signing agencies

Prerequisite: Must be a Notary Public or have taken a notary class.

Fee: \$99

Supplies: A \$40 material fee and a \$20 certificate fee will be collected in class.

Instructor: Notary Public Seminars, Inc. Location: Oceanside Campus, Room 3507 Time: 1 Saturday, 3/10, 9 AM-4 PM

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Furniture Re-Imagined

All levels are welcome.

Inspired by a popular DIY show, Furniture Re-Imagined is a class that explores different finishes, upholstery fabrics and the repurposing of traditional furniture. Bring your chairs, small dressers, side tables and headboards. Topics include:

- How to prep your wood
- Paint furniture
- Antiquing & distressing
- Re-styling
- Fabrics

Beginning Upholstery

Learn the craft of upholstery! This class will teach you the basic fundamentals and techniques. Bring your own projects to class to work on. This class will take you through fabrics, planning, terminology, as well as using hand tools for upholstery. This is an interesting and informative hands-on class. Suitable for those who are entering the field, as well as the DIYer.

Wing, side and dining chairs, stools, benches, ottomans, cushions and upholstered accessories are recommended as first time projects in this class. Those of you entering the field will begin to prepare your professional portfolio. Together, we will plan your procedure and materials list needed to learn the art of upholstery. Topics include:

- · Tools, terms and supplies
- Overview of sewing machines
- Measuring and estimating
- Pattern layout (charting)
- Selecting fabrics

Demonstrations may have handouts. Please bring binder and paper for notes.

Note: Upholstery of sofas and large items are reserved for advanced students. Resources for vour supplies will be given.

Fee: \$165. Early Bird Special \$150 (Register BEFORE 1/27 for this rate)

Supplies: A \$15 material fee will be collected in class. Limited supplies included.

Instructor: Mary Cortmyer

Location: Landes Recreation Center 2855 Cedar Road, Oceanside Time: 8 Tuesdays, 2/6-3/27, 12-4 PM Note: Demonstrations may have handouts. Please bring binder and paper for notes. Resources for your supplies will be given (no sofas or large items please).

Fee: \$205. Early Bird Special \$195 (Register BEFORE 2/3 for this rate)

Supplies: A \$15 material fee will be collected in class Students who are working on refinishing/painting wood furniture will not be subject to material fee.

Instructor: Mary Cortmyer

Location: Landes Recreation Center 2855 Cedar Road Oceanside

Time: 8 Saturdays, 2/10-3/31, 9 AM-3 PM

Intermediate/Advanced Upholsterv

Advanced students will build on their intermediate knowledge and learn additional, more difficult SAN DIEGO and technical techniques. This COUNTY class will focus on styling in general and you will learn to identify many types of fabrics and furniture styles. You will also be learning to identify furniture building techniques and construction. Advanced students will also gain a working knowledge of finishes and minor wood restoration. Those of you entering or in the field will be adding to your current portfolio, as well as editing its content as your skills improve. You will also be compiling a notebook of suppliers, cost sheets, handouts on quoting, etc.

Demonstrations may have handouts. Please bring binder and paper for notes.

Note: Upholstery of sofas and large items are on a scheduled one-item-at-a-time, on a proven skills basis

Fee: \$165. Early Bird Special \$150 (Register BEFORE 2/1 for this rate)

Supplies: A \$15 material fee will be collected in class. Limited supplies included.

Instructor: Mary Cortmyer

Location: Landes Recreation Center 2855 Cedar Road Oceanside Time: 8 Thursdays, 2/8-3/29, 5-9 PM



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FAIR 2017

SAT Preparation Workshop-Math or English

Give yourself the best advantage you can when you take the SAT. This may be one of the most important tests you ever take. This 10-hour course is designed to offer students a thorough overview of the exam. These classes will familiarize you with each question type and teach you strategies for all sections of the exam. You will receive in-class and home study materials and will be given ample opportunity for practice and discussion.



Note: In order for students to get the most out of this course and benefit from its instruction, it is important that they complete ALL scheduled classes BEFORE they take the SAT exam.

Fee: \$120 each subject. \$199 if registering for both Math and English.

Supplies: Students must purchase *Cracking the SAT Premium Edition* (ISBN: 978-1101920480) prior to the start of class. Students should also bring a notebook, calculator, pen, plastic polymer eraser and pencil to class.

Subject: Math SAT Preparation Instructor: Joseph King

Location: Oceanside Campus, Room 4611 **Time:** 2 Saturdays, 3/3–3/10, 9 AM–2 PM

Location: San Elijo Campus, Room 107

Time: 2 Saturdays, 4/21–4/28, 10 AM–3 PM

Subject: English SAT Preparation

Instructor: Anne Fleming Location: Oceanside Campus, Room 4607 Time: 2 Saturdays, 2/3–2/10, 9 AM–2 PM

Location: San Elijo Campus, Room 107 Time: 2 Saturdays, 4/7–4/14, 10 AM–3 PM



Creating a Website or Blog with WordPress

Students learn the basic principles of creating a website with WordPress.com

and WordPress.org. WordPress. com will be used in class because it's free and easy to set up. No special software is necessary and WordPress. com can run on a PC or Mac computer. WordPress is user friendly, provides good search engine optimization and has lots of free online support. In addition, it's easy to update your content online and set

up your site with a professional theme. Come see why there are over 56 million WordPress sites in the world!

Fee: \$89. Early Bird Special \$79 (Register BEFORE 2/16 for this rate)

Supplies: Students should come to class with an idea of what their website should look like and what the content will contain. Students may bring digital pictures to upload.

Bring sack lunch or snacks.

Instructor: Amy Hall

Location: San Elijo Campus, Room 107 Time: 2 Saturdays, 2/24–3/3, 10 AM–1 PM

Beginning Photoshop Workshop

Learn the most popular photo editing program in the world. This beginning Photoshop class will give you the basics to get you going on the right track. You'll learn about the tools, layers, filters, masks, type and much more. Your instructor Tony Lasley, will supply all the photos you'll need for editing in the class. Just bring a note pad and a pencil and you'll be on your way.

Note: Students should have basic computer and mouse skills. Bring sack lunch.

Fee: \$89. Early Bird Special \$77 (Register BEFORE 2/24 for this rate) Instructor: Tony Lasley

Location: San Elijo Campus, Room 107 Time: 3 Mondays, 3/5–3/19, 6:30–8:30 PM



ATTENTION COMPUTER STUDENTS

You are required to bring a backup medium for your files. We recommend at least an empty 2 GB USB flash drive.

COMMUNITY EDUCATION & WORKFORCE DEVELOPMENT

Introduction to QuickBooks Workshop

You will receive hands-on experience using QuickBooks Pro software designed to help small and medium sized businesses maintain financial data with ease and accuracy. We will begin with an introduction to basic accounting fundamentals, then learn how to maneuver through the software easily, as well as delve into basic file management principles. Then, we focus on the basic skills needed to effectively deal with customers, vendors, banking transactions and what happens "behind the scenes" as QuickBooks helps you manage financial data including balance sheets and profit and loss statements.

Fee: \$115. Early Bird Special \$105 (Register BEFORE 1/27 for this rate)

Supplies: A 10 material fee will be collected in class. Students should bring a USB flash drive and notebook.

Bring snack or sack lunch.

Instructor: Mary Ann Wallner Location: San Elijo Campus, Room 108 Time: 2 Saturdays, 2/3–2/10, 10 AM–2 PM

Microsoft Excel for the Business Professional– 2-Day Workshop

Students must be familiar with the basics of Microsoft Excel.

In this workshop, you will move beyond opening a spreadsheet and typing in values. Topics include:

- Create user-friendly worksheets through the use of cell and table style galleries to quickly format your spreadsheet exactly the way you want.
- Use Excel's conditional formatting feature.
- Create reports and interactive charts and PivotTables.
- Write powerful math formulas that will help you perform complex math functions, make decisions and find values in a table.

Fee: \$85. Early Bird Special \$75 (Register BEFORE 4/28 for this rate)

Supplies: A \$10 material fee will be collected in class. Students should bring a USB flash drive and notebook.

Instructor: Mary Ann Wallner

Location: San Elijo Campus, Room 108 Time: 2 Saturdays, 5/5 & 5/12, 10 AM–2 PM

Microsoft Excel 2-Day Workshop -One Step Above the Basics

Students should know how to use the keyboard and mouse and how to open and save a file. For those students not using Excel on a regular basis, we encourage you to first take the MS Office Suite Workshop. In this class, learn through easy-to-understand instructions focusing on how to create and edit basic worksheets and workbooks in which will give you a solid understandina of the basic functionality of Excel when completing tasks. Learn how to make spreadsheets more professional, write basic mathematical formulas, sort and analyze data, create charts and graphs and much more!

