



MIRACOSTA COLLEGE BULLETIN

COMMUNITY EDUCATION
SPRING | 2017

Art • Computers • Career & Work Skills Training

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Inspired.
Employed!

Children & Teens • Drivers Education • Enrichment • Excursions



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- MULTIPLE OPPORTUNITIES TO MEET WITH INDUSTRY
- JOB PLACEMENT ASSISTANCE



TECHNOLOGY
CAREER INSTITUTE

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COMMUNITY EDUCATION
& WORKFORCE DEVELOPMENT

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Workshops, Classes & Excursions

In this bulletin you will find a variety of enrichment and work skills courses. All of these courses are affordable, fee-based, not-for-credit offerings that are not supported by any state or local taxes. Your enrollment fees keep this program going.

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MiraCosta College is accredited by the Accrediting Commission for Community and Junior Colleges, Western Association of Schools and Colleges, 10 Commercial Blvd., Suite 204, Novato, CA 94949, 415.506.0234, an institutional accrediting body recognized by the Council for Higher Education Accreditation and the U.S. Department of Education. Additional information about accreditation, including the filing of complaints against member institutions, can be found at: www.accjc.org. The college is also approved by the California Department of Education for the training of veterans under the provisions of the G.I. Bill of Regulations.

REGISTRATION

HOW TO REGISTER

- 1 **Internet Registration**—Go to miracosta.augusoft.net to register online.
- 2 **By Phone: 760.795.6820**—Please have your Visa, MasterCard, or Discover card in hand and your registration information ready when you call.
- 3 **In Person**—Community Education & Workforce Development Office, MiraCosta College Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, CA 92011. **Hours: 9 AM–5 PM, Monday–Thursday and 9 AM–4 PM, Friday.**
- 4 **By Mail**—Complete the registration form on the next page using a separate form for each person. Forms may be duplicated. Visa, MasterCard, Discover card or check (payable to MiraCosta College) can be used to pay registration fees. If you would like a confirmation, enclose a self-addressed, stamped envelope. Mail checks and completed registration form(s) to: **Community Education & Workforce Development, MiraCosta College Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, CA 92011**

Remember to mark your calendar with class date, time and location. If you have included your email address on your registration form, you will receive an email confirmation of your enrollment.

PARKING INFORMATION

Parking permits are required at Oceanside, San Elijo and Community Learning Center (CLC) campuses of MiraCosta College Monday–Saturday. Students may park in any lot marked Student or spaces marked Student on all campuses. Please avoid any spaces or lots marked Staff. Parking permits may be purchased from parking permit vending machines as follows:

- **Oceanside Campus:** A day pass may be purchased for \$1. There are three parking permit vending machines located on the Oceanside Campus in Parking Lots 1A, 3C and 4C. In Parking Lot 4C, students may use debit and credit cards, one dollar bills and change (no pennies). In Parking Lots 3C and 1A, students may use one dollar bills and change (no pennies).
- **San Elijo Campus:** A day pass may be purchased for \$1. There is one parking permit vending machine located next to the College Police kiosk in the front of the campus. This machine takes one dollar bills and change (no pennies).
- **Community Learning Center:** A day pass may be purchased for 50 cents. There is one parking permit vending machine located at the front of the parking lot across from the main building entrance. This machine takes exact change (no pennies).
- **Technology Career Institute:** Parking permit is not required. Parking is free.

REFUND & TRANSFER POLICY

Check refunds may take 4–6 weeks to process:

Class/Workshop Refund Policy: Refunds will be made up to three business days prior to class start date. No refunds will be given once a class has started. A \$10 cancellation fee for regular classes and a \$25 cancellation fee for work skills certificate programs will be retained for each refund. A full refund will be given if a class is cancelled due to low enrollment. Unused attendance is not transferable to another class session.

Excursion Refund Policy: Refunds will be granted up to one week before the excursion only if the excursion is full and someone on the waiting list is available to take your place. There will be a \$25 cancellation fee if a replacement can be found.

Work Skills Refund Policy: Refunds will be made up to five or seven business days, depending on course, prior to class start date. A \$25 cancellation fee for business or work skills certificate programs will be retained for each refund. A full refund will be given if a class is cancelled due to low enrollment. Unused attendance is not transferable to another class session.

Class/Workshop Transfer Policy: Transfers will be approved up to three business days prior to the class start date. Students must receive a verbal approval from Community Education before transfer is complete.

For more information, email us at: commservices@miracosta.edu



COMMUNITY EDUCATION & WORKFORCE DEVELOPMENT

Job Training, Workshops, Classes & Excursions

All of these courses are affordable, fee-based, not-for-credit offerings.

REGISTRATION FORM SPRING 20 SUMMER 20 FALL 20

MAIL TO:
Community Education & Workforce Development

**MiraCosta College
Technology Career Institute
2075 Las Palmas Drive
Carlsbad, CA 92011**

YOU WILL RECEIVE AN EMAIL CONFIRMING YOUR ENROLLMENT.

Have questions? Call 760.795.6820
Parking permits are required on some campuses—see page 4.

Last ()	First ()	Middle Initial
Phone, Day	Evening	
Mailing Address		
City	Zip Code	
Email Address	Date of Birth	

Please list the courses you wish to attend:

Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
			Total \$

Register by phone or online at miracosta.augusoft.net

24 hours a day with your credit card (or complete the following if applicable):

VISA MASTERCARD DISCOVER CARD

Card Number	Expiration Date
Signature of Cardholder	

Stained Glass for Beginners

Just in time for Easter, create your own beautiful stained-glass art pieces and windows! Learn the art of stained glass from a master cutter, right in his stained-glass studio! In this comprehensive workshop, you will learn the basics of design and assembly, as well as the use of the tools needed to develop beautiful stained-glass artwork. By the end of the workshop, you will have created one to three projects suitable for display or sale (depending on your speed and ability).

Fee: \$104. Early Bird Special \$95 (Register BEFORE 2/27 for this rate)

Supplies: \$40 per-project material fee for glass, solder, lead and copper will be collected in class. On-site sales of tools available. Bring snacks.

Instructor: Don Myers

Location: Don Myers Stained Glass
1025 S. Coast Highway, Oceanside

Time: 3 Saturdays, 3/4–3/18, 11 AM–2 PM



NEW Mosaic Mendala

All levels are welcome.

In this fun and relaxed class, we will study images of the Mendala for inspiration, before each student creates their own flat, circular mosaic piece suitable for the garden or home. More advanced students may choose to do their own project with individual guidance from the instructor and class participation. Whether you are new to this art form or simply want to share studio time with others, all are welcome!

Fee: \$129. Early Bird Special \$119 (Register BEFORE 1/27 for this rate)

Supplies: \$50 material fee will be collected in class. Students may choose to purchase additional materials and/or their own tools for home use.

Instructor: Cathy Sparks

Location: San Elijo Campus, Room 206

Time: 7 Thursdays, 2/2–3/16, 6–9 PM



NEW Mosaic Table Top

All levels are welcome.

In this fun, relaxed class, we will study images of mosaic table tops and glass-on-glass mosaic for inspiration, before each student creates their own mosaic table top suitable for the patio or the home. More advanced students may choose to do their own project with individual guidance from the instructor and class participation. Whether you are new to this art form or simply want to share studio time with others, all are welcome!

Fee: \$129. Early Bird Special \$119 (Register BEFORE 3/23 for this rate)

Supplies: \$50 material fee will be collected in class. Students may choose to purchase additional materials and/or their own tools for home use.

Instructor: Cathy Sparks

Location: San Elijo Campus, Room 206

Time: 7 Thursdays, 3/30–5/11, 6–9 PM

NEW Clay for All

An all-inclusive course for the beginner as well as for those who think they know it all. Hand-building, wheel throwing, glaze firing and even RAKU. Don't miss out. Lots of fun and a social environment to be creative.

Fee: \$179

Supplies: \$55 material fee will be collected in class. Students may choose to purchase additional materials and/or their own tools for home use.

Instructor: Mike McClure

Location: San Dieguito High School Academy, Room 38

Time Options:

8 Tuesdays, 1/31–3/21, 6:30–9 PM

8 Thursdays, 2/2–3/30, 6:30–9 PM
No class on 2/9.

8 Tuesdays, 3/28–5/16, 6:30–9 PM

8 Thursdays, 4/6–5/25, 6:30–9 PM



SPRING & FALL ONLY
Take this opportunity and register now!

Knitting Basics and Beyond

All levels are welcome.

Learn the timeless art of knitting and unlock your creativity in this no-stress class ideal for beginners and experienced knitters alike. Though the foundation of knitting is knits and purls, we will also explore other elements of this fiber art, including color work, fixing mistakes, pattern customization, and many tips and techniques. Taught by a certified knitting instructor, each session will be divided into two parts. Part one will explore the topic of the day through lecture and hands-on practice. During part two, knitters will have time to work on their own projects, consult with the instructor on specific issues, and share in the relaxing experience of knitting as a part of a community.

Fee: \$139. Early Bird Special \$129 (Register BEFORE 3/7 for this rate)

Supplies: \$3 material fee will be collected in class for lesson handouts. A materials list will be sent prior to the start of class.

Instructor: Karen des Jardins

Location: San Elijo Campus, Room 406

Time: 6 Mondays (every other Monday)
3/13–5/22, 6–8:30 PM

NEW Draping, Drafting & Fitting for Garments Design

All levels are welcome.

The art of fashion draping is the manipulation of fabric on three dimensional form by a designer to obtain perfect fit and harmony between the fabric, design of the garment, and the silhouette of the model. The draping method allows for more inspiration and indicates the flow and performance of the fabric. The designer will easily see the proportion, balance, and style lines of a design as it will look on the body or dress form, and allow for corrections as needed. This class will teach techniques of fabric draping, pattern drafting, cutting and sewing. The instructor will do demonstrations from 9:30 AM–12:30 PM, followed by a short lunch break, then hands-on lab until 2:30 PM.

Fee: \$110. Early Bird Special \$95 (Register BEFORE 3/3 for this rate)

Supplies: Sewing machines are not required. Bring a sack lunch. A materials list will be sent prior to the start of class.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4529

Time: 4 Saturdays, 3/11–4/8, 9:30 AM–2:30 PM
No class on 3/25.

Pattern Making & Sewing

All levels are welcome.

Make your perfect-fitting patterns for bodice, sleeves, skirt and pants! You will make test garments using cotton muslin fabric and make adjustments as needed in order to get to a final well fitted master pattern to use for all future garment design. Learn a step-by-step art of taking measurements, pattern drafting, grading and sewing of the test garments by hand and also using the sewing machine. Enjoy learning how to design to showcase your unique beautiful body shape. The instructor will do demonstrations from 9:30 AM–12:30 PM, followed by a short lunch break, then hands-on lab until 2:30 PM.



Fee: \$110. Early Bird Special \$95 (Register BEFORE 1/27 for this rate)

Supplies: Limited sewing machines available. Sewing machines are not required. Bring a sack lunch. A materials list will be sent prior to the start of class.

Instructor: Angela Fesi-Pouliot

Location: Landes Recreation Center, 2855 Cedar Road Oceanside

Time: 4 Saturdays, 2/4–3/4, 9:30 AM–2:30 PM
No class on 2/18.

Dressmaking

All levels are welcome.

Learn the art of dressmaking from an Italian dressmaker with over 40 years of experience. Use your talents for the construction of garments that are easy to make and fun to wear. The instructor will teach you how to take measurements, use commercial patterns, choose the right size, adjust the pattern, cut, mark, sew, press and finish the garments. Come and build skills that you can use for years to come and pass it to the next generation. The instructor will do demonstrations from 9:30 AM–12:30 PM, followed by a short lunch break, then hands-on lab until 2:30 PM.

Fee: \$110. Early Bird Special \$95 (Register BEFORE 4/14 for this rate)

Supplies: Sewing machines are not required. Bring a sack lunch. A materials list will be sent prior to the start of class.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4529

Time: 4 Saturdays, 4/22–5/20, 9:30 AM–2:30 PM
No class on 5/6.

Drawing Animals

All experience levels welcome, especially the enthusiastic beginner!

Explore five methods of gaining accurate proportions—the fundamental skill of all realistic drawing. In this lesson set, we will focus on drawing animals, from portrait head studies to full-length animals in their environment. Learn techniques to render eyes, fur and feathers using pencil media, watercolor pencils, pen and ink. Working from photos, lessons will include freehand methods and the artistic use of tools, such as grids and proportional dividers.

Fee: \$96

Supplies: \$3 material fee will be collected in class. A materials list will be sent prior to the start of class.

Instructor: Drew Bandish, artist

Location: San Elijo Campus, Room 206

Time: 5 Saturdays, 2/4–3/11, 9 AM–12:30 PM
No class on 2/18.

Watercolor—An Elemental Approach

All experience levels welcome, especially the enthusiastic beginner!

Do you find inspiration in representational subjects (trees, rocks, water, sky, people, animals, buildings, flowers, shadows, colors, etc.) but confusion in how to paint them? Learn an elemental approach to artfully depict representational subjects in watercolor. Developing control of shape, color, value & texture in watercolor media is what this course is all about. Join like-minded adults and a dedicated instructor as we explore the process of creative picture making through lessons designed to develop proficiency with watercolor. Establish effective working procedures, mix and match colors you see (or want to see), master three textures, explore four methods of paint to paper, attend to three attributes of effective shapes, then apply these design, drawing and technical tips to your own creative watercolor interpretations of any subject - from photos and imagination.

Fee: \$154

Supplies: \$3 material fee will be collected in class. A materials list will be sent prior to the start of class.

Instructor: Drew Bandish, artist

Location: San Elijo Campus, Room 206

Time: 8 Saturdays, 3/18–5/20, 9 AM–12:30 PM
No class on 4/15 & 4/22.

Watercolor and More—Mature Adult

Would you like to paint with confidence by learning extremely easy and fun techniques to achieve quality results? Are you looking for a way to reduce stress, and have a relaxing and creative experience in a supportive group? Then this is the class for YOU! Fun for any level of experience. We also integrate many other materials for amazing results. All levels of skill are welcome, even first timers. You will be delighted with your successful paintings!

Fee: \$70

Instructor: Denise McMurtrie

Location: La Colonia Park, Recreation Room

Time Options:

7 Tuesdays, 2/21–4/4, 1:30–3:30 PM

7 Tuesdays, 4/11–5/23, 1:30–3:30 PM

Painting at the Beach

This class is for all-level painters, beginner to advance. Class includes discussion, demonstrations and instruction. Topics covered include color mixing, brushstroke technique, values, perspective, and composition. Each class ends with a critique that helps students evaluate what works and what needs improvement in their paintings. Paint in a friendly, nurturing atmosphere while enjoying the ocean view from the windows. Paint outside if you like!

Fee: \$188

Supplies: A materials list will be sent prior to the start of class.

Instructor: Linda Goldstein

Location: Fletcher Cove, Community Center

Time Options:

7 Wednesdays, 2/1–3/15, 9 AM–12 PM

7 Wednesdays, 4/5–5/17, 9 AM–12 PM



Oil Painting

Unlock painterly self-expression. This class is for new or experienced students who have good drawing skills. The class emphasis changes each semester, so there is continual learning of new skills. The goal is to better understand value, shape and color, and how to use them to create a harmonious painting. There will be a mix of painting with the class on a project and working independently. By the end of this course, you will have some finished paintings to proudly display in your home! You will build the foundation you need to create great works of art.

Note: Must have previous experience in drawing or strong drawing skills.

Fee: \$99. Early Bird Special \$90 (Register BEFORE 1/31 for this rate)

Supplies: \$4 material fee will be collected in class. A materials list will be sent prior to the start of class.

Instructor: Anne von Benckendorff, artist

Location: San Elijo Campus, Room 205

Time: 5 Saturdays, 2/4–3/11, 9 AM–12 PM
No class on 2/18.



