



2019

BULLETIN

COMMUNITY
EDUCATION

FALL

tci.miracosta.edu



EXPLORE

Art • Crafts • Business & Career • Computers • Drivers Education & Training

THE

English Language Institute

POSSIBILITIES

Enrichment • Excursions • Work Skills Training

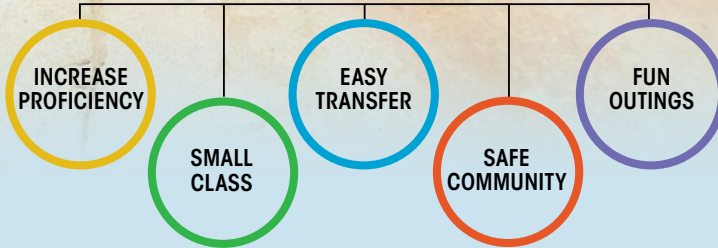


MiraCosta College English Language Institute

WHERE LANGUAGE + CULTURES + FUN COLLIDE



Why study with us?



The English Language Institute (ELI) offers international students the opportunity to increase their English language proficiency and develop the skills needed to succeed at a college or university in the United States. This eight-week intensive English as a second language (ELI) program provides individualized instruction in small class sizes. The program is designed for students with a minimum of one year of English language training at high school or college level. This class may not be appropriate for advanced ESL students or students with a TOEFL score greater than 500 paper-based or 46 IBT. Students must be at least 18 years old or meet our minor policy requirements. Our International Student Office will issue 1-20's. We accept students with an F1 or B visitor visa or any visa where "enrichment" or "study" is permissible.

Instructional components include:

- TOEFL preparation
- Study of American culture
- Computer literacy development of study skills
- Integrated academic preparation in reading, writing, listening, speaking and grammar

Fee: \$1,915 (includes instruction, application fee, books and student services.) Health insurance is an optional fee of \$380 for 3 months. Students must purchase our insurance plan or purchase their own insurance plan that meets our requirements (Fees subject to change.)

Location: Room T510

Dates: 8/19/2019–10/11/2019 and 10/14/2019–12/6/2019

For more information, write, telephone or email:

1 Barnard Drive, Oceanside, CA 92056

760.757.2121, x6590 | email: lcargile@miracosta.edu | miracosta.edu/eli



COMMUNITY EDUCATION
& WORKFORCE DEVELOPMENT

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Workshops, Classes & Excursions

In this bulletin you will find a variety of enrichment and work skills courses. All of these courses are affordable, fee-based, not-for-credit offerings that are not supported by any state or local taxes. Your enrollment fees keep this program going.

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MiraCosta College is accredited by the Accrediting Commission for Community and Junior Colleges, Western Association of Schools and Colleges, 10 Commercial Blvd., Suite 204, Novato, CA 94949, 415.506.0234, an institutional accrediting body recognized by the Council for Higher Education Accreditation and the U.S. Department of Education. Additional information about accreditation, including the filing of complaints against member institutions, can be found at: accjc.org. The college is also approved by the California Department of Education for the training of veterans under the provisions of the GI Bill® of Regulations.

HOW TO REGISTER

- 1 **Internet Registration**—Go to miracosta.augusoft.net to register online.
- 2 **By Phone: 760.795.6820**—Please have your Visa, MasterCard or Discover card in hand and your registration information ready when you call.
- 3 **In Person**—Community Education & Workforce Development Office, MiraCosta College Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, CA 92011. **Hours: 9 AM–5 PM, Monday–Friday.**
- 4 **By Mail**—Complete the registration form on the next page using a separate form for each person (forms may be duplicated). Visa, MasterCard, Discover card or check (payable to MiraCosta College) can be used to pay registration fees. If you would like a confirmation, enclose a self-addressed, stamped envelope. Mail checks and completed registration form(s) to: **Community Education & Workforce Development, MiraCosta College Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, CA 92011.**

Remember to mark your calendar with class date, time and location. Please include your email address on your registration form to receive an email confirmation of your enrollment.

PARKING INFORMATION

Parking permits are required at the Oceanside, San Elijo and Community Learning Center (CLC) campuses of MiraCosta College Monday–Saturday. Students may park in any lot marked Student or spaces marked Student on all campuses. Please avoid any spaces or lots marked Staff. Parking permits may be purchased from the parking permit vending machines as follows:

- **Oceanside Campus:** A day pass may be purchased for \$1. There are four parking permit vending machines located on the Oceanside Campus in Parking Lots 1A, 3C, 4C and 5A. In Parking Lot 3C and 4C, students may use debit and credit cards, a one dollar bill or exact change (no pennies). In Parking Lots 1A and 5A, students may use a one dollar bill or exact change (no pennies).
- **San Elijo Campus:** A day pass may be purchased for \$1. There is one parking permit vending machine located next to the College Police kiosk in the front of the campus. This machine takes a one dollar bill or exact change (no pennies).
- **Community Learning Center:** A day pass may be purchased for 50 cents. There is one parking permit vending machine located at the front of the parking lot across from the main building entrance. This machine takes exact change (no pennies).
- **Technology Career Institute:** A parking permit is not required. Parking is free.

REFUND AND TRANSFER POLICY

Check refunds may take 4–6 weeks to process.

Class/Workshop Refund Policy: Refunds will be made up to three business days prior to the class start date. No refunds will be given once a class has started. A \$15 cancellation fee will be retained for each refund. A full refund will be given if a class is cancelled due to low enrollment. Unused attendance is not transferable to another class session.

Excursion Refund Policy: Refunds will be made up to one week before the excursion only if the excursion is full and someone on the waiting list is available to take your place. There will be a \$25 cancellation fee if a replacement can be found.

Work Skills Refund Policy: Refunds will be made up to five business days, depending on course, prior to the class start date. A \$25 cancellation fee for work skills programs will be retained for each refund. A full refund will be given if a class is cancelled due to low enrollment. Unused attendance is not transferable to another class session.

Class/Workshop Transfer Policy: Transfers will be approved up to three business days prior to the class start date. Students must receive a verbal approval from Community Education before a transfer can be made.

For more information, email us at: commservices@miracosta.edu



Job Training, Workshops, Classes and Excursions

All of these offerings are affordable, fee-based and not-for-credit offerings.

REGISTRATION FORM **SPRING 20** _____ **SUMMER 20** _____ **FALL 20** _____

MAIL TO:
**Community Education
& Workforce Development**
**MiraCosta College
Technology Career Institute
2075 Las Palmas Drive
Carlsbad, CA 92011**

**YOU WILL RECEIVE AN EMAIL
CONFIRMING YOUR ENROLLMENT.**
Have questions? Call 760.795.6820.
Parking permits are required on
some campuses—see page 4.

Last ()	First ()	Middle Initial
Phone: Day	Evening	
Mailing Address		
City	Zip Code	
Email Address	Date of Birth	

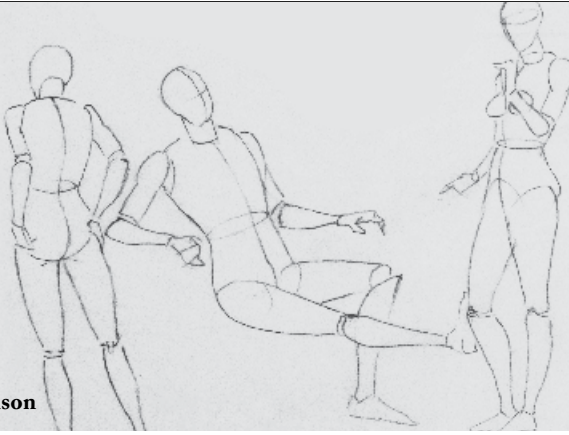
Please list the courses you wish to attend:

Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
			Total \$

Register by phone or online at miracosta.augusoff.net 24 hours a day with your credit card (or complete this registration form if you prefer):

VISA MASTERCARD DISCOVER CARD

Card Number	
Signature of Cardholder	Expiration Date



Stan Stevenson

NEW Figure Drawing, Simplified Without a Model

All experience levels are welcome. Learn Michelangelo's secrets of anatomy and his original technique in this fast, fun and informative class. You will learn to simplify the form and basic anatomy from a long-time professional artist. Learn how to draw the human figure easily, without having to use a model.

Fee: \$135. Early Bird Special \$125 (Register BEFORE 10/12 for this rate)

Supplies: A \$3 materials fee will be collected in class. A supplies list will be included with your student confirmation upon registration.

Instructor: Stan Stevenson

Location: San Elijo Campus, Room 205

Time: 6 Saturdays, 10/19–12/7, 9 AM–12 PM
No class on 11/9 & 11/30.

NEW The Sketch—Speed Drawing

All experience levels are welcome. Sketching is just another form of drawing, except that it is fast, loose and spontaneous. Your sketchbook is a visual diary, recording your travels, adventures and life's special moments. You will learn fast professional techniques covering line, shape, shadows, perspective, figures, landscapes and more.

Fee: \$135. Early Bird Special \$125 (Register BEFORE 8/31 for this rate)

Supplies: A \$3 materials fee will be collected in class. A supplies list will be included with your student confirmation upon registration.

Instructor: Stan Stevenson

Location: San Elijo Campus, Room 206

Time: 6 Saturdays, 9/7–10/12, 9 AM–12 PM

Drawing for Pleasure

All experience levels welcome, especially the enthusiastic beginner!

With imagination, observation plus a three part symbol-making formula, YOU can depict landscapes, objects, animals and figures. Explore freehand and grid-assisted methods to gain accurate proportions and to triangulate key points in realistic drawings. Learn 3D shading logic and how to suggest the three textures. Try some decorative nonobjective projects as well!

Fee: \$129. Early Bird Special \$119 (Register BEFORE 9/7 for this rate)

Supplies: A \$3 materials fee will be collected in class. A supplies list will be sent prior to the start of class.

Instructor: Drew Bandish, artist

Location: San Elijo Campus, Room 406

Time: 5 Saturdays, 9/14–10/12, 9 AM–12:30 PM

Watercolor—Beginning and Again

All experience levels welcome, especially the enthusiastic beginner!

Join in the fun for a fresh start at creative picture making in watercolor. The keys to watercolor success are awareness of moisture content and timing. Common watercolor supplies include: water, colors, paper, brush and YOU! Professional tips will aid all learners as we mix and match colors, suggest the three textures, explore four watercolor methods and create effective shapes needed in landscape subjects, faces, flowers, even abstracts.

Fee: \$146. Early Bird Special \$136 (Register BEFORE 10/12 for this rate)

Supplies: A \$3 materials fee will be collected in class. A supplies list will be sent prior to the start of class.

Instructor: Drew Bandish

Location: San Elijo Campus, Room 206

Time: 6 Saturdays, 10/19–12/7, 9 AM–12:30 PM
No class on 11/9 & 11/30.

Develop the Habit of Watercolor Practice Painting

All experience levels welcome.

Painting on the pages of a sketchbook is a low-stress way to improve your painting skills and develop the habit of painting on a regular basis. In this class, you'll practice painting a variety of subjects in your sketchbook. You will learn about fixing mistakes, mixing color, drawing, composition, creative thinking, adding dimension with values and more.

Fee: \$129. Early Bird Special \$119 (Register BEFORE 8/31 for this rate)

Supplies: A \$3 materials fee will be collected in class for handouts. A supplies list will be sent prior to the start of class.

Instructor: Barbara Roth

Location: San Elijo Campus, Room 206

Time: 5 Saturdays, 9/7–10/5, 1 PM–4 PM

NEW Creating Colorful, Expressive Faces with Watercolor

All experience levels welcome.

This workshop will teach you step by step all you need to know to create faces, facial expressions, and figures. In each class, you will have time to practice your people painting skills and gain confidence to paint people anywhere.

Fee: \$129. Early Bird Special \$119 (Register BEFORE 10/5 for this rate)

Supplies: A \$3 materials fee will be collected in class for pens, colored inks and handouts. A supplies list will be sent prior to the start of class.

Instructor: Barbara Roth

Location: San Elijo Campus, Room 206

Time: 5 Saturdays, 10/12–11/16, 1 PM–4 PM
No class on 11/9.



Watercolor and More—Mature Adult

All skill levels are welcome, even first timers.

Would you like to paint with confidence by learning extremely fun and easy techniques to achieve quality results? Are you looking for a way to reduce stress and have a relaxing and creative experience in a supportive group? Then this is the class for YOU! Individual attention will be given to each student. You will be delighted with your successful paintings!

Fee: \$89. Early Bird Special \$75 (Register BEFORE 8/28 for class start date 9/3 and BEFORE 10/15 for class start date 10/22)

Supplies: A supplies list will be included with your student confirmation upon registration.

Instructor: Denise McMurtrie

Location: La Colonia Park, Conference Room

Time Options:

6 Tuesdays, 9/3–10/15, 1:30–3:30 PM

No class on 10/8.

6 Tuesdays, 10/22–11/26, 1:30–3:30 PM



Painting in Oil and Acrylics

All experience levels are welcome.

If you are interested in learning more about painting in oil and acrylic, this class is for you! New students, as well as seasoned painters, will benefit from learning about supplies, color mixing, composition, values and techniques, including brushstroke, dry brush, glazing and more through demonstrations and hands-on practice.

Fee: \$160. Early Bird Special \$135 (Register BEFORE 8/30 for class start date 9/5 and BEFORE 10/18 for class start date 10/24)

Supplies: A supplies list will be sent by the instructor prior to the start of class.

Instructor: Judy Sayer

Location: Fletcher Cove, Community Center

Time Options:

6 Thursdays, 9/5–10/10, 10:30 AM–1:30 PM

6 Thursdays, 10/24–12/5, 10:30 AM–1:30 PM

No class on 11/28.



Amanda Parra-Settles

Painting at the Beach

This class is for all level of painters, beginner to advanced. Paint in oil or acrylic. Class includes discussion, demonstrations and instruction. Topics covered include color mixing, brushstroke technique, values, perspective and composition. Each class ends with a critique designed to help evaluate how students are progressing in a friendly, nurturing atmosphere. Enjoying the ocean views and paint outside if you like!

Fee: \$162

Supplies: A supplies list will be sent prior to the start of class.

Instructor: Amanda Parra-Settles

Location: Fletcher Cove, Community Center

Time Options:

6 Wednesdays, 9/11–10/23, 9 AM–12 PM
No class on 10/2.

6 Wednesdays, 10/30–12/11, 9 AM–12 PM
No class on 11/27.

Oil Painting for Pleasure

This is a class for new or experienced students with established drawing skills.

The goal is to better understand value, shape and color, and how to use them to create a harmonious painting. The class emphasis changes each semester, so there is continual learning of new skills. There will be a mix of painting with

the class on a project and working independently. By the end of this course, you will have some finished paintings to proudly display in your home! Build the foundation you need to create great works of art.

Note: Must have previous experience in drawing or strong drawing skills.

Fee: \$129

Supplies: A \$5 materials fee will be collected in class. A supplies list will be sent by the instructor prior to the start of class.

Instructor: Anne von Benckendorff

Location: San Elijo Campus, Room 205

Time: 5 Saturdays, 9/7–10/5, 9 AM–12 PM

SAVE!
 Take advantage of the Early Bird Specials.
 Note: Applies to select courses. Check each class for pricing.

INSTRUCTOR BIO:

Amanda Parra-Settles is a native San Diegan and has been painting and drawing all her life. Most recently she's graduated from Cal Poly San Luis Obispo with a degree in Art and Design. Her work has been shown in numerous exhibits in the San Luis Obispo area. Her teaching style is one of mentoring and coaching with positive instruction and critiques.



Beginning Ukulele

Do you have a ukulele sitting in your house and would like to learn how to play it? Jam on the beach with friends and show off what you have learned. This course is open to those students who would like to learn to play the ukulele.