Fee: \$85. Early Bird Special \$75 (Register BEFORE 3/31 for this rate)

Supplies: A \$10 material fee will be collected in class. Students should bring a USB flash drive. Instructor: Mary Ann Wallner Location: Oceanside Campus, Room 4607

Time: 2 Saturdays, 4/7 & 4/14, 9 AM–1 PM

Microsoft Office Suite Workshop

Essential training on Word, Excel and PowerPoint for businesses and working from home on a PC.

Day 1: MS Word. Students will use real world examples to learn the core features and tools of this program. Learn how to orient yourself to MS Word interface, then delve into the functionality at the heart of Word: creating, editing and formatting documents.

Day 2: MS Excel. Learn tips and shortcuts to increase efficiency to get the full power out of Excel. Get more familiar with the ribbon and quick access toolbar, navigate workbooks and selecting cells and learn tips for data entry and editing.

Day 3: PowerPoint. Learn to engage an audience with images, charts and diagrams by producing a professional presentation. This course covers how to start a presentation from scratch, apply slide layouts for consistency, rearrange slides and run a presentation for an audience.

Fee: \$150. Early Bird Special \$140 (Register BEFORE 2/16 for this rate)

Supplies: A \$10 material fee will be collected in class. Students should bring a USB flash drive. Instructor: Mary Ann Wallner

Location: Oceanside Campus, Room 4607 Time: 3 Saturdays, 2/24–3/10, 9 AM–1 PM

Certificate of Accomplishment available for \$15.

The Best Program in North County

There are two requirements in order to get a driver's license in the state of California before the age of 18. 1) **Classroom Drivers Education** and 2) **Behind-the-Wheel Drivers Training**. MiraCosta College offers both! Students must be at least 15 in order to take drivers education classes and 15 ½ to take behind-the-wheel training.

OUR PACKAGE DEAL*

Sign up for both programs at the same time and pay **\$360**. This is a **\$30** savings! Individually, Drivers Education is \$90 and Behind-the-Wheel is **\$300**.

> Please call 760.795.6825 for more information.

Classroom Drivers Education

Fee: \$90

Certified instructors interact with students using guest speakers, contemporary audio/visual aids and the most recent edition of *License to Drive*. Please call 760.795.6825.

MiraCosta College Oceanside Campus 1 Barnard Drive, Oceanside

4 Saturdays, 8 AM–3:15 PM

- 1/6-2/3. No class 1/13. Room 3201
- 2/10-3/10. No class 2/17. Room 3106
- 3/17-4/14. No class 3/24. Room 3205
- 4/21-5/12. Room 3205
- 5/19-6/16. No class 5/26. Room TBA

MiraCosta College San Elijo Campus 3333 Manchester Avenue, Cardiff, Room 407

4 Saturdays, 8 AM–3:15 PM

- 1/6–2/3. No class 1/13
- 3/17–4/14. No class 3/24
- 5/19-6/16. No class 5/26. Room TBA

Adult Drivers Training

Fee: \$323

(18 years of age and older)

Lessons consist of three days of training, two hours per day. The instructor will pick you up at your home. You must have a valid California learner's permit to sign up. (Package deal does not apply). **Call 760.231.1221 to register.**



CALIFORNIA DMV-APPROVED ONLINE DRIVERS EDUCATION

Fee: \$30. (Package deal does not apply to Online Drivers Education) You must register online: miracostacollege.courseinstruction.com/ course/register/1

Behind-The-Wheel Training Fee: \$300

Six hours of one-on-one training

Students receive six hours of oneon-one instruction in our Behindthe-Wheel Drivers Training Program. Convenient times



after school, evenings, and weekends are available. Behind-the-Wheel Drivers Training pickup locations: Carlsbad High, El Camino High, Rancho Buena Vista High, La Costa Canyon High, Sage Creek High, MiraCosta College in Oceanside and MiraCosta College in Cardiff. All licensed instructors are professional and reliable. Our courses satisfy all DMV requirements. Students taking advantage of our Package Deal will choose their dates for Behind-the-Wheel Drivers Training during their Classroom Drivers Education class session. To register for Behind-the-Wheel Training, please call 760.231.1221.

Pre-enrollment is required for both Classroom Drivers Education and Behindthe-Wheel Drivers Training programs. Please call 760.795.6825 or 795.6820 to register over the phone with a Visa, MasterCard or Discover Card or come in person to the MiraCosta College Oceanside Campus Building T510 or TCI Campus in Carlsbad. You can also register online at **miracosta.augusoft.net**. To register for Behind-the-Wheel Training only, 760.231.1221.

*Students taking advantage of our package deal will choose their dates for Behind-the-Wheel Training while taking Classroom Drivers Education. You must complete the Behind-the-Wheel Drivers Training Program within one year of completing Classroom Drivers Education.

ELI

MiraCosta College English Language Institute

Engage in a fun, academically successful program.

Increase English proficiency

Why study English with us

- Small class provides individual attention
- Great transfer rate to colleges and universities
- Located in a safe coastal community
- Fun outing every Friday

The English Language Institute (ELI) offers international students the opportunity to increase their English language proficiency and develop the skills needed to succeed at a college or university in the United States. This 8 weeks intensive English-as-a-second-language program provides individualized instruction in small class sizes. The program is designed for students with a minimum of one year of English language training at high school or college level. This class may not be appropriate for advanced ESL students or students with a TOEFL score greater than 500 paper-based or 46 IBT. Students must be at least 18 years old or meet our minor policy requirements. Our International Student Office will issue 1-20's. We accept students with an F1 or B visitor visas or any visa where "enrichment" or "study" is permissable.

Instructional components include:

- TOEFL preparation
- Study of American culture
- Computer literacy development of study skills

Integrated academic preparation in reading, writing, listening, speaking and grammar.

Fee: \$1,895 (instruction, application fee, books, and student services). Health insurance is an optional fee of \$350. Students must purchase our insurance plan or purchase their own insurance plan that meets our requirements (Fees subject to change).

Location: Room T510 Dates: 1/22–3/16 and 3/26-5/18/2018

For more information, write, telephone or email: 1 Barnard Drive, Oceanside, CA 92056 760.757.2121, x6590 | email: lcargile@miracosta.edu | miracosta.edu/eli



COMMUNITY EDUCATION & WORKFORCE DEVELOPMENT

ENRICHMENT | DANCE



Beginning Ballroom

No partner necessary.

Learn to dance with confidence, grace, and style. This is a great class to brush up or to learn new dances. This session, we are exploring the elegant waltz, and the conversational dance, foxtrot. We will cover social dancing and how to take the material we learn in class to an actual real-life dance situation.

Fee: \$89. Early Bird Special \$79 (Register BEFORE 3/17 for this rate)

Supplies: Wear soft, smooth-soled shoes (no flip flops). Please bring a notepad and pen or pencil. Instructor: Ana Gloria

Location: San Elijo Campus, Room 204 Time: 7 Tuesdays, 3/27–5/8, 6:30–7:30 PM

Dancing at Social Events or Weddings

No partner necessary.

Learn the basics to be able to dance to any music, anywhere! This is a great starter course if you have never danced or taken a dance class. When the music begins playing, you will be ready. Whether you have a wedding or anniversary coming up, are going on a cruise, or any other social function—this class will get you dancing for the holidays.

Fee: \$59. Early Bird Special \$45 (Register BEFORE 3/31 for this rate)

Supplies: Wear soft, smooth-soled shoes (no flip flops). Please bring a notepad and pen or pencil. Instructor: Ana Gloria

Location: San Elijo Campus, Room 204 Time: 2 Saturdays, 4/7–4/14, 10–12 AM

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Salsa and Bachata Dance

No partner necessary. All levels are welcome.

Whether you are getting ready for an event or want to dance at Latin night clubs, this class will give you the confidence to dance the night away! The focus will be on salsa & bachata.

Fee: \$89. Early Bird Special \$79 (Register BEFORE 3/17 for this rate)

Supplies: Wear soft, smooth-soled shoes (no flip flops). Please bring a notepad and pen or pencil. Instructor: Ana Gloria

Location: San Elijo Campus, Room 204 Time: 7 Tuesdays, 3/27–5/8, 7:40–8:40 PM

NEW Latin Dance Sampler Workshop

Great Valentine's Day gift—invest in yourselves! Everything you need to get out and enjoy Latin Dancing! This class will give you an introduction or



fantastic brush up on partner dances that fall into the Latin dance category of ballroom dance. Dances include: merengue, bolero, cha cha, salsa, samba and bachata. Great exercise and so much fun! Sign up with a partner (both partners must enroll), or contact the instructor if you wish to sign up solo. Best date night ever!