Painting in Oil & Acrylics

This is the perfect class for beginner to advanced painters. New students, as well as seasoned painters will benefit from discussion and demonstrations about supplies, color mixing, composition, values, and techniques including brushstroke, dry brush, glazing and more.

Fee: \$210. Early Bird Special \$199 (Register BEFORE 1/27, class start date 2/2. And BEFORE 3/17, class start date 3/25 for this rate)

Supplies: A materials list will be sent prior to the start of class.

Instructor: Judy Sayer

Offered at 2 locations for your convenience

Location: La Colonia Park, Recreation Room

Time: 8 Thursdays, 2/2–3/23, 10 AM–1 PM

Location: San Elijo Campus, Room 205

Time: 8 Saturdays, 3/25–5/20, 9 AM–12 PM

No class on 4/15.




QUALIFIED INSTRUCTORS WANTED!

Community Education & Workforce Development is looking for qualified individuals to teach creative new classes.

Submit a course proposal along with your resume.

Visit our website at miracosta.edu/community to download and complete a course proposal form.



Acting—Lights, Action & Sound

Monty Silverstone, father of Alicia Silverstone ("Clueless", etc.) will teach budding and experienced actors monologues, scene study, cold reading and improvisation. Not only will you have fun, you might even be discovered. Class size limited. Book now.

Fee: \$159. Early Bird Special \$149 (Register BEFORE 2/10 for this rate)

Supplies: \$18 material fee will be collected in class.

Instructor: Monty Silverstone

Location: Fletcher Cove, Community Room

Time: 6 Wednesdays, 2/22-3/29, 1:30-4:30 PM

Coastal Communities Concert Band

Under the direction of Tom Cole, the 75-piece Coastal Communities Concert Band rehearses every Monday night at Oak Crest Middle School from 7-9:30 pm. Membership is based on experience and needed instrumentation. Because most sections are full, please call the personnel director at 760.436.0783 to learn about joining. If your section is full, you may be put on a waiting list until a vacancy occurs. Our next performances will be our 34th Anniversary Concert on February 26, and our Salute to Young Musicians Concert on April 30. For further information, please visit our website: www.cccb.com.

Fee: \$75

Instructor: Tom Cole

Location: Oak Crest Middle School, Crest Hall

Time: Mondays, 1/2-5/22, 7-9:30 PM



Beginning Guitar

If you know little-to-nothing about the guitar, this is the place for you. This course covers guitar techniques, chords, strumming and some notation/theory. By the end of this course you will have an understanding of chord structure and beginning strumming techniques! Most of the songs learned will be by the Beatles. Book not required. Instructor will have some handouts. No experience necessary.

Fee: \$89. Early Bird Special \$79 (Register BEFORE 2/23 for this rate)

Supplies: \$3 material fee will be collected in class.

Instructor: Tony Lasley

Location: San Dieguito High School Academy Performing Arts Center (Music Room)

Time: 8 Thursdays, 3/2-4/20, 6:30-7:30 PM



Beginning Ukulele

Do you have a ukulele sitting in your house waiting to be played? Why not pick up a ukulele, jam on the beach with friends and show off what you will learn from this class! This ukulele class is open to all who are beginners and those who continue to play the ukulele, but are not quite on the intermediate level yet. We will cover music theory basics, basic chord progressions, basic chords and strumming patterns and possibly a little bit of finger-style picking. You will learn how to sing and play the ukulele at the same time to some traditional and contemporary Hawaiian and English songs. If you enjoy playing the ukulele for fun or just want to learn more than what you already know, sign up for this 8-week course! You'll be glad you did!

Fee: \$79

Supplies: \$10 material fee will be collected in class. Please bring your own ukulele, tuner, 3-ring binder, notebook and pencil to class.

Instructor: Zenia Panao

Location: San Elijo Campus, Room 201

Time: 8 Tuesdays, 3/28-5/16, 6:30-8 PM



Getting Started with Your dSLR

In this workshop, you will learn how to set up your camera to optimize the quality of your photographs right off the bat. We will cover the all-important topics of white balance and ISO to be able to shoot under difficult conditions. And of course, learn about all of the little icons on your shooting dial. You'll be able to take pictures right away!

Fee: \$39

Supplies: \$3 material fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Offered at 2 locations for your convenience

Location: Oceanside Campus, Room 3511

Time: 1 Wednesday, 3/1, 6:30-8:30 PM

Location: San Elijo Campus, Room 306

Time: 1 Wednesday, 5/3, 6:30-8:30 PM

From Good to Great Photos: Understanding Aperture & Shutter Speed

Even if you didn't realize it, this is probably why you bought your dSLR in the first place! These concepts can be daunting to understand on your own. But once you master these aspects of photography, it's what's going to separate your pictures from the rest. We will also take a look at some of the pictures you took after your first session for constructive commentary. After this class, you'll be able to practice depth-of-field and capture motion and time.

Fee: \$39

Supplies: \$3 material fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Offered at 2 locations for your convenience

Location: Oceanside Campus, Room 3511

Time: 1 Wednesday, 3/8, 6:30-8:30 PM

Location: San Elijo Campus, Room 306

Time: 1 Wednesday, 5/10, 6:30-8:30 PM

NEW Art of Photography

This class will allow you to push your creative envelope and explore the artistic aspects of photography. You will be examining and improving upon your use of composition, color, contrast, lighting, textures, and abstract imaging. Each class will include a brief lecture about technique, but most of the time will be spent on critiques of each week's assignments. You should already be familiar with all features of your camera. This class is not for beginning photographers. Digital cameras with manual settings or digital SLRs highly recommended. Contact instructor for more information.

Fee: \$89. Early Bird Special \$80 (Register BEFORE 2/10 for this rate)

Instructor: Steve Gebler

Location: San Dieguito High School Academy, Room 72

Time: 5 Thursdays, 2/23-3/23, 6:30 PM-8:30 PM

Digital SLR Photography Series



This introductory digital SLR photography series can be taken as individual courses for \$39, or together for only \$99!

The photography topics are interrelated and affect one another, so we recommend you take all three (Getting Started with dSLR, Aperture & Shutter Speed, and Making Shooting Perfect Pictures Easy) to get a complete understanding of the camera and picture taking.

Making Shooting Perfect Pictures Easy

To get great pictures, we will cover strategies and basic lighting. These two topics will improve your photographs tenfold, no matter what camera you use. To make getting that perfect shot easy, we will cover these tools in your camera: lens focal length, exposure compensation, bracketing, auto-focus points, and flash. You will be surprised how being so advanced can be so easy!

Fee: \$39

Supplies: \$3 material fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Offered at 2 locations for your convenience

Location: Oceanside Campus, Room 3511

Time: 1 Wednesday 3/15, 6:30-8:30 PM

Location: San Elijo Campus, Room 306

Time: 1 Wednesday, 5/17, 6:30-8:30 PM



**MIRACOSTA
COMMUNITY EDUCATION**

MiraCosta Community Education classes, trips and programs make GREAT gifts for the hard-to-shop-for friend and/or loved one.

Call 760.795.6820 to get your gift certificate for a specific class or let them choose their own.

CAREER & WORK SKILLS TRAINING

HOW TO APPLY

To apply, students should complete an interest form and our application at tinyurl.com/TCIinterest, and submit one picture ID. For our longer programs and/or outside funding sources, there may be additional forms and documents that are required.

Our programs under 50 hours will typically accept students ages 15 years or older. Please contact our office at 760.757.2121 x6346 prior to applying.

CERTIFICATE INFORMATION

For any program over 50 hours, students will have the opportunity to earn a certificate of accomplishment. If you are enrolled and successfully complete a program under 50 hours, we can issue a certificate for \$15.

— Tours at TCI on Fridays at 9 AM | Email us at tcim@miracosta.edu —

FREE INFORMATION SESSIONS

Advanced Manufacturing & Engineering

- Thursday, January 19 at 6 PM (informational only)
 - Wednesday, March 1 at 6 PM (testing and interviews are on Wednesday, March 8 at 6 PM)
 - Tuesday, April 4 at 9 AM (testing and interviews are immediately following the information session)
- Technology Career Institute, 2075 Las Palmas Drive, Carlsbad

Aviation

Thursday, February 9 at 5:30 PM
Technology Career Institute, 2075 Las Palmas Drive, Carlsbad

Phlebotomy Technician

Tuesday, February 7 at 5:30 PM
Technology Career Institute, 2075 Las Palmas Drive, Carlsbad

Note: Mandatory math and reading comprehension assessments will be given right after information session, at 6:30 PM.

Solar Photovoltaic Associate

Tuesday, January 31 at 5 PM
Landes Recreation Center, 2855 Cedar Road, Oceanside

Veterinary Assistant

Tuesday, January 17 at 6 PM
Oceanside Campus, Room 7001

Note: Mandatory math and reading comprehension assessments will be given right after information session, at 7 PM.

Welding

Tuesday, January 10 at 5 PM
Landes Recreation Center, 2855 Cedar Road, Oceanside

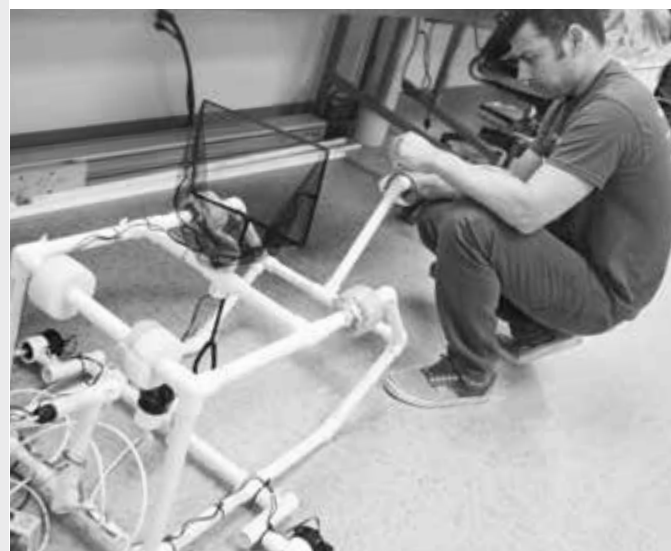
Online Medical

Wednesday, February 1 at 6 PM
Technology Career Institute, 2075 Las Palmas Drive, Carlsbad

Note: If you have a verifiable disability, you will need to call us at least one week prior to the assessment so that we will have time to make the proper accommodations for you.

CAREER & WORK SKILLS

- | | |
|--|--|
| <p>12 Free Information Sessions</p> <p>14 Additive Manufacturing Certificate
Blueprint Reading with GD&T
Composite Materials
Digital Precision Measuring
SolidWorks®
Introduction to Reverse Engineering</p> <p>16 Advanced Manufacturing Leadership Certificate
Blueprint Reading with GD&T
Lean Manufacturing I & II
Manufacturing Fundamentals
OSHA-30
Quality Assurance Basics for Manufacturing
Human Resources Certificate Program</p> <p>18 CNC Programing Certificate
AutoCAD for Manufacturing
Blueprint Reading with GD&T
Digital Precision Measuring
Introduction & Intermediate CNC Programming</p> <p>19 Electronics Certificate
Basic Electronics
Introduction to Electromechanics
Electronic Assembly
OSHA-10
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MiraCosta College's Technology Career Institute is an equal opportunity employer (EOE). Auxiliary aids and services are available upon request to individuals with disabilities. This project received \$2,749,419.44 (45% of its total cost) from a grant awarded under the TAACCCT grant as implemented by the U.S. Department of Labor's Employment and Training Administration.

Additive Manufacturing Certificate

Classes are offered individually, or can be taken in certificate format.

Take all classes for \$950 \$300*

Blueprint Reading with GD&T

This hands-on class helps students with blueprint reading and GD&T. Students learn to read and correctly interpret blueprints used in the manufacturing trades. They will get an opportunity to draw and edit simple blueprints through step-by-step development of multi-view drawings. In addition, students will learn the basics of geometric dimensioning and tolerancing (GD&T). This course is the perfect introduction to GD&T, symbols, applications and methods of inspection.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 1/23–3/13
5–7:30 PM. *No class on 2/20.*

Composite Materials

This 15-hour workshop is a brief introduction to composite materials. Students will learn about core materials, fabrics, epoxy and adhesives, plastics, metals, ceramics, carbon fiber, etc. Students will also learn about patterns, moulds, tooling, and supplies needed to create prototypes.

Fee: \$90 Admin Fee: \$30*

Location: Technology Career Institute

Time: 5 Mondays, 3/27–4/24, 6–9 PM

Digital Precision Measuring

Using a Portable CMM

This is an introduction to metrology using a portable CMM and Verisurf CAD software. Students will learn the basics of inspection, measurement, analysis, and reverse engineering. This course is for individuals working within the advanced manufacturing environment.

Fee: \$199 Admin Fee: \$50*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 3/28–4/20
5:30–8:30 PM

Beginning SolidWorks® for 3D Printing

Learn how to use SolidWorks® mechanical design software to build models of parts, assemblies, and drawings. This 30-hour course will also cover design intent, how to modify previously created features, model interrogation and troubleshooting. The class will demonstrate how to export CAD data for 3D printing, machining, and 2D drawing generation in a variety of formats.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: 10 Tuesdays, 1/17–3/21, 6–9 PM



Intermediate SolidWorks® Topics for Prototyping

Once you know the basics of SolidWorks®, take your CAD skills to the next level with this 30-hour intermediate SolidWorks® class geared toward designing for prototyping. This class will expand the student's knowledge relating to surface model creation, discuss the prototyping options available and the benefits of each option, and what to take into account when designing for prototype creation. The student will take away an in-depth knowledge of prototype options and intermediate modeling tools to create more complex products.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: 10 Tuesdays, 3/28–5/30, 6–9 PM



INTERMEDIATE TRAINING FOR INCREASING SKILLS & ABILITIES

Additive Mfg Certificate Continued

Advanced Topics in SolidWorks®

SolidWorks® is used throughout the advanced manufacturing and engineering industries. This CAD program has multiple advanced features, which will be covered throughout this course. The topics are focused toward students with prior exposure to CAD modeling, so please make sure you have working experience with parts, assemblies, and drawings. The following areas will be covered: multibody solids, modeling advanced shapes, advanced surfaces, and advanced shaping capabilities.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: Offered again Summer 2017



Introduction to Reverse Engineering

As 3D printers become more common, scanners and the associated software also become more commonly used within the manufacturing and engineering industries. This 20-hour course introduces students to reverse engineering through handheld scanners, the software used to recreate an object, and the process of evaluating and potentially redesigning the reproduced object. We encourage students to have some CAD programming experience prior to enrolling.

Fee: \$99 Admin Fee: \$30*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 4/25–5/18
5:30–8 PM

FACT



Advanced manufacturing, health care, and information and communication technologies make up **50%** of San Diego's job postings and are expected to grow 10% over the next five years.

Provided by
SAN DIEGO
WORKFORCE
PARTNERSHIP®

QUALIFIED EMPLOYEE TRAINERS WANTED!

Community Education & Workforce Development is looking for qualified individuals who are both industry experts **AND** natural instructors. If you have experience teaching more than 10 students at a time, love your field of expertise and want to share while doing hands-on projects, contact us at tci@miracosta.edu.

Submit your resume, along with a short proposed class description. We look forward to hearing from you!



*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

Advanced Manufacturing Leadership Certificate

Classes are offered individually, or can be taken in certificate format.
Take all classes for \$1,425 \$900*

Blueprint Reading with GD&T

Please see description on page 14.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 1/23–3/13
 5–7:30 PM. *No class on 2/20.*

Lean Manufacturing I

Lean manufacturing is the systematic method for eliminating waste within a manufacturing system. This initial course will consist of 5S, 8 wastes, deep observation, value stream mapping, A3 one page corrective action reports, and Kaizen events. This course provides practical application of LEAN tools that anyone can use to identify and minimize waste in their own area of control.