Fee: \$99. Early Bird Special \$90
(Register BEFORE 8/27 for this rate)

Supplies: A \$10 materials fee will be collected in class. Please bring your own ukulele, tuner, 3-ring binder, notebook and pencil with eraser to class.

Instructor: Zenia Panao

Location: San Elijo Campus, Room 201

Time: 8 Tuesdays, 9/3–10/22, 6:30–8 PM

NEW Christmas Carols and Holiday Songs Ukulele Performance Class

Have you ever wanted to play the ukulele and sing in front of people during the holidays? This class is for



all experienced ukulele players who would like to expand their repertoire of Christmas Carols and holiday songs. Some songs may include finger-style picking and Hawaiian holiday songs. We will work on songs that you can perform in front of friends and family on the last day of class.

Fee: \$99. Early Bird Special \$89
(Register BEFORE 10/23 for this rate)

Supplies: An \$8 materials fee will be collected in class. Please bring your own ukulele, tuner, 3-ring binder, notebook and pencil with eraser to class.

Instructor: Zenia Panao

Location: San Elijo Campus, Room 201

Time: 6 Tuesdays, 10/29–12/10, 6:30–8 PM
No class on 11/26.

Acting—Lights, Action and Sound

Monty Silverstone, father of actress Alicia Silverstone, will teach budding and experienced actors monologues, scene study, cold reading and improvisation. Not only will you have fun, you might even be discovered. Class size limited. Enroll now!

Fee: \$162. Early Bird Special \$145
(Register BEFORE 9/4 for this rate)

Supplies: An \$18 materials fee will be collected in class.

Instructor: Monty Silverstone

Location: Fletcher Cove, Community Room

Time: 6 Wednesdays, 9/11–10/16, 1:30–4:30 PM

Beginning Guitar

No experience necessary. If you know a minimal amount about the guitar, this is the class for you. This class covers guitar techniques, chords, strumming and some notation/theory. By the end of this class, you will have an understanding of chord structure and beginning strumming techniques. Most of the songs learned will be by The Beatles. No book required. Instructor will provide handouts.

Fee: \$95. Early Bird Special \$85
(Register BEFORE 8/31 for this rate)

Supplies: Bring guitar, notebook and pen or pencil to class.

Instructor: Tony Lasley

Location: San Elijo Campus, Room 201

Time: 8 Mondays, 9/9–10/28, 6:30–7:30 PM

Beginning Blues Harmonica

This class will get you quickly “jamming da blues” as you learn the many techniques to make the harmonica cry, moan and wail the blues! Through this fun, one-night workshop, you will learn proper breathing techniques, blues harmonica rhythms, improvisational techniques and how to effectively solo and practice.

Fee: \$49. Early Bird Special \$45
(Register BEFORE 10/19 for this rate)

Supplies: A \$15 materials fee will be collected in class. Please bring your own C major diatonic harmonica, or you can purchase one in class for \$13.

Instructor: Dave Broida

Location: Oceanside Campus, Room 3106

Time: 1 Monday, 10/28, 6–8 PM

Coastal Communities Concert Band

Under the direction of Tom Cole, the 75-piece Coastal Communities Concert Band rehearses every Monday night at Oak Crest Middle School from 7–9:30 PM. Membership is based on experience and needed instrumentation. Call the personnel manager at 760.533.2333 to learn about joining. If your section is full, you may be put on a waiting list until a vacancy occurs. Our next concerts are 10/20 and 12/8 at 2 PM, Carlsbad Community Church. For more information, please visit cccband.com.

Fee: \$75

Instructor: Tom Cole

Location: Oak Crest Middle School, Crest Hall

Time: Mondays, 9/9–12/16, 7–9:30 PM



Getting Started with Your dSLR

In this workshop, you will learn how to set up your camera to optimize the quality of your photographs. We will cover important topics of white balance and ISO, allowing you to shoot under difficult conditions. Additionally, we will learn about the little icons on your shooting dial. After you have completed this class, you'll be able to take pictures right away!

Fee: \$57

Supplies: A \$3 materials fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Location: Oceanside Campus, Room 3103

Time: 1 Tuesday, 10/1, 6:30–8:30 PM

Location: San Elijo Campus, Room 606

Time: 1 Wednesday, 10/2, 6:30–8:30 PM

From Good to Great Photos: Understanding Aperture and Shutter Speed

Even if you didn't realize it, this is probably why you bought your dSLR in the first place. Aperture and shutter speed can be daunting concepts to understand on your own. Once you master these aspects of photography, it's what is going to separate your pictures from the rest. We will also take a look at some of the pictures you took after your first session for constructive evaluation. After this class, you'll be able to practice depth-of-field and capture motion and time.

Fee: \$57

Supplies: A \$3 materials fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Location: Oceanside Campus, Room 3103

Time: 1 Tuesday, 10/8, 6:30–8:30 PM

Location: San Elijo Campus, Room 601

Time: 1 Wednesday, 10/9, 6:30–8:30 PM

Digital SLR Photography Series



Introductory digital SLR photography series can be taken as individual courses for \$57, or together for only \$135!

The photography topics are interrelated and affect one another, so we recommend you take all three (Getting Started with Your dSLR, Aperture and Shutter Speed and Making Shooting Perfect Pictures Easy) to get a complete understanding of the camera and picture-taking.

Making Shooting Perfect Pictures Easy

The primary strategy for achieving great pictures is proper lighting, no matter what kind of camera you have. To make getting that perfect shot easy, we will cover lens focal length, exposure compensation, bracketing, auto focus points and flash. You will be surprised at how advanced you become after this class.

Fee: \$57

Supplies: A \$3 materials fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Location: Oceanside Campus, Room 3103

Time: 1 Tuesday, 10/15, 6:30–8:30 PM

Location: San Elijo Campus, Room 601

Time: 1 Wednesday, 10/16, 6:30–8:30 PM



Cathy Sparks

Stained Glass for Beginners

Create your own beautiful stained glass art pieces and windows! Learn the art of stained glass from a master cutter, right in a stained glass studio. In this comprehensive workshop, you will learn the basics of design and assembly, as well as the use of the tools needed to develop beautiful stained glass artwork. By the end of the workshop, you will have created as many as three projects suitable for display or sale (depending on your speed and ability).

Fee: \$125. Early Bird Special \$115 (Register BEFORE 9/7 for this rate)

Supplies: A \$45 per-project materials fee for glass, solder, lead and copper will be collected in class. On-site sales of tools available. Bring snacks.

Instructor: Don Myers

Location: Don Myers Stained Glass
1025 S. Coast Highway, Oceanside

Time: 3 Saturdays, 9/14–9/28, 11 AM–2 PM



Mosaic Trays and Treasures

All experience levels are welcome.

In this fun and relaxed class, we will create a mini tray, keepsake box, picture frame and large tray suitable for home use or gifts. Use found objects, such as glass, ceramic pieces or tiles to express your creativity. Whether you are new to this art form or simply want to share studio time with others, all are welcome!

Fee: \$149. Early Bird Special \$129 (Register BEFORE 9/6 for this rate)

Supplies: \$50 material fee will be collected in class. Students may choose to purchase additional materials from instructor and/or bring their own tools from home.

Instructor: Cathy Sparks

Location: San Elijo Campus, Room 406

Time: 7 Thursdays, 9/12–10/24, 6–9 PM

Knitting Basics and Beyond

All experience levels are welcome.

Learn the timeless art of knitting and unlock your creativity in this no-stress class. Taught by a certified knitting instructor, each session will be divided into two parts. First, we will explore topics through lecture and hands-on practice. Then, knitters will have time to work on their own projects, consult with the instructor on specific issues and share in the relaxing experience of knitting as a part of a community.

Fee: \$129. Early Bird Special \$99 (Register BEFORE 9/14 for this rate)

Supplies: \$3 material fee will be collected in class for lesson handouts. A supplies list will be sent by the instructor prior to the start of class.

Instructor: Karen des Jardins

Location: San Elijo Campus, Room 303

Time: 6 Mondays (every other Monday)
9/23–12/2, 6–8:30 PM

Clothing Alterations

All experience levels are welcome.

Learn the fundamentals of fitting, styling, re-styleing and repairs. Please bring one or more garments to class which will be fitted by the instructor. After this class, you will be able to make better choices when purchasing garments based on personal style, fit and body type.

Fee: \$120. Early Bird Special \$110 (Register BEFORE 8/31 for this rate)

Supplies: Sewing machines are not required for this class nor are they available for use. Bring a sack lunch. A supplies list will be included with your student confirmation.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4529

Time: 4 Saturdays, 9/7–9/28, 10 AM–3 PM

Clothing Reproduction

All experience levels are welcome.

Reproduce the garments you love and with quality fabrics at a fraction of the cost of store bought apparel. The instructor will show you how to reproduce garments using easy practical techniques. Please bring your favorite garments to class. You will receive instruction on making patterns and sewing the garments.

Fee: \$120. Early Bird Special \$110 (Register BEFORE 9/28 for this rate)

Supplies: Sewing machines are not required for this class nor are they available for use. Bring a sack lunch. A supplies list will be included with your student confirmation upon registration.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4529

Time: 4 Saturdays, 10/5–10/26, 10 AM–3 PM

Italian Tailoring

All experience levels are welcome.

Italian tailors continue to practice their art almost exactly as it was a century ago because these methods produce body and form, details and durability. Come and enjoy the art of tailoring and afford yourself the necessary time and patience to become proficient in this time-honored skill.

Fee: \$120. Early Bird Special \$110 (Register BEFORE 10/26 for this rate)

Supplies: Sewing machines are not required for this class nor are they available for use. Bring a sack lunch. A supplies list will be included with your student confirmation upon registration.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4529

Time: 4 Saturdays, 11/2–12/7, 10 AM–3 PM
No class on 11/9 & 11/30.



SAVE!
Take advantage of the Early Bird Specials.
Note: Applies to select courses. Check each class for pricing.



HAVE A PASSION FOR TEACHING?

Do you have an idea for a class that you would like to propose? Please visit the website below to access a course proposal form or contact our office for additional information!

For more information go to miracosta.augusoft.net to submit a course proposal

Beginning Upholstery

Learn the craft of upholstery in this interesting and informative hands-on class. This class will focus on the basic fundamentals, techniques and terminology of upholstery and how to properly plan and execute a project. This class is suitable to students new to the field as well as the DIYer. Bring your own projects to class to work on. First time project suggestions are: wing, side and dining chairs, stools, benches, ottomans, cushions and upholstered accessories are recommended. Those students entering the field will begin to prepare a professional portfolio. Upholstery of sofas and large items (no recliners) are reserved for advanced students. Topics include:

- Tools, terms and supplies
- Overview of sewing machines
- Measuring and estimating
- Pattern layout (charting)
- Selecting fabrics

Note: Please bring binder and paper for notes. Shopping resources for supplies will be given.

Fee: \$185. Early Bird Special \$175 (Register BEFORE 8/28 for this rate)

Supplies: A \$20 materials fee will be collected in class. Limited supplies included.

Instructor: Mary Cortmyer

Location: Landes Recreation Center
2855 Cedar Road, Oceanside

Time: 8 Tuesdays, 9/3–10/22, 12–4 PM



Upholstery—All Levels

Suitable for beginner students, the DIYer, advanced students and those already in the field, classes focus on styling, identifying different types of fabrics and furniture styles and furniture building techniques and construction. Beginner students will learn basic fundamentals, techniques, terminology and how to plan and execute a project. Advanced students will build on their intermediate knowledge while learning additional, more difficult techniques. Both beginner and advanced students will gain a working knowledge of wood finishes and minor wood restoration. Those students already in the field will be adding to their current portfolio, as well as editing its content as skills improve. Upholstery of sofas and large items are scheduled one-item-at-a-time on a proven skills basis (no recliners).

Note: Please bring binder and paper for notes. Shopping resources for supplies will be given.

Fee: \$185. Early Bird Special \$175 (Register BEFORE 8/30 for this rate)

Supplies: A \$20 materials fee will be collected in class. Limited supplies included.

Instructor: Mary Cortmyer

Location: Landes Recreation Center
2855 Cedar Road Oceanside

Time: 8 Thursdays, 9/5–10/24, 5–9 PM



Furniture Re-Imagined

All experience levels are welcome.

Inspired by a popular DIY show, Furniture Re-Imagined is a class that explores different finishes, upholstery fabrics and the repurposing of traditional furniture.

Bring your chairs, small dressers, side tables and headboards.

Topics include:

- How to prep wood
- Painting furniture
- Antiquing and distressing
- Re-styling
- Fabrics

Note: Please bring binder and paper for notes.

Resources for your supplies will be given (no sofas or large items please).

Fee: \$220. Early Bird Special \$210 (Register BEFORE 8/31 for this rate)

Supplies: A \$20 materials fee will be collected in class. Students who are working on refinishing/painting wood furniture are not subject to a materials fee.

Instructor: Mary Cortmyer

Location: Landes Recreation Center
2855 Cedar Road Oceanside

Time: 8 Saturdays, 9/7–10/26, 9 AM–3 PM

Become a Notary Public the Smart Way in One Day!

Making more money is always a great idea and shows your amazing initiative! Establish yourself as a notary public, earn additional income and provide a service to your community. Notary skills are valuable in almost any industry: real estate, legal, medical and banking to name just a few. This six-hour state-approved seminar gives you the knowledge to pass the notary exam and practice as an effective notary. The class will focus on new legislation, passing the test (must be taken every four years), how to identify document signers, keeping a journal, completing certificates properly and how to avoid lawsuits. After becoming a notary, train to become a loan signing agent and make \$200 to \$400 per signing. You will be a part of a rewarding and lasting career. Must be at least 18 years old and have a clean criminal record.

Note: You are automatically registered for the official state exam directly following the seminar. See box to the right regarding the notary test. Due to state regulations, no one will be admitted to the classroom after 8:30 AM. In addition, you must be on time when returning to the classroom from all breaks. Refunds will not be issued.

Fee: \$99

Supplies: A \$35 materials fee (cash or check*) will be collected in class.

Instructor: Notary Public Seminars, Inc.

Location: Oceanside Campus, Room 3507

Time: 1 Saturday, 10/12, 8 AM–6 PM

Renewing Notaries

Need to renew your notary commission?

We'll feature the new state laws and give you a brush-up on general law to make sure you haven't fallen into any bad habits. Your commission must be current to be eligible for the three-hour seminar. Renewing notaries must take the exam and submit Live Scan fingerprints again. Option: the six-hour notary public education course satisfies the requirement for a three-hour refresher course.

Note: You are automatically registered for the official state exam directly following the seminar. See box to the right regarding the notary test.

Fee: \$50

Supplies: A \$35 materials fee (cash or check*) will be collected in class.

Location: Oceanside Campus, Room 3507

Time: 1 Saturday, 10/12, 12:45–6 PM

*Please make check payable to Notary Public Seminar

Notary Testing

Need only the notary exam? Preregister with MiraCosta College Community Education or pay at the door. A six-hour approved course must be completed before you are eligible to take the notary exam (see information below regarding the notary test).

Fee: \$30

Location: Oceanside Campus, Room 3507

Time: 1 Saturday, 10/12, 3:45–6 PM

For regular notaries, renewing notaries and those taking just the test, Cooperative Personnel Service will register you for the exam from 3:45–4:45 PM. The exam will be from 4:45–5:45 PM. If you are taking the exam, you will need to bring the following with you: **\$40 check made payable to "Secretary of State,"** current CA driver's license with photo or state-issued ID card, a 2"x2" color passport photo of yourself and two #2 pencils. **If you took your notary class online, you MUST have your certificate of completion with you.** Live Scan fingerprints are required after you pass the exam. Serious convictions may disqualify applicants.