Note: Both partners must enroll. Please contact the instructor if you would like to sign up solo, email her at michellelmadore@gmail.com.

Fee: \$106. Early Bird Special \$98 (Register BEFORE 2/1 for this rate)

Supplies: Wear comfortable clothes and shoes with little or no traction.

Instructor: Michelle Madore

Location: Fletcher Cove, Community Room Time: 7 Wednesdays, 2/7–3/21, 7–7:55 PM

NEW Tango-Rumba Dance Workshop

Just in time for Valentine's Daygive the gift of the steamy, sensual American tango and intoxicating, romantic rumba! This class will teach you how to work with a partner, build a dance connection, develop lead and follow and more. Smooth and latin technique will translate to other dances like waltz and foxtrot, salsa and cha cha too. Never be bored at a wedding or social event again! Taught by a World Champion ballroom dancer!

Note: Both partners must enroll. Please contact instructor if you would like to sign up solo, email her at michellelmadore@gmail.com.

Fee: \$109. Early Bird Special \$99 (Register BEFORE 2/2 for this rate)

Supplies: Wear comfortable clothes and shoes with little or no traction.

Instructor: Michelle Madore

Location: La Costa Canyon High School, Dance Room Time: 7 Thursdays, 2/8–3/22, 6:45–7:40 PM



Want a more advanced Latin dance class?

We are creating an interest list. Contact us at **760.795.6820** to be placed on our interest list.



No experience required.

East Coast swing and foxtrot music cross over and can be combined for maximum

SAVE! Take advantage of the Early Bird Specials. Note: Applies to select courses. Check each class for pricing. dance floor versatility. This class will cover East Coast swing and foxtrot moves and show you how to go from one to the other within the same song. Great dances for weddings and other social events and having fun! World Champion ballroom dancer will have you looking like Fred and Ginger in no time flat! Great exercise and great fun!

Note: Both partners must enroll. Please contact instructor if you would like to sign up solo, email her at michellelmadore@gmail.com

Fee: \$106. Early Bird Special \$98 (Register BEFORE 2/1 for this rate)

Supplies: Wear comfortable clothes and shoes with little or no traction.

Instructor: Michelle Madore

Location: Fletcher Cove, Community Room Time: 7 Wednesdays, 2/7–3/21, 6–6:55 PM

Country Line Dance: Beginner/Intermediate

Come on out and kick up your heels!!

This fun and energetic line dance class, set to country, pop and R&B, will teach you dances popular at local line dance clubs. Recommended for students with some line dance experience: high beginner to low/mid intermediate levels welcome. Great for cardio fitness, improved muscle strength and memory retention.

Fee: \$89. Early Bird Special \$79 (Register BEFORE 2/1 for this rate)

Supplies: Wear soft, smooth-soled shoes. Instructor: Vicki Deriso Location: San Elijo Campus, Room 204 Time: 7 Wednesdays, 2/7–3/21, 7:15–8:15 PM

For possible additional class dates, check online or call us!



Classes & excursions sell out quickly!

Call or register online to reserve your spot—bring a friend or relative to make it more fun: 760.795.6820 or **miracosta.augusoff.net**.



Balance/Coordination for Active Older Adults

These simple and safe but challenging exercises are designed to improve balance and coordination. They include exercises to improve "core"



muscle strength, as well as overall muscular strength. Participants will move in some unfamiliar ways, such as backwards, tilting and turning. Fall prevention and recovery will be practiced throughout the class.

Fee: \$36

Instructor: Colleen Soto Location: La Colonia Park, Recreation Room Time Options:

9 Fridays, 1/5–3/9, 10–11 AM. *No class on 2/16.*

9 Fridays, 3/16–5/18, 10–11 AM. No class on 4/6.

Fit, Sit and Stand for Active Older Adults

The goal of this class is to maintain/ increase strength, balance and flexibility for all participants. Exercises include a short cardio warm up, full body resistance exercises, balance and coordination exercises and muscle/joint specific stretches; all performed either standing or sitting in a chair. Movements are presented at various levels of intensity with modifications as needed, making it appropriate for all participants.

Note: Complimentary parking available until 11:15 AM at Jake's Del Mar Restaurant

Fee: \$61. Early Bird Special \$44 (Register BEFORE 1/6 for Early Bird Special)

Supplies: Students are encouraged to wear comfortable clothing and supportive exercise shoes. Please bring towel and water.

Instructor: Leslie Siegel

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Location: Del Mar Powerhouse, Community Room Time: 11 sessions. Tuesdays & Thursdays 1/9–2/13, 10–11 AM

Fee: \$66. Early Bird Special \$48 (Register BEFORE 2/16 for Early Bird Special) Time: 12 sessions. Tuesdays & Thursdays

2/27–4/5, 10–11 AM

Fee: \$77. Early Bird Special \$56 (Register BEFORE 4/7 for Early Bird Special)

Time: 14 sessions. Tuesdays & Thursdays 4/17–5/31, 10–11 AM

Fitness for Active Older Adults

Workout with energetic, active adults. The exercises presented in this class are specifically designed to prevent injuries and improve and maintain quality of life. This class is geared to the senior exerciser seeking improved strength, vitality and an active lifestyle.

Supplies: Students are encouraged to wear comfortable clothing and supportive exercise shoes. Please bring hand-held weights, towel, thick exercise mat and water to class. Most yoga mats are too thin for the floor work.

Offered at multiple locations for your convenience

Fee: \$ 104

Instructor: Colleen Soto

Location: La Colonia Park, Recreation Room Time: 26 sessions. Mondays, Wednesdays & Fridays 1/5–3/9, 7:45–8:45 AM OR 9–10 AM No class on 1/15 & 2/19.

Fee: \$112

Time: 28 sessions. Mondays, Wednesdays & Fridays 3/19–5/25, 7:45–8:45 AM OR 9–10 AM No class on 4/9 & 5/7.

Fee: \$72. Early Bird Special \$57 (Register BEFORE 1/10 for Early Bird Special)

Instructor: Leslie Siegel Location: Ocean Air, Gym

Time Options:

11 sessions. Wednesdays & Fridays 1/10–2/14, 8:45–10 AM

(Register BEFORE 2/16 for Early Bird Special)

11 sessions. Wednesdays & Fridays 2/28–4/6, 8:45–10 AM. *No class on 3/30.*

Fee: \$85. Early Bird Special \$67 (Register BEFORE 4/11 for Early Bird Special) Time: 13 sessions. Wednesdays & Fridays 4/18–5/30, 8:45–10 AM



Sign up for Free Sample Class Day Monday 1/8, 8:45–10 AM

Fee: \$40

Instructor: Susan Bornhoft Location: Del Mar Powerhouse, Community Room Time: 10 sessions. Tuesdays & Thursdays 1/9–2/20, 9–10 AM. *No class on 1/23, 1/25 & 2/1*.

Fee: \$48

Time: 12 sessions. Tuesdays & Thursdays 4/17–5/24, 9–10 AM



NEW Posture Bootcamp-Core Strength

No experience required.

This class focuses on core strength to develop posture muscles and foster proper alignment. Pilates, yoga and dance techniques are combined into a mat workout to tone you and have you walking tall. At every age, good posture is essential to good health and will make you look leaner and appear more confident. Flexibility is also addressed to balance the body. Fight osteoporosis! You will leave class feeling energized. This is an excellent workout for both men and women. Taught by a World Champion ballroom dancer.

Fee: \$70. Early Bird Special \$60 (Register BEFORE 2/10 for this rate)

Supplies: Bring a mat with extra cushioning if you have it. Wear comfortable clothes that you can stretch in.

Instructor: Michelle Madore

Location: Fletcher Cove, Community Room Time: 5 Wednesdays, 2/21–3/21, 12:15–1:10 PM

NEW Reiki Stress Relieving Technique

Reiki is a simple, natural and safe method of energetic healing and selfimprovement that anyone can learn. One of the greatest Reiki health benefits is stress reduction and relaxation, which triggers the body's natural healing abilities (immune system), aids in better sleep and helps relieve anxiety. After taking this class, you will be able to give Reiki to yourself, your family, your friends and even to your pets.

Fee: \$69. Early Bird Special \$49 (Register BEFORE 2/24 for this rate)

Supplies: A \$10 material fee will be collected in class. Please bring a sack lunch, paper, and pen and wear comfortable clothing.

Instructor: Karl Johnson & Ani Evstice Location: San Elijo Campus, Room 204 Time: 1 Saturday, 3/3, 10 AM–4 PM

Pilates Mat Class

Pilates mat class is a low impact, total body workout done on the floor using resistance exercises that challenge your core, as well as stretching and strengthening your entire body. This class is taught in a focused and fun environment for all to benefit and enjoy. You will leave this class feeling stronger, energized and ready to start your day.