Fee: \$150 Admin Fee: \$50 each*

Location: Technology Career Institute

Time Options:

Saturday & Sunday, 1/28 & 1/29, 9 AM–4 PM

Saturday & Sunday, 3/25–3/26, 9 AM–4 PM

Lean Manufacturing II

This second-level course will consist of a refresher of LEAN I and practical applications of standard work, takt time, balancing work. In addition, there will be an overview of error proofing, job instruction, improving job methods, and building a LEAN team. This course is appropriate for supervisors, team leads and managers who are interested in implementing change within their work environment.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: Saturday & Sunday, 5/20 & 5/21, 9 AM–4 PM



Manufacturing Fundamentals

Do you already have experience as a supervisor or manager? Are you looking to get into the advanced manufacturing industry because you've heard about the need for qualified personnel to replace the retiring baby boomers? This course covers the basic skills required to work in the manufacturing field.

- Learn about the manufacturing industry around San Diego County
- Discover the role of different manufacturing processes, as well as the importance of safety, lean, QC, and the supply chain
- Receive an overview of industry organizations, certifications, and state regulations
- Get hands-on exposure to different metals, tools, manual mills and lathes, CNC operations and programming

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: 5 Saturdays, 2/4–3/11, 8:30 AM–3 PM
No class on 2/18.

FACT

Our core advanced manufacturing and engineering programs have a **92% employment rate**. Our students have been hired at: **Accutek, C&H Machine, Callaway Golf, Fluid Components, Hunter Industries, IOS Technologies, Means Engineering, SouthWest Greene, TE Connectivity, and ViaSat to name a few.**

Advanced Mfg Leadership Certificate Continued

OSHA-30

The OSHA-30 hour general industry outreach training course is a comprehensive safety training program designed for anyone

involved in general industry. The course provides extensive information on OSHA compliance, safety and health hazards in the workplace, employer responsibilities, worker rights, and hazard recognition, avoidance, abatement, and prevention. Successful completion of this course results in a Department of Labor 30-hour OSHA General Industry safety card that is federally recognized in all 50 states and doesn't expire.

Fee: \$250

Admin Fee: \$75 + Certification Fee: \$80*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 2/28–3/23
 5:30–9:30 PM

HIRE OUR
 SKILLFULLY
 TRAINED
 GRADUATES



Quality Assurance Basics for Manufacturing

This 15-hour workshop provides students with an overview of quality assurance concepts within the manufacturing industry. Course topics include:

- Safety standards
- Manufacturing process
- Monitoring, inspecting, and testing products
- Tools
- Documentation
- Regulations and certifications
- Common gaps and potential areas of weakness

Fee: \$75 Admin Fee: \$30*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 5/1–5/17
 5:30–8 PM

Human Resources Certificate Program

Our HR Certificate Program is appropriate for individuals who are not yet HR professionals and for HR veterans who wish to update their skills. This program was developed to enable participants to complete their studies in just three days. This program has been approved for 23 general recertification credit hours toward PHR, SPHR and GPHR recertification through the Human Resource Certification Institute (HRCI). All content is designed to address core HR competencies:

- History and role of human resources in today's workplace
- Creating and administering an effective HR department
- Compensation, benefits and retirement programs
- Staffing (recruiting & retention) strategies
- Employment law & compliance hot topics
- Effective employee relations and termination

Fee: \$98/class. Early Bird Special \$530 when you register for all six sessions (Register BEFORE 2/24 for this rate).

Instructor: Nadia Ardebili

Location: Technology Career Institute
 2075 Las Palmas Drive, Carlsbad

Time: 3 Fridays, 3/3–3/17, 8:30 AM–12:30 PM and 1:30–5:30 PM



*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

CNC Programming Certificate

Classes are offered individually, or can be taken in certificate format.

Take all classes for \$710 \$225*

Note: Student must complete an advanced project.

AutoCAD for Manufacturing

In this 15-hour introductory course, students will be introduced to Autodesk Inventor, a 3D mechanical design software. This program allows students to move from 2D to 3D images. In this course, students will also learn how to transform their CAD drawing to a usable CAM image.

Fee: \$75 Admin Fee: \$30*

Location: Technology Career Institute

Time: 5 Thursdays, 2/23–3/23, 6–9 PM

Blueprint Reading with GD&T

Please see description on page 14.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 1/23–3/13
5–7:30 PM. *No class on 2/20.*

Digital Precision Measuring

Using a Portable CMM

Please see description on page 14.

Fee: \$199 Admin Fee: \$50*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 3/28–4/20
5:30–8:30 PM

**Tuition is FREE through the DOL funded America's Promise Grant.*

Note: The listed administrative fees will be collected upon registration.

Introduction to CNC Programming

Using MasterCam Mill

In this 30-hour introductory course, students learn how to design basic CNC programs for a three-axis CNC milling machine. Students will be instructed on G&M codes, boolean logic, and machine and control definitions. In addition, the class will cover basic aspects of post configuration, variable definitions, formatting, post lines, post text, modality, and control definitions.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 2/27–3/29, 6–9 PM

Intermediate CNC Programming

Using MasterCam Mill

MasterCam is the most widely used CAM software in the industry, and this intermediate, 30-hour course will provide students with trade-specific tips and tricks, whether they are within the production or the programming department. This course will teach additional topics for more intricate programs and designs. HAAS simulators will be used to test run the programs.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 4/10–5/10, 6–9 PM



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OUR WEBSITE**
tci.miracosta.edu



Connect with us

Electronics Certificate

Classes are offered individually, or can be taken in certificate format.

Take all classes for \$5,000 \$575*

Basic Electronics

This introductory, 54-hour course teaches students the basics of electronic technology. Students experiment with direct current, series-parallel circuits and transistors/semiconductors. Additional topics include:

- Study of Ohm's law, Watt's law
- Use of electronic components
- Basic soldering
- Oscilloscopes
- Digital volt meters
- Bread-boarding electronic circuits
- Basic computer troubleshooting
- Basic AC circuitry

Fee: \$1,450 Admin Fee: \$125*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 2/27–4/26, 6–8:30 PM

Introduction to Electromechanics

Electromechanical technicians combine knowledge of mechanical technology with knowledge of electrical and electronic circuits. They install, troubleshoot, repair, and upgrade electronic and computer-controlled mechanical systems. In this 60-hour course, students will learn about mechanical systems; solder small electrical boards; build, program and operate a 3D printer; troubleshoot a copier; and more.

Fee: \$1,650 Admin Fee: \$125*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 2/28–5/4, 6–9 PM



Electronic Assembly

This course provides the necessary training to become an electronic assembler at an advanced manufacturing company. Students will learn:

- Soldering through-hole and surface mount single lead/multi-lead components
- Soldering multi-pin IC chips
- Measuring and cutting wire
- Trimming insulation, crimping, connectorizing, molding and insulating connector ends
- Wrapping, bundling, shielding, insulating and security cable harnesses
- Mounting modules, components, connectors, cables, and harnesses into chassis

Students will work toward IPC certification. In addition, students will learn the role of production in the manufacturing system and how certain skill sets such as reading and analyzing acceptance criteria, testing, documentation, and soldering are integral to the job.

Fee: \$1,000

Admin Fee: \$150 + Certifications Fee: \$70*

If you are between the ages of 16–24, contact Kristin at 760.795.6876 to find out if you qualify for the Transitional Youth Academy grant.

Location: Technology Career Institute

Tentative Time: 14 Sundays, 2/5–5/21, 9 AM–2 PM
No class on 2/19 or 4/16.

OSHA-10

This is a standard OSHA-10 safety course.

Fee: \$95

Admin Fee: \$10 each + Certification Fee: \$80 each*

Location: Technology Career Institute

Time: 2 Saturdays, 1/21 & 1/28, 9 AM–3 PM

Location: Landes Recreation Center

Time: Tuesdays & Thursdays, 2/14–2/23, 5–7:30 PM

Quality Assurance Basics for Manufacturing

Please see description on page 17.

Fee: \$75 Admin Fee: \$30*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 5/1–5/17
5:30–8 PM

Engineering Technician Certificate

Whether you want to work in electronics, aerospace, biotechnology, or breweries, this program can provide with you the necessary training!

Engineering technology integrates theory and application in mechanical, electrical and electronic systems, fluid power, automation, robotics, and computer software. Our 600-hour program is 75% hands-on, gets students in front of industry, and trains students in the areas that companies have requested. Students will receive:

- OSHA certification
- National Career Readiness Certification
- 2 days of job shadow experience
- Industry tours and guest speakers
- Resume writing & interview workshop
- Work Skill Navigator support throughout the program and after graduation



Students will experience an accelerated program designed to prepare them with the skill sets that will qualify them to move right into entry-level positions with local industry. Or, if you're interested in getting your degree (or already have your degree), this is the perfect supplement to enhance your education.

Fee: \$6,750. GI Bill® and WIOA funding approved. If you are between the ages of 16–24, contact Kristin at 760.795.6876 to find out if you qualify for the Transitional Youth Academy grant. For all other candidates, tuition is FREE through the DOL funded America's Promise Grant (**Note: A \$335* charge to cover administrative and certification costs will be collected upon registration.**)

► [Attend our information session to find out more \(details on page 12\)](#)

Location: Technology Career Institute

Time: Mondays–Fridays, 5/8–8/23, 8 AM–4:30 PM

We offer a Fabrication Certificate

Engineering Technician • Machinist Technology • Welding

Machinist Technology Certificate

Machine Operator Apprenticeship available

Want to work in the aerospace industry, make medical parts that go into your body, or design a new golf club?

Gone are the days of the grease-covered, conventional machinist. Today's machinist must be highly trained with specific skills, working in high-tech manufacturing plants that are clean and innovative. Our nation is presented with a huge shortage of skilled workers. As 77% of skilled baby boomers leave the workforce, San Diego County will need to fill hundreds of positions over the next 15 years.

To meet this need, we offer a fast-paced, high-level training program. Students will be able to complete this program in 13-weeks (487 hours), with training in shop math, metal properties, reading blueprints, precision measuring, tooling, G&M codes, and manual and CNC machining. In addition, students will receive:

- OSHA certification
- National Career Readiness Certification
- Opportunities to attend local NTMA meetings
- 2 days of job shadow experience
- Industry tours and guest speakers
- Resume writing & interview workshop
- Work Skill Navigator support throughout the program and after graduation



Fee: \$6,000. GI Bill® and WIOA funding approved. If you are between the ages of 16–24, contact Kristin at 760.795.6876 to find out if you qualify for the Transitional Youth Academy grant. For all other candidates, tuition is FREE through the DOL funded America's Promise Grant (**Note: A \$310* charge to cover administrative and certification costs will be collected upon registration.**)

► [Attend our information session to find out more \(details on page 12\)](#)

Location: Technology Career Institute

Time: Mondays–Fridays, 5/1–8/2, 8:30 AM–4:30 PM

Metrology Certificate

Classes are offered individually, or can be taken in certificate format.

Take all classes for \$575 \$180*

Blueprint Reading with GD&T

This hands-on class helps students with both blueprint reading and GD&T. Students learn to read and correctly interpret blueprints used in the manufacturing trades. They will get an opportunity to draw and edit simple blueprints through step-by-step development of multi-view drawings. In addition, students will learn the basics of geometric dimensioning and tolerancing (GD&T). This course is the perfect introduction to GD&T, symbols, applications and methods of inspection.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 1/23–3/13
5–7:30 PM. *No class on 2/20.*

Digital Precision Measuring

Using a Portable CMM

This is an introduction to metrology using a portable CMM and Verisurf CAD software. Students will learn the basics of inspection, measurement, analysis, and reverse engineering. This course is for individuals working within the advanced manufacturing environment.

Fee: \$199 Admin Fee: \$50*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 3/28–4/20
5:30–8:30 PM

Manual Measuring Workshop

In the advanced manufacturing and engineering fields, it is imperative to know how to measure accurately to ensure quality. This 15-hour class is an introduction to the importance of measuring and testing/inspection, the tools used, and the applications for the various different tools. Students will have lots of hands-on practice measuring using calipers, micrometers, and gages.

Note: Students should be familiar with the basics of blueprint reading.

Fee: \$75 Admin Fee: \$30*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 1/30–2/15
5:30–8 PM

Quality Assurance Basics for Manufacturing

This 15-hour workshop provides students with an overview of quality assurance concepts within the manufacturing industry. Course topics include:

- Safety standards
- Manufacturing process
- Monitoring, inspecting, and testing products
- Tools
- Documentation
- Regulations and certifications
- Common gaps and potential areas of weakness

Fee: \$75 Admin Fee: \$30*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 5/1–5/17
5:30–8 PM

Introduction to Reverse Engineering

As 3D printers become more common, scanners and the associated software also become more commonly used within the manufacturing and engineering industries. This 20-hour course introduces students to reverse engineering through handheld scanners, the software used to recreate an object, and the process of evaluating and potentially redesigning the reproduced object. We encourage students to have some CAD programming experience prior to enrolling.

Fee: \$99 Admin Fee: \$30*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 4/25–5/18
5:30–8 PM



*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

Welding I Certificate

This course is designed to train students to be able to qualify for an American Welding Society (AWS) certification. The course will explore basic welding processes and procedures, safety, interpretations of blueprints/shop drawings, metallurgy, different fabrication tools, different welding qualifications, and procedure qualification. In addition, students will receive a significant amount of hands-on training in:

- OFC/OFW (oxyfuel cutting/oxyfuel welding)
- SMAW (shielded metal arc welding)
- GMAW (gas metal arc welding)
- FCAW (flux core arc welding)
- GTAW (gas tungsten arc welding)



Fee: \$2,750. If you are between the ages of 16–24, contact Kristin at 760.795.6876 to find out if you qualify for the Transitional Youth Academy grant. For all other candidates, tuition is FREE through the USC funded Managed Career Pipeline Grant (**Note: A \$200 charge to cover administrative and certification costs will be collected upon registration.**)

► Attend our information session to find out more (details on page 12)

Location: Landes Recreation Center

Time Options:

Tuesdays, Wednesdays, and Thursdays, 1/24–4/13, 5–9 PM

Tuesdays, Wednesdays, and Thursdays, 4/11–6/29, 5–9 PM

Additional Advanced Manufacturing & Engineering Courses

Computer Numerical Control (CNC) Operation

In this class, the first day will include safety, an introduction to terminology and basic blueprint reading. The rest of the course will have lots of demonstration and hands-on instruction. Learn how to interpret G&M codes and operate both a HAAS CNC mill and lathe. Students will also get exposure to CAD/CAM software.

Fee: \$2,450 Admin Fee: \$175*

If you are between the ages of 16–24, contact Kristin at 760.795.6876 to find out if you qualify for the Transitional Youth Academy grant.

Location: Technology Career Institute

Time: 16 Saturdays, 2/4–5/20, 8 AM–4:30 PM

MATLAB I

MATLAB is a scientific computing language and program platform widely used throughout industry. It is designed to simplify rapid development and prototyping of highly intensive applications. MATLAB is used in robotics, PLC design, electrical engineering, economics, financing, neural networks, video processing, image processing, data acquisition and more. This class explains the basics of matrix algebra with applications using the software. You will learn to build your own functions based on processing audio signals and images. Finally, you will learn to use the various toolboxes available in the student version of the software.

Note: Students should have a strong basic math background and basic programming knowledge.

Fee: \$125 Admin Fee: \$50*

Location: Technology Career Institute

Time: 5 Saturdays, 4/22–5/20, 12–5 PM

*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

PLC Programming I

Programmable Logic Controller (PLC) systems have evolved to become the central component to most automation systems today. Learn the basic skills to program, troubleshoot and configure PLC-based automation installations. Allen Bradley and Siemens are two systems that are commonly used within the manufacturing and engineering industries. Take one or both courses to gain a foundation in PLCs.