Become a Loan-Signing Agent —Certificate Awarded

In this one day workshop, the expert instructors at Notary Public Seminars will teach you how to brand yourself as a professional in the market and provide you with a simple strategy to launch your new business. Loan signing agencies are hiring and many require that you have a certificate. Additionally, you will learn how to notarize a loan package from any bank, negotiate your signing fee, get repeat business, what you should and should not discuss with your clients and how to get signed up with busy signing agencies.

Prerequisite: Must be a notary public or have taken a notary class.

Fee: \$99

Supplies: A \$40 materials fee and a \$20 certificate fee (optional) will be collected in class by cash or check*.

Instructor: Notary Public Seminars, Inc.

Location: Oceanside Campus, Room 3507

Time: 1 Saturday, 10/26, 10 AM–4 PM



Human Resources Certificate Program—3 Fridays!

Our HR Certificate Program is appropriate for individuals who are not yet HR professionals and for HR veterans who wish to update their skills. This program was developed to enable participants to complete their studies in just three days and has been approved for 23 general recertification credit hours toward PHR, SPHR and GPHR recertification through the Human Resource Certification Institute (HRCI). All content is designed to address core HR competencies:

- History and role of human resources in today’s workplace
- Creating and administering an effective HR department
- Compensation, benefits and retirement programs
- Staffing (recruiting and retention) strategies
- Employment law and compliance hot topics
- Effective employee relations and termination



Fee: \$98/class or \$530 for all six sessions

Instructor: Nadia Ardebili

Location: Technology Career Institute, Room 102

Time: 3 Fridays, 9/6–9/20, 8:30 AM–12:30 PM & 1:30–5:30 PM

Make Extra Income—DMV Auto Wholesale Business from Home

Learn how to make extra income buying and selling wholesale cars as a home-based business. You will learn six techniques that can earn you \$3,000 selling just one to three cars a month. Learn how to get your auto dealer license and how to operate a profitable used car business. You’ll get a FREE list of the 300+ dealer-only auctions in the USA where automobiles are sold below wholesale prices. This class is DMV approved and you will receive a DMV certificate of completion at the end of the class.

Fee: \$110. Early Bird Special \$99 (Register BEFORE 9/7 for this rate)

Supplies: A \$25 materials fee will be collected in class. Please bring a notebook and pen to class.

Instructor: Wayne Williams

Location: Oceanside Campus, Room T402

Time: 1 Monday & 1 Wednesday, 9/16 & 9/18, 6–9:30 PM



Explore 250 Legitimate Home-Based Business Ideas

Turn talents and hobbies into profits. Taught by a Chamber of Commerce past president and award-winning business owner, this is the most comprehensive business start-up workshop you will ever find. You will discover:

- More than 250 legitimate home business ideas
- How to determine which one is best for you
- Mandatory legal documentation
- Ways to market your product/service
- How to take tax deductions (this workshop included!)

Fee: \$58. Early Bird Special \$49 (Register BEFORE 11/9 for this rate)

Supplies: A \$20 materials fee for three booklets will be collected in class.

Instructor: LeeAnne Krusemark

Location: Oceanside Campus, Room 3103

Time: 1 Tuesday, 11/19, 6–8 PM

Make Money with a Virtual Assistant/Word Processing Business

If you can type, then you can make money at home using your computer. Having already learned about home-based business success, you will discover:

- How and where to find clients
- 50 ways to market your services
- Effective home office equipment choices
- FREE national networking information

Prerequisite: Participants must attend “Explore 250 Legitimate Home-Based Business Ideas” class prior to attending this class.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 11/9 for this rate)

Supplies: A \$10 materials fee will be collected in class. Please bring a notebook and pen to class.

Instructor: LeeAnne Krusemark

Location: Oceanside Campus, Room 3103

Time: 1 Tuesday, 11/19, 8–9 PM

Microsoft Excel 2-Day Workshop — One Step Above the Basics

In this class, learn with easy-to-understand instructions focusing on how to create and edit basic worksheets and workbooks that will give you a solid understanding of the functionality of Excel. Learn how to make spreadsheets more professional, write basic mathematical formulas, sort and analyze data, create charts and graphs plus much more! **Students should know how to use the keyboard and mouse and how to open and save a file. For those students not using Excel on a regular basis, we encourage you to first take the Microsoft Office Suite Workshop.**

Fee: \$105. Early Bird Special \$95 (Register BEFORE 10/12 for this rate)

Supplies: A \$15 materials fee will be collected in class. Students should bring a new USB flash drive.

Instructor: Mary Ann Wallner

Location: Oceanside Campus, Room 4607

Time: 2 Saturdays, 10/26 & 11/2, 9 AM–1 PM



Microsoft Excel for the Business Professional—2-Day Workshop

Students must be familiar with the basics of Microsoft Excel.

In this workshop, you will move beyond opening a spreadsheet and typing in values. Topics include:

- Create user-friendly worksheets through the use of cell and table style galleries to quickly format your spreadsheet exactly the way you want
- Use Excel's conditional formatting feature
- Create reports with interactive charts and Pivot tables
- Write powerful formulas that will help you perform complex math functions, make decisions and find values in a table

Fee: \$105. Early Bird Special \$95 (Register BEFORE 11/9 for this rate)

Supplies: A \$15 materials fee will be collected in class. Students should bring a USB flash drive and notebook.

Instructor: Mary Ann Wallner

Location: San Elijo Campus, Room 108

Time: 2 Saturdays, 11/16 & 11/23, 10 AM–2 PM

ATTENTION COMPUTER STUDENTS

You are required to bring a backup medium for your files. We recommend at least an empty 2 GB USB flash drive.



Microsoft Office Suite Workshop

Essential training on Word, Excel and PowerPoint for businesses and working from home on a PC.

Day 1: MS Word. Students will use real-world examples to learn the core features and tools of this program. Learn how to orient yourself to MS Word interface, then delve into the functionality at the heart of Word: creating, editing and formatting documents.

Day 2: MS Excel. Learn tips and shortcuts to increase efficiency to get the full power out of Excel. Get more familiar with the ribbon and quick access toolbar, navigating workbooks and selecting cells, and learn tips for data entry and editing.

Day 3: PowerPoint. Learn to engage an audience with images, charts and diagrams by producing a professional presentation. This course covers how to start a presentation from scratch, apply slide layouts for consistency, rearrange slides and run a presentation for an audience.

Fee: \$155. Early Bird Special \$145 (Register BEFORE 9/21 for this rate)

Supplies: A \$15 materials fee will be collected in class. Students should bring a USB flash drive.

Instructor: Mary Ann Wallner

Location: Oceanside Campus, Room 4607

Time: 3 Saturdays, 9/28–10/12, 9 AM–1 PM

Certificate of Accomplishment available for \$20.



Beginning Photoshop Workshop

Are you a digital photographer? Would you like to know more about how to edit and improve your photos? If so, then this short two-day hands-on workshop is for you! The class begins with an overview of the Photoshop workspace including a discussion of the key photo-editing tools. The course content then expands to include more advanced topics, such as combining images, using filters and adjustments for interesting effects, as well as working with layers and brushes to create unique artistic works.

Note: Students should have basic computer and mouse skills. Bring a sack lunch.

Fee: \$105. Early Bird Special \$95 (Register BEFORE 10/5 for this rate)

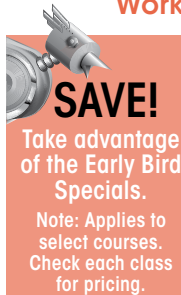
Supplies: A \$5 materials fee will be collected in class. Students should bring a USB flash drive, notebook and pen.

Instructor: Gary Koop

Location: San Elijo Campus, Room 107

Time: 2 Saturdays, 10/12–10/19, 10 AM–2:30 PM (with 30 minute lunch)

Introduction to QuickBooks Workshop



SAVE!
Take advantage of the Early Bird Specials.
Note: Applies to select courses. Check each class for pricing.

You will receive hands-on experience using QuickBooks Pro software designed to help small and medium sized businesses maintain financial data with ease and accuracy. We will begin with an introduction to basic accounting fundamentals, then learn how to maneuver through the software easily, as well as delve into basic file

management principles. Then, we focus on the basic skills needed to effectively deal with customers, vendors, banking transactions and what happens “behind the scenes,” as QuickBooks helps you manage financial data including balance sheets and profit and loss statements.

Fee: \$130. Early Bird Special \$120 (Register BEFORE 8/31 for this rate)

Supplies: A \$15 materials fee will be collected in class. Students should bring a USB flash drive and notebook. Bring a snack or sack lunch.

Instructor: Mary Ann Wallner

Location: San Elijo Campus, Room 108

Time: 2 Saturdays, 9/7–9/14, 10 AM–2 PM

“I’m a teacher myself and pretty critical of other teachers but this guy was fantastic. I want more classes taught by him!”

– Anonymous, Student –

“Helpful! Enlightening! Excellent teacher.”

– Nathalie McKnight, Student –

The Best Program in North County

There are two requirements in order to get a driver's license in the state of California before the age of 18. 1) **Classroom Drivers Education** and 2) **Behind-the-Wheel Drivers Training**. MiraCosta College offers both! Students must be at least 15 to take drivers education classes and 15 ½ to take behind-the-wheel training.

OUR PACKAGE DEAL*

Sign up for both programs at the same time and pay **\$380**. This is a **\$45** savings! Individually, Drivers Education is \$95 and Behind-the-Wheel is **\$330**.

Please call 760.795.6825 for more information.

CALIFORNIA DMV-APPROVED ONLINE DRIVERS EDUCATION

Fee: \$30. (Package deal does not apply to Online Drivers Education.)

You must register online:
miracostacollege.courseinstruction.com/course/register/1

Classroom Drivers Education Fee: \$95

Certified instructors interact with students using guest speakers, contemporary audio/visual aids and the most recent edition of *License to Drive*. Please call 760.795.6825.

MiraCosta College Oceanside Campus

1 Barnard Drive, Oceanside, Room 3201

Four Saturdays, 8 AM–3:15 PM

- September 7–28
- October 5–26
- November 2–December 7
- No class on November 9 & 30*

MiraCosta College San Elijo Campus

3333 Manchester Avenue, Cardiff, Room 407

Four Saturdays, 8 AM–3:15 PM

- September 7–28
- November 2– December 7
- No class on November 9 & 30*

Adult Drivers Training

Fee: \$353 (18 years of age and older)

Lessons consist of three days of training, two hours per day. The instructor will pick you up at your home. You must have a valid California learner's permit to sign up. (Package deal does not apply.)

Call 760.231.1221 to register.



Behind-The-Wheel Training Fee: \$330

Six hours of one-on-one training

Students receive six hours of one-on-one instruction in our Behind-the-Wheel Drivers Training Program.



Convenient times after school, evenings, and weekends are available. Behind-the-Wheel Drivers Training pickup locations: Carlsbad High, El Camino High, Rancho Buena Vista High, La Costa Canyon High, Sage Creek High, MiraCosta College in Oceanside and MiraCosta College in Cardiff. All licensed instructors are professional and reliable. Our courses satisfy all DMV requirements.

To register for Behind-the-Wheel Training, please call 760.231.1221.

Pre-enrollment is required for both Classroom Drivers Education and Behind-the-Wheel Drivers Training programs. Please call 760.795.6825 or 760.795.6820 to register over the phone with a Visa, MasterCard or Discover Card or come in person to the MiraCosta College Oceanside Campus, Building T510, or TCI Campus in Carlsbad. You can also register online at miracosta.augusoft.net. To register for Behind-the-Wheel Training only, call 760.231.1221.

**You must complete the Behind-the-Wheel Drivers Training Program within one year of completing Classroom Drivers Education.*



Swing Dance

No experience required.

Swing dance is a fun way to get you moving on the dance floor. Swing Dance is a very versatile dance style; popular at weddings and many other events. Instruction from a World Champion Ballroom Dancer will get you from a 0 to 10 in no time at all! Grab a partner and sign up or please contact the instructor at michellelmadore@gmail.com if you want to join solo. Both partners must enroll.

Fee: \$102. Early Bird Special \$95 (Register BEFORE 9/5 for this rate)

Supplies: Wear comfortable clothes and shoes with little or no traction.

Instructor: Michelle Madore

Location: Fletcher Cove, Community Room

Session 1: West Coast Swing is normally seen as a slower and more "formal" style.

Time: 6 Wednesdays, 9/11–10/16, 6–6:55 PM

Session 2: East Coast Swing and Foxtrot music cross over and can be combined for maximum dance floor versatility.

Time: 6 Wednesdays, 9/11–10/16, 7–7:55 PM

Country Line Dance: Beginner/Low Intermediate

Come on out and kick up your heels!

This fun and energetic line dance class, set to country, pop and R&B, will teach you dances popular at local line dance clubs. Recommended for students with some line dance experience: beginner to low intermediate levels welcome. Great for cardio fitness, improved muscle strength and memory retention.

Fee: \$85

Supplies: Wear soft, smooth-soled shoes.

Instructor: Vicki Deriso

Location: San Elijo Campus, Room 204

Time: 6 Wednesdays, 9/4–10/9, 6:45–7:45 PM

{ For additional class dates check online or call us! }

NEW Let's Salsa and Bachata Dance

No partner necessary.

All levels are welcome.

Whether your intention is for fun, fitness, or an event, learning to Salsa and Bachata Dance is a great way to make new memories that will last a lifetime. This class will help you build confidence in the great world of Salsa and Bachata Dancing. You will work on the footwork, turns, patterns, shines as well as proper posture, weight transfer, frame and connection. Become more comfortable in both leading and following, as well as your timing. This class is available for couples and individuals alike.

Fee: \$120. Early Bird Special \$89 (Register BEFORE 9/6 for this rate)

Supplies: Wear comfortable clothes and shoes with little or no traction.

Instructor: Cindy De Groot

Location: San Elijo Campus, Room 204

Time: 8 Thursdays, 9/12–11/7, 6:30–7:30 PM
No class on 10/31.

INSTRUCTOR BIO:

Originally from the Netherlands, Cindy began her career as a professional dancer in 2003 and has been internationally active in various theater and TV productions. She expanded her skills in Salsa dance after becoming a certified teacher in Jazz dance and Zumba. Her dance style has been heavily influenced by her travel experiences, from Australia to South America and the Caribbean. Passionate about teaching, Cindy's goal as an instructor is to help people relax, have fun and create a connection with themselves and others through dance.

Balance/Coordination for Active Older Adults

These simple and safe, yet challenging exercises are designed to improve balance and coordination. They include exercises to improve "core" muscle strength, as well as overall muscular strength. Participants will move in some unfamiliar ways, such as backwards, tilting and turning. Fall prevention and recovery will be practiced throughout the class.

Fee: \$60

Instructor: Colleen Soto

Location: La Colonia Park, Main Hall

Time: 12 Fridays, 9/6–12/6, 10–11 AM
No class on 10/25 & 11/29.

Fit, Sit and Stand for Active Older Adults

The goal of this class is to maintain/increase strength, balance and flexibility for all participants. Exercises include a short cardio/warm up, full body resistance exercises, balance and coordination exercises and muscle/joint specific stretches; all performed either standing or sitting in a chair. Movements are presented at various levels of intensity with modifications, as needed, making it appropriate for all participants.

Note: Complimentary parking available until 11:15 AM at Jake's Del Mar Restaurant

Fee: \$50

Supplies: Students are encouraged to wear comfortable clothing and supportive exercise shoes. Please bring towel and water.

Instructor: Leslie Siegel

Location: Del Mar Powerhouse, Community Room

Time: 10 sessions. Tuesdays & Thursdays 9/3–10/3, 10–11 AM

Fee: \$70

Time: 14 sessions. Tuesdays & Thursdays 10/24–12/19, 10–11 AM. No class on 11/12, 11/26 & 11/28.

Fitness for Active Older Adults



SAVE!
Take advantage of the Early Bird Specials.

Note: Applies to select courses. Check each class for pricing.