Fee: \$69

Supplies: Please bring exercise mat to class. Instructor: Geri Jones

Location: Fletcher Cove, Community Center Time Options:

7 Thursdays, 2/1–3/15, 9:15–10:15 AM

7 Mondays, 2/5–3/26, 9:15–10:15 AM *No class on 2/19*.

For possible additional class dates, check online or call us!





T'ai Chi by the Sea-Del Mar

Inhale a deep breath of ocean air and RELAX! Join our practice of t'ai chi ch'uan, the ancient, world-renowned Chinese fitness and martial arts exercise that stimulates and circulates your vital internal chi energy and conditions your whole body. Practicing a fluid set of yin/ yang easy-to-learn movements promotes balance, harmony and coordination, while improving strength, flexibility and posture. Learn five elements and other t'ai chi forms.

Fee: \$75. Early Bird Special \$60 (Register BEFORE 1/27 for this rate)

Supplies: Wear comfortable clothes and shoes. Instructor: Mary Ann Sowards

Location: Del Mar Powerhouse, Community Room Time: 6 Mondays, 2/5–3/26, 9:15–10:15 AM *No class on 2/19 & 2/26*.

For possible additional class dates, check online or call us!

T'ai Chi by the Sea-Fletcher Cove

Achieve t'ai chi fitness at our cottage high above Solana Beach. Learn this ancient Chinese full body mind health exercise while practicing the harmonizing yin/yang principles—relaxation, deep breathing and movement that stimulate and circulate vital internal energy. Improve your balance, flexibility, coordination, strength and posture.

Level 1: Students will learn the Five Elements, Five Animals, Pat Down, along with the basic flowing steps and patterns. Level 2: Students will learn the worldfamous 24-movement Yang-style form.

Fee: \$79. Early Bird Special \$69 (Register BEFORE 1/26 for this rate)

Supplies: Wear flat, non-skid shoes. Instructor: Mary Ann Sowards Location: Fletcher Cove, Community Room T'ai Chi Level 1

Time: 7 Fridays, 2/2–3/16, 8:45 AM–9:45 AM

T'ai Chi Level 2

Time: 7 Fridays, 2/2-3/16, 10-11 AM

Therapeutic Massage for Couples-Health and Wellness

Just in time before Valentine's Day!

After a long, stressful day at work or a strenuous athletic event, there is no better feeling than receiving a nourishing, therapeutic massage by your partner or loved one in your own home. Taught by a professional massage therapist with over 20 years of experience, Therapeutic Massage for Couples teaches a professional, quick 10, 15 or 20-minute quality massage session designed to reduce stress and some common ailments such as headaches, low back issues or tired achy feet. You can stay in your comfortable clothing and there is no expensive equipment required. Massage can be easily enjoyed every day and for a lifetime!

Fee: \$89 per couple. Early Bird Special \$79 per couple (Register BEFORE 2/3 for this rate)

Supplies: A \$15 material fee will be collected in class for handouts and massage lotion. Please bring note paper, a small hand towel,

or 2 yoga mats, two pillows and wear loose, comfortable clothing. Instructor: Keoni and Kasey Salgado

Location: San Elijo Campus, Room 204 Time: 1 Saturday, 2/10, 10 AM–2 PM

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NEW Wilderness and Urban Survival Techniques

Would you survive? Learn how to survive should your city have a massive power outage or regional emergency. In a real life urban or backcountry survival scenario, the "WURST" (Wilderness & Urban Survival Techniques) will provide you with the skills to survive. Students will learn planning, urban and wilderness survival techniques, as well as tips and tricks on collecting necessary resources and essential gears. WURST will show you how to navigate cities should a real life disaster happen. Don't be left unprepared!

Fee: \$79. Early Bird Special \$69 (Register BEFORE 2/10 for this rate)

Supplies: A \$20 material fee will be collected in class for handouts and course materials. Instructor: Nicholas Kowalski Location: San Elijo Campus, Room 308 Time: Tuesday & Wednesday, 2/20 & 2/21, 6–9 PM

INSTRUCTOR BIO:

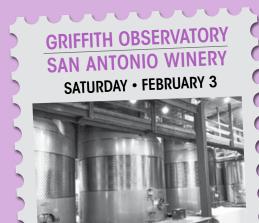
Nicholas Kowalski completed an 80-mile two-week journey into Canada's Boreal Forest, surviving with no tent and no matches. Having joined the Navy in 2007, he travelled the world as part of an elite Special Operations Unit becoming a weapons expert and firearms instructor. He has experienced



every possible environment on earth from the freezing arctic of Norway to the humid jungles of Malaysia. He has trained foreign Special Operations soldiers and learned local survival techniques at every destination. Nick holds licenses as a PADI Divemaster, a Parachute Association Professional Exhibition Skydiver, and he has been a U.S. Navy Special Operations medic, civilian firefighter and EMT.

Explore California!

Enjoy affordable costs and wonderful tours Call 760.795.6820 to sign up now!



Book early for \$65. For booking made after 2/9, fee will increase to \$79.

THE LIVING DESERT ZOO AND GARDENS SATURDAY • MARCH 10 Book early for \$88. For booking made after 2/16, fee will increase to \$98.

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Salad Garden

Grow everything for your delicious spring salad right in your own backyard including lettuce, spinach, kale and a variety of vegetables! Learn how to select a site for your garden and prepare the soil for planting, how to care for your plants and protect them from pests.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 1/27 for this rate)

Supplies: A \$7 material fee will be collected in class for handouts and course materials. Instructor: Jennifer Gerson

Location: Technology Career Institute, Room 101 Time: 1 Thursday, 2/1, 6:30–8:30 PM

NEW Culinary Herb Gardening

Whether you want to grow herbs in your kitchen, on the patio, or out in the garden, this class is a great opportunity for you to gain hands-on experience growing your own culinary herbs. Discover the difference between annuals and perennials, how to select the right herbs for you, and how to harvest and store your herbs so they are always ready to use in your cooking.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 2/22 for this rate)

Supplies: A \$7 material fee will be collected in class for handouts and course materials. Instructor: Jennifer Gerson Location: Technology Career Institute, Room 101 Time: 1 Thursday, 3/1, 6–8 PM

NEW Start Your Own Organic Vegetable Garden

Have you always wanted to start a garden but didn't know where to begin? Join us for this three-part series that covers the basics of how to grow your own organic vegetables including composting and ways to improve the health of your soil, selecting warm weather crops for spring and summer planting, garden maintenance and how to battle your garden pests.

Fee: \$99. Early Bird Special \$89 (Register BEFORE 2/16 for this rate)

Supplies: A \$15 material fee will be collected in class for handouts and course materials. Instructor: Jennifer Gerson

Location: Technology Career Institute, Room 101 Time: 3 Thursdays, 2/8–2/22, 6–8:30 PM

INSTRUCTOR BIO:

Jennifer Gerson is a highly skilled educator with a passion for teaching people how to grow their own organic fruits and vegetables. She is currently a MiraCosta Horticulture instructor, as well as a San Diego Master Gardener and has taught sustainable agriculture both locally and internationally.

NEW Landscaping with California Native Plants

Create a sense of place and habitat using California's own heritage which will ultimately benefit your purse, your home and the planet. We will focus on 20 native California plant species, their uses, care and maintenance without chemicals or additives. Students will design a landscape and supplemental irrigation system through lecture and hands-on design sessions.

Fee: \$60. Early Bird Special \$50 (Register BEFORE 3/28 for this rate) Supplies: A \$14 material fee will be collected in class for handouts and course materials. Instructor: Susan Krzywicki Location: San Elijo Campus, Room 406 Time: 2 Saturdays, 4/7–4/14, 9 AM–12 PM

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INSTRUCTOR BIO:

Susan Krzywicki is a California native plant landscape designer in San Diego County. She was the first California Native Plant Society Horticulture Program Director. Susan is a popular speaker, having motivated audiences to make substantial landscape changes. Her forté is helping homeowners or future homeowners to use our heritage plants in stylish and bright new ways.

Note: Please bring note-taking materials and garden gloves. Wear closed toe shoes and clothes you don't mind getting dirty.

ENRICHMENT | HOME & GARDEN | FOOD & WINE



Designing Your Dream Home and Building Green

If you have ever considered building your own home, you cannot afford to miss this workshop. Sam Chereskin, a registered architect with over 20 years of experience in designing custom homes, will take you step-by-step through the process. You will learn valuable information about design phases, building permits, and fee structures. Also learn about sustainable "Green" building products and construction methods that protect the environment. At the end of this workshop, you will feel confident in your understanding of the process of designing and building your project. As a result, you will be able to avoid common construction pitfalls, save time and money and get the quality design you want.