Note: A basic understanding of electrical circuitry is strongly recommended.

Fee: \$99 Admin Fee: \$50 each*

Location: Technology Career Institute

Allen Bradley: This 20-hour, hands-on course will focus on Allen-Bradley software.

Time: 4 Saturdays, 3/25–4/15, 12–5 PM

Siemens: This 20-hour, hands-on course will focus on Siemens software.

Time: 4 Saturdays, 1/21–2/11, 12–5 PM

Introduction to Python-xy

Python is a powerful programming language used in many areas of industry, such as:

- Computer vision
- Machine learning
- Robotics
- Web development
- Gaming

This course focuses on the basics of Python-xy programming with examples in computer networking and web applications. These basics will be the starting point for other future classes, including embedded computing courses using Raspberry Pi and robotic programming using RoboSDK.

Fee: \$125 Admin Fee: \$50*

Location: Technology Career Institute

Time: 4 Saturdays, 2/25–3/18, 12–5 PM

Soldering Basics

This is the perfect entry level course on electrical soldering! Are you a home hobbyist? Or do you have a job in construction, maintenance, or engineering? Whether you like to fabricate things in your garage, or you need practice to become more proficient in your job, this hands-on course will help.

Fee: \$75 Admin Fee: \$30*

Location: Technology Career Institute

Time: 5 Saturdays, 2/25–3/25, 8:30 AM–12:30 PM



Welding and Metal Fabrication

This welding and metal fabrication class is the same course that has been previously offered by San Dieguito Community Education. The SDA metal shop helps long-time instructor, Bob Krough, expose students to welding and other authentic manufacturing processes. Topics include:

- Oxy-acetylene welding, cutting, brazing, soldering
- SMAW: electrodes and positions
- GMAW: hardwire, short and spray arc, gas coverage
- FCAW: inner and dual shield
- GTAW: aluminum, magnesium, stainless steel, carbon steel, brass, and gas coverage
- Plasma arc cutting

Students will also learn fabrication math, specialty certifications, fabrication skills, job steps from start to finish, tacking, squaring, order of welding, and basic critical thinking.

Fee: \$1,650 Admin Fee: \$150 each*

Location: San Dieguito High School Academy, 800 Santa Fe Drive, Encinitas

Time Options:

15 Tuesdays, 1/10–4/18, 6–10 PM

15 Thursdays, 1/12–4/20, 6–10 PM



NEW Aviation Classes—Classroom Only

Whether you want to start flying for fun, become a professional pilot, or you want to refresh your aviation education, you can now take classes at the MiraCosta Technology Career Institute. We have partnered with Plane Insights, a Part 61 approved flight school, to provide you the initial course work needed to get your pilot's license. See list of courses below! **Upon successful completion of all four aviation classes, the student will receive a certificate of Accomplishment from MiraCosta College.**

Note: All flight training can be completed at Palomar Airport with Plane Insights and a F.A.A. certified flight instructor. Additional costs apply.

▶ Attend our information session to find out more (details on page 12)

**Private Pilot Ground Class (PPL)**

The initial course everyone needs to take is the Private Pilot ground class. In this 40-hour course, students will study federal aviation regulations, flight data, aerodynamics, weather and navigation, radio communications, aircraft and engine operation, flight instruments, and aircraft performance. This class prepares students for the Federal Aviation Administration's Private Pilot written examination.

Fee: \$350. Early Bird Special \$250 (Register BEFORE 2/16 for this rate)

Location: Technology Career Institute

Time: 16 sessions. Tuesdays & Thursdays 3/2–4/25, 6–8:30 PM

Instrument Rating Certification (IFR)

This important course covers the rules and regulations for instrument flight, interpretation of flight instruments, air navigation, meteorology, instrument flight techniques, air traffic control, and flight planning. This class prepares students for the Federal Aviation Administration's Instrument written examination.

Fee: \$350. Early Bird Special \$250 (Register BEFORE 4/14 for this rate)

Location: Technology Career Institute

Time: 16 sessions. Tuesdays & Thursdays 4/27–6/20, 6–8:30 PM

Commercial Pilot Certification (CPL)

The third course in the series is a comprehensive study of aircraft performance, Federal Aviation Regulations, navigation, flight charts and graphs, radio navigation and communications, meteorology, emergency procedures, aerodynamics, flight instruments, and multi-engine procedure. This class prepares students for the Federal Aviation Administration's Commercial Pilot written examination.

Upon successful completion of the Commercial Pilot Certification (CPL) class, the student will receive a certificate of accomplishment and will be given an endorsement to start their flight training if they haven't already done so.

Fee: \$275. Early Bird Special \$250 (Register BEFORE 6/9 for this rate)

Location: Technology Career Institute

Time: 9 sessions. Tuesdays & Thursdays 6/22–7/25, 6–8:30 PM. *No class on 7/4.*

Introduction to Aviation Science (IAS)

The final classroom course is a survey of the aerospace field, including the functions and operations of various federal and state regulating aviation agencies and airport-based companies such as air carrier, general aviation, aviation maintenance, flight schools, and other major occupational and supportive areas.

Fee: \$275. Early Bird Special \$250 (Register BEFORE 7/14 for this rate)

Location: Technology Career Institute

Time: 7 sessions. Tuesdays & Thursdays 7/27–8/17, 6–8:30 PM



Security Programs

We provide training to civilians, active duty/reserve military, veterans, law enforcement, and protection specialists. Our courses can be taken individually, or grouped together. Our training pipelines produce highly trained protection specialists suitable for duty in non-permissive environments, or on professional corporate and celebrity protection teams.

Certified AT/FP Specialist (CAPS)

This course is for individuals wishing to break into the static security or law enforcement industry by receiving training and certificates in numerous security and law enforcement-related subjects, skill sets and equipment. Topics covered in this course include:

- 16 hours of CA mandatory guard card courses and elective course work
- Exposed firearms and CCW instruction
- 32 hours of anti-terrorism/force protection training
- FEMA training

Note: If you are between the ages of 18–24, contact Kristin at 760.795.6876 to find out if you qualify for the Transitional Youth Academy grant.

Corporate & Celebrity Protection

This course is the ideal starting point for those wishing to get into the protection business or those transitioning from military or law enforcement, or for high threat protection specialists/WPS/PSD to add corporate and celebrity protection to their existing knowledge and skill sets. Students will run complete details, including detail planning, advance work, site and client assessments, team brief, client brief/interview and providing 24-hour coverage for your assigned client(s).

**High Risk Medic**

Whether you are working in the US or abroad, well-rounded medical training can be the difference between life and death. Many people do not have time to attend lengthy EMT or paramedic courses, not to mention the dedication and opportunity to become a military medic. This course was designed with this in mind, and covers the most important life-saving aspects of all of these emergency medical professions.

**High Threat Protection**

The HTP course bridges the gap between conventional domestic protective operations and war-zone PSD work. This course provides the training, knowledge, and skill sets to be a proficient protective team leader/member in all threat areas by focusing on one of the most challenging protective environments, the high threat-low profile area of operations.

For more information, go to [htpscource.com](https://course.com).
Our programs are approved for GI Bill®, WIOA, and other funding options.
Give us a call at 760.795.6822 to find out more.

Phlebotomy Technician

MiraCosta College Community Education & Workforce Development, in partnership with Family Health Services, is proud to offer this excellent opportunity for those seeking to enter the medical field as a CPT1 phlebotomy technician.

Students are required to complete:

- a minimum of 20-hours in basic phlebotomy
- a minimum of 20-hours in advanced phlebotomy
- a minimum of 40-hours laboratory course in applied phlebotomy
- 40-120 hours of clinical externship in a health care setting



Students who pass the course will also be eligible to take a certification examination offered by the National Health Career Association (NHA), offered in class at the conclusion of the course. Upon successful completion of the course, participants will be issued a state-approved training certificate.

Note: National exam fee, plus application fee, and all immunization and background checks are not included in the tuition fee and must be paid by the student.

Fee: \$2,750. GI Bill® and WIOA funding approved. If you are between the ages of 18–24, contact Kristin at 760.795.6876 to find out if you qualify for the Transitional Youth Academy grant.

▶ [Attend our information session to find out more \(details on page 12\)](#)

Location: Technology Career Institute, 2075 Las Palmas Drive, Carlsbad

Time: Mondays, Wednesdays, and Fridays, 3/13–5/24, 5–8 PM

Externship: Clinical externships will be provided and supervised by our phlebotomy program staff.

Veterinary Assistant

Become a veterinary assistant in just a few months! This program will provide an overview and entry-level training for the veterinary assistant profession. Learn basic animal care principles and techniques, safety procedures and state/federal guidelines.

Topics include:

- Basic anatomy and physiology
- Basic radiology
- Small animal breeds
- Animal nutrition
- Parasite control
- Record keeping and veterinary office procedures
- Client relations and communications

Veterinary medical terminology, hospital patient care and reception skills will also be covered. Students will learn lab skills and surgical assisting appropriate to the veterinary assistant level. This class is entry level and specifically NOT veterinary technician training, which requires a two year degree program. Students will need to purchase the book, "Veterinary Assisting Fundamentals & Applications" by Beth Vanhorn and Robert Clark (available on amazon.com) prior to the first class session.

Fee: \$980. GI Bill® and WIOA funding approved. If you are between the ages of 16–24, contact Kristin at 760.795.6876 to find out if you qualify for the Transitional Youth Academy grant.

▶ [Attend our information session to find out more \(details on page 12\)](#)

Location: Oceanside Campus, Room 7001

Time: 12 Saturdays, 2/25–6/3, 9 AM–4 PM
No class on 3/18, 3/25, 5/27.

Externship: We strongly recommended a minimum of 80 externship hours at the conclusion of the training (this is required for anyone receiving funding from an outside organization).



Solar Photovoltaic Associate Training

San Diego County is #2 in the nation for solar installations!

This course helps students pass the North American Board of Certified Energy Practitioners (NABCEP) Photovoltaic Associate credential. NABCEP is a nationally recognized certifying agency for solar installers. This course is split into two parts: the first is the theory and practical hands-on experience; the second is preparation for the exam. The class will jointly build a demo solar system using common PV components and electrical parts and tools. The class will integrate theory, code and regulations with practical applications. Topics include:

- PV markets and applications
- Electricity basics
- Solar energy fundamentals
- PV module fundamentals
- System components
- PV system sizing principles
- PV system electrical and mechanical design
- Performance analysis, maintenance and troubleshooting



Fee: \$1,250 (includes OSHA-10, testing fees, and book). GI Bill® and WIOA funding approved. If you are between the ages of 16–24, contact Kristin at 760.795.6876 to find out if you qualify for the Transitional Youth Academy grant. ▶ [Attend our information session to find out more \(details on page 12\)](#)

Location: Landes Recreation Center, 2855 Cedar Road, Oceanside

Time: OSHA-10: Tuesdays & Thursdays, 2/14–2/23, 5–7:30 PM

Core Program: Tuesdays & Thursdays, 2/28–5/9, 5–9 PM

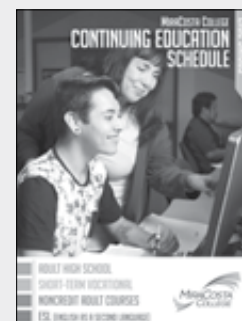
NABCEP Test: Thursday, May 11 at 5 PM

Internship: We strongly recommended a minimum of 80 internship hours at the conclusion of the training (this is required for anyone receiving funding from an outside organization).

MIRACOSTA COLLEGE MEETS ALL OF YOUR EDUCATION NEEDS

START YOUR CONTINUING EDUCATION

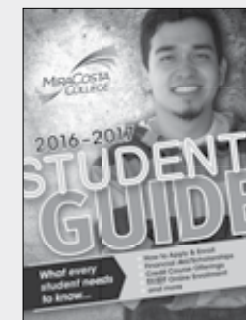
miracosta.edu/noncredit



Begin your journey with us through adult high school, short-term vocational, noncredit adult courses, and English as a second language.

EARN YOURSELF A DEGREE

miracosta.edu/credit



MiraCosta College offers hundreds of classes in more than 70 disciplines. In our credit program, you can earn a degree or certificate, complete your first two years of college and transfer to a four-year university, or take classes to advance your career. Scholarships and financial aid are available!



Shaping Minds for Success.

Mandatory Online Orientation for BOTH classes: Saturday, 2/11 6:30–8:45 PM

Medical Front Office

This course is intended for students interested in becoming a medical front office/medical receptionist/intake coordinator. This class will ensure students are prepared to begin a rewarding career and to become an integral part of the medical office team. Topics Include:

- Basic medical benefit terms and plans
- Eligibility and insurance benefit verification
- Patient arrival, check in, departure

Note: Students will be notified with access to their online class prior to the orientation. Details on the purchase of materials will be covered at the orientation. Visit kgpllc.net for more class info.

Fee: \$25

Supplies: \$75 (payable to instructor at orientation via PayPal)

Instructor: Kris Patterson

Online Class Dates:

2 Wednesdays, 2/15–2/22
6:30–8:45 PM



Medical Insurance Billing Certificate Program

A comprehensive study of medical insurance billing, introduction to CPT, ICD, and HCPCS coding and collection strategies. Procedures and paperwork involving various insurance providers. California Workers' Compensation System and Managed Care plans for inpatient and outpatient claims. Privacy rules and regulations involving patient confidential information governed by HIPAA. Set-up a mock medical practice using web-based software to enter new practice information, new patient demographic and insurance information, patient billing, electronic and paper claims processing.

Prerequisite: Students must have basic computer knowledge, internet access, adobe flash player and adobe acrobat reader.

Note: Students will be notified with access to their online class prior to the orientation. Details on the purchase of materials will be covered at the orientation. Visit kgpllc.net for updated class info.

Fee: \$150

Supplies: \$350 (payable to instructor at orientation via PayPal)

Instructor: Kris Patterson

Online Class Dates: Tuesdays & Thursdays
2/16–5/16, 6:30–8:45 PM. *No class on 3/16, 5/2, 5/4.*

Online Electronics/Robotics

MiraCosta Community Education, in partnership with George Brown College, is proud to offer six interactive and highly innovative distance education programs that combine state-of-the-art lab simulation with award-winning curriculum. The program content is delivered on CD, DVD or USB drive, and is supported through the online virtual campus.

Automation Technician

This program provides an introduction to industrial automation, including digital electronics, process control, and programming of PLCs, robotic and SCADA systems. The program examines application and examples of automated manufacturing systems, including both theory and function of digital and industrial electronics, hydraulics and pneumatics, robotic systems, digital programming languages and alarm management.

Fee: \$1,850 or pay as you go (cost per module available online).

Electronics Technician

The ET program covers the fundamentals of electronics and prepares the graduate for employment and/or further on-the-job training as a consumer, commercial or industrial electronics service technician.

Fee: \$1,750 or pay as you go: initial registration \$430, \$60 for each of the remaining 22 modules.

Electromechanical Technician

The EM program is designed to provide students with a foundation in electromechanical technology that can lead to a career in fields such as industrial maintenance, design and installation, technical services, technical sales, and industrial research and development.

Fee: \$1,800 or pay as you go: initial registration \$430, \$60 for each of the remaining 23 modules.

Robotics Technician

This program provides an introduction to industrial robotics and explains how they are used in plants or manufacturing systems. The primary focus of the program is on automated manufacturing processes, the role of robots within these processes, and all related support equipment.

Fee: \$1,650 or pay as you go: initial registration \$570, \$90 for each of the remaining 12 modules.

Programmable Logic Controller (PLC) Technician


This program provides a basic introduction to PLCs and is designed for people with little or no background in the area. The curriculum provides a quick start on the fundamentals, incorporating traditional I/O, which targets the Allen Bradley SLC 500 and RSLogix 500 hardware and software.