Combine fun with fitness as you workout with energetic, active adults. The exercises presented in this class are specifically designed to prevent injuries and improve and maintain quality of life. All participants are encouraged to challenge their individual fitness level to maintain and improve overall health. This class is geared to

the senior exerciser seeking improved strength, vitality and an active lifestyle.

Fee: \$110

Supplies: Students are encouraged to wear comfortable clothing and supportive exercise shoes. Please bring hand-held weights, towel, thick exercise mat and water to class. Most yoga mats are too thin for the floor work.

Instructor: Colleen Soto

Location: La Colonia Park, Main Hall

Time Options: 22 sessions. Mondays, Wednesdays & Fridays, 9/4–10/23, 7:45–8:45 AM **OR** 9–10 AM

Fee: \$105

Time Options: 21 sessions. Mondays, Wednesdays & Fridays, 10/28–12/18, 7:45–8:45 AM **OR** 9–10 AM
No class on 11/11 & 11/29.

Fee: \$50

Instructor: Leslie Siegel

Location: Ocean Air, Gym

Time: 10 sessions. Wednesdays & Fridays, 9/4–10/4 8:45–10 AM

Fee: \$80

Time: 16 sessions. Wednesdays & Fridays 10/23–12/20, 8:45–10 AM. No class on 11/27 & 11/29.

Fee: \$60

Instructor: Susan Bornhoff

Location: Del Mar Powerhouse, Community Room

Time Options:

12 sessions. Tuesdays & Thursdays, 9/3–10/10 8:45–9:45 AM

12 sessions. Tuesdays & Thursdays, 10/22–12/10 8:45–9:45 AM. No class on 11/12, 11/26 & 11/28.



“Extremely important to keep moving. Colleen provides appropriate activities to keep us healthy and active.”

– Dreifuss, Student –

T'ai Chi by the Sea

—Del Mar Powerhouse

Inhale a deep ocean-fresh breath and RELAX! Join our practice of t'ai chi ch'uan, the ancient, world-renowned Chinese fitness and martial arts exercise that stimulates and circulates your vital internal chi energy and conditions your whole body. Practicing a fluid set of yin/yang, easy-to-learn movements promotes balance, harmony and coordination, while improving strength, flexibility and posture. Learn five elements and other t'ai chi forms.

Fee: \$89. Early Bird Special \$77 (Register BEFORE 8/31 for this rate)

Supplies: Wear comfortable clothes and shoes.

Instructor: Mary Ann Sowards

Location: Del Mar Powerhouse, Community Room

Time: 8 Mondays, 9/9–11/18, 9:15–10:15 AM
No class on 9/23, 10/14, & 11/11.

{ For additional class dates check online or call us! }

T'ai Chi by the Sea—Fletcher Cove

Achieve t'ai chi fitness at our cottage high above Solana Beach. Learn this ancient Chinese full body-mind-health exercise while practicing the harmonizing yin/yang principles—relaxation, deep breathing, movement that stimulate and circulate vital internal energy. Improve your balance, flexibility, coordination, strength and posture.

Fee: \$89. Early Bird Special \$77 (Register BEFORE 8/31 for this rate)

Supplies: Wear flat, non-skid shoes.

Instructor: Mary Ann Sowards

Location: Fletcher Cove, Community Room

T'ai Chi Level 1

Students will learn the five elements, five animals, pat down, along with the basic flowing steps and patterns.

Time: 8 Fridays, 9/6–11/1, 8:45–9:45 AM
No class on 10/11.

T'ai Chi Level 2

Students will learn the world famous 24-movement Yang-style form.

Time: 8 Fridays, 9/6–11/1, 10–11 AM
No class on 10/11.

{ For additional class dates check online or call us! }

Pilates Mat Class

Pilates Mat Class is a total body workout done on a mat with resistance exercises that does not impact joints. The exercises challenge your core, as well as stretching and strengthening your entire body. This class is taught in a focused and fun environment for all to benefit and enjoy. You will leave this class feeling stronger, energized and ready to start your day!

Fee: \$79. Early Bird Special \$69 (Register BEFORE 8/31 for this rate)

Supplies: Please bring exercise mat to class.

Instructor: Geri Jones

Location: Fletcher Cove, Community Room

Time Options:

7 Mondays, 9/9–10/21, 9:15–10:15 AM

7 Thursdays, 9/5–10/17, 9:15–10:15 AM

{ For additional class dates check online or call us! }

Introduction to Reiki Stress Relieving Technique

Reiki is a simple, natural and safe method of energetic healing and self-improvement that anyone can learn. One of the greatest Reiki health benefits is stress reduction and relaxation, which triggers the body's natural healing abilities (immune system), aids in better sleep and helps relieve anxiety. After taking this class, you will be able to give Reiki to yourself, family, friends and even to pets.

Fee: \$75. Early Bird Special \$55 (Register BEFORE 9/21 for this rate)

Supplies: A \$15 materials fee will be collected in class. Please bring a sack lunch, paper, and pen, and wear comfortable clothing.

Instructor: Karl Johnson & Ani Eustice

Location: San Elijo Campus, Room 204

Time: 1 Saturday, 9/28, 10 AM–4 PM



Therapeutic Massage for Couples—Health and Wellness

Just in time before the Holidays!
 Experience a message class conducted by a renowned therapist, with over 20 years of experience, who has worked with Hollywood stars, professional athletes and sports teams. Keoni Salgado and his wife, Exercise Physiologist Kasey Salgado, will instruct you in easy 10–20 minute massage sessions designed to reduce stress and sore muscles. There is nothing better, after a long day at work or a strenuous athletic event, than to receive a therapeutic massage by your spouse or partner. Enjoy a massage every day without having to purchase expensive equipment or leave the comfort and privacy of your own home.

Fee: \$89 per couple. Early Bird Special \$79 per couple (Register BEFORE 10/26 for this rate)

Supplies: A \$15 materials fee will be collected in class for handouts and massage lotion. Optional Magic Massage Cloth available for an additional \$25. Please bring note paper, a small hand towel, 1 or 2 yoga mats, two pillows and wear loose, comfortable clothing.

Instructor: Keoni & Kasey Salgado

Location: San Elijo Campus, Room 204

Time: 1 Saturday, 11/2, 10 AM–2 PM



Earn CPR and First Aid Certification Today

We offer certification courses for workplace employees, healthcare providers, phlebotomy students and the community each month. Visit our website at miracosta.augusoff.net to view each course description. Registration is on site, the day of class. Payments are made by cash or check only. For questions about the class, email the instructor at jrdelvalle@mysafetyfirst.org or call 626.755.3710.

Instructor: Roberto Del Valle, Senior Safety Consultant from My Safety First

Location: Oceanside Campus, Room 3205

Three courses offered:

- 1. American Heart Association BLS Healthcare Provider**
- 2. Heartsaver Adult/Child CPR and AED**
- 3. Heartsaver First Aid with CPR and AED**

Fee: \$65

Time Options: 9/14 OR 10/12 OR 11/2 OR 12/7
 10 AM–2 PM

Fee: \$99

Time Options: 9/14 OR 10/12 OR 11/2 OR 12/7
 10 AM–5 PM



SPORTS MASSAGE

See details on page 47



AVOID PARKING CITATIONS

PARKING PERMITS ARE NOW REQUIRED AT:
 Community Learning Center
 Oceanside Campus
 San Elijo Campus

Exceptions:

- Students who have a current California disabled placard are not required to pay parking fees; however, they must register their vehicles with College Police.
- Second Saturday workshops. See page 28.

Students attending the Technology Career Institute do not need to pay for a parking permit.

Please see page 4 for parking information and where to purchase parking permits.



Be Your Own Handyman—DIY

Packed with hands-on lessons, this course will teach you the basics of carpentry, plumbing, electrical, wall patch and tile repair and installation. You will learn how to replace toilets, install faucets and deal with those pesky leaks. You will also learn how to replace electrical outlets, install light fixtures, patch drywall, install ceramic tile and troubleshoot your electrical wiring. Save time and money by completing your own home repairs.

Supplies: A \$3 materials fee will be collected in each class for handouts.

Instructor: Kenneth Martinez

Location: Oceanside Campus, Room 4526

DIY—Carpentry, Plumbing and Electrical

Fee: \$89. Early Bird Special \$79 (Register BEFORE 9/21 for this rate)

Time: 3 Saturdays, 9/28–10/12, 9 AM–12 PM

DIY—Wall Patch and Tile

Fee: \$69. Early Bird Special \$59 (Register BEFORE 10/19 for this rate)

Time: 1 Saturday, 10/26, 9 AM–1 PM

INSTRUCTOR BIO:

Ken Martinez has been in the building industry for 45 years. He was a Journeyman Carpenter for 13 years and obtained a CA General Contractor's License. For 12 years, as a general contractor, he performed many tasks including renovations on residential and commercial projects. He has worked for custom home builders as a project superintendent and two years ago, he started a handyman business to provide home owners with repairs, renovations and general home improvements.

Landscaping with California Native Plants

Create a sense of place and habitat using California's own heritage, which will ultimately benefit your purse, home and the planet. We will focus on 20 native California plant species, their uses, care and maintenance without chemicals or additives. Students will design a landscape and supplemental irrigation system through lecture and hands-on design sessions.

Fee: \$69. Early Bird Special \$55 (Register BEFORE 10/12 for this rate)

Supplies: A \$14 materials fee will be collected in class for handouts and course materials. Please bring notebook, colored pencils, pen and eraser.

Instructor: Susan Krzywicki

Location: San Elijo Campus, Room 406

Time: 2 Saturdays, 10/19 & 10/26, 9 AM–12 PM



Wine Tasting—Old World vs. New World

Back by popular demand!

A Certified Sommelier shows you differences between New and Old World wines. In this entertaining and engaging class, learn to accurately identify a wine based on its sight, nose and palate characteristics using a deductive approach. Taste varietals from around the world such as Merlot, Syrah, Chardonnay and Sauvignon Blanc—six wines per session!

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register.

Fee: \$110. Early Bird Special \$89 (Register BEFORE 10/10 for this rate)

Supplies: A \$60 materials fee will be collected in class. Please bring three wine glasses, pen and paper to each class.

Instructor: Dane Kuta

Location: San Elijo Campus, Room 406

Time: 6 Wednesdays, 10/16–11/20, 7–9 PM



NEW Italian Wine, Food and Culture

If you love everything Italian, then this class is for you! Immerse yourself in Italian wine, food and culture as Sommelier Bridget Cheslock guides you through the most well-known wine and food regions. You will discover some hidden gems as well. We'll also delve into some Italian music, art and fashion. If Sangiovese, truffles or Parmigiano-Reggiano are your passions, you won't want to miss this!

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register.

Fee: \$110. Early Bird Special \$89 (Register BEFORE 10/12 for this rate)

Supplies: A \$70 materials fee will be collected in class. Please bring three wine glasses, pen and paper to each class.

Instructor: Bridget Cheslock

Location: San Elijo Campus, Room 406

Time: 6 Mondays, 10/21–12/2, 6–8 PM
No class on 11/11 .

NEW Wines From A Land Down Under and Other Southern Stars

Introducing a brand new class from Certified Sommelier Dane Kuta! Discover wines from "A Land Down Under" by tasting six wines per session from multiple wine-growing regions produced by the fantastic and unique country of Australia. We'll also explore other "Southern Stars" by sampling wines from Argentina, Chile, New Zealand and South Africa. The Southern Hemisphere is a wonderful and exciting place for wine and we'll journey to all the major wine producing countries to taste their best wines. G'Day, mate!

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register.

Fee: \$110. Early Bird Special \$89 (Register BEFORE 8/29 for this rate)

Supplies: A \$60 materials fee will be collected in class. Please bring three wine glasses, pen and paper to each class.

Instructor: Dane Kuta

Location: San Elijo Campus, Room 406

Time: 6 Wednesdays, 9/4–10/9, 7–9 PM

For the Love of France

Lover of France? Join Sommelier Bridget Cheslock as she takes you on a virtual journey through wine regions of France; some famous and some up-and-coming. Paired with classic eats and sweets from the regions, you'll sip your way through Champagne, Burgundy, Bordeaux and much more. We'll end our six-week series with an off-site field trip to a local French restaurant to try out your new found knowledge, order from a classic French wine list and indulge in some delicious dishes!

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register.

Fee: \$110. Early Bird Special \$89 (Register BEFORE 10/16 for this rate)

Supplies: A \$60 materials fee will be collected in class. Please bring three wine glasses, pen and paper to each class.

Instructor: Bridget Cheslock

Location: San Elijo Campus, Room 406

Time: 6 Tuesdays, 10/22–11/26, 6–8 PM



Italian for Travelers

Now is the best time and place to learn Italian. Your instructor was born, raised and educated in Italy and she recently spent last summer there. This six-week course will empower you with the fundamentals to communicate well in Italian. The basic language skills that you will learn during this course will help you build your vocabulary and enjoy the Italian language.

Fee: \$120. Early Bird Special \$90
(Register BEFORE 8/28 for this rate)

Supplies: Please bring notebook with pen or pencil.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room T307

Time: 6 Tuesdays, 9/3–10/8, 6:45–8:45 PM

French for Travelers

Come experience a dynamic and fun class. Whether for travel or personal interest, this class will give you the opportunity to feel more comfortable speaking French. We will cover basic phrases needed for all aspects of travel, as well as some pointers for pronunciation and cultural differences. Your instructor is a fluent French speaker and has lived in both Québec and France. That alone will provide some fascinating linguistic and cultural comparisons. Come join the fun!

Fee: \$140. Early Bird Special \$120
(Register BEFORE 10/1 for this rate)


Supplies: A \$10 material fee will be collected in class for handouts. Please bring a notebook with pen or pencil.

Instructor: Lisa Michelle Porfirio

Location: San Elijo Campus, Room 202

Time: 6 Mondays, 10/7–11/18, 6–8 PM
No class on 11/11.

Spanish 1A—for Mature Adults



SAVE!
Take advantage
of the Early Bird
Specials.

Note: Applies to
select courses.
Check each class
for pricing.

**This is a beginning
Spanish class.**

Spanish 1A is designed for those students with little or no knowledge of Spanish, those wanting to learn the basics of the Spanish language for traveling or to refresh what has been previously learned. Class will include instruction in grammar, vocabulary,

pronunciation through reading, writing and conversation.

Fee: \$129. Early Bird Special \$120
(Register BEFORE 9/5 for this rate)

Supplies: Students must purchase *Spanish is Fun Book 1–5th* edition by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com.

Instructor: Gerda Snell

Location: San Elijo Campus, Room T111

Time: 8 Wednesdays, 9/11–10/30, 9:30–11:30 AM

Spanish 1C—for Mature Adults

This is the next class after Spanish 1B.

Practice, pronunciation and vocabulary are emphasized in this class. This course will promote conversation by activity dialogues that deal with daily life. Your vocabulary will improve and you will feel more confident speaking Spanish. You will learn many useful new verbs.

Fee: \$129. Early Bird Special \$120
(Register BEFORE 9/5 for this rate)

Supplies: Students must purchase *Spanish is Fun Book 4th or 5th* edition by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com.

Instructor: Gerda Snell

Location: San Elijo Campus, Room T101

Time: 8 Wednesdays, 9/11–10/30, 12–2 PM

**Spanish 2A—
for Mature Adults**

This is the next class after Spanish 1C.

This course is designed for those with knowledge of Spanish in present tense or have acquired knowledge from Spanish 1C. Classes will include grammar, vocabulary, pronunciation and culture. Reading, writing and conversation through dialogues, stories and role playing will be the focus of the class.

Fee: \$129. Early Bird Special \$120 (Register BEFORE 9/6 for this rate)

Supplies: Students must purchase *Spanish is Fun Book 2* by Heywood Wald (ISBN-13: 978-1629746708), *Practice Makes Perfect Spanish Verb Tenses* by Dorothy Richmond (ISBN-13: 978-0071841856) and bring 1 binder. Available at amazon.com.