Fee: \$55. Early Bird Special \$44 (Register BEFORE 2/3 for this rate)

Supplies: Please bring paper/notebook and pen. Instructor: Sam Chereskin Location: San Elijo Campus, Room 302 Time: 1 Saturday, 2/10, 9 AM-1 PM



Taste Wine Like a Pro

Back by popular demand

Join sommelier Bridget Cheslock and learn how to drink and purchase wine like a pro! Throughout this interactive class, you will learn about wine production from vinevard to bottle. Learn how to swirl, sniff and sip as you experience wines from some of the most famous regions in the world using the sommelier's blind tasting method.

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register.

Fee: \$98. Early Bird Special \$79 (Register BEFORE 3/13 for this rate)

Supplies: A \$60 material fee will be collected in class. Please bring 3 wine glasses, pen and paper to each class.

Instructor: Bridget Cheslock Location: San Elijo Campus, Room 406 Time: 6 Tuesdays, 3/20-4/24, 6-8 PM

NEW Wine, Cheese and Chocolate

Fellow food and wine fans, join sommelier Bridget Cheslock in a six week class that explores wine pairings with cheese and chocolate from around the world. You'll taste classic pairings like Cabernet Sauvignon and Bleu cheese as well as unusual regional cheese pairings. You'll also make your own chocolate truffles and decide what to pair them with.

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register.

Fee: \$98. Early Bird Special \$79 (Register BEFORE 1/31 for this rate)

Supplies: A \$60 material fee will be collected in class. Please bring 3 clear wine glasses, pen and paper to each class.

Instructor: Bridget Cheslock

Location: San Elijo Campus, Room 406 Time: 6 Tuesdays, 2/6-3/13, 6-8 PM

NEW Savory and Healthy Gluten Free Meals

Think outside of your pots and pans. Join Brazilian cook Djana Venolia as she brings her joyful Amazonian background approach to cooking healthy yet flavorful foods. Each day, you will learn different recipes.

- Day 1: Cheese bread and chicken pot pie
- Day 2: Sweet and salty pizza party
- Day 3: Crepe and brownie

You will learn how to use new and old ingredients and combine them into nutritious meals that even your kids will love to eat.

Fee: \$90. Early Bird Special \$80 (Register BEFORE 4/21 for this rate)

Supplies: A \$12 material fee will be collected in class for handouts. Please bring paper and pen. Instructor: Djana Venolia

Location: San Elijo Campus, Room 406 Time: 3 Tuesdays, 5/1–5/15, 6:30–8 PM



Spanish 1C-for Mature Adults

This is the next step after Spanish 1B.

Practice, pronunciation and vocabulary are emphasized in this class. This course will promote conversation by activity dialogues that deal with daily life. Your vocabulary will improve and you will feel more confident speaking Spanish. You will learn many useful new verbs.

Fee: \$129. Early Bird Special \$120 (Register BEFORE 1/25 for this rate)

Supplies: Students must purchase *Spanish is Fun* Book 1–4th edition by Heywood Wald (ISBN: 978-1-56765-815-6). Available at amazon.com

Instructor: Gerda Snell

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Location: San Elijo Campus, Room 202 Time: 8 Wednesdays, 1/31–3/21, 9:30–11:30 AM



Spanish 1A-for Mature Adults

This is a beginning Spanish class.

This course is designed for those with little or no knowledge of Spanish. Class will include grammar, vocabulary, pronunciation and culture as well as reading, writing, and conversation through dialogues, stories and role playing. Extra credit is given to those who keep the laughs flowing. Please join us!

Fee: \$129. Early Bird Special \$120 (Register BEFORE 1/25 for this rate)

Supplies: Students must purchase *Spanish is Fun* Book 1–4th edition by Heywood Wald (ISBN: 978-1-56765-815-6). Available at amazon.com

Instructor: Gerda Snell

Location: San Elijo Campus, Room 407 Time: 8 Tuesdays, 1/30–3/20, 9:30–11:30 AM

Spanish 3B-for Mature Adults

This is the next step after 3A.

This class is designed for students with at least two years of Spanish. Classes will include grammar, vocabulary, pronunciation, and culture as well as reading, writing and conversation through dialogue, stories and role playing.

Fee: \$125. Early Bird Special \$105 (Register BEFORE 1/27 for this rate)

Supplies: Student must purchase *The Ultimate Spanish Review and Practice*–2nd Edition, with interactive CD-rom (ISBN-978-07174418-8), and *Practice Makes Perfect Spanish Pronouns and Prepositions* by Dorothy Richmond (ISBN-978-1-25958632-3). Available at amazon.com

Instructor: Alicia Meneses Location: San Elijo Campus, Room 202 Time: 7 Fridays, 2/2–3/30, 10 AM–12 PM No class on 2/16 & 3/23.

Spanish 3C-for Mature Adults

This is the next step after 3B.

This course is designed for those with at least two years of Spanish. During classes, we will learn Spanish idiomatic expressions, as well as practice reading, writing, and conversation through dialogs and stories.

Fee: \$120. Early Bird Special \$90 (Register BEFORE 3/31 for this rate)

Supplies: Student must purchase *The Ultimate Spanish Review and Practice*–2nd Edition, with interactive CD-rom (ISBN-978-07174418-8), and *Practice Makes Perfect Spanish Pronouns and Prepositions* by Dorothy Richmond (ISBN-978-1-25958632-3). Available at amazon.com

Instructor: Alicia Meneses

Location: San Elijo Campus, Room 202 Time: 6 Fridays, 4/6–5/18, 10 AM–12 PM *No class on 4/27.*

ENRICHMENT | LITERATURE | PERSONAL WELL-BEING



<u>advantage</u>

of the Early Bird Specials.

Note: Applies to select courses. Check each class for pricing.

The Writer's Elevator

Have you always wanted to write a novel, but have no idea where to begin? Have you been thinking of an article you'd like to pen and pitch to a magazine, but feel daunted by the task? If so, join The Writer's Elevator and take your literary skills to new heights worthy of publication. You'll learn how to quicken your plots, scintillate your readers and pitch to the pros like a pro.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 3/3 for this rate)

Supplies: Please bring paper and a pen or pencil. Instructor: Sarah Turitto Location: San Elijo Campus, Room 306 Time: 1 Tuesday, 3/13, 6:30–8:30 PM

Write and Publish a Book

There is a writer in all of us. In this single workshop, this Carlsbad published author and screenplay writer helps you



understand and apply the five basic steps of writing, the importance of branding and promotion, and the value of persistence. Mr. Vianna, your instructor, has authored 23 published books (prescriptive, historical fiction, novels) and 10 screenplays.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 2/16 for this rate)

Supplies: A \$9 material fee will be collected in class (includes handouts and 2 audio CDs) Instructor: Antonio Vianna Location: San Elijo Campus, Room 306 Time: 1 Saturday, 2/24, 9 AM–12 PM

Earn CPR and First Aid Certification Today

We offer certification courses for workplace employees, healthcare providers, phlebotomy students, and the community each month. Visit our website at miracosta. augusoft.net to view each course description. Registration is on site, on the day of class. Payments are made by cash or check only. For questions about the class, email the instructor

at jrdelvalle@mysafetyfirst.org or call 626.755.3710.

Three courses offered:

- 1. American Heart Association BLS Health Care Provider
- 2. Heartsaver Adult/Child CPR & AED

Fee: \$65

Instructor: Roberto Del Valle, Senior Safety Consultant from My Safety First

Location: Oceanside Campus, Room 3101 Time Options: 2/10 OR 3/10 OR 4/14 OR 5/12 10 AM-2 PM

3. Heartsaver First Aid with CPR & AED

Fee: \$99

Time Options: 2/10 **OR** 3/10 **OR** 4/14 **OR** 5/12 10 AM-5 PM



Estate Administration Essentials

A trustee has an important job with serious legal consequences. Stepby-step instructions will be provided for the post-death administration of

an estate. You will learn ways to minimize the stress on yourself and your family. This class will even help someone who is planning their estate, because knowing what actually happens after death helps you



adequately prepare. Gain insights, methods and techniques from a friendly, approachable and experienced attorney and educator. Bob Ayers has been a local attorney for over 25 years with an emphasis in real estate, business and estate planning and administration.