Fee: \$1,800 or pay as you go: initial registration \$450, \$75 for each of the remaining 18 modules.

Programmable Logic Controller (PLC) Technician II

This certificate program provides a more advanced study of PLCs, introducing tags, DCS and SCADA systems. The simulator, PLCLogix, is more complex, emulating this advanced technology, specifically the Rockwell 5000 series PLC control software.

Fee: \$1,800 or pay as you go: initial registration \$450, \$75 for each of the remaining 18 modules.



Thinking About a New Career?

Choose the training employers already use!


Trusted by some of the largest and most respected names in health care, our online training programs teach you the skills employers need. Available programs include:

- Medical Coding and Billing with PCS
- Medical Transcription and Editing
- Pharmacy Technician


Attend our information session and get **FREE BOOKS** if you enroll!

Wednesday, February 1st at 6 PM
MiraCosta College Technology Career Institute
2075 Las Palmas Drive
Carlsbad, CA 92011

1-877-225-7151
CareerStep.com/miracosta



COMMUNITY EDUCATION
& WORKFORCE DEVELOPMENT



In partnership with George Brown College, MiraCosta Community Education & Workforce Development provides more information at www.miracosta-gbc.com or call us at 866.277.0881.





STUDY FROM THE COMFORT OF YOUR HOME

Your Schedule • Your Budget
Online... Today!

MiraCosta Community Education & Workforce Development, in partnership with Ed2Go, provides hundreds of online, not-for-credit certificate programs designed to provide the workforce skills necessary to acquire professional-caliber positions for many in-demand occupations.

These online career-training programs assist students in developing expertise in their desired career fields and/or preparing for industry certification exams. Each self-study, online course has an instructor assigned to answer student questions and solve student problems. This is the perfect in-depth professional-level program for people who wish to continue working while learning, or who need a flexible study schedule. Our programs are designed by a team of professionals from each field, who work to provide the most effective web-based learning experience available today.

- **Health Care Programs**—Pharmacy Tech • Vet Assistant • Clinical Dental Assistant • and more
- **Business/Legal Programs**—Bookkeeper • Microsoft Office Specialist • Management Training • Six Sigma • and more
- **Construction/Automotive Programs**—Biofuel Production • Glass Technician • Home Inspection • Solar Power Professional • and more
- **Video Game Design/Development Programs**—Game Art • Digital Arts • Video Game Design and Development • Webmaster • and more
- **Networking/Comp TIA Certification Training Programs**—IT System Administrator • Comp TIA Network • Comp TIA Security • and more
- **Internet, Design, and Technical Programs**—Forensic Computer Examiner • Desktop Support Tech • Web Developer • 3D Studio Max • and more

In partnership with Ed2go, MiraCosta Community Education & Workforce Development provides detailed program outlines, descriptions, and demos at careertraining.ed2go.com/MiraCosta.

For more information call **760.795.6820**.

Human Resources Certificate Program

Our HR Certificate Program is appropriate for individuals who are not yet HR professionals and for HR veterans who wish to update their skills. This program was developed to enable participants to complete their studies in just three days. This program has been approved for 23 general recertification credit hours toward PHR, SPHR and GPRH recertification through the Human Resource Certification Institute (HRCI). All content is designed to address core HR competencies:



SAVE!
Take advantage of the Early Bird Special.

Note: Applies to select courses. Check each class for pricing.

- History and role of human resources in today's workplace
- Creating and administering an effective HR department
- Compensation, benefits and retirement programs
- Staffing (recruiting & retention) strategies
- Employment law & compliance hot topics
- Effective employee relations and termination

Fee: \$98/class. Early Bird Special \$530 when you register for all six sessions (Register BEFORE 2/24 for this rate).

Instructor: Nadia Ardebili

Location: Technology Career Institute
2075 Las Palmas Drive, Carlsbad

Time: 3 Fridays, 3/3–3/17, 8:30 AM–12:30 PM and 1:30–5:30 PM

Leadership for New Supervisors

An introductory course for supervisors—become effective leaders

This four-week course covers the basic fundamentals of leadership, preparing emerging leaders to adopt a new role as employee-focused leaders. The program covers the latest tools on employee motivation, empowerment and communication to achieve a solid relationship of collaboration, trust and commitment between supervisor and employee. In-class activities will allow for hands-on experience on lessons learned during the course. Attendees will gain skill sets that will improve workplace communication; allowing

employees to show more positive engagement, deeper commitment, and a stronger dedication to their jobs.

- Discover the secrets of employee motivation
- Leadership styles and employee assessments
- Delegation and empowerment
- Practical tools for effective communication



Fee: \$60/class. Early Bird Special \$200 when you register for all four sessions (Register BEFORE 2/24 for this rate).

Instructor: Joseph Molina

Location: Technology Career Institute
2075 Las Palmas Drive, Carlsbad

Time: 4 Thursdays, 3/2–3/23, 6:30–8:30 PM

Voice-Overs...Now is Your Time!

YOU'VE HEARD LISA FOSTER ON TV AND RADIO COMMERCIALS! Now hear Lisa LIVE as she illustrates how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. Lisa will show you a unique, outside-the-box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for! Lisa Foster's voice can be heard on commercials and narrations for such clients as Crest Toothpaste, Olay, Cafe Appassionato, LA Weight Loss, Advanced Laser Clinics and Sleep Train.

Fee: \$48. Early Bird Special \$39 (Register BEFORE 3/8 for this rate)

Instructor: Lisa Foster

Location: San Dieguito High School Academy, Room 72

Time: 1 Tuesday, 3/14, 6:30–8:30 PM



Explore 100 Home-Based Business Ideas

Are you tired of working for someone else? Do you need to make more money? You will learn.

- What it takes to be an entrepreneur
- Mandatory home business paperwork
- Details for 100 home business ideas
- How to take tax deductions (this workshop Included)
- All about business marketing, networking, and publicity

This is probably the most comprehensive business startup workshop you will ever find, so if you really want to succeed in a home business, this step-by-step session is a must!

Fee: \$58. Early Bird Special \$50 (Register BEFORE 3/30 for this rate)

Supplies: \$20 material fee for three booklets will be collected in class.

Instructor: LeeAnne Krusemark

Location: Oceanside Campus, Room T510

Time: 1 Wednesday, 4/5, 6–8 PM

Make Money at Home as a Virtual Assistant

Having already learned all about home-based business success (participants must have attended "Explore 100 Home-Based Business Ideas"), you will then discover the secrets to profit as a virtual assistant. Topics include:

- How and where to find clients
- Many ways to advertise/market your services
- Effective home-office equipment choices

Be your own boss, set your own hours, and have the opportunity to make more money than you ever did before by attending this workshop.

Note: The prerequisite for this class is "Explore 100 Home-Based Business Ideas", page 32.

Fee: \$35. Early Bird Special \$29 (Register BEFORE 3/30 for this rate)

Supplies: \$10 material fee for two booklets will be collected in class.

Instructor: LeeAnne Krusemark

Location: Oceanside Campus, Room T510

Time: 1 Wednesday, 4/5, 8–9 PM

Make Extra Income—DMV Auto Wholesale Business from Home

Learn how to make extra income buying and selling wholesale cars as a home-based business. You will learn six techniques that can earn you \$3,000 selling just one to three cars a month. Learn how to get your auto dealer license and how to operate a profitable used car business. Find out the how and where of buying at wholesale prices and how to sell at retail for a very good profit. You'll get a FREE list of all the 300+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV-approved and you'll receive a DMV certificate of completion at the end of the class.

Fee: \$95. Early Bird Special \$89 (Register BEFORE 2/24 for this rate)

Supplies: \$25 material fee will be collected in class. Please bring a notebook and pen to class.

Instructor: Wayne Williams

Location: Oceanside Campus, Room T510

Time: 1 Tuesday & 1 Thursday, 3/7 & 3/9 6–9:30 PM



NEW Furniture Re-Imagined

Inspired by a popular DIY show "Furniture Re-Imagined" is a class that explores applying different finishes, upholstery fabrics and the repurposing of traditional type furniture. So bring your chairs, small dressers, side tables and headboards. Topics include:

- How to prep your wood
- Paint Furniture
- Antiquing & distressing
- Re-styling
- Fabrics

Note: Demonstrations may have handouts. Please bring binder and paper for notes. Resources for your supplies will be given (no sofas or large items please).

Fee: \$195. Early Bird Special \$185 (Register BEFORE 1/27 for this rate)

Supplies: Students will be responsible for their own materials.

Instructor: Mary Cortmyer

Location: Landes Recreation Center 2855 Cedar Road Oceanside

Time: 8 Saturdays, 2/4–4/1, 9 AM–3 PM
No class on 2/18.

NEW Beginning Upholstery

Learn the craft of upholstery! This class will teach you the basic fundamentals and techniques. Bring your own projects to learn on. This class will take you through fabrics, planning, terminology as well as using hand tools for upholstery. This is an interesting and informative hands-on class. Suitable for those who are entering the field as well as the DIYer.

Wing chairs, side chairs, dining chairs, stools, benches, ottomans, cushions, and upholstered accessories recommended in this beginning class. Those of you entering the field will begin to prepare your professional portfolio. Together we will plan your procedure and list materials needed to learn the art of upholstery.

Topics are:

- Tools, terms and supplies
- Overview of sewing machines
- Measuring and estimating
- Pattern layout (charting)
- Selecting fabrics

Demonstrations may have handouts. Please bring binder and paper for notes. Please note upholstery of sofas and large items are reserved for advanced students. Resources for your supplies will be given.

Fee: \$135. Early Bird Special \$125 (Register BEFORE 2/1 for this rate)

Supplies: Limited supplies included

Instructor: Mary Cortmyer

Location: Landes Recreation Center 2855 Cedar Road, Oceanside

Time: 8 Tuesdays, 2/7–3/28, 12–4 PM OR 5–9 PM



NEW Advanced Upholstery

Advanced students will build on their intermediate knowledge and will be learning additional as well as more difficult and technical techniques. You will learn about styling in general and will learn to identify many types of fabrics as well as furniture styles. You will also be taught to identify furniture building techniques and construction. Advanced students will also gain a working knowledge of finishes and minor wood restoration. Those of you entering or in the field will be adding to your current portfolio as well as editing its content as your skills have improved. You will also be compiling a notebook of suppliers, cost sheets, as well as handouts on quoting etc.

Demonstrations may have handouts. Please bring binder and paper for notes. Please note upholstery of sofas and large items are on a scheduled (1 item at a time) and most importantly, a proven skills basis.

Fee: \$135. Early Bird Special \$125 (Register BEFORE 2/3 for this rate)

Supplies: Limited supplies included.

Instructor: Mary Cortmyer

Location: Landes Recreation Center 2855 Cedar Road Oceanside

Time: 8 Thursdays, 2/9–3/30 5–9 PM

Upon successful completion of both Beginning and Advanced Upholstery classes, the student will receive a Certificate of Accomplishment from MiraCosta College.



Become a Notary Public the Smart Way—In One Day!

Learn new 2017 laws!

\$15 per signature in 2017

Making more money is never a bad idea and it shows your amazing initiative. Establish yourself as a notary public, earn additional income and provide a service to your community. Notary skills are valuable in almost any industry: real estate, legal, medical, and banking to name just a few. This six-hour state-approved seminar gives you the knowledge to pass the exam and practice as an effective notary. You will find out about new legislation as well as how to pass the test (must be taken every four years), identify document signers, keep a journal, fill out certificates and avoid lawsuits. After becoming a notary, train to become a loan signing agent and make \$200 to \$400 per signing. You'll be a part of a rewarding and lasting career. Must be at least 18 years old and have a clean record.

Note: You are automatically registered for the official state exam directly following the seminar. See box to the right regarding the notary test and fee. Due to state regulations, no one will be admitted to the classroom after 8:30 AM. In addition, you must be on time when returning to the classroom from a break. Refunds will not be issued.

Fee: \$99

Supplies: \$35 material fee will be collected in class.

Instructor: Notary Public Seminars, Inc.

Location: Oceanside Campus, Room 3205

Time: 1 Saturday, 4/1, 8 AM–6 PM

Renewing Notaries

Three-hour, state-required seminar

Take a three-hour, approved notary refresher course. We will review all laws and regulations you are required to know to continue as a notary. You must take the exam and be fingerprinted again. Your commission must be current to be eligible for a renewing class. A six-hour approved course must be taken first.

Note: You are automatically registered for the official state exam directly following the seminar. See box regarding the notary test and fee.

Fee: \$50

Supplies: \$35 material fee will be collected in class.

Location: Oceanside Campus, Room 3205

Time: 1 Saturday, 4/1, 12:45–6 PM

Notary Testing

For those students who need just the notary exam—either preregister with MiraCosta College Community Education, or pay at the door. A six-hour approved course must be completed before you are eligible to take the notary exam (see box regarding the notary test).

Fee: \$25

Location: Oceanside Campus, Room 3205

Time: 1 Saturday, 4/1, 3:45–6 PM

For regular notary, renewing notary, and those taking just the test, Cooperative Personnel Service will register you for the exam from 3:45 to 4:45 PM. The exam will be from 4:45 to 5:45 PM. If you are taking the exam, you will need the following: \$40 check made payable to "Secretary of State," current CA driver's license with photo or state-issued ID card, a 2" x 2" color photo of yourself, and two #2 pencils. If you took your notary class online, you MUST have your certificate of completion with you. Fingerprints are required after you pass the exam. Serious convictions may disqualify applicants.

Become a Certified Loan-Signing Agent

Discover failproof methods to complete the notarization of each loan package. A loan signing agent notarizes loan packages for clients who are purchasing or refinancing homes. In our seminar, you'll learn simple steps to ensure success with each client. We'll cover document preparation and effective communication before, during, and after the signing. We'll also teach you how to usher clients through the process with the awareness of which issues you are allowed to address or which ones you must refer to the lender. Unlike most online loan signing classes that only teach you to recognize documents, our seminar also gives you hands-on, practical experience that is invaluable to new agents. You not only learn how to recognize each document in a loan package, but how to handle tricky situations, how to interact with clients and signers, and how to find business!

Fee: \$99

Supplies: \$40 material fee and a \$20 certificate fee will be collected in class.

Instructor: Notary Public Seminars, Inc.

Location: Oceanside Campus, Room 3504

Time: 1 Saturday, 4/8, 9 AM–4 PM

3D Creature Creation

Ages 14+

3D Creature Creation emphasizes the use of 3D animation for organic models, such as humans and creatures. Focus is placed on anatomically correct body parts and proportions. Students will be taught how to create a 3D creature from a 2D drawing. Basic knowledge of 3D modeling is requested. **Students will need to bring a 2GB or higher thumb drive for saving work.**

Fee: \$99. Early Bird Special \$90 (Register BEFORE 3/25 for this rate)

Location: Oceanside Campus, Room 4611

Time: 7 Saturdays, 4/1–5/13, 10 AM–12 PM

Introduction to 3D Modeling Using Maya

Ages 14+

Introduction to 3D introduces students to 3D and 3D applications, techniques, and theory with an emphasis on Autodesk's Maya®. Students will learn and practice the fundamental methods of polygon modeling, UV texture mapping, and texturing. **Students will need to bring a 2GB or higher thumb drive for saving work.**

Fee: \$99. Early Bird Special \$90 (Register BEFORE 1/25 for this rate)

Location: Oceanside Campus, Room 4607

Time: 7 Wednesdays, 2/1–3/15, 6–8 PM



Introduction to Character Animation

Ages 14+

3D character animation takes students through animation using both key frame techniques and motion capture. Students will be introduced to the principles of animation as well as other industry techniques to help breathe life into digital characters. **Students will need to bring a 2GB or higher thumb drive for saving work.**

Fee: \$99. Early Bird Special \$90 (Register BEFORE 3/15 for this rate)

Location: Oceanside Campus, Room 4607

Time: 7 Wednesdays, 3/22–5/3, 6–8 PM

Junior Animal Trainer

Ages 10–17

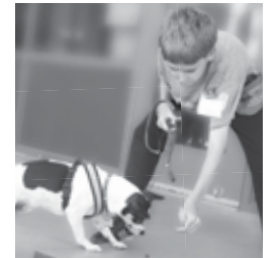
Former San Diego Zoo animal trainer and current dog trainer, Britta Wilson, shares her animal training knowledge and expertise teaching children, ages 10-17, how to train animals humanely, through the use of clicker training. Clicker training can be used with ANY animal. So whether your goal is to teach your pet at home some simple behaviors or fun tricks, or to work in the animal field someday as a caregiver, animal trainer or veterinarian, the "Junior Animal Trainer" program is a great starting point! You will be contacted by the instructor prior to class re: Dog requirements and additional info.