Instructor: Alicia Flores Meneses

Location: San Elijo Campus, Room 202

Time: 8 Fridays, 9/13–11/15, 12–2 PM
No class on 10/4 & 11/1.

Spanish 3C—for Mature Adults

This is the next class after Spanish 3B.

This course is designed for those with at least two years of Spanish or have taken Spanish 3B. Classes will include grammar, vocabulary, pronunciation and culture. Reading, writing and conversation through dialogues, stories and role playing will be the focus of the class.

Fee: \$129. Early Bird Special \$120 (Register BEFORE 9/7 for this rate)

Supplies: Students must purchase *The Ultimate Spanish Review and Practice*, Premium Third Edition, (ISBN-13: 978-0071847582), *Practice Makes Perfect Spanish Pronouns and Prepositions* by Dorothy Richmond (ISBN-13: 978-1259586323) and *Practice Makes Perfect Spanish Conversation* by Jean Yates (ISBN-13: 978-1259586361). Available at amazon.com.

Instructor: Alicia Flores Meneses

Location: San Elijo Campus, Room 202

Time: 8 Fridays, 9/13–11/15, 9:45 AM–11:45 AM
No class on 10/4 & 11/1.

Write and Publish a Book



SAVE!
Take advantage of the Early Bird Specials.

Note: Applies to select courses. Check each class for pricing.

There is a writer in all of us. In this single workshop, a Carlsbad published author and screenplay writer helps you understand and apply the five basic steps of writing, the importance of branding and promotion and the value of persistence. Mr. Vianna, your instructor, has authored 24 published books

(prescriptive, historical fiction, novels) and 11 screenplays.

Fee: \$59. Early Bird Special \$49 (Register BEFORE 9/28 for this rate)

Supplies: A \$9 materials fee will be collected in class (includes handouts and 2 audio CDs).

Instructor: Antonio Vianna

Location: San Elijo Campus, Room 203

Time: 1 Saturday, 10/5, 9 AM–12 PM

**NEW Getting Started—
American Sign Language (ASL)**

Have you always wanted to learn ASL in a fun and interactive environment? Now is your chance! This six-week interactive course will introduce you to basic conversational signs and skills that will enable you to communicate with the Deaf community.

Fee: \$140. Early Bird Special \$120 (Register BEFORE 10/5 for this rate)

Supplies: Students must purchase *Learn to Sign the Fun Way* by Penny Warner (ISBN: 978-0761532637) prior to the start of class.

Instructor: Lisa Alcantara

Location: Oceanside Campus, Room 3504

Time: 6 Saturdays, 10/12–11/23, 10 AM–12 PM
No class on 11/9.



Estate Administration Essentials

A trustee has an important job with serious legal consequences. Step-by-step instructions will be provided for the post-death administration of an estate. You will learn ways to minimize the stress on yourself and family. This class will even help someone who is planning their estate because knowing what actually happens after death helps you prepare adequately. Gain insights, methods and techniques from a friendly, approachable and experienced attorney and educator. Bob Ayers has been a local attorney for over 25 years with an emphasis in real estate, business and estate planning and administration.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 9/19 for this rate)

Instructor: Bob Ayers

Location: San Elijo Campus, Room 306

Time: 1 Thursday, 9/26, 6:30–8:30 PM

Estate Planning Essentials

The most essential part of your estate plan is the needs of your beneficiaries. Understanding their needs will guide your plan. This class allows you to explore how the different planning tools will help you meet the needs of your beneficiaries. While trusts will be highlighted, you will learn why a trust is not always the best way to distribute certain assets. You will learn about taxes, legal fees and how to preserve important family relationships. Gain insights, methods and techniques from a friendly, approachable and experienced, attorney and educator about planning for your estate, your healthcare and your finances.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 9/17 for this rate)

Instructor: Bob Ayers

Location: San Elijo Campus, Room 306

Time: 1 Tuesday, 9/24, 6:30–8:30 PM

A, B, C, D's of Medicare

This class covers the essentials of the Medicare Health System, its structure, existing restrictions, cost and coverage details, as well as who can become a beneficiary. Other topics include: supplemental plans, Part C and drug plans, how they are structured, timelines, limitations and missing coverage areas.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 9/7 for class start date 9/14 and BEFORE 9/28 for class start date 10/5)

Supplies: Please bring pen and paper to take notes.

Instructor: Joseph Pospichal

Location: Oceanside Campus, Room 3102

Time: 1 Saturday, 9/14, 10 AM–12 PM

Location: San Elijo Campus, Room 202

Time: 1 Saturday, 10/5, 10 AM–12 PM

NEW Financial Planning for Retirement

Today is the day to plan for your future. Retirement should never be something that causes you anxiety or fear. This Interactive course will help you come up with financial and lifestyle goals and plans. You will be able to apply these lessons and strategies to your current or future retirement.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 10/19 for this rate)

Instructor: Michael Graney

Location: San Elijo Campus, Room 304

Time: 2 Tuesdays, 10/29 & 11/5, 6–9 PM



“Excellent overview of this subject and how it applies. Thank you!”

– Suzanne L., Student –

MIRACOSTA
COMMUNITY EDUCATION

MiraCosta Community Education classes, trips and programs make GREAT gifts for the hard-to-shop-for friend and/or loved one.

Call 760.795.6820 to get your gift certificate for a specific class or let them choose their own.

Financial Planning for Women



Statistics tell us that 8 out of 10 women will end up handling their own finances. This may be due to longevity, divorce or other reasons. This class will prepare you to handle your finances and give you a deep knowledge of financial markets. We will cover budgeting and give you tools to create and run a budget. You will learn how to properly allocate assets. We will spend a lot of time breaking down stocks/equities vs. bonds/fix income. You will learn how to evaluate your portfolio against proper benchmarks and how to interpret your financial statements. Each class includes a packet of color worksheets. This class will give you peace of mind and knowledge that will last a lifetime. This is a fun, hands-on, interactive class where questions are welcomed.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 9/28 for this rate)

Instructor: Michael Graney

Location: San Elijo Campus, Room 306

Time: 2 Mondays, 10/7-10/14, 6-9 PM

Divorce Workshop for Men



Save time, money and added grief!

- Learn about the legal, financial, and psychological issues surrounding divorce
- Find helpful community resources available to men
- Learn from experts who have guided thousands of men through divorce

Registration: 8-8:30 AM on the day of the class. Pre-registration is available through the Community Education Office. For more information, please call 760.795.6820.

Location: San Elijo Campus, Room 307

Fall Dates: 9/14, 10/12, 11/9 & 12/14
Held the second Saturday of each month, 8:30-11:30 AM

ONLY \$25 per session

A parking pass is included with registration fee.



SECOND SATURDAY Divorce Workshop for Women



What women need to know about divorce!

A Community Education class open to women who want to learn more about the process of divorce.

- Explore the legal, financial, psychological and social issues of divorce
- Discover community resources available to help you.
- Talk with other women experiencing similar life changes
- Learn from experts who have guided thousands of women through divorce

Registration: 8-8:30 AM on the day of the class. For more information, please call 858.792.0524 or 858.524.0955.

Location: San Elijo Campus, Room 201

Fall Dates: 9/14, 10/12, 11/9 & 12/14

Held the second Saturday of each month, 8:30 AM-1:30 PM Q & A 1:30-3 PM

ONLY \$45 per session

A parking pass is included with registration fee.



Golf FUNdamentals—Beginner

Golf is a game that can be enjoyed for a lifetime and learned at any age.

It's great for your social, business and personal life. This class will introduce you to all aspects of the game in a relaxed group atmosphere. We will cover the full swing, putting, chipping, pitching and the sand bunker shot, as well as basic rules and etiquette.

Fee: \$110. Early Bird Special \$99
(Register BEFORE 8/30 for this rate)

Supplies: A \$55 materials fee will be collected in class for weekly range balls and golf course fee. Clubs will be provided for those that don't have their own.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Fridays, 9/6–10/25, 9–10 AM

Golf—Women's Beginner

This class is for ladies who are interested in learning about the game of golf in a relaxed group atmosphere. We will cover all the basics including the swing, etiquette and rules so you will feel comfortable going to the driving range or course to play with friends or colleagues. Enjoy the outdoors, fresh air, make new friends and learn a game that can be enjoyed for a lifetime. Everything will be provided; just bring yourself and be ready to have some fun.

Fee: \$110. Early Bird Special \$99
(Register BEFORE 8/28 for this rate)

Supplies: A \$55 materials fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Tuesdays, 9/3–10/22, 9:30–10:30 AM

Golf—Women's Level 2

This class is designed for the lady golfer looking to improve her existing golf skills and achieve more consistency in all areas of the game. Through drills and simple training aids, classes will focus on putting, chipping, pitching and the full swing with a driver and irons.

Fee: \$110. Early Bird Special \$99
(Register BEFORE 10/22 for this rate)

Supplies: A \$55 materials fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Tuesdays, 10/29–12/17, 9:30–10:30 AM

Golf—Long and Short Game Workshop

Fore! Are you finding yourself saying this too much? This class is designed for the golfer looking to improve their golf skills and achieve more consistency in all areas of the game while having fun and meeting new friends to play with. After reviewing the fundamentals, instruction will focus on using drills and simple training aids to start taking your game to the next level. There will be classes on putting, chipping, pitching, as well as the full swing with the driver and irons. By the end of this class you will know why the ball goes left, right, high or low and how to fix it, so you can yell "YEAH!" instead of "FORE!" Clubs and balls are included.

Fee: \$110. Early Bird Special \$99
(Register BEFORE 10/25 for this rate)

Supplies: A \$55 materials fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Fridays, 11/1–12/20, 9–10 AM



Golf—Full Swing

Are you interested in learning the golf swing? Have you been playing a while and just can't find the consistency you are looking for? Come join the Full Swing Fundamental class. This class will focus on the full swing only. We will go over the fundamentals of the golf swing, posture, grip, aim, swing plane and swing path. We will break the swing down and cover a different part every week including set up, back swing, transition, down swing and follow through. By the end of this class you will have a very good understanding of the golf swing and how to practice.

Fee: \$110. Early Bird Special \$99 (Register BEFORE 9/14 for this rate)

Supplies: A \$55 materials fee will be collected in class for weekly range balls and golf course fee. Clubs will be provided for those that don't have their own.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Sundays, 9/22–11/10, 9–10 AM

Adult Horsemanship

English or Western style.

This is a wonderful opportunity for you to learn about horses, grooming, horsemanship and to begin riding in a safe and beautiful environment. Horseback riding helps build confidence and responsibility, soothes and releases stress, provides exercise, and develops a strong bond between you and horses.

All levels welcome, including the experienced rider who wants to get back in the saddle.

Note: Students must weigh under 200 lbs.

Fee: \$210

Supplies: Bring water and sunscreen. Wear closed-toe shoes and comfortable clothes that can get dirty. All students will have to sign a waiver. Students between the ages of 15–17 must be accompanied by an adult and will need to have a parent or guardian sign a waiver.

Instructor: Teri Cagle

Location: Hoof Haven Farms
4777 S. Mission Road, Fallbrook

Time: 6 Saturdays, 10/19–11/23, 11:30 AM–1 PM



SAVE!

Take advantage of the Early Bird Specials.

Note: Applies to select courses. Check each class for pricing.



Classes and excursions sell out quickly!

Call or register online to reserve your space—bring a friend or relative to make it more fun: 760.795.6820 or miracosta.augusoft.net.

The Beautiful Getty

Saturday, October 12, 2019

High atop a hill on 110 acres amongst the Santa Monica Mountains and overlooking Los Angeles is the Getty Center. The J. Paul Getty Museum's goal is to make its collection meaningful and attractive to a broad audience by presenting and interpreting the collection through educational programs, special exhibitions, publications, conservation, architecture and research. There will be a number of other fantastic exhibitions, including: Eighteenth Century Pastel Portraits, Manuscripts in the Age of Print, contemporary and modern outdoor sculpture and architecture.

Fee: Book Early for \$69. For booking made after 9/28, fee will increase to \$79.

Guide: Staff

Activity Level: Easy

Note:

- Includes transportation and admission to Getty Center
- Wear very comfortable walking shoes. Dress casually in layers suitable for cool and/or warm weather
- Please bring your ID card if you would like to rent a free audio guide at the Getty's Center
- No-host lunch at the Getty Center (visit getty.edu for cafe menu.)
You may bring your own lunch and enjoy a picnic on the lawn adjacent to the Central Garden or at any of the Getty Center's public seating areas as well.

Depart: 8:30 AM. **Return:** approx 5:30 PM.



EXCURSIONS



Kellogg House Tour with Arabian Horse Show and Farm Store, Included Buffet Lunch

Sunday, November 3, 2019

Nestled among a lush landscape and blanketed by walnut trees, the home of cereal magnate W.K. Kellogg is a spacious ranch-style home originally built in 1926. A docent-guided tour of his home which sits on a hill overlooking the Cal Poly Pomona campus, will showcase the estate and the meticulous restoration it has undergone to return the interior décor and gardens to their original splendor. Partake in an included buffet lunch at the campus' Kellogg West restaurant, before we take our seats for the Arabian Horse Show at the W.K. Kellogg Arabian Horse Center. This longstanding tradition showcase the versatility, beauty and intelligence of the Arabian breed under both English and western tack. Our last stop will be at the campus Farm Store to purchase fresh produce.

Fee: Book Early for \$89. For booking made after 10/12, fee will increase to \$99.

Guide: Staff

Activity Level: Easy

Note:

- Includes transportation, tour, lunch and show
- Wear very comfortable walking shoes. Dress casually in layers suitable for cool and/or warm weather

Depart: 8:30 AM. **Return:** approx 6 PM.

For more information about each excursion, visit our website at miracosta.augusoft.net and click on Excursions.

EXCURSIONS



Festival of Lights at Mission Inn and Riverside Food Lab

Saturday, December 7, 2019

Come with us to commemorate the Winter Wonderland of the South Pole this December as we head to the Mission Inn Hotel at Riverside's Festival of Lights! The beloved Southern California tradition recently named "Best Public Holiday Lights Display in the Nation" by *USA Today* creates a magical, Disneyland-like experience in the heart of Riverside. Once arrived, we have the afternoon to wander freely amongst the Inn and its surroundings. Within walking distance are art museums, downtown bookstores and a plethora of food choices surrounding the Inn. Try the Riverside Food Lab which offers 14 eateries for your dining pleasure, Casey's Cupcake's offering specialty cupcakes, Bella Trattoria Restaurant's Southern Italian cuisine or Simple Simon's Bakery & Bistro which offers lunch sandwiches including vegan options!

Fee: Book Early for \$79. For booking made after 11/9, fee will increase to \$95.

Guide: Staff

Activity Level: Easy (Moderate if you are planning to do some walking to the museums and food lab)

Note:

- Includes transportation and entrance fee to the Mission Inn Festival of Lights
- Wear very comfortable walking shoes. Dress casually in layers suitable for cool and/or warm weather
- No-host Lunch

Depart: 1 PM. Return: approx 9 PM.

Excursion Rules and Regulations

- Refunds will be granted no later than five business days before the excursion. There will be a \$25 cancellation fee if the excursion is full and a replacement can be found. No refunds will be granted after the excursion has taken place.
- Anyone missing the bus will not receive a refund.
- MiraCosta College reserves the right to make itinerary changes if necessary. Any excursion may be cancelled due to low enrollment.
- Seating arrangements on the bus will be on a first-come, first-served basis. Those who have difficulty sitting at the rear of the bus are advised to arrive early.
- No smoking is permitted on the bus.
- The bus will depart on time. **Pick up and drop off at Oceanside Campus 1 Barnard Drive, Oceanside, Parking Lot 1A.**

Parking

Day parking permits are required at MiraCosta College, Oceanside Campus except Sundays. Parking permit may be purchased from machine in Parking Lot 1A. Day parking fee is \$1.