Fee: \$39. Early Bird Special \$35 (Register BEFORE 2/1 for this rate) Instructor: Bob Ayers

Location: San Elijo Campus, Room 307 Time: 1 Thursday, 2/8, 6:30-8:30 PM

Estate Planning Essentials

The most essential part of your estate plan is the needs of your beneficiaries. Understanding their needs will guide your plan. This class allows you to explore how

the different planning tools will help you meet the needs of your beneficiaries. While trusts will be highlighted, you will learn why a trust is not always the best way to distribute certain assets. You will learn about taxes, leaal fees and how to preserve

important family relationships. Gain insights, methods and techniques from a friendly, approachable and experienced attorney and educator about planning for your estate, your health care and your finances.

Fee: \$39. Early Bird Special \$35 (Register BEFORE 1/31 for this rate)

Instructor: Bob Ayers Location: San Elijo Campus, Room 307 Time: 1 Tuesday, 2/6, 6:30-8:30 PM



Financial Planning for Women

Statistics tell us that 8 out of 10 women will end up handling their own finances. This may be due to longevity, divorce or other reasons. This class will prepare you to handle your finances and give you a deep knowledge of financial markets. We will cover budgeting and give you tools to create and run a budget. You will learn how to properly allocate assets. We will spend a lot of time breaking down stocks/

equities vs. bonds/fixed income. You will learn how to evaluate your portfolios against proper benchmarks and how to interpret your financial statements. Each class includes a packet of color worksheets. This class will give you peace of mind and knowledge that will last a lifetime. This is a fun, hands-on, interactive class and questions are welcomed.

Fee: \$45. Early Bird Special \$35 (Register BEFORE 1/31 for this rate) Instructor: Michael Graney Location: San Elijo Campus, Room 306 Time: 2 Tuesdays, 2/6-2/13, 6-9 PM



- parking fees; however, they must register their vehicles with College Police. Second Saturday workshops. See page 51.

Students attending the Technology Career Institute do not need to pay for a parking permit. Please see page 4 for parking information and where to purchase parking permits.

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ENRICHMENT | PERSONAL FINANCE & WORKSHOPS

SECOND SATURDAY Divorce Workshop for Women



What women need to know about divorce!

Women A Community Education class open to women who want to learn more about the process of divorce.

- Explore the legal, financial, psychological and social issues of divorce.
- Discover community resources available to help you.
- Talk with other women experiencing similar life changes.
- Learn from experts who have guided thousands of women through divorce.

Registration: 8–8:30 AM on the day of the class. For more information please call 858.792.0524 or 858.524.0955.

Fall dates: 1/13, 2/10, 3/10, 4/14, 5/12 Held the second Saturday of each month, 8:30 AM-1:30 PM Location: San Elijo Campus, Room 201

ONLY \$45 per session

WOMEN AND MONEY Saving, Investing & Managing Money Independently



What you need to know to empower your financial life forever! The Money Club™ is a simple but powerful concept designed to teach women about finances in a collaborative, supportive environment... and have fun in the process! Class is open to all women, married or single.

You will learn to:

- Build a foundation of financial management skills.
- Save, earn, invest and feel good about money.
- · Uncover your own personal journey of financial empowerment.

Registration: 8:30–9 AM on the day of the class. For more information, please call Candace Bahr at 760.431.9288.

Fall dates: 1/13, 2/10, 3/10, 4/14, 5/12 Held the second Saturday of each month, 9–10:30 AM

Location: San Elijo Campus, Room 202

ONLY \$15 per session

Materials: All students issued Financial Plan Binder to assemble throughout the year (no charge).



Retirement Planning Today

It takes more than money to live a "rich life." This course blends financial education with life planning to help you build wealth, align your money with your values and achieve your retirement lifestyle goals. In just two entertaining and informative sessions, you'll learn what they didn't teach you in school.

Fee: \$60—bring your spouse for free! Supplies: This course includes a 235-page illustrated book.

Offered at multiple locations for your convenience Instructor: Joe Anderson

Location: Oceanside Campus, Room 3102 Time: 2 Thursdays, 2/8 & 2/15, 6:30–9:30 PM

Location: Oceanside Campus, Room 3102 Time: 2 Saturdays, 3/10 & 3/17, 9–12 PM

Location: San Elijo Campus, Room 306 Time Options: 2 Tuesdays, 2/20 & 2/27, 6:30–9:30 PM

2 Thursdays, 3/1 & 3/8, 6:30–9:30 PM

Instructor: Brad Lineberger

Location: Carlsbad Senior Center, Art Studio Time: 2 Saturdays, 1/27 & 2/3, 9 AM-12 PM

Location: La Costa Canyon High School, Room 1301 Time: 2 Thursdays, 1/25 & 2/1, 6–9 PM

NEW A, B, C, D's of Medicare

This class covers the essentials of the Medicare Health System, its structure, existing restrictions, cost and coverage details; as well as who can become a beneficiary. Other topics include: supplemental plans, Part C and drug plans, how they are structured, timelines, limitations and missing coverage areas.

Fee: \$39. Early Bird Special \$35 (Register BEFORE 3/7 for this rate)

Supplies: Please bring pen & paper to take notes. Instructor: Joseph Pospichal Location: San Elijo Campus, Room 306 Time: 1 Wednesday, 3/14, 6:30–8:30 PM



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Adult Horsemanship

English or Western style.

This is a wonderful opportunity for you to learn about horses, grooming, horsemanship, and to begin riding in a safe and beautiful environment. Horseback riding helps build confidence and responsibility, soothes and releases stress, provides exercise, and develops a strong bond between you and horses. All levels welcome, including the experienced rider who wants to get back in the saddle.

Note: Students must weigh under 200 lbs. Fee: \$210

Supplies: Bring water and sunscreen. Wear closed-toe shoes and comfortable clothes that can get dirty. All students will have to sign a waiver. Students between the ages of 15–17 must be accompanied by an adult and will need to have a parent or guardian sign a waiver.

Instructor: Teri Cagle

Location: Hoof Haven Farms 4777 S. Mission Road, Fallbrook Time: 6 Saturdays, 2/3–3/10, 11:30 AM–1 PM



NEW Golf-Fun and Games

This is a class designed for fun. If you are playing golf and getting bored with practice or want to make practicing more fun, this is the class for you! Each class will focus on different aspects of the game. Playing games are both fun and skill building at the same time. You will learn how to practice in ways that simulate playing on a course. The first part of the class will focus on review of the fundamental of a certain shot. During the second part of class, we will play a game which will make practice fun and also improve your game. The last class will be an on course play day (\$14 extra fee).

Fee: \$99. Early Bird Special \$89 (Register BEFORE 3/31 for this rate)

Supplies: A \$50 material fee will be collected in class for weekly range balls and golf course fee. Instructor: Scott Newman Location: Encinitas Ranch Golf Course

Time: 8 Sundays, 4/1–5/20, 9–10 AM



Golf–Short Game Fundamentals

Have you heard the golf adage, "drive for show, putt for dough?" It's the truth. Although it is fun to step up to a golf ball and hit it as hard and as far as you can, to shoot good scores you have to have a good short game. This class will focus on all aspects of the short game such as putting, chipping, pitching and the sand shot. Each week we will work on new shots to hit to help you lower your scores.

Fee: \$99. Early Bird Special \$89 (Register BEFORE 1/27 for this rate)

Supplies: A \$50 material fee will be collected in class for weekly range balls and golf course fee. Instructor: Scott Newman

Location: Encinitas Ranch Golf Course **Time:** 8 Sundays, 2/4–3/25, 9–10 AM

Golf FUNdamentals-Beginner

Golf is a game that can be enjoyed for a lifetime and learned at any age. It's great for your social, business and personal life. This class will introduce you to all aspect of the game in a relaxed group atmosphere. We will cover the full swing, putting, chipping, pitching and the sand bunker shot, as well as basic rules and etiquette.

Fee: \$99. Early Bird Special \$89 (Register BEFORE 1/27 for class start date 2/2 and BEFORE 3/22 for class start date 3/30)

Supplies: A \$50 material fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman Location: Encinitas Ranch Golf Course

Time Options:

8 Fridays, 2/2-3/23, 9-10 AM

8 Fridays, 3/30-5/18, 9:45-10:45 AM

Golf-Women's Beginner

This class is for ladies who are interested in learning about the game of golf in a relaxed group atmosphere. We will cover all the basics which include the swing, etiquette and rules so you will feel comfortable going to the driving range or course to play with friends or colleagues. Enjoy the outdoors, fresh air, make new friends and learn a game that can be enjoyed for a lifetime. Everything will be provided; just bring yourself and be ready to have some fun.