Fee: \$100

Supplies: \$10 material fee will be collected in class.

Location: Technology Career Institute, Room 101 and outdoor area

Time: 5 Saturdays 3/25–4/22, 5–6 PM



SAT Preparation Workshop

Give yourself the best advantage you can when you take the SAT. This may be one of the most important tests you ever take. This 20-hour course is designed to offer students a thorough overview of the exam. The program will familiarize you with each question type and teach you strategies for all sections of the exam. You will receive in-class and home study materials, and will be given ample opportunity for practice and discussion.

Note: In order for students to get the most out of this course and benefit from its instruction, it is important that they complete ALL FOUR scheduled classes BEFORE they take the SAT exam.

Fee: \$199

Supplies: Students must purchase "The Official SAT Study Guide by College Board 2016" (ISBN: 978-145 7304309) prior to the start of class. Students should also bring a notebook, calculator, pen and pencil to class.

Instructor: Joseph King and Eileen Magone
Offered at 2 locations for your convenience

Location: Oceanside Campus, Room 4607

Time: 4 Saturdays, 1/28–2/25, 9 AM–2 PM
No class on 2/18.

Location: San Elijo Campus, Room 107

Time: 4 Saturdays, 3/4–4/1, 9 AM–2 PM
No class on 3/25.

Making Your Website Accessible—Increase Website Traffic!

You've created this amazing website, but nobody is coming to it. How do you market it? How do you get people to show up? Find out in this class. You will need a WordPress website with a blog to attend this class. You will learn SEO basics for your pages and posts, how to choose images for your posts and how to optimize your post, pages and images for search. You will leave the class with a good working knowledge that will help your website increase the traffic it deserves.

Note: Students must already have a blog, or have already taken "Create a Website with WordPress" class (see class information below).

Fee: \$89. Early Bird Special \$80 (Register BEFORE 4/28 for this rate)

Instructor: Amy Hall

Location: San Elijo Campus, Room 107

Time: 2 Saturdays, 5/6 & 5/13
9 AM–12 PM

Creating a Website with WordPress

Students learn the basic principles of creating a website with WordPress.com and WordPress.org. WordPress.com will be used in class because it's free and easy to set up. No special software is necessary and WordPress.com can run on Windows or Mac computers. WordPress is user friendly, provides good search engine optimization, and has lots of free online support. In addition, it's easy to update your content online and set up your site with a professional theme. Come see why there are over 56 million WordPress sites in the world!

Fee: \$89. Early Bird Special \$80 (Register BEFORE 1/27 for this rate)

Supplies: Students should have an idea of how the website will look and the content it will contain. Students may bring digital pictures to upload. Bring sack lunch.

Instructor: Amy Hall

Location: San Elijo Campus, Room 107

Time: 2 Saturday, 2/4–2/11, 9 AM–12 PM



Selling Your Stuff Online

Are you looking to get rid of books, furniture, jewelry or electronics? In this course, students will learn how to use Facebook, Amazon, Craigslist and eBay so that they can buy and sell. Taking photos and uploading them also will be taught. Students also will learn how to get more people to view their items and how to advertise them through social media sites. Through step-by-step demonstrations, become familiar with where to post what, how to create exciting ads, and other useful tips.

Fee: \$42. Early Bird Special \$39 (Register BEFORE 4/21 for this rate)

Supplies: \$5 material fee will be collected in class. Please bring a notebook, pen, and digital pictures of products you might like to sell (on USB flash drive).

Instructor: Jonathan Sandoval

Location: Oceanside Campus, Room 4607

Time: 1 Saturday, 4/29, 9 AM–12 PM

Beginning Adobe InDesign Workshop

In this Adobe InDesign class, we'll explore newsletters, brochures and more! Some of the techniques and tools used include the selection tool, type tool, strokes & fills, master pages and linking files. The program is the same for Mac and PC users. Prerequisite: Must have some computer skills.

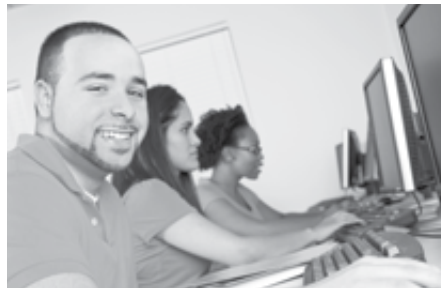
Fee: \$109. Early Bird Special \$99 (Register BEFORE 1/25 for this rate)

Instructor: Tony Lasley

Location: San Elijo Campus, Room 107

Time: 8 Mondays, 1/30–3/27, 5:30–7 PM

No class on 2/20.



ATTENTION COMPUTER STUDENTS

You are required to bring a backup medium for your files. We recommend at least an empty 2 GB USB flash drive.



Beginning Adobe Photoshop Workshop

Are you a digital photographer? Would you like to know more about how to edit and improve your photos using Adobe Photoshop? If so, then this short 2-day hands-on class is for you! Photoshop can be used for relatively simple photo-editing tasks such as image sizing, cropping, red-eye correction, color balancing, and exposure correction. But, Photoshop can do SO much more! This class provides an introduction to the wealth of Photoshop's capabilities. The class begins with an overview of the Photoshop workspace including a discussion of the key photo-editing tools. The course content then expands to include more advanced topics, such as combining images and using filters and adjustments for interesting effects, and working with layers and brushes to create unique artistic works.

Note: Students should have basic computer and mouse skills.

Fee: \$95. Early Bird Special \$89 (Register BEFORE 4/13 for this rate)

Supplies: \$5 material fee will be collected in class for handouts. Students should bring a USB flash drive.

Instructor: Gary Koop

Location: San Elijo Campus, Room 107

Time: 2 Saturdays, 4/22–4/29, 8:30 AM–12:30 PM

Introduction to QuickBooks Workshop

Throughout this course, you will have hands-on experience using QuickBooks Pro, software designed to help small- and medium-sized businesses maintain their financial data with ease and

accuracy. You will begin with an introduction to basic accounting fundamentals, how to maneuver through the software easily, and basic file management principles. Then you will learn the basic skills needed to effectively deal with customers, vendors, banking transactions and what happens "behind the scenes"

as QuickBooks helps you manage financial data including reports such as the balance sheet and profit & loss. Throughout this course, the instructor will address your real-life bookkeeping issues in your business.

Fee: \$105

Supplies: \$10 material fee will be collected in class. Students should bring a USB flash drive.

Instructor: Mary Ann Wallner

Location: San Elijo Campus, Room 108

Time: 2 Saturdays, 2/4–2/11, 9 am–1:30 pm

Microsoft Excel for the Business Professional—2 Days Workshop

Students must be familiar with the basics of Microsoft Excel.

In this workshop, you will move beyond opening a spreadsheet and typing in values. Topics include:

- Create user-friendly worksheets through the use of cell and table style galleries to quickly format your spreadsheet the way you want.
- Create and manipulate informative databases and workbooks.
- Use Excel's conditional formatting feature.
- Create reports and interactive charts and PivotTables.
- Write powerful math formulas that will help you perform complex math functions, make decisions, and look up values in a table.

Fee: \$75

Supplies: \$10 material fee will be collected in class. Students should bring a USB flash drive.

Instructor: Mary Ann Wallner

Location: San Elijo Campus, Room 108

Time: 2 Saturdays, 5/6 & 5/13, 9 AM–1 PM

AVOID PARKING CITATIONS

PARKING PERMITS ARE NOW REQUIRED AT:
Community Learning Center
Oceanside Campus
San Elijo Campus

Exceptions:

- Students who have a current California disabled placard are not required to pay parking fees; however, they must register their vehicles with College Police.
- Second Saturday workshops. See page 51.

Students attending the Technology Career Institute do not need to pay for a parking permit.

Please see page 4 for parking information and where to purchase parking permits.

Microsoft Excel 2-Day Workshop —One Step Above the Basics

Students should know how to use the keyboard and mouse, and know how to open and save a file. For those students not using Excel on a regular basis, we encourage you to sign up for the **MS Office Suite**. In this class, learn through easy-to-understand instructions how to create and edit basic worksheets and workbooks in order to give you a solid understanding of the basic functionality of Excel when completing tasks. Learn how to make your spreadsheets more professional, write basic mathematical formulas, sort and analyze data, create charts and graphs, and more!

Fee: \$75

Supplies: \$10 material fee will be collected in class. Students should bring a USB flash drive.

Instructor: Mary Ann Wallner

Location: San Elijo Campus, Room 108

Time: 2 Saturdays, 4/1 & 4/8, 9 AM–1 PM

Microsoft Office Suite Workshop

Essential training on Word, Excel and PowerPoint for businesses and working from home on a PC.

Day 1: MS Word. Students will use real world examples to learn the core features and tools. Learn how to orient yourself to MS Word interface, then delve into the functionality at the heart of Word: creating, editing, and formatting documents. Learn how to proof documents, work with tables, use document styles, layout pages, and illustrate documents.

Day 2: MS Excel. Learn tips and shortcuts to increase efficiency and get the full power out of Excel. Get more familiar with the ribbon and quick access toolbar; navigate workbooks and selecting cells; learn tips for data entry and editing; and much more!

Day 3: PowerPoint. Engage an audience with images, charts and diagrams in a professional presentation. This course covers how to start a presentation from scratch; apply slide layouts for consistency; rearrange slides; run a presentation for an audience; format; add and customize with photos, clip art, tables, charts; and print your presentation.

Fee: \$140

Supplies: \$10 material fee will be collected in class. Students should bring a USB flash drive.

Instructor: Mary Ann Wallner

Location: Oceanside Campus, Room 4607

Time: 3 Saturdays, 3/4–3/18, 9 AM–1 PM

MiraCosta College Technology Career Institute



ONLINE LEARNING. ENROLL TODAY!

Discover why millions of students are making the switch to online learning. With online courses, you can study at your convenience in your preferred learning environment. Our courses and programs are highly engaging and relevant and our instructors are interactive and support you through the curriculum. Choose from our growing catalog of instructor-led courses designed to teach you a new skill, or refresh a current one or try our Career Training Programs, geared to place you into a new career in an in-demand field.

Online Courses

- Instructor-Facilitated
- 24-Hour Access
- 6 Weeks of Instruction

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. The course is available to you anytime, anywhere.

Popular Courses:

- Accounting Fundamentals
- Creating Web Pages
- Medical Terminology: A Word Association Approach
- Speed Spanish
- Introduction to Microsoft Excel
- And more...

Career Training Programs

- One-On-One Instructor Assistance
- 24-Hour Access
- All Materials and Books are Included!

Prepare for employment in some of today's hottest careers. Our online Career Training Programs are comprehensive, affordable, and self-paced. You can begin these programs at any time and learn at your own pace.

Popular Programs:

- Medical Billing and Coding
- CompTIA™ A+ Certification Training
- Six Sigma Black Belt
- Building Analyst Quick Start Program
- Medical Transcription
- Travel Agent Training
- And more...

Community Education online classes offered through our partnership with Ed2Go are **NOT FOR CREDIT**. Call **760.795.6820** for more information.

Enroll, pay and easily access your course at **ed2go.com/miracosta**

The Best Program in North County

There are two requirements in order to get a driver's license in the state of California before the age of 18. 1) **Classroom Drivers Education** and 2) **Behind-the-Wheel Drivers Training**. MiraCosta College offers both! Students must be at least 15 in order to take drivers education classes and 15 ½ to take behind-the-wheel training.

OUR PACKAGE DEAL*: Sign up for both programs at the same time and pay **\$360**. This is a \$30 savings! Individually, Drivers Education is **\$90** and Behind-the-Wheel is **\$300**.

Please call **760.795.6825** for more information.

Classroom Drivers Education

Fee: \$90

Certified instructors interact with students using guest speakers, contemporary audio/visual aids and the most recent edition of *License to Drive*. Please call 760.795.6825.

MiraCosta College Oceanside Campus

1 Barnard Drive, Oceanside

4 Saturdays, 8 AM–3:15 PM, Room 3201

- 1/7–2/4 (No class on 1/14)
- 2/11–3/11 (No class on 2/18)
- 3/18–4/15 (No class on 3/25)
- 4/22–5/13
- 5/20–6/17 (No class on 5/27)

MiraCosta College San Elijo Campus

3333 Manchester Avenue, Cardiff

4 Saturdays, 8 AM–3:15 PM, Room 401

- 2/11–3/11 (No class on 2/18)
- 4/22–5/13

Adult Drivers Training

Fee: \$323

(18 years of age and older)

Lessons consist of three days of training, two hours per day. The instructor will pick you up at your home. You must have a valid California learner's permit to sign up. (Package deal does not apply).

Call 760.231.1221 to register.



Behind-The-Wheel Training

Fee: \$300

Six hours of one-on-one training

Students receive six hours of one-on-one instruction in our Behind-the-Wheel Drivers Training Program.



Students receive six hours of Behind-the-Wheel instruction. Convenient times after school, evenings, and weekends are available. Behind-the-Wheel Drivers Training pickup locations: Carlsbad High, El Camino High, Rancho Buena Vista High, La Costa Canyon High, MiraCosta College in Oceanside and MiraCosta College in Cardiff. All licensed instructors are professional and reliable. Our courses satisfy all DMV requirements. Students taking advantage of our Package Deal will choose their dates for Behind-the-Wheel Drivers Training during their Classroom Drivers Education class session. **To register for Behind the Wheel Training, please call 760.231.1221.**

Pre-enrollment is required for both Classroom Drivers Education and Behind-the-Wheel Drivers Training programs. Please call 760.795.6825 or 795.6820 to register over the phone with a Visa, MasterCard or Discover Card or come in person to the MiraCosta College Oceanside Campus Building T510 or TCI Campus in Carlsbad. You can also register online at <http://miracosta.augusoft.net>. To register for Behind-the-Wheel Training only, 760.231.1221.

**Students taking advantage of our package deal will choose their dates for Behind-the-Wheel Training while taking Classroom Drivers Education. You must complete the Behind-the-Wheel Drivers Training Program within one year of completing Classroom Drivers Education.*

Summer FUN

with really amazing teachers!



Watch for our upcoming exciting
College for Kids summer 2017 schedule.
Posted online by February 27!

— Look forward to some of our most popular classes —

- Ace of Cakes
 - Flash Mob Fun Dance
 - Fierce & Fabulous Females
 - Hogwarts School of Wizardry
 - Jr. Vet Tech / Vet Tech
 - Junior Animal Trainer
 - Robotics: LEGO Mindstorm EV3
 - Survivor Camp
 - You Be the Chemist
 - Motors & Generators for Young Engineers
 - Totally Irresponsible, Potentially Catastrophic Science
 - Video Game Design
 - Young Jedi Academy
 - Top Chef
 - **NEW** Aloha Hawaii
 - **NEW** Feel the Beat – Tap Dance
 - **NEW** Medieval Madness
- And more to come...