2020

MiraCosta's International • Multi-Day Travel

SIGN-UP for a FREE Slideshow of these trips

WHEN:

WEDNESDAY
JANUARY 22, 2020
5:30 PM

WHERE:

MiraCosta College
Technology Career Institute
2075 Las Palmas Dr. Carlsbad, CA 92011

RSVP online at miracosta.augusoft.net or call us at 760.795.6820

International Multi-Day trip flyers are available at Technology Career Institute. Please call our office to request.



EXCURSIONS

INTERNATIONAL & MULTI-DAY



Canadian Rockies and Glacier National Park

July 28, 2020 | 7 Days | 9 Meals

Ice-fields, rushing streams, lovely waterfalls, glacial peaks and towering summits are just a few of the scenic wonders awaiting you in the Canadian Rockies and Glacier National Park. Visit Head-Smashed-In Buffalo Jump, one of the world's oldest and best preserved buffalo jumps and a UNESCO World Heritage site. Ride aboard a Jammer (open-air touring car) during your visit to Glacier National Park. Explore Bow Falls and the Hoodoos (the "Land of the Sleeping Giants").

Fee: Double \$3,299 pp, Single \$4,199 pp
Includes airfare. *Refer to booking #977767

Spotlight on London

September 3, 2020 | 7 Days | 8 Meals

Immerse yourself in one of the world's most iconic cities – London. Live like a local and hop on the "Tube" before choosing between a visit to Kensington or a visit to Whitehall and the Churchill War Rooms. Experience a performance at a London theater. Explore Oxford, home to the renowned University. Enjoy a privately guided tour of Blenheim Palace, the birthplace of Winston Churchill and a UNESCO World Heritage Site. Every day in London brings a new adventure.

Fee: Double \$2,999 pp, Single \$3,499 pp
Includes airfare. *Refer to booking #977761

Tuscany and Italian Riviera

October 16, 2020 | 8 Days | 10 Meals

Join us as we travel across the Italian countryside, over the rolling hills of Tuscany and to the enchanting Italian Riviera. Relax with a 3-night stay in a Tuscan estate and savor the sprawling vineyards and charming medieval hill towns of the region. Spend time at one of the oldest wineries in Tuscany. Spend a day exploring the Cinque Terre's rugged coastline by train and boat. Take a boat ride from Santa Margherita Ligure to visit glamorous Portofino. Throughout your journey, discover a land rich in history, culture and cuisine.

Fee: Double \$3,899 pp, Single \$4,199 pp
Includes airfare. *Refer to booking #977788

Sunny Portugal

November 7, 2020 | 10 Days | 12 Meals

Explore sunny Portugal, with its miles of dramatic shoreline and legacy of global discovery. Along the way, discover the charms of Lisbon with your choice of included sightseeing. In Evora, step inside a medieval walled city with Roman ruins. Travel to Portugal's scenic "Silver Coast," dotted with charming villages and castles. Revel in country life with an overnight stay in the heart of Alentejo's farms and vineyards. Explore the Algarve's soft sandy beaches and classic fishing villages.

Fee: Double \$2,999 pp, Single \$3,299 pp
Includes airfare. *Refer to booking #978089



***Book soon to get this group price!**
If you prefer prices WITHOUT roundtrip air packages, come to our slide presentation on **January 22, 2020** for more information or call us at **760.795.6820**.
Pick up location(s) depend on the number of participants that booked.

WORK SKILLS TRAINING

FALL 2019

- | | |
|--|--|
| 35 Free Information Sessions | 44 ♦Welding I Program |
| 36 Certificate Programs | 44 ♦Welding and Metal Fabrication |
| 38 ♦Basic Electronics | 45 Child Visitation Monitor |
| 38 ♦Biomedical Equipment Technician Program | 45 ♦Phlebotomy Technician Program |
| 38 ♦Blueprint Reading with GD&T | 46 ♦Real Estate License Program |
| 39 ♦BrewTech Program | 47 ♦Sports Massage |
| 39 ♦Computer Numerical Control (CNC) Operation | 48 ♦Veterinary Assistant Program |
| 40 ♦CNC Programming—Introduction and Intermediate | 49 Online Electronics/Robotics—George Brown |
| 40 ♦Digital Precision Measuring | Automation Technician |
| 40 ♦Electronic Assembly | Electronics Technician |
| 41 ♦Engineering Technician Program | Electromechanical Technician |
| 41 ♦LEAN Six Sigma | Robotics Technician |
| 42 ♦Machinist Technology Program | Programmable Logic Controllers (PLC) Technician |
| 42 OSHA-10 and 30 | Programmable Logic Controllers II (PLC) Technician |
| 42 ♦PLC Design Logic | |
| 43 ♦Introduction to Python-xy | |
| 43 ♦Unmanned Systems (ROV/Drone) Operator Technician Program | |

HOW TO APPLY FOR WORK SKILLS CLASSES

The majority of our Work Skills classes (identified by a ♦) require that students complete a Student Interest Form and Student Application before enrollment into any Work Skills class can occur. A Medical Form is also required for Machinist, CNC Operations and Welding classes.

Start here www.tinyurl.com/TCIinterest by creating a Student Interest form (profile). Keep your password handy as you will need to log back into the system. Then follow the steps below:

1. Sign on using your username (email) and password at ctk.apricot.info
2. Click “MENU” in upper left corner of form
3. Click “Search Records”
4. Click “Student Interest Form”
5. Your name should appear in the middle of the page
6. Click your name
7. An “Additional Documents” box will appear below your profile information
8. Drag your mouse to the right of the Application and click “Create New”
9. Don’t forget to “Save Record” on the right side of page
10. Repeat steps for the Medical Form ONLY if you are taking Welding, Machinist Technology, or CNC Operations
11. Lastly, submit a photo ID in person or via email to tcim@miracosta.edu.

Note: For our longer Work Skills programs and/or outside funding sources, there may be additional forms and documents that are required.

Our programs under 50 hours will typically accept students ages 15 years or older. Please contact our office at 760.795.6820 prior to applying.

CERTIFICATE INFORMATION

For any program over 50 hours, students will have the opportunity to earn a Certificate of Accomplishment. If you are enrolled and successfully complete a program under 50 hours, we can issue a certificate for \$20.

REFUND POLICY

Refunds will be made up to five working days prior to your class start date. A \$25 cancellation fee will be retained for each refund. There are no refunds given once the class has begun, unless special permission has been granted by the program coordinator.

FREE INFORMATION SESSIONS

▶ **Child Visitation Monitor**

- Thursday, September 19 at 5 PM • Oceanside Campus, Room 3201

▶ **Engineering Technician**

- Tuesday, October 15 at 6 PM
 - Wednesday, November 13 at 9 AM (information session with testing and interviews following)
 - Tuesday, December 10 at 4 PM (testing and interviews only)
- Technology Career Institute • 2075 Las Palmas Drive, Carlsbad



▶ **Biomedical Equipment Technician**

- Tuesday, December 3 at 6 PM (information session with testing)
 - Tuesday, January 14 at 4 PM (interviews by invite only)
- Technology Career Institute • 2075 Las Palmas Drive, Carlsbad

▶ **BrewTech**

- Tuesday, November 19 at 6 PM (information session with testing)
 - Monday, December 9 at 4 PM (interviews by invite only)
- Technology Career Institute • 2075 Las Palmas Drive, Carlsbad



▶ **Machinist Technology**

- Tuesday, November 12 at 6 PM
 - Wednesday, December 11 at 9 AM (information session with testing and interviews following)
 - Tuesday, January 7 at 4 PM (testing and interviews only)
- Technology Career Institute • 2075 Las Palmas Drive, Carlsbad



▶ **Phlebotomy Technician**

- Tuesday, August 6 at 5:30 PM
- Technology Career Institute • 2075 Las Palmas Drive, Carlsbad
- Note: Mandatory math and reading comprehension assessment will be given immediately following the information session at 6:45 PM.



▶ **Unmanned Systems (ROV/Drone) Operator Technician**

- Wednesday, December 4 at 6 PM (information session with testing)
 - Wednesday, January 15 at 4 PM (interviews by invite only)
- Technology Career Institute • 2075 Las Palmas Drive, Carlsbad

▶ **Veterinary Assistant**

- Tuesday, August 13 at 6 PM
- Technology Career Institute, Room 100
- Note: Mandatory math and reading comprehension assessment will be given immediately following the information session at 7 PM.

▶ **Tours at TCI on Fridays at 9 AM | Email us at tcj@miracosta.edu**

Tuition free courses received \$3,600,000 (60% of total) awarded under the America's Promise Grant program as implemented by the U.S. Department of Labor. This project is an equip opportunity employer/program with auxiliary aids and services that are available upon request for individuals with disabilities.

MiraCosta College's Technology Career Institute is an equal opportunity employer (EOE). Auxiliary aids and services are available upon request to individuals with disabilities.

Note: If you have a verifiable disability, you will need to call 760.795.6820 at least one week prior to the assessment so to ensure proper accommodations can be made.

WORK SKILLS TRAINING



Advanced Manufacturing Leadership Certificate

Bundle these classes for ~~\$900~~ \$675
(GI Bill® funding approved)

- Blueprint Reading with GD&T
- LEAN Six Sigma
- OSHA-30
- Quality Assurance Basics for Manufacturing—Resumes in Spring 2020

Biomedical Equipment Technician Certificate

(GI Bill® funding approved)

- Fundamental Electronics
- Human Anatomy
- Advanced Troubleshooting
- BMET Career Readiness
- OSHA-10
- 486-hour course

BrewTech Certificate

(GI Bill® funding approved)

- Techniques and Technology of brewing
- Equipment Troubleshooting and Repair
- Brewing Formulas
- History and Nature of Brewing
- OSHA-10 & LEAN Training
- 280-hour course

CNC Operator Certificate

Bundle these classes for ~~\$2,645~~ \$495
(GI Bill® funding approved)

- AutoCAD for Manufacturing—Resumes in Summer 2020
- Blueprint Reading with GD&T
- Computer Numerical Control (CNC) Operation
- OSHA-10

CERTIFICATE

CNC Programming Certificate

Bundle these classes for ~~\$1,150~~ \$550
(GI Bill® funding approved)

- AutoCAD for Manufacturing—Resumes in Summer 2020
- Blueprint Reading with GD&T
- Digital Precision Measuring
- CNC Programming—Introduction and Intermediate

Child Visitation Monitor Certificate

Make a difference in the lives of children's and families.

- Satisfies the State Requirements
- Covers State Policies and Procedures
- Safety and Responsibilities
- 24-hour course

Electronics Certificate

Bundle these classes for ~~\$3,045~~ \$1,405
(GI Bill® and WIOA funding approved)

- Basic Electronics
- Introduction to Electromechanics—Resumes in Spring 2020
- Electronic Assembly
- OSHA-10
- Quality Assurance Basics for Manufacturing—Resumes in Spring 2020

Engineering Technician Certificate

(GI Bill® and WIOA funding approved)

- Electrical
- Mechanical
- Robotics
- Automation
- OSHA-10 & LEAN Training
- 600-hour course

For individual course details, please see page 38–48

PROGRAMS



Machinist Technology Certificate

(GI Bill® and WIOA funding approved)

- Blueprint Reading with GD&T
- OSHA-10
- Manual Lathe, Mill and CNC training
- CNC Programming
- LEAN Six Sigma
- 487-hour course

Unmanned Systems (ROV/Drone) Operator Technician Certificate

with FAA Licensing Test Prep

(GI Bill® funding approved)

- Introduction to ROV/Drone Operation and Piloting
- FAA Licensing Requirements
- Electrical and Mechanical Repair
- OSHA-10
- 486-hour course

Massage Therapy Certificate

CAMTC Approved

- Anatomy and Physiology
- Body Mechanics and Chair Massage
- Advanced massage theory and methods
- Shiatsu, Tai Chi and Acupressure
- Massage for Athletes

Coming 2020

Scuba Diving Instructor Certificate

(GI Bill® funding approved)

Offering the only GI Bill® Approved Program in California

- PADI Instructor Certification
- Self-Paced
- Includes coursework, boat dives and gear
- 489-hour course

Call for details

Phlebotomy Technician Certificate

(GI Bill® and WIOA funding approved)

- CPT1 Phlebotomy Technician Certificate
- Basic Phlebotomy
- Advanced Phlebotomy
- Hands-on and Post Course Externship
- 80-hour course

Veterinary Assistant Certificate

(GI Bill® and WIOA funding approved)

Entry-level training for the veterinary assistant profession.

- Basic Animal Care
- Safety Procedures
- State/federal guidelines
- Veterinary Medical Terminology

Real Estate License Certificate

(GI Bill® and Sallie Mae funding approved)

- Real Estate Principles
- Real Estate Practice
- Real Estate Finance and Economics
- 150-hour course

Welding I Certificate

(GI Bill®, WIOA and Sallie Mae funding approved)

Explore basic welding processes and procedures.

- Shielding Metal Arc Welding (SMAW)
- Interpretations of Blueprints/shop Drawings
- Gas Metal Arc Welding (GMAW)
- Flux Core Arc Welding (FCAW)

For individual course details, please see page 38-48

WORK SKILLS TRAINING

◊ **Basic Electronics**

An introductory, 50-hour course that teaches students the basics of electronic technology. Students experiment with direct current, series-parallel circuits and transistors/semiconductors. Additional topics include: study of Ohm's law, Watt's law, use of electronic components, basic soldering, oscilloscopes, digital volt meters, bread-boarding electronic circuits, basic computer troubleshooting and basic AC circuitry.

Reduced Fee: \$450

Location: Technology Career Institute

Time: 10 Mondays & Wednesdays, 9/30–12/16
6–8:30 PM. *No class on 11/11, 11/25 & 11/27.*

◊ **Blueprint Reading with GD&T**

In this 30-hour hands-on class students learn to read and correctly interpret blueprints used in the manufacturing trades. They will get an opportunity to draw and edit simple blueprints through step-by-step development of multi-view drawings. In addition, students will learn the basics of geometric dimensioning and tolerancing (GD&T). This course is the perfect introduction to GD&T, symbols, applications and methods of inspection.

Fee: \$250 Admin Fee: \$150*

Location: Technology Career Institute

Time: 6 Tuesdays & Thursdays, 9/24–10/31
6–8:30 PM

"Broad coverage of the subject. Great exposure to the basics. Good balance of theory and hands-on."

– Anonymous, Student –

◊ **Biomedical Equipment Technician Program (BMET)**

Biomedical Equipment Technology plays a vital role in patient care through the inspection, maintenance and repair of medical devices. MiraCosta's 486-hour BMET Program will train students to troubleshoot, repair monitor and maintain electronics-based biomedical instruments and equipment. The program was developed as a result of increasing demand for biomedical equipment technicians (BMETs) in the San Diego County region. Courses build on lecture topics through extensive hands-on application in the areas of:

- Fundamental electronics
- Human anatomy
- Advanced troubleshooting
- BMET career readiness

Fee: \$6,000 Admin fee \$350* GI Bill® funding approved.

► **Register for the FREE information session (details on page 35).**

Location: Technology Career Institute

Time: Monday–Thursday, 2/3–6/24, 8 AM–2:30 PM. *No class on 2/17 & 5/25.*
6 hours each day.



◇ BrewTech Program

San Diego is well known as the craft beer brewing capital of the United States with over 150 active breweries and more scheduled to open soon. MiraCosta's 280-hour BrewTech Program is designed to train students to become productive brewers while gaining confidence in the brewery, cellar or packaging line. As one of the premiere craft beer programs in the San Diego area with an on-site brewery, this class will focus on 'grain-to-glass' hands-on experience. The curriculum, including recipe development, wort production, cellar practices and packaging, is designed to train students to become a turnkey brewery technician. Classroom material covers the chemistry and biology of beer production and will introduce students to brewery equipment. Industry tours around San Diego will expose students to multiple brewing applications that will serve to enhance their knowledge of craft beer production. Students will also gain work place skills training that will further add to their employability.