Fee: \$89. Early Bird Special \$79 (Register BEFORE 1/23 for class start date 1/30 and BEFORE 3/20 for class start date 3/27)

Supplies: A \$50 material fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman Location: Encinitas Ranch Golf Course Time Options:

8 Tuesdays, 1/30–3/20, 9:45–10:45 AM

8 Tuesdays, 3/27-5/15, 9:45-10:45 AM







Griffith Observatory with a Trip to San Antonio Winery

Saturday, February 3, 2018

The Griffith Observatory is one of L.A.'s greatest cultural attractions. It offers breathtaking views of the Pacific Ocean and Downtown L.A. from atop Mt. Hollywood in Griffith Park. The observatory, and accompanying exhibits, was opened to the public on May 14, 1935. Today, the Observatory is recognized as one of the most popular informal education facilities in the U.S. and a beloved gathering place for visitors. The Observatory offers many exhibits on the main level and roof; each focusing on a unique aspect of observation. In the planetarium there is an optional show that you may purchase tickets to see (subject to availability and time constraints). The planetarium show costs \$7 for adults and \$5 for seniors age 60 and older. If you are so inclined, you might like to enjoy a short hike on some of the trails surrounding the Observatory which offer gorgeous views of the city. There is even a gift shop on the premises for souvenir purchases and a reasonably priced restaurant.

Following our visit to the Observatory, we will stop at the beautiful San Antonio Winery for a free tour and optional no host wine tasting and/or lunch.

Fee: Book Early for \$65. For booking made after 1/25, fee will increase to \$79.

Guide: Staff

Activity Level: Easy (Moderate with a lot of walking if you plan to explore the surroundings) Note:

- Includes transportation.
- Wear very comfortable walking shoes. Dress casually and in layers of clothing or bring a jacket for cool weather.
- Sunscreen and/or hat is recommended if you plan to be outdoors the majority of the time.
- There will be a no-host lunch.

Depart: 8 AM. Return: approx 5:30 PM.



NEW The Living Desert Zoo and Gardens—A Unique Way to Enhance Your Zoo Adventure

Saturday, March 10

Experience one of the most unique zoos in the U.S. This is a very scenic and informative place where you do not feel like you are in a zoo. The Living Desert was established in 1970 by several trustees of the Palm Springs Desert Museum who foresaw the impact that resort development would have on their local desert ecosystem. This vision led to the establishment of an interpretive nature trail and preserve in Palm Springs. The gardens showcase the diversity of forms adopted by plants found growing in the harsh conditions typical of the world's deserts. Over 1,400 different species of plants are represented in the many gardens that constitute The Living Desert's plant collection.

Embark on a two hour safari tram tour of the grounds led by a nature guide. You'll see remarkable plants, animals and natural phenomena associated with deserts and discover how The Living Desert is helping to interpret and protect them. Stops will be made at the major animal exhibits. In addition, you have an exclusive showing of the District Commissioner's House which has a panoramic view of the Amour Leopard. There is a stop at the Wildlife Hospital where you will be able to see the stateof-the-art equipment the veterinarians use to keep the zoo's animals healthy. After the tour, enjoy a no-host lunch in one of the cafes and giraffe feeding (\$6 added fee). The Living Desert offers an experience like no other.

Fee: Book Early for \$88. For booking made after 2/16, fee will increase to \$98.

Guide: Staff

Activity Level: Easy (Moderate if you plan to do a lot of walking around the zoo)

Note:

- Includes transportation, entrance fee and safari tram tour.
- Wear very comfortable walking shoes. Dress casually and in layers of clothing for cool and/or warm weather.
- Cameras, bottled water, snacks or boxed lunch are great to bring along.
- Sunscreen and/or hat is recommended.
- Depart: 8 AM. Return: approx 5:30 PM.

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Old Town Pasadena and The Huntington Library and Gardens

Saturday, April 21, 2018

Old world charm meets modern conveniences at Old Town Pasadena. Prior to our stop at The Huntington, there will be a no-host breakfast/brunch in Old Town Pasadena. There will be time to explore the shops and history of Old Town or just enjoy a leisurely dining experience and then off to The Huntington Library, Art Collection and Botanical Gardens where we will enjoy remarkable art and the magnificence of nature. The Huntington grounds encompass 207 acres in the San Gabriel Valley, amid a diverse botanical collection of rare plants, shrubs, and mature trees in an ever changing riot of color. The Library contains rare books and manuscripts. Included in the collection is the Ellesmere manuscript of Chaucer's, The Canterbury Tales (c.1410) and a Gutenberg Bible (c.1455). The Huntington Art Collections focus on European art from the 15th to the early 20th century and American art from the late 17th to the mid-20th century. Included in the vast art collection is Blue Boy by Thomas Gainsborough and Pinkieby Thomas Lawrence. Aside from the beauty inside, more than a dozen specialized gardens are yours to explore. Among the most remarkable are the Desert, the Japanese and the Rose Gardens. If you feel like lunch or a snack, there are a number of restaurants located on the grounds including the Rose Garden Tea Room (reservations recommended) and don't forget to stop by the gift shop to pick up souvenirs.

Fee: Book Early for \$85. For booking made after 3/31, fee will increase to \$95. Guide: Carrie Welsh (staff)

Activity Level: Easy

Note

- Includes transportation and admission fee into the Huntington.
- · Wear very comfortable walking shoes. Dress casually and in layers of clothing or bring a jacket for cool weather.
- Sunscreen and/or hat is recommended.
- Audio tours for the galleries are available on the Huntington's free audio guide app.
- Reservation with the Huntington is recommend if you would like to dine at the Rose Garden Tea room.

Depart: 8:30 AM. Return: approx 5:30 PM.







	 Refunds will be granted no later than five business days before the excursion. There will be a \$25 cancellation fee if the excursion is full and a replacement can be found. No refunds will be granted after the excursion has taken place. Anyone missing the bus will not receive a refund. MiraCosta College reserves the right to make itinerary changes if necessary. Any excursion may be cancelled due to low enrollment. Seating arrangements on the bus will be on a first-come, first-served basis. Those who have difficulty sitting at the rear of the bus are advised to arrive early. No smoking is permitted on the bus. The bus will depart on time. Pick up and drop off at MiraCosta College, Oceanside Campus, 1 Barnard Drive, Oceanside, Parking Lot 1A.
Parking	Day parking permits are required at MiraCosta College, Oceanside Campus except Sundays. Parking permit may be purchased from machine in Parking Lot 1A. Day parking fee is \$1.

Exploring the Alpine Countries

September 13, 2018 | 13 Days | 17 Meals

Discover storybook castles and glittering palaces amidst stunning Alpine vistas as you explore Austria, Germany and Switzerland. Begin in Vienna with a visit to Schoenbrunn Palace. In Grinzing, the winemaking region of Vienna, sit down to dinner at a traditional inn. Cruise on the Danube and see Melk Abbey. Enjoy a Mozart dinner concert in the Baroque Hall of centuries-old St. Peter's Restaurant in Salzburg, the "City of Music." Spend a night in the heart of the Black Forest. Visit Oberammergau, famous for the Passion Play and expert woodcarvers.

- Take a lovely cruise along the Danube River.
- Make a stop at the impressive Benedictine Melk Abbey.
- Meet a Passion Play performer in Oberammergau.

Fee: \$4,599 pp double, \$5,049 single. Includes airfare.

Book soon to get this group price! For booking made after 3/14/2018 call for rates. Refer to booking #856837



Shades of Ireland

October 24, 2018 | 10 Days | 13 Meals

From vibrant and history-filled Dublin, across rolling green hills to the dramatic coast, experience all of Ireland's charm on this magical tour of the Emerald Isle. Live like royalty during an overnight stay on the grounds of a castle. Visit Waterford, Ireland's oldest city, where you'll have the opportunity to visit the House of Waterford Crystal. See beautiful Killarney from your seat on an Irish jaunting car. Journey to historic Blarney Castle, lean back and kiss its famous stone!

- Overnight stay on the grounds of a regal castle.
- Experience the Ring of Kerry, one of the world's great coastal roads.

Fee: \$3,399 pp double, \$3,849 single. Includes airfare.

Book soon to get this group price! For booking made after 4/25/2018 call for rates. Refer to booking #856846

If you prefer prices WITHOUT roundtrip air packages, come to our slide presentation for more information or call us at 760.795.6820. Pick up location(s) depend on the number of participants that booked.



TRIPS MiraCosta College Multi-Day

Join us for a fun FREE slide presentation of these trips

WHEN: Tuesday January 23, 2018 5-6 PM

WHERE: MiraCosta College Technology Career Institute, Room 102 2075 Las Palmas Dr. Carlsbad, CA 92011

International Multi-Day trip flyers are available at Technology Career Institute.



