

## IN ALL EMERGENCIES

### Emergency Response

#### When a student:

- Needs emergency safety-related support
- Is a recent victim of an attack
- Appears to pose imminent danger to safety of self or others

If immediate threat exists

Campus Police, 760-795-6640 or x6911

Open 24 hours / 7 days per week

#### An officer will:

- Meet the student involved at the scene.
- Assess the student's and campus safety.
- Respond based on the situation, including medical help and/or requiring an involuntary evaluation under Section 5150 of the Welfare and Institutions Code, if needed.

## FOR NON-EMERGENCY CONCERNS

### Mental Health Consultation

#### When a student exhibits:

- Intense emotional distress
- Severe anxiety or depression
- Suicidal thoughts with no active plan to harm themselves

If no immediate threat exists

#### Submit a CARE Referral Form

Visit: [Miracosta.edu/StudentAffairs](https://www.miracosta.edu/StudentAffairs)  
Select: "CARE/Concern for an individual" as Nature of Report

#### The Student Affairs team will:

- Connect students with available resources and support.

### Behavior Concern

#### When student behavior is:

- Having a negative impact on the teaching or learning environment
- Potentially violating the Standards of Student Conduct

If no immediate threat exists

#### Submit a CARE Referral Form

Visit: [Miracosta.edu/StudentAffairs](https://www.miracosta.edu/StudentAffairs)  
Select: "Student Conduct" or "Disruption" as Nature of Report

#### The Student Affairs team will:

- Assess the needs of students, faculty, and staff involved and provide resources and support.
- If needed, initiate the student conduct process focused on education and safety.
- The Student Conduct team will address the issue.

### Title IX

#### If a student reports experiencing:

- Discrimination on the basis of sex or gender, sexual harassment, sexual assault, dating violence, domestic violence, or stalking

If no immediate threat exists

#### Submit a CARE Referral Form

Visit: [Miracosta.edu/StudentAffairs](https://www.miracosta.edu/StudentAffairs)  
Select: "Sexual Misconduct/Title IX" as Nature of Report

#### The Title IX team will:

- The Title IX team will assess the needs of the students, faculty, and staff involved and provide resources and support.
- The Title IX team will address the referral and provide resources and support.

### Further Consultation

- When you need a consultation for how to proceed

If no immediate threat exists

#### Contact:

- Your dean, department chair, or immediate supervisor
- Office of Student Affairs
- Campus Police

#### The Student Affairs team or supervisors should be notified, and the situation will be:

- Assessed and either addressed directly or by appropriate referral.

# Mental Health Resources

## PAY HEALTH FEE

[Health Services](#) are for currently enrolled students who have already paid the Health Services fee.

Students who need to pay the fee can pay at these locations:

[Oceanside Cashier's Office](#)

OC3202  
760-795-6746

[San Elijo Admissions & Records](#)

Administration Building  
760-634-7870

[Community Learning Center](#)

Admissions & Records  
760-795-8710

## ON CAMPUS RESOURCES

[Health Services](#) offers free and confidential counseling at the Oceanside and San Elijo campuses, and via Zoom or by phone.

Sessions are 50 minutes, one time per week for six weeks. Same-day sessions are also available for urgent matters.

### Oceanside Campus

Building 3300, Room 3322

760-795-6675

Monday - Thursday: 8:00 am - 7:00 pm  
Friday: 8:00 am - 3:00 pm

### San Elijo Campus

Building 900, Room 917

760-757-2121 x7747

Monday - Friday: 9:00 am - 3:00 pm

### Community Learning Center

760-795-8710

Students can be referred to the Admissions & Records counter for information on accessing Health Services support.

## OFF-CAMPUS RESOURCES

**FOR LIFE THREATENING EMERGENCIES:  
CALL 911**

[Crisis Text Line:](#)  
Text "COURAGE" to 741741

[County of San Diego Access & Crisis Line:](#)  
(888) 724-7240

[MiraCosta Campus Assessment, Resources and Education \(CARE\)  
CARE Basic Needs Resource Guide](#)

Community Resources for Childcare, Domestic Violence, Employment, Financial, Food Insecurity, Health/Dental Care, Homelessness or Displacement, Legal Aid, Mental Health, Rental Assistance, Technology, Transportation, Undocumented/Mixed Status, WiFi