Fee: \$4,000 Admin fee \$350* GI Bill® funding approved.

▶ **Register for the FREE information session (details on page 35).**

Location: Landes Recreation Center, 2855 Cedar Road, Oceanside

Time: Tuesday–Thursday, 1/7–4/21, 4–10 PM, 8 Saturdays, 1/25, 2/8, 2/22, 3/7, 3/14, 3/28, 4/11 & 4/25
8 AM–3:30 PM. 280 hours.

◇ Computer Numerical Control (CNC) Operation

Computer numerical control (CNC) is the automated control of manufacturing machining tools (drills, boring tools, lathes) by means of a computer. In this 112-hour course, students will learn safety, terminology, and basic blueprint reading as well as interpretation of G&M codes, and operation of both a HAAS CNC mill and lathe. Students will also get exposure to CAD/CAM software. Course material and activities are provided via demonstrations and hands-on instruction.

Fee: \$2,100 Admin Fee: \$175*

Location: Technology Career Institute

Time: 14 Saturdays, 9/14–12/21, 8 AM–4:30 PM
No class on 11/30.



*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

WORK SKILLS TRAINING

◊CNC Programming— Introduction

Using MasterCam Mill

In this 30-hour introductory course, students learn how to design basic CNC programs for a three-axis CNC milling machine. Students will be instructed on G&M codes, Boolean logic and machine and control definitions. In addition, the class will cover basic aspects of post configuration, variable definitions, formatting, post lines, post text, modality and control definitions.

Fee: \$250 Admin Fee: \$125*

Location: Technology Career Institute

Time: 5 Mondays & Wednesdays, 9/16–10/16
5:30–8:30 PM

◊CNC Programming— Intermediate

Using MasterCam Mill

MasterCam is the most widely used CAM software in the industry and this intermediate, 30-hour course will provide students with trade-specific tips and tricks, whether they are in the production or the programming. This course also teaches additional topics for more intricate programs and designs. HAAS simulators will be used to test run the programs.

Fee: \$250 Admin Fee: \$125*

Location: Technology Career Institute

Time: 5 Mondays & Wednesdays, 11/4–12/16
5:30–8:30 PM. *No class on 11/11, 11/25 & 11/27.*

◊Digital Precision Measuring

Using a Portable CMM

An introduction to metrology using a portable CMM and Verisurf CAD software. Students will learn the basics of inspection, measurement, analysis and reverse engineering. This course is for individuals working within the advanced manufacturing environment.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute

Time: 5 Tuesdays & Thursdays, 11/5–12/12, 6–9 PM
No class 11/26 & 11/28.

*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

◊Electronic Assembly

Learn the necessary training to become an electronic assembler at an advanced manufacturing company:

- Soldering through-hole and surface mount single-lead/multi-lead components
- Soldering multi-pin IC chips
- Measuring and cutting wire
- Trimming insulation, crimping, connectorizing, molding and insulating connector ends
- Wrapping, bundling, shielding, insulating and security cable harnesses
- Mounting modules, components, connectors, cables and harnesses into chassis

In this 80-hour course students will work toward IPC certification. In addition, students will learn the role of production in the manufacturing system and how certain skill sets, such as reading and analyzing acceptance criteria, testing, documentation and soldering are integral to the job.

Fee: \$1,800 Admin Fee: \$220*

Certification: A \$65 certification fee will be collected.

Location: Technology Career Institute

Time: 10 Sundays, 9/8–11/17, 8:30 AM–5 PM
No class on 10/13.

Happy Holidays

From all of us at Community
Education & Workforce
Development





◇ Engineering Technician Program

Whether you want to work in electronics, aerospace, biotechnology or breweries, this program can provide you with the necessary training.

Engineering technology integrates theory and application in mechanical, electrical and electronic systems, fluid power, automation, robotics and computer software. Our 600-hour program is 75% hands-on, gets students in front of industry leaders and trains students in the areas that companies have requested. Students will receive:

- OSHA certification
- National Career Readiness certification
- 2 days of job shadow experience
- Industry tours and guest speakers
- Career Readiness Bootcamp

Students will experience an accelerated program designed to prepare them with the skill sets to qualify for immediate entry into positions with local industry. Or, if a student has a college degree in this subject area or is interested in pursuing one in the future, this is the perfect supplement to enhance their current or future education.

Fee: \$6,750 Admin fee \$350* GI Bill® and WIOA funding approved.

▶ **Register for the FREE information session (details on page 35).**

Location: Technology Career Institute

Time: Monday–Friday, 1/6–4/23, 8 AM–4:30 PM. *No class on 1/20, 2/14 & 2/17.*

*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

LEAN Six Sigma

LEAN Six Sigma improves business performance by removing waste through Lean manufacturing methods and reducing variation in processes that cause defects by applying Six Sigma Statistical Process Control tools.

In this LEAN Six Sigma Yellow Belt course you will learn how to minimize waste with A3 Problem Solving, Value Stream Mapping, Kaizen and 5S Organization. You will also learn practical Six Sigma tools including DMAIC (Design, Measure, Analyze, Implement and Control), Project Charters, Statistical Process Control with Performance Boards and Pareto Charts, and Failure Modes Effects Analysis.

This LEAN Six Sigma Yellow Belt course will provide you with an understanding of LEAN Six Sigma methodology so that you can perform LEAN process improvement to minimize waste and participate in Six Sigma projects to reduce variation in processes.

Fee: \$150

Location: Technology Career Institute

Time: Saturday, 12/7 & Sunday, 12/8, 9 AM–4 PM

◇Machinist Technology Program

Want to work in the aerospace industry, make medical device parts and accessories or design a new golf club?

Gone are the days of the grease-covered, conventional machinist. Today's machinist must be highly trained with specific skills, working in high-tech manufacturing plants that are clean and innovative. Our nation has a huge shortage of skilled workers. As 77% of skilled Baby Boomers leave the workforce, San Diego County will need to fill thousands of positions over the next 15 years.

To meet this need, we offer a fast-paced, high-level training program. Students will be able to complete this program in 21-weeks (487 hours), with training in shop math, metal properties, reading blueprints, precision measuring, tooling, G&M codes, and manual and CNC machining. In addition, students will receive:

- OSHA certification
- National Career Readiness certification
- Opportunities to attend local industry meetings
- 2 days of job shadow experience
- Industry tours and guest speakers
- Career Readiness Bootcamp
- Apprenticeship pipeline available

Fee: \$6,500. GI Bill® and WIOA funding approved.

▶ Register for the **FREE** information session (details on page 35).



Location: Technology Career Institute

Time: Monday–Thursday, 1/27–6/18, 3–9:30 PM. *No class on 2/14, 2/17, 3/20 & 5/25.* 6 hours each day.



ADVANCED MANUFACTURING AND ENGINEERING TECHNICIAN APPRENTICESHIPS AVAILABLE

For more information please call 760.757.2121, x6528

OSHA-10

Standard OSHA-10 safety course.

Fee: \$95

Location: Technology Career Institute

Time: Saturday, 9/28, 9 AM–5 PM & Sunday 9/29, 9 AM–1 PM

OSHA-30

The 30-hour general industry outreach training course is a comprehensive safety training program designed for anyone involved in general industry. The course provides extensive information on OSHA compliance, safety and health hazards in the workplace, employer responsibilities, workers' rights, hazard recognition, avoidance, abatement and prevention. Successful completion of this course results in a Department of Labor 30-hour OSHA General Industry safety card that is federally recognized in all 50 states and never expires.

Fee: \$250

Location: Technology Career Institute

Time: 2 Saturdays & Sundays, 9/28–9/29 & 10/5–10/6, 9 AM–5 PM

◇PLC Design Logic

A hands-on study of PLC programming and logic design using Siemens TIA S7-1200 hardware/software, as well as ladder logic based on a RS Logix 500 emulator. Topics covered during this 30-hour course are hardware components and software interfacing with the PLC, ladder logic using switches, timers and counters, arithmetic operations, MOV operators, logic functions, shift registers and subroutines. Three simulated design projects will be assigned throughout the course. By the end of the course students will be familiar with ladder logic programming and interfacing with PLC controllers, as well as design methodologies for PLC programming.

Note: A basic understanding of electrical circuitry is strongly recommended.

Fee: \$300

Location: Technology Career Institute

Time: 5 Saturdays, 10/12–11/9, 11:30 AM–5:30 PM

◊ Introduction to Python-xy

Python is a powerful programming language used in many areas of industry such as:

- Computer vision
- Machine learning
- Robotics
- Web development
- Gaming

This course focuses on the basics of Python-xy programming with examples in computer networking and web applications. These basics are the starting point for other future classes, including embedded computing courses using Raspberry Pi and robotic programming using RoboSDK.

Fee: \$150

Location: Technology Career Institute

Time: 5 Fridays, 10/11–11/8, 5–9 PM



◊ Unmanned Systems (ROV/Drone) Operator Technician Program with FAA Licensing Test Prep

San Diego is a center for innovation and remote operated vehicles (ROV) are becoming the technology of choice for overwater, underwater, aerospace, retail delivery and agriculture industries. Our new 486-hour program will employ hands-on training using state-of-the-art technology. Upon course completion, students will be ready to take the FAA Unmanned Aircraft Systems (UAS) Drone Knowledge Test—the required exam needed to pass to get a Remote Pilot Certificate.

Course includes:

- Industrial safety
- Electrical and specialty wiring
- Programmable controllers
- Machine design
- PC base data acquisition and control
- Geographic Information Systems (GIS)
- Electrical and mechanical repair
- Introduction to submersible robotics
- Introduction to ROV/drone careers
- ROV piloting
- Introduction to drones (UAVs)
- Drone piloting
- FAA licensing requirements and regulations
- FAA exam prep

Fee: \$6,000 Admin fee \$350* GI Bill® funding approved.

▶ **Register for the FREE information session (details on page 35).**

Location: Technology Career Institute

Time: Monday–Thursday, 2/3–6/24, 3–9:30 PM. *No class on 2/17 & 5/25.* 6 hours each day.

*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.



◊Welding I Program

Designed to train students to qualify for an American Welding Society (AWS) code, this 132-hour course will explore basic welding processes and procedures, safety, interpretations of blueprints/shop drawings, metallurgy, fabrication tools, welding qualifications and procedure qualification. In addition, students will receive a significant amount of hands-on training in:

- Shielded Metal Arc Welding (SMAW)
- Gas Metal Arc Welding (GMAW)
- Flux Core Arc Welding (FCAW)

Fee: \$2,400. GI Bill®, WIOA and Sallie Mae funding approved.

Location: Landes Recreation Center, 2855 Cedar Road, Oceanside

Time: 11 Tuesdays, Wednesdays & Thursdays, 9/24–12/12, 5–9 PM. *No class on 11/26–11/28.*

◊Welding and Metal Fabrication

Interested in welding and other authentic manufacturing processes? If so, this 60-hour class is a great introduction or opportunity to practice existing skills. Topics include:

- Oxy-acetylene welding, cutting, brazing and soldering
- SMAW: electrodes and positions
- GMAW: hardwire, short and spray arc, gas coverage
- FCAW: inner and dual shield
- GTAW: aluminum, magnesium, stainless steel, carbon steel, brass and gas coverage
- Plasma arc cutting

Students will also learn fabrication math, specialty certifications, fabrication skills, job steps from start to finish, tacking, squaring and order of welding and basic critical thinking.

Fee: \$985

Location: Landes Recreation Center, 2855 Cedar Road, Oceanside

Time: 15 Mondays, 8/26–12/16, 5–9 PM. *No class on 9/2 & 11/11.*



UPCOMING CLASSES

- Quality Assurance Basics for Manufacturing—Spring 2020
- Introduction to Electromechanics—Spring 2020
- Introduction to the Internet of Things (IoT)—Spring 2020
- AutoCAD for Manufacturing—Summer 2020

◇ Child Visitation Monitor

Are you looking for a career opportunity in which you can work within the community, gain valuable experience and make a difference in the lives of children and families? Consider becoming a Professional Child Visitation Monitor; a position that is always in demand. Average pay for monitors is \$30–\$60 per hour, depending on the case. Sometimes, based on issues of protection and safety, a judge will order that a child only have contact with a parent when a neutral third person is present during the visit. The monitor's responsibility is to ensure the safety and well-being of the children involved. This comprehensive course satisfies the state's 24-hour training requirement. You will learn California policies and procedures, as well as your role as a monitor. Upon completion, you will also receive a certificate of accomplishment and forms necessary to register with San Diego Superior Court.

Note: Must be at least 21 years old and have a clean record.

A small business license is required if you want to work independently as a child visitation monitor. Participants will eventually get fingerprinted upon registering name with the superior court and apply for a business license. This comprehensive course satisfies the state's 24-hour training requirement.

Fee: \$315

Supplies: A \$55 materials fee will be collected in class for training manual. Bring sack lunch or snacks.

Instructor: Jazmin Mundo

Location: Oceanside Campus, Room 3102

Time: 4 Saturdays, 10/12–11/2, 9AM-3:30 PM



◇ Phlebotomy Technician Program with NCCT Exam

MiraCosta College Community Education & Workforce Development, in partnership with PhlebotomyU, is proud to offer this excellent opportunity for those seeking to enter the medical field as a CPT1 phlebotomy technician.

Students are required to complete:

- A minimum of 20-hours in basic phlebotomy
- A minimum of 20-hours in advanced phlebotomy
- A minimum of 40-hours in a laboratory course in applied phlebotomy
- 40–120 hours of clinical externship in a healthcare setting

Students who pass the course will also be eligible to take the certification examination offered by the National Center for Competency Testing (NCCT) in class at the conclusion of the course. Upon successful completion of the course, participants will be issued a state-approved training certificate.

Note: A \$100 California CPT 1 License Application fee, BLS Certification and all immunization are not included in the tuition fee and must be paid by the student. High school diploma or GED required.

Fee: \$2,950. GI Bill® and WIOA funding approved.

Additional Fees: A \$90 National Examination Fee and a \$100 Background Check and Drug Screen Fee will be collected at the time of registration with the tuition fee.



► Register for the **FREE information session now: Tuesday, 8/6 at 5:30 PM (details on page 35).**

Location: Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, Room 100

Time: Mondays, Wednesdays & Fridays, 9/9–11/22, 5–8 PM. *No class on 11/17.*

Externship: Clinical externships will be provided and supervised by our phlebotomy program staff.



Real Estate License Program

An accelerated 4-month program that includes licensing exam preparation.

The Real Estate License Program provides the perfect training for those students planning to enter the real estate profession, as well as opportunities for those currently working in real estate and related areas to increase knowledge in this field. MiraCosta’s Real Estate Program has moved to Community Education & Workforce Development and will no longer offer college credit. However, the duration of the course has been shortened to 4 months/150-hours and includes testing preparation and the opportunity to take the real estate exam at the end of class.

Course includes: Real Estate Principles, Real Estate Practice, Legal Aspects of Real Estate, Mastering Real Estate Math and Exam Preparation.

CERTIFICATIONS: If students attend all classes, complete the necessary coursework and pass the required tests, students will receive a MiraCosta College Certificate of Accomplishment. Licensing to become a real estate salesperson is conducted by the California Department of Consumer Affairs Bureau of Real Estate (BRE). To obtain a California Real Estate Salesperson license, candidates must first qualify for and pass a written examination. For information about state licensing, go to bre.ca.gov.

Fee: \$350 per course, or save and sign up for all three courses for \$900

GI Bill® and Sallie Mae funding approved.