From the Outback to the Glaciers

November 4, 2018 | 21 Days | 29 Meals

Spend this Thanksgiving holiday in Australia and New Zealand! Explore the diverse wonders of the lands "Down Under." An adventure that includes a "Dreamtime tour" in the rugged Outback introduces you to the Aboriginal life and culture of Alice Springs and Ayers Rock. Explore the snow-capped peaks, vistas, gorges and waterfalls of New Zealand's Southern Alps. Cruise Milford Sound. Settle in for a 3-night stay in Queenstown, one of New Zealand's prettiest towns.

- Take a guided tour of the Sydney Opera House—an architectural wonder. Delve into the colorful world of the Great Barrier Reef.
- Visit Hartley's Croc Farm for a chance to get up-close and personal with crocodiles.

Fee: \$8,499 pp double, \$10,549 single. Includes airfare.

Book soon to get this group price! For booking made after 5/7/2018 call for rates. Refer to booking #856629

NEW The Northern Lights of Finland

January 10, 2019 | 8 Days | 11 Meals

This trip is in demand. Its special feature is you get to stay overnight surrounded by wilderness in a glass igloo and a Finnish log cabin; sip warm berry juice, a Finnish winter tradition, meet Santa Claus in his home and embark on a reindeer safari with a local farmer.

Fee: \$5,899 pp double. Includes airfare.

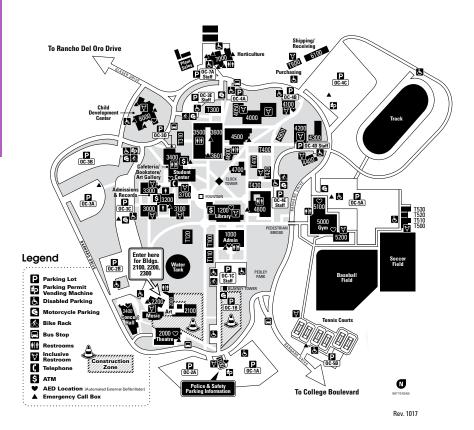
Limited availability. All space is on first come first serve basis. Book now and save if deposited by 7/10/2018.





OCEANSIDE CAMPUS

1 BARNARD DRIVE | OCEANSIDE | CA 92056 | 760.757.2121 | MIRACOSTA.EDU



Directory

Directory	
-	Bldg. #
Admissions & Records	3300
Art), 2300
Art Gallery	3400
Associate Faculty Office	4606
Associated Students	3400
Athletics	5200
Automotive Technology	4000
Biotechnology	
Bookstore	
Business Services	
Cafeteria	3400
CalWORKs	3000
Career Center	
Child Development Center	8000
College Police	1100
Computer/Business Department	4800
Concert Hall	2400
Counseling	3700
Dance Studio	5100
Development & Foundation	1000

	Bldg. #
Disabled Students Services	
Drivers Education	
English Language Institute	
Enrollment Information	
EOPS	
Facilities Department	
Financial Aid/Scholarships	
Gymnasium	
Health Services	
Horticulture	
Human Resources	
Institutional Advancement	
Institutional Research	
Instructional Services	
International Students	
Library & Information Hub	
Lost & Found	1100
Math Learning Center	
Music	2200, 2300
Nursing/Allied Health	T420, 4400

	Bldg. #
Parking Permits	1100
President, Office of the	1000
Printing Services	3400
Proctoring Center	3300
Purchasing	T600
School Relations/Diversity Outreach	
Service Learning	3300
Shipping/Receiving	6100
Student Accounts/Cashier	3200
Student Center	3400
Student Life & Leadership	3400
Testing Office	3300
Theatre	2000
Little Theatre	3601
Transfer Center	3700
Tutoring	1200
Veterans Education Office	3300
Veterans Information Center	T100
Wellness Center	4100
Writing Center	1200



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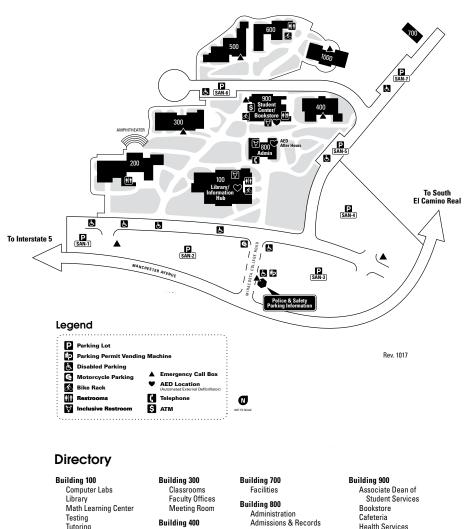
OCEANSIDE CAMPUS

Located just north of Highway 78 off College Boulevard; 121-acre hilltop campus with coastal and mountain views

SAN ELIJO CAMPUS

LOCATIONS | MAPS

3333 MANCHESTER AVENUE | CARDIFF | CA 92007 | 760.944.4449 | MIRACOSTA.EDU



Writing Center Building 200 Amphitheater Art Studios Classrooms Multipurpose Room Classrooms Faculty Offices Science Labs

Building 500 Classrooms Faculty Offices Language Lab

Building 600 Classrooms Faculty Offices Counseling Dean, San Elijo Campus Faculty Workroom Instructional Services Student Accounts/Cashier Student Information

Health Services Meeting Rooms Student Life & Leadership

Building 1000 Science Labs

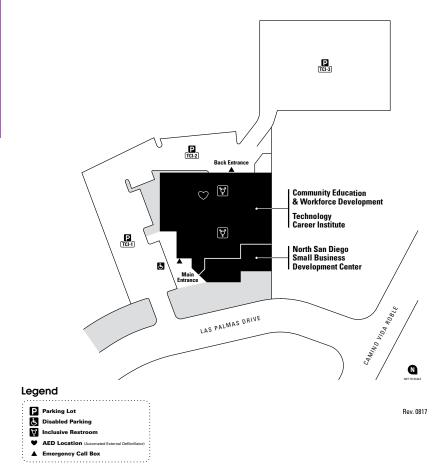
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SAN ELIJO CAMPUS

Nestled below the bluffs and facing the San Elijo Lagoon; 42-acre campus just east of I-5

TECHNOLOGY CAREER INSTITUTE & SMALL BUSINESS DEVELOPMENT CENTER

2075 LAS PALMAS DRIVE | CARLSBAD | CA 92011 | 760.795.6820 | TCI.MIRACOSTA.EDU



Directory Community Education & Workforce Development 760.795.6820 miracosta.edu/community

Technology Career Institute 760.795.6820 tci.miracosta.edu North San Diego Small Business Development Center 760.795.8740 sandiegosmallbiz.com



TECHNOLOGY CAREER INSTITUTE & SMALL BUSINESS DEVELOPMENT CENTER Located off Palomar Airport Road between El Camino Real & I-5

CLASS LOCATION GUIDE

CCA	Canyon Crest Academy	5951 Village Center Loop Road	San Diego
CSC	Carlsbad Senior Center	799 Pine Avenue	Carlsbad
CVMS	Carmel Valley Middle School	3800 Mykonos Lane	San Diego
CSAS	Cathy Sparks Art Studio	1109 Cesar Chaves Parkway	San Diego
DMPC	Del Mar Powerhouse Community Center	1658 Coast Boulevard	Del Mar
DMSTDR	Del Mar Surf & Turf Driving Range	Jimmy Durante Boulevard	Del Mar
DMSG	Don Myers Stained Glass	1025 South Coast Highway	Oceanside
ECHS	El Camino High School	400 Rancho del Oro Drive	Oceanside
ERGC	Encinitas Ranch Golf Course	1275 Quail Gardens Drive	Encinitas
FC	Fletcher Cove Community Center	133 Pacific Avenue	Solana Beach
HHF	Hoof Haven Farms	4777 South Mission Road	Fallbrook
LCP	La Colonia Park	715 Valley Avenue	Solana Beach
LCCHS	La Costa Canyon High School	1 Maverick Way	Carlsbad
LRC	Landes Recreation Center	2855 Cedar Road	Oceanside
CLC	MiraCosta College, Community Learning Center	1831 Mission Avenue	Oceanside
00	MiraCosta College, Oceanside Campus	1 Barnard Drive	Oceanside
SAN	MiraCosta College, San Elijo Campus	3333 Manchester Avenue	Cardiff
TCI	MiraCosta College, Technology Career Institute	2075 Las Palmas Drive	Carlsbad
OCMS	Oak Crest Middle School	Balour Drive & Oak Crest Park Drive	Encinitas
OARC	Ocean Air Recreation Center	4770 Fairport Way	San Diego
SDHSA	San Dieguito High School Academy	800 Santa Fe Drive	Encinitas
SHS	Sunset High School	684 Requeza Street	Encinitas
TPHS	Torrey Pines High School	3710 Del Mar Heights Road	San Diego

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