COLLEGE FOR KIDS
AND YOUTH ACADEMY
AT MIRACOSTA COLLEGE

Call 760.795.6820 for more information

NEW Beginning Ballroom

No partner necessary.

Learn to dance with confidence, grace, and style. This is a great class to brush up or to learn new dances. This session, we are exploring the elegant waltz, and the conversational dance, Foxtrot. We will cover social dancing, and how to take the material we learn in class to an actual real-life dance situation.

Fee: \$85. Early Bird Special \$79
(Register BEFORE 2/24 for this rate)

Supplies: Wear soft, smooth-soled shoes (no flip flops). Please bring a notepad and pen or pencil

Instructor: Ana Gloria

Location: San Elijo Campus, Room 204

Time: 7 Saturdays, 3/4–4/29, 9–10 AM
No class on 3/25 & 4/15.



Beginning/Intermediate Club Line Dancing

COME ON OUT AND KICK UP YOUR HEELS!! A fun, energizing line dance class with country, pop and R&B music. Make new friends! Dances taught will be high beginner/low-mid intermediate levels. Recommended for students with prior line dance experience. Improve cardio fitness, muscle strength, flexibility and coordination. Wear shoes to slide around on the dance floor (leather or suede or cloth soles or socks). Learn dances done at local line dance clubs Incahoots, The Renegade, Temecula Stampede, The Cowshed, etc.

Fee: \$89. Early Bird Special \$79
(Register BEFORE 1/25 for class start date 2/1 and BEFORE 3/29 for class start date 4/5)

Supplies: Wear soft, smooth-soled shoes.

Instructor: Vicki Deriso

Location: Carmel Valley Middle School, Room 240

Time Options:

8 Wednesdays, 2/1–3/22, 6:30–7:30 PM

8 Wednesdays, 4/5–5/31, 6:30–7:30 PM
No class on 4/12.

Rumba Dance Workshop

Perfect for Valentine's Gift!

American rumba is the perfect dance to begin your Latin dance training. The music is slower than salsa, giving leaders time to figure out how it all works. It can be danced in small places to a broad range of musical styles and tempos. Detailed instruction from a world-champion ballroom dancer will get you from 0-10 in no time! Grab a partner and sign up. If you want to join solo, please contact instructor before registering.

Note: Please contact instructor if you would like to sign up solo, email her at michellelmadore@gmail.com

Fee: \$99. Early Bird Special \$90
(Register BEFORE 1/26 for this rate)

Supplies: Wear soft, smooth-soled shoes (no flip flops).

Instructor: Michelle Madore

Location: Fletcher Cove, Community Room

Time: 6 Wednesdays, 2/1–3/15, 6:45–7:40 PM
No class on 3/1.

NEW Salsa & Bachata Dance

No partner necessary.

All levels are welcome

Summer is on its way, and it's time to turn on the heat! No matter if you are a beginner or looking to shake the dust off your salsa and bachata moves, this class is a great way to get ready for any event! Latin dance is very popular and easy to learn. This exciting class highlights the Latin-rhythm partner dances that can be danced at Latin clubs or at your own house party.

Fee: \$85. Early Bird Special \$79
(Register BEFORE 2/24 for this rate)

Supplies: Wear soft, smooth-soled shoes (no flip flops). Please bring a notepad and pen or pencil

Instructor: Ana Gloria

Location: San Elijo Campus, Room 204

Time: 7 Saturdays, 3/4–4/29, 10:15–11:15 AM
No class on 3/25 & 4/15.



NEW Introduction to Slow Dancing**No experience required.**

Do you want to learn partner or ballroom dancing but believe you have two left feet and it's hopeless? (Or maybe that's your partner?) This introductory class will give you the breakthrough you need, prepare you for all partner dancing (and other ballroom dance classes as well), and sort out those feet! We will demystify how to hear and match the rhythm of a song, and you'll learn basic smooth slow dancing, derived from easy movements you do every day. It's the perfect style to suit most social events that include dancing, such as work or charity functions, cruises, weddings, etc. Stop feeling left out and get in on the romantic fun of dancing!

Fee: \$78. Early Bird Special \$72 (Register BEFORE 1/31 for this rate)

Note & Supplies: Leather soled shoes recommended. Partners strongly recommended. There will be a small amount of changing partners.

Instructor: Liz O'Grady

Location: Technology Career Institute, Student Center

Time: 6 Mondays, 2/6-3/20, 7-8 PM
No class on 2/20.

Soul Line Dancing

No partner or experience required.

Line dancing is not just for those who love country western tunes. Learn soul line dances choreographed to old school, jazz, R&B and more. Move beyond the cupid shuffle and the electric slide and give 2 by 4 and the Michael Jackson shuffle a try. Beginner and experienced dancers welcomed.

Fee: \$85. Early Bird Special \$75 (Register BEFORE 3/31 for this rate)

Supplies: Wear soft, smooth-soled shoes (no flip flops).

Instructor: Pamela Jackson

Location: San Elijo Campus, Room 204

Time: 6 Thursdays, 4/6-5/11, 6:30-8 PM



Swing Dance Workshop

East Coast swing is a great dance to get you moving and having fun on the dance floor! It's the "classic" swing and is a very versatile dance. It's popular with bands of all kinds, at weddings, and events. Detailed instruction from a world champion ballroom dancer will quickly get you where you want to be! Grab a partner and sign up, or contact the instructor for availability of joining solo.

Note: Please contact instructor if you would like to sign up solo, email her at michellelmadore@gmail.com

Fee: \$99. Early Bird Special \$90 (Register BEFORE 3/16 for this rate)

Supplies: Wear soft, smooth-soled shoes (no flip flops).

Instructor: Michelle Madore

Location: Fletcher Cove, Community Room

Time: 6 Wednesdays, 3/22-4/26, 6:45-7:40 PM

NEW Waltz Dance Workshop

The American waltz is alive and well and every couple should be able to do a waltz together! American waltz is a great place to begin working with a new partner, get your bearings on developing dance posture, connection and frame. This class is suitable for beginners through more intermediate dancers. Focus will be on technique and how to bring out the elegant, romantic look of a slow waltz. Grab a partner and sign up. If you want to join solo, please contact instructor before registering.

Note: Please contact instructor if you would like to sign up solo, email her at michellelmadore@gmail.com

Fee: \$99. Early Bird Special \$90 (Register BEFORE 1/26 for this rate)

Supplies: Wear soft, smooth-soled shoes (no flip flops).

Instructor: Michelle Madore

Location: La Costa Canyon High School, Dance Room

Time: 6 Thursdays, 2/2-3/9, 6:45-7:40 PM



SAVE!
Take advantage of the Early Bird Special.
Note: Applies to select courses. Check each class for pricing.

Balance/Coordination for Active Older Adults

These simple, safe but challenging exercises are designed to improve balance and coordination. They will include exercises to improve "core" muscle strength as well as overall muscular strength. Participants will move in often unpracticed ways such as backwards, tilting and turning. Fall prevention and recovery will be practiced throughout the course.

Fee: \$32

Instructor: Colleen Soto

Location: La Colonia Park, Recreation Room

Time: 8 Fridays, 2/3-3/24, 10-11 AM

Fee: \$28

Location: La Colonia Park, Recreation Room

Time: 7 sessions, 4/7-5/26, 10-11 AM

No class on 5/5.



Low-Impact Chair Fitness

This course provides an opportunity for individuals to improve overall health and fitness through participation in enjoyable physical activity. The course includes a low-impact aerobic warm-up exercise, weight training, core body strengthening and stretching exercises all set to upbeat music. Emphasis is on safety, proper body alignment, appropriate exercise intensity, and control of movement. The exercises may be performed in a standing position or while seated. The course is designed to address the specific needs of the senior population.

Note: Complimentary parking available until 11:15 AM at Jake's Del Mar Restaurant

Fee: \$48

Supplies: Students are encouraged to wear comfortable clothing and supportive exercise shoes. Please bring hand-held weights (some will be available on site but not guaranteed).

Instructor: Leslie Siegel

Location: Del Mar Powerhouse, Community Room

Time Options:

12 sessions, Tuesdays & Thursdays
1/10-2/16, 10-11 AM

12 sessions, Tuesdays & Thursdays
2/28-4/6, 10-11 AM

Fitness For Active Older Adults

Work out with energetic, active adults. The exercises are specific for improving and maintaining quality of life and injury prevention. All participants are encouraged to challenge their individual fitness level to maintain and improve overall health. This class is geared to the senior exerciser seeking improved strength, vitality and an active lifestyle.

Supplies: Students are encouraged to wear comfortable clothing and supportive exercise shoes. Please bring hand-held weights, towel, thick exercise mat and water to class. Most yoga mats are too thin for the floor work.

Offered at multiple locations for your convenience

Fee: \$36

Instructor: Colleen Soto

Location: La Colonia Park, Recreation Room

Time: 9 sessions, Mondays, Wednesdays & Fridays
1/4-1/25, 7:45-8:45 AM **OR** 9-10 AM
No class on 1/16.

Fee: \$92

Time Options:

23 sessions, Mondays, Wednesdays & Fridays
1/30-3/24, 7:45-8:45 AM **OR** 9-10 AM
No class on 2/20.

23 sessions, Mondays, Wednesdays & Fridays
4/3-5/26, 7:45-8:45 AM **OR** 9-10 AM
No class on 5/5.

Fee: \$88

Instructor: Leslie Siegel

Location: Ocean Air, Gym

Time: 16 sessions, Mondays, Wednesdays & Fridays
1/9-2/15, 8:45-10 AM. *No class on 1/16.*

Fee: \$113

Time Options:

18 sessions, Mondays, Wednesdays & Fridays
2/27-4/7, 8:45-10 AM

18 sessions, Mondays, Wednesdays & Fridays
4/17-5/26, 8:45-10 AM

Fee: \$44

Instructor: Susan Bornhoff

Location: Del Mar Powerhouse, Community Room

Time Options:

11 sessions, Tuesdays & Thursdays
1/10-2/14, 9-10 AM

11 sessions, Tuesdays & Thursdays
4/18-5/23, 9-10 AM

Fee: \$48

12 sessions, Tuesdays & Thursdays
2/28-4/6, 9-10 AM

The Alexander Technique

Reduce stress, look better, feel better and move with effortless grace. Used by the most famous actors and musicians to carry themselves with grace and ease and increase their skill at anything. British Medical Journal studies show it to be the most effective and economical treatment for back pain. Whether you have muscle aches and pains or just want to improve your posture, you can benefit from the Alexander Technique. Come learn and experience what you can do for yourself to be an elegant, pain-free you!

Note: The Alexander Technique does not involve exercises.

Fee: \$48. Early Bird Special \$40 (Register BEFORE 3/3 for this rate)

Instructor: Eileen Troberman

Location: Sunset High School, Room A-4

Time: 2 Saturdays, 3/11 & 3/18, 10 AM–12 PM

Karate for Self-Defense

Traditional karate is taught by lifelong members who are dedicated to sharing the practice of ancient martial arts. Many students have achieved and benefited from physical



improvements in endurance, stamina, flexibility, balance, and overall health. Mentally, karate builds on self-discipline, self-confidence, and espouses core values of courtesy, integrity, honor, and self-control. Karate can be practiced by everyone, and at any age. Regardless of your current physical condition, you can benefit from this class while learning a practical method of self-defense.

All ranks awarded are recognized by Shotokan Karate of America (SKA), a nonprofit educational organization founded in 1956 by Tsutomu Ohshima. Your instructor is a third degree black belt student of Tsutomu Ohshima, and has taught Community Education classes since 1996. We invite you to visit his website for additional information at: www.sandiegoshotokan.org

Fee: \$109. Early Bird Special \$99 (Register BEFORE 1/24 for this rate)

Instructor: Darren Pike

Location: San Elijo Campus, Room 204

Time: 13 sessions. Tuesdays & Thursdays 1/31–3/14 6:30–7:30 PM

Meditation for Everyone

Please join Christina Neumeyer and learn this simple, affordable, and ancient technique of focused relaxation, a perfect class for both new and experienced practitioners. Research has consistently shown that meditation can reduce symptoms related to chronic pain, insomnia, and anxiety. Breathing exercises, soft music, and quiet contemplation help to reduce stress hormones and improve well-being. Each class will offer skills to increase calmness, allowing you to self-soothe and engage more deeply in life's daily tasks. Christina offers a wealth of resources, book recommendations and handouts, keeping the class momentum interactive. All adult ages and physical conditions welcome. Please bring a mat or towel. Class will fill up so register early. This is just what the doctor ordered!

Fee: \$45. Early Bird Special \$35 (Register BEFORE 3/9 for this rate)

Supplies: Please bring a towel or a mat.

Instructor: Christina Neumeyer

Location: San Elijo Campus, Student Center Conference Room 926

Time: 3 Wednesday, 3/15–3/29, 6–7 PM

Pilates Mat Class

Pilates Mat Class is a total body workout done on a mat with resistance exercises and no impact to the joints. The exercises challenge your core, as well as stretching and strengthening your entire body. This class is taught in a focused and fun environment for all to benefit and enjoy. You will leave this class feeling stronger, energized and ready to start your day!

Fee: \$69

Supplies: Please bring exercise mat to class.

Instructor: Geri Jones

Location: Fletcher Cove, Community Center

Time Options:

7 Thursdays, 2/2–3/16, 9:15–10:15 AM

7 Mondays, 1/30–3/20, 10:15–11:15 AM

No class on 2/20.



Pilates/Yoga Fusion

Do you want an invigorating yet calming workout but can't decide between yoga and Pilates? Now, you don't have to! This class format combines core stability benefits from Pilates and peace of mind aspects from yoga. Both disciplines will strengthen, tone and elongate your muscles as well as focus and calm your mind. The class ends with a traditional relaxation pose to renew mind, body and spirit.



Fee: \$89. Early Bird Special \$80 (Register BEFORE 1/27 for this rate)

Supplies: Please bring yoga mat, towel and water. Participants should be able to transition from standing to laying down position.

Instructor: Carolyn Cretella

Location: Carmel Valley Middle School, Room 240

Time: 7 Thursdays, 2/2–3/16, 5:45–7 PM

Therapeutic Massage for Couples—Health & Wellness

Just in time for Valentine's Day!

After a long, stressful day at work or a strenuous athletic event, there is no better feeling than receiving a nourishing, therapeutic massage by your partner or loved one in your own home. Taught by a professional massage therapist with over 20 years of experience, Therapeutic Massage for Couples teaches a professional, quick 10, 15 or 20-minute quality massage session designed to reduce stress and some common ailments such as headaches, low back issues or tired achy feet. You can stay in your comfortable clothing and there is no expensive equipment required. Massage can be easily enjoyed in your everyday life and for a lifetime by unlocking your natural ability to assist health and healing through touch.

Fee: \$89 per couple. Early Bird Special \$79 per couple (Register BEFORE 2/3 for this rate)

Supplies: \$10 material fee will be collected in class for handouts and massage lotion. Please bring note paper, small hand towel, mats, two pillows, and wear loose, comfortable clothing.

Instructor: Keoni & Kasey Salgado

Location: San Elijo Campus, Room 204

Time: 1 Saturday, 2/11, 10 AM–2 PM

T'ai Chi by the Sea

Perhaps you've heard of t'ai chi or watched a group of participants flowing to its gentle rhythms. Now, YOU too can learn all about t'ai chi in our class overlooking the beautiful, blue sea. Join other first-timers (and those who return again and again) to explore the world of t'ai chi, the ancient Chinese martial art long valued as a healing, meditative and defensive practice. Following yin-yang principles (the foundation of traditional Chinese medicine and acupuncture), t'ai chi promotes harmony, relaxation and balance. T'ai chi exercises condition your whole body and improve your mood, posture, concentration, coordination, circulation, strength and flexibility, all while reducing stress and increasing your energy. The steps and movements ("five elements," "five animals," and basic qigong) are easily learned by everyone.