Required Textbooks: *California Real Estate Principles* by Walt Huber 15th edition ISBN-10: 1626842175, *California Real Estate Practice* by Walt Huber, Arlette Lyons, 8th edition ISBN-10: 1626842523 and *Essentials of Real Estate Economics* by Mckenzie, Betts & Jensen, 6th edition ISBN-10: 053873969X (available on amazon.com)


Location: Oceanside Campus, Room 3104 (Tuesday & Thursday) & 3103 (Saturday)

Time:

Real Estate Principles: Tuesdays and Thursdays 8/1–9/10, 6:30–9:30 PM Room 3104 and 2 Saturdays, 8/10 & 8/24, 8:30 AM–4:30 PM, Room 3103

Real Estate Practice: Tuesdays and Thursdays, 9/12–10/22, 6:30–9:30 PM and 2 Saturdays, 9/14 & 10/12, 8:30 AM–4:30 PM, Room 3103

Real Estate Finance & Economics: Tuesdays and Thursdays, 10/24–12/5, 6:30–9:30 PM, Room 3104 and 2 Saturdays, 10/26 & 11/2, 8:30 AM–4:30 PM Room 3103



LOOKING FOR HUMAN RESOURCES PROGRAM?
Go to page 15



NEW ♦ Sports Massage—Event Massage pre/post

Advance Sports/Athletic massage course focusing on event massage. In the course we will focus on the three categories of Sports/Athletic massage; pre-event, intra-event and post-event. We'll evaluate, discuss, and applicable massage/body work for addressing endurance events such as running, swimming and cycling. We will cover the muscles and mechanics involved in the athletes' performance, contraindication, indications and common injuries for the particular sporting discipline. We will also cover working in a sporting/athletic event atmosphere.

Note: Participants will need to have liability insurance for massage, access to internet outside of class.

Fee: \$225

Instructor: Kevin Whitfield

Location: Oceanside Campus room T520.

Time: Tuesdays & Thursdays, 10/8–10/17, 3–7 PM

"Today marked the end of a 21-week journey where I sacrificed family time and sleep. I worked full time and managed to go to school full time, and also managed to coach my daughter's soccer team. It was a struggle not only for myself but for my lovely, amazing wife and kids. My classmates all wondered how I was going to get it done, but I didn't give up knowing that in the long run my family would benefit. It's all on how bad you want it. I met some very important connections who I look forward to seeing in the future. Thank you Tony and Mimi Lively for the support you provided throughout this Cohort and to Jojo Gonzales at Kaiser for providing valuable information. To Dr. Jeffrey Smoot, Instructor: thank you very much for sharing your knowledge and experience and making the students have confidence to take the next step. That being said, one door closes and the next can't wait to be opened!"

– Jonathan Morales, Biomedical Equipment Technician Student –





♦ Veterinary Assistant Program

Become a veterinary assistant in just a few months! This 60-hour program will provide students with an overview and entry-level training. Learn basic animal care principles and techniques, safety procedures and state/federal guidelines.

Topics include:

- Basic anatomy and physiology
- Basic radiology
- Small animal breeds
- Animal nutrition
- Parasite control
- Record-keeping and veterinary office procedures
- Client relations and communications
- Veterinary medical terminology, hospital patient care and reception skills

Students will learn lab skills and surgical assisting appropriate to the veterinary assistant level. This class is entry level and specifically NOT veterinary technician training, which requires a two-year degree program.

Fee: \$990. GI Bill® and WIOA funding approved.

► Register for the **FREE information session now: Tuesday, 8/13 at 6 PM (details on page 35).**

Additional Fees: A \$15 lab fee will be collected at the time of registration with the tuition fee.

Supplies: Students will need to purchase the book, *Veterinary Assisting Fundamentals & Applications* by Beth Vanhorn & Robert Clark and *Animal Restraint for Veterinary Professionals* by C.C. Sheldon, James Topel and Teresa Sonstagen (available on amazon.com) PRIOR to the first class session.

Location: Technology Career Institute
2075 Las Palmas Drive, Carlsbad, Room 100

Time: 10 Saturdays, 9/21–12/21, 9 AM–4:30 PM
No class on 10/19, 11/2, 11/16 & 11/30.

Externship: We strongly recommended a minimum of 80 externship hours at the conclusion of the training (this is required for anyone receiving funding from an outside organization).



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Online Electronics/Robotics

MiraCosta Community Education & Workforce Development, in partnership with George Brown College, is proud to offer six interactive and highly innovative distance education programs that combine state-of-the-art lab simulation with award-winning curriculum. The program content is delivered on CD, DVD or USB drive and is supported through the online virtual campus.

Automation Technician

The AT program provides an introduction to industrial automation, including digital electronics, process control, and programming of PLCs, robotic and SCADA systems.

Fee: \$1,850

Or pay as you go (cost per module available at miracosta-gbc.com).

Electronics Technician

The ET program covers the fundamentals of electronics and prepares students for further on-the-job training as a consumer, commercial or industrial electronics service technician.

Fee: \$1,750

Or pay as you go: initial registration **\$430** and **\$60** for each of the remaining 22 modules.

Electromechanical Technician

The ET program is designed to provide students with a foundation in electromechanical technology, such as industrial maintenance, design and installation, technical services, technical sales and industrial research.

Fee: \$1,800

Or pay as you go: initial registration **\$430** and **\$60** for each of the remaining 23 modules.

Robotics Technician

An introduction to industrial robotics, this course explains how they are used in plants or manufacturing systems.

Fee: \$1,650

Or pay as you go: initial registration **\$570** and **\$90** for each of the remaining 12 modules.

Programmable Logic Controllers (PLC) Technician

The basic introduction to PLCs, this program is designed for people with little or no background in the area. Visit the website listed below for more information.

Fee: \$1,800

Or pay as you go: initial registration **\$450** and **\$75** for each of the remaining 18 modules.

Programmable Logic Controllers II (PLC) Technician

The PLC Technician II Certificate provides a more advanced study of PLCs, introducing tag-based addressing, DCS and SCADA systems.

Fee: \$1,800

Or pay as you go: initial registration **\$450** and **\$75** for each of the remaining 18 modules.

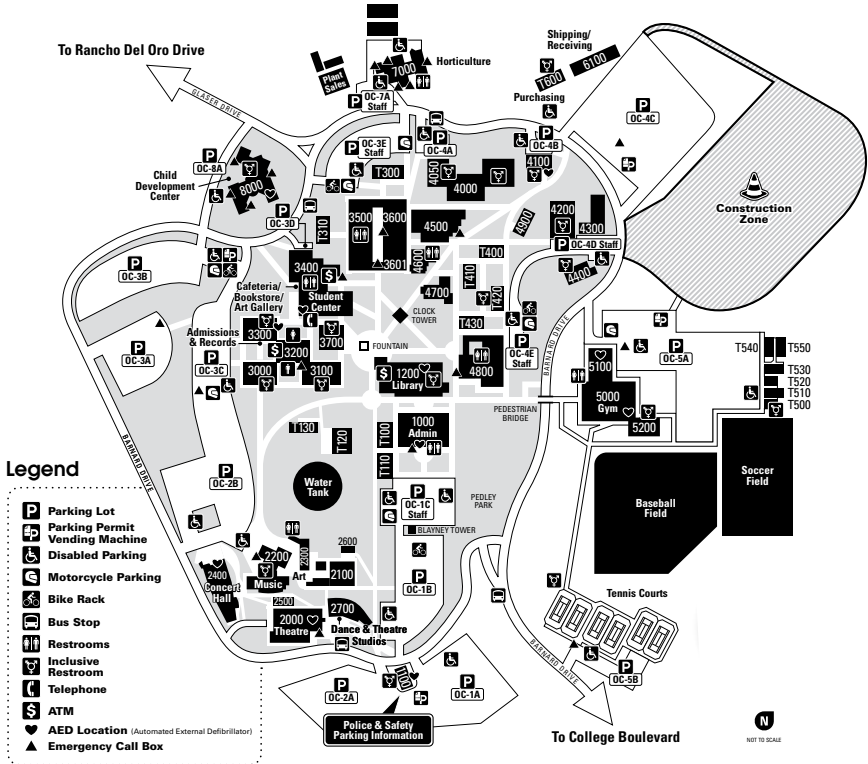


In partnership with George Brown College, MiraCosta Community Education & Workforce Development provides more information at miracosta-gbc.com or call 866.277.0881.

OCEANSIDE CAMPUS

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Directory

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Admissions & Records.....	3300	Drivers Education.....	T510	Printing Services.....	3400
Art.....	2100, 2200, 2300	English Language Institute.....	T510, T520	Proctoring Center.....	3300
Art Gallery.....	3400	Enrollment Information.....	3300	Purchasing.....	T600
Associate Faculty Office.....	4606	EOPS.....	3000	School Relations/Diversity Outreach.....	3400
Associated Students.....	3400	Facilities Department.....	4200	Service Learning.....	3300
Athletics.....	5200	Financial Aid/Scholarships.....	3000	Shipping/Receiving.....	6100
Automotive Technology.....	4000	Gymnasium.....	5000	Student Accounts/Cashier.....	3200
Biotechnology.....	4050	Health Services.....	3300	Student Center.....	3400
Bookstore.....	3400	Horticulture.....	7000	Student Life & Leadership.....	3400
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Counseling.....	3700	Music.....	2200, 2300	Wellness Center.....	4100
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Development & Foundation.....	1000	Parking Permits.....	1100		
Disabled Students Services.....	3000	President, Office of the.....	1000		

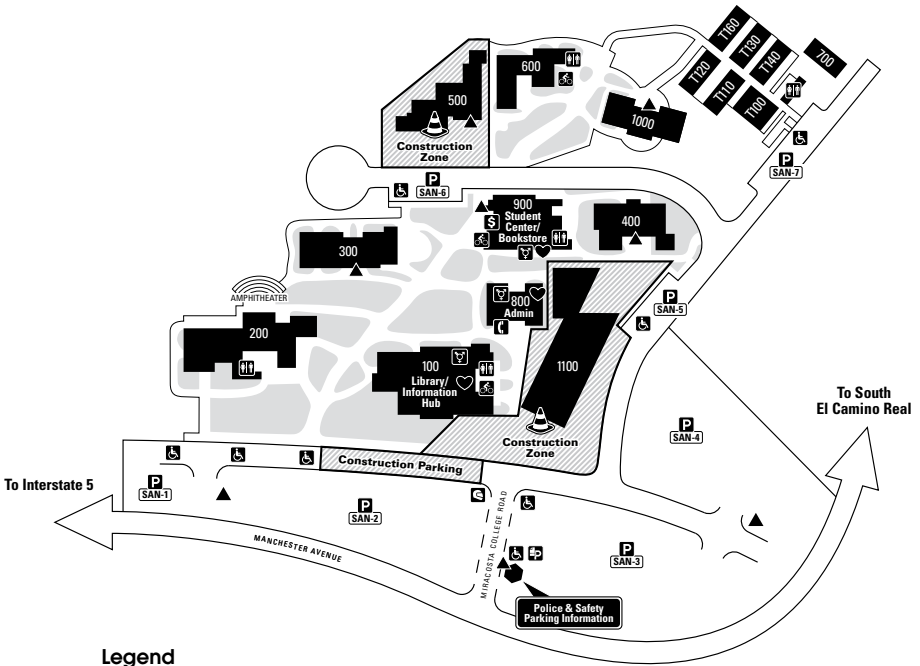


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Disabled Parking	Telephone
Motorcycle Parking	ATM
Bike Rack	
Restrooms	
Inclusive Restroom	

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Directory

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Classrooms
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Library
Math Learning Center
Testing
Tutoring
Writing Center

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Classrooms
Multipurpose Room

Building 300

Classrooms
Faculty Offices
Meeting Room

Building 400

Classrooms
Faculty Offices
Science Labs

Building 500

Classrooms
Faculty Offices
Language Lab

Building 600

Classrooms
Faculty Offices

Building 700

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Counseling
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Faculty Workroom
Instructional Services
Student Accounts/Cashier
Student Information

Building 900

Director of Student Services
Bookstore
Cafeteria
Health Services
Meeting Rooms
Student Life & Leadership

Building 1000

Science Labs



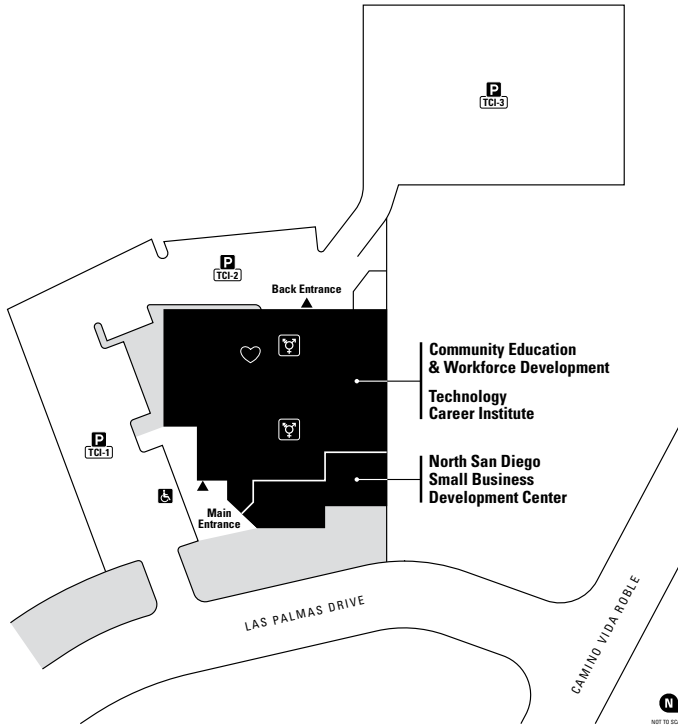
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Legend

- Parking Lot
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- AED Location (Automated External Defibrillator)
- Emergency Call Box

Rev. 0817

Directory

Community Education & Workforce Development
760.795.6820
miracosta.edu/community

Technology Career Institute
760.795.6820
tci.miracosta.edu

North San Diego Small Business Development Center
760.795.8740
sandiegosmallbiz.com



TECHNOLOGY CAREER INSTITUTE & NORTH SAN DIEGO SMALL BUSINESS DEVELOPMENT CENTER

Located off Palomar Airport Road between El Camino Real & I-5 in Carlsbad

CLASS LOCATION GUIDE

CCA	Canyon Crest Academy	5951 Village Center Loop Road	San Diego
CSC	Carlsbad Senior Center	799 Pine Avenue	Carlsbad
DMPC	Del Mar Powerhouse Community Center	1658 Coast Boulevard	Del Mar
DMSTDR	Del Mar Surf & Turf Driving Range	Jimmy Durante Boulevard	Del Mar
DMSG	Don Myers Stained Glass	1025 South Coast Highway	Oceanside
ECHS	El Camino High School	400 Rancho del Oro Drive	Oceanside
ERGC	Encinitas Ranch Golf Course	1275 Quail Gardens Drive	Encinitas
FC	Fletcher Cove Community Center	133 Pacific Avenue	Solana Beach
HHF	Hoof Haven Farms	4777 South Mission Road	Fallbrook
LCP	La Colonia Park	715 Valley Avenue	Solana Beach
LCCHS	La Costa Canyon High School	1 Maverick Way	Carlsbad
LRC	Landes Recreation Center	2855 Cedar Road	Oceanside
CLC	MiraCosta College, Community Learning Center	1831 Mission Avenue	Oceanside
OC	MiraCosta College, Oceanside Campus	1 Barnard Drive	Oceanside
SAN	MiraCosta College, San Elijo Campus	3333 Manchester Avenue	Cardiff
TCI	MiraCosta College, Technology Career Institute	2075 Las Palmas Drive	Carlsbad
OARC	Ocean Air Recreation Center	4770 Fairport Way	San Diego

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