Fee: \$85. Early Bird Special \$75 (Register BEFORE 1/25 for this rate)

Supplies: Wear comfortable clothes and shoes.

Instructor: Mary Ann Sowards

Offered at 2 locations for your convenience

Location: Fletcher Cove, Community Room

Time: 8 Fridays, 2/3–3/31, 8:45–9:45 AM
No class on 2/17.

Location: Del Mar Powerhouse, Recreation Room

Time: 8 Mondays, 1/30–3/27, 9:15–10:15 AM
No class on 2/20.

T'ai Chi by the Sea—Level 2

New horizons! Learn the 24-movement yang-style form. This t'ai chi system of holistic exercises underlies many of the ancient martial arts. It is recognized as a gentle form of practice that reaps many health benefits. It promotes physical fitness, mentally relaxed alertness, stress reduction and self-defense. Based on the traditional Chinese principle of the yin-yang harmony of the universe, this form combines activation of the vital internal "chi" energy with the 24 graceful, smoothly flowing movements. These movements stimulate blood circulation, correct posture and restore whole-body balance. It is practiced as a defense, health, and meditative art.

Fee: \$85. Early Bird Special \$75 (Register BEFORE 1/27 for this rate)

Supplies: Wear flat, non-skid shoes.

Instructor: Mary Ann Sowards

Location: Fletcher Cove, Community Room

Time: 8 Fridays, 2/3–3/31, 10–11 AM
No class on 2/17.

Italian Wine, Food & Culture

If you love everything Italian, then this class is for you! Immerse yourself in Italian food, wine and culture in this fun and delicious class including weekly wine tastings with wines from a variety of regions of Italy. Enjoy olive oil, cheese, and various Italian food tastings. We will invigorate your senses with Italian music, art and film and take you away to known and unknown Italian lands each week. Of course, those favorite Italian expressions you love so much will be here, too. No formal Italian language skills are necessary for this class. All who love Italy are welcome.

Note: Must be 21 or older to register.

Fee: \$98. Early Bird Special \$90 (Register BEFORE 3/1 for this rate)

Supplies: \$40 material fee will be collected in class to cover wine, handouts, food, and utensils. Please bring notebook, pen, and a bottle of drinking water.

Instructor: Kristin Maccarrone

Location: San Elijo Campus, Room 406

Time: 6 Tuesdays, 3/7-4/11, 6-8 PM

NEW Taste Wine Like a Pro

Join Sommelier Bridget Cheslock and learn how to drink and purchase wine like a pro! Throughout this interactive class you will learn about wine production from vineyard to bottle. Learn how to swirl, sniff and sip as you experience wines from some of the most famous regions in the world as we use the sommelier's blind tasting method.

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register.

Fee: \$85. Early Bird Special \$79 (Register BEFORE 1/18 for this rate)

Supplies: \$60 material fee will be collected in class. Please bring 3 wine glasses, pen & paper to each class.

Instructor: Bridget Cheslock

Location: San Elijo Campus, Room 406

Time: 6 Mondays, 1/23-3/6, 6-8 PM

No class on 2/20.



Beginning French Conversation for Travelers

Do you dream of strolling through the cobblestone streets of Paris, or basking in the sun on the French Riviera? Learn how the French live, how they speak, and how you can best fit into that world while you travel. Master the basics and begin speaking the language. Quickly learn key words and expressions you can use to make you feel confident and comfortable in your travels. You'll be ready to say, "Bon voyage!" before you know it.

Fee: \$98. Early Bird Special \$90 (Register BEFORE 1/19 for this rate)

Supplies: \$10 material fee will be collected in class. Please bring a folder and a pen or pencil.

Instructor: Kristin Maccarrone

Location: San Elijo Campus, Room 306

Time: 6 Wednesdays, 1/25-3/1, 6-8 PM



Beginning Italian Conversation for Travelers

Come prepared to have fun in this easy-going and energetic class that will motivate you to plan that trip to Italy you have been dreaming about! Here, you will immerse yourself in Italian language, cultural tips and customs so you will feel more like an "Italian" in Italy. You will be amazed at how quickly you learn the language with a series of activities and typical Italian expressions designed to get you speaking as soon as possible.

Fee: \$98. Early Bird Special \$90 (Register BEFORE 1/19 for this rate)

Supplies: \$10 material fee will be collected in class. Please bring a folder and a pen or pencil.

Instructor: Kristin Maccarrone

Location: San Elijo Campus, Room 306

Time: 6 Tuesdays, 1/24-2/28, 6-8 PM



Spanish Story & Conversation

Learning Spanish is fun when you're reading an entertaining story! That's just what you'll do in this class, which is like a book club where you learn and improve your Spanish. We'll read the short Spanish book (geared specifically for Spanish learners), "Frida Kahlo," about the life of one of Mexico's greatest artists. An icon of strength, this brief biography provides a glimpse into her turbulent life and symbolic art. The story will be a springboard to hearing, reading and practicing Spanish. This is a very enjoyable and rewarding way to approach learning the language. You'll be pleased at the improvement you see in your comprehension! Appropriate for and open to advanced-beginners with at least some basic Spanish, and intermediate students.

Fee: \$125. Early Bird Special \$119 (Register BEFORE 2/9 for this rate)

Supplies: \$10 material fee will be collected in class for audio recording. Students must purchase a book prior to first class session: "Frida Kahlo" ISBN: 978-1-940408-36-1, approx. \$6 + s/h. (Purchase info: <http://italianowithjodina.com/spanish-classes/>) Bring a notebook, pencil/pen and highlighter.

Instructor: Jodina Hahn Gallo

Location: Oceanside Campus, Room 3609

Time: 8 Wednesdays, 2/15-4/12, 7-9 PM

No class on 3/8.

NEW Spanish 1B— for Mature Adults

Practice, pronunciation and vocabulary are emphasized in this class. This course will promote conversation by doing dialogues that deal with daily life. Your vocabulary will improve and you will feel more confident speaking Spanish. You will learn many useful new verbs including "ser", "estar" and "gustar".

Fee: \$129. Early Bird Special \$120 (Register BEFORE 2/16 for this rate)

Supplies: Students must purchase "Spanish is Fun" Book 1(4th edition) by Heywood Wald (2nd part of the book will be covered). ISBN: 978-1-56765-815-6. Available at amazon.com

Instructor: Gerda Snell

Location: La Colonia Park, Conference Room

Time: 8 Wednesdays, 3/1-4/19, 10 AM-12 PM



NEW Spanish 2A— for Mature Adults

This course is designed for those with knowledge of Spanish in present tense or have acquired knowledge from Spanish 1B. Classes will include grammar, vocabulary, pronunciation, and culture. Reading, writing and conversation through dialogues, stories and role playing will be the focus in class.

Fee: \$129. Early Bird Special \$120 (Register BEFORE 1/27 for this rate)

Supplies: Student must purchase "Spanish Made Simple" by Eugene Jackson and Antonio Rubio (ISBN-13: 978-0767915410), and "Practice Makes Perfect Spanish Pronouns and Prepositions" by Dorothy Richmond (ISBN-13: 978-0071739177). Available at amazon.com

Instructor: Alicia Meneses

Location: La Colonia Park, Conference Room

Time: 8 Fridays, 2/3-3/24, 10 AM-12 PM



NEW Spanish 2B— for Mature Adults

This course is designed as a continuation of Spanish 2A and will review over skills acquired from 2A. Classes will include more vocabulary, pronunciation skills, and grammar. You will continue to

improve your conversational skills in a relaxed and fun manner. The development of oral communication, reading and writing will be reviewed to assess understanding.

Fee: \$129. Early Bird Special \$120 (Register BEFORE 3/31 for this rate)

Supplies: Student must purchase "Spanish Made Simple" by Eugene Jackson and Antonio Rubio (ISBN-13:

978-0767915410), and "Practice Makes Perfect Spanish Pronouns and Prepositions" by Dorothy Richmond (ISBN-13: 978-0071739177). Available at amazon.com

Instructor: Alicia Meneses

Location: La Colonia Park, Conference Room

Time: 8 Fridays, 4/7-5/26, 10 AM-12 PM



NEW Spanish at a Workplace

Communicating with Spanish-speaking employees, customers, citizens or co-workers is important. In this class, you will learn lots of repetition, drills, practice and conversations that will meet your basic business communication goals. If you don't have the time or budget for long-term Spanish classes, this class is designed for students who want to learn easy expressions and it will get you speaking as soon as possible. There will be new topics to learn each session.

Fee: \$98. Early Bird Special \$90 (Register BEFORE 1/25 for this rate)

Supplies: Student must purchase "Household Spanish" by William C. Harvey (ISBN-13: 978-0764147678). Available at amazon.com. Bring a notebook, pencil/pen and highlighter.

Instructor: Alicia Meneses

Location: San Elijo Campus, Room 308

Time: 6 Wednesdays, 2/1-3/8, 6-8 PM



The Writer's Elevator II

All writers welcome, no prerequisites are required.

Designed to propel plots, deepen characters and scintillate readers, this class offers more than a dozen writing exercises to elevate your writing. Action-packed, this two-hour workshop builds on the techniques introduced in The Writer's Elevator and utilizes those techniques to write page-turning pieces.

Note: This class builds on the first Writer's Elevator class, but the first class is not required.

Fee: \$45. Early Bird Special \$39 (Register BEFORE 2/28 for this rate)

Supplies: Students must bring a notebook, pen/paper.

Instructor: Sarah Turitto

Location: San Elijo Campus, Room 307

Time: 1 Tuesday, 3/7, 6:30-8:30 PM

Write and Publish a Book

There is a writer in all of us. In this single workshop, Carlsbad published author and screenplay writer Antonio F. Vianna helps you understand and apply the five basic steps of writing both fiction and nonfiction works: Planning, organizing, writing the draft, revising and editing, and submitting for publication. In addition, Vianna helps you understand the importance of branding, promoting and showcasing your work. The 3-hour session is relevant to those thinking about writing, the first-time writer, and those at an advanced level. Audio CD of the information and copies of PowerPoint slides are offered to each participant. Gain insights into marketing and promoting your book.

Fee: \$45. Early Bird Special \$39 (Register BEFORE 2/16 for this rate)

Supplies: \$9 material fee will be collected in class.

Instructor: Antonio Vianna

Location: San Elijo Campus, Room 306

Time: 1 Saturday, 2/25, 9 AM-12 PM

Classes & excursions
sell out quickly!

Call or register online to reserve your space—bring a friend or relative to make it more fun: 760.795.6820 or miracosta.augusoft.net.

American Heart Association
BLS Health Care Provider

Required course for health care providers.

This class provides a wide variety of health care professionals with the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe and effective manner. The course covers adults, children and infants, and is intended for certified or non-certified, licensed or non-licensed health care professionals. Payments are by cash or check.

Fee: \$65

Instructor: Roberto Del Valle, Senior Safety Consultant from My Safety First

Location: Oceanside Campus, Room 3205

Time Options:

1 Saturday, 2/11, 10 AM-2 PM

1 Saturday, 3/11, 10 AM-2 PM

1 Saturday, 4/22, 10 AM-2 PM

1 Saturday, 5/6, 10 AM-2 PM

Heartsaver First Aid with
CPR & AED

Students will receive a CPR/AED certification card and first aid card, valid for 2 years.

This course is recommended for medical professionals, lifeguards, fitness instructors, teachers, and public and private safety and security employees. This class teaches participants how to recognize and care for breathing and cardiac emergencies in adults, children and infants; how to perform one- and two-rescuer CPR; how to use a resuscitation mask (pocket mask), and how to use an AED for victims of sudden cardiac arrest, and how to handle common first-aid emergencies. Payments are by cash or check.

Fee: \$99

Instructor: Roberto Del Valle, Senior Safety Consultant from My Safety First

Location: Oceanside Campus, Room 3205

Time Options:

1 Saturday, 2/11, 10 AM-5 PM

1 Saturday, 3/11, 10 AM-5 PM

1 Saturday, 4/22, 10 AM-5 PM

1 Saturday, 5/6, 10 AM-5 PM

Heartsaver Adult/Child
CPR & AED

American Heart Association Adult/Child CPR and AED certification cards are valid for 2 years.

Participants learn how to perform CPR and care for breathing and cardiac emergencies in adults and children, in addition to learning how to use an automated external defibrillator (AED) on adult and child victims of cardiac arrest. Participants receive lifesaving information, hands-on training, and an American Heart Association booklet. Payments are by cash or check.

Fee: \$65

Instructor: Roberto Del Valle, Senior Safety Consultant from My Safety First

Location: Oceanside Campus, Room 3205

Time: Same dates as BLS Health Care Provider

For health care provider and heartsaver courses: Call 626.755.3710 for more information. Registration is on site, first class day or email to jrdelvalle@mysafetyfirst.org

Retirement Planning Today

It takes more than money to live a "rich life." This course blends financial education with life planning to help you build wealth, align your money with your values, and achieve your retirement lifestyle goals. In just two entertaining and informative sessions, you'll learn what they didn't teach you in school.

Fee: \$60—bring your spouse for **free!**

Supplies: This course includes a 235-page illustrated book.

Offered at multiple locations for your convenience

Instructor: Joe Anderson

Location: Oceanside Campus, Room 3606

Time: 2 Thursdays, 1/26 & 2/2, 6:30-9:30 PM

Location: Oceanside Campus, Room 3501

Time: 2 Saturdays, 3/11 & 3/18, 9-12 PM

Location: San Elijo Campus, Room 308

Time Options:

2 Tuesdays, 2/21 & 2/28, 6:30-9:30 PM

2 Thursdays, 3/2 & 3/9, 6:30-9:30 PM

Instructor: Brad Lineberger

Location: Carlsbad Senior Center, Art Studio

Time: 2 Saturdays, 2/25 & 3/4, 9 AM-12 PM

Location: La Costa Canyon High School, Room 1301

Time: 2 Thursdays, 3/2 & 3/9, 6-9 PM

Estate Administration Essentials

A trustee has an important job with serious legal consequences. This class will teach you how to be prepared for the end of a loved one's life. Step-by-step instructions will be provided for the post-death administration of an estate, whether by the death of a spouse or someone else. You will learn ways to minimize the stress on yourself and your family. This class will even help someone who is planning their estate, because knowing what actually happens after death helps prepare for it. Gain insights, methods and techniques from a friendly, approachable and experienced attorney and educator. Bob Ayers has been a local attorney for over 25 years with an emphasis in real estate, business and estate planning and administration.

Fee: \$39. Early Bird Special \$35 (Register BEFORE 2/1 for this rate)

Instructor: Bob Ayers

Location: San Elijo Campus, Room 308

Time: 1 Thursday, 2/9, 6:30–8:30 PM

Estate Planning Essentials

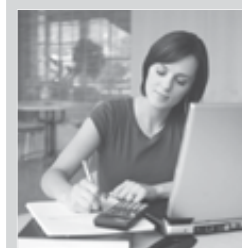
The most essential part of your estate plan is the needs of your beneficiaries. Understanding their needs will guide your plan. This class allows you to explore how the different planning tools will help you meet the needs of your beneficiaries. While trusts will be highlighted, you will learn why a trust is not always the best way to distribute certain assets. You will learn about taxes, legal fees and how to preserve important family relationships. Gain insights, methods and techniques from a friendly, approachable and experienced attorney and educator about planning for your estate, your health care and your finances. Bob Ayers has been a local attorney for over 25 years with an emphasis in estate planning and administration.

Fee: \$39. Early Bird Special \$35 (Register BEFORE 1/31 for this rate)

Instructor: Bob Ayers

Location: San Elijo Campus, Room 308

Time: 1 Tuesday, 2/7, 6:30–8:30 PM

**Financial Planning for Women**

Statistics tell us that 8 out of 10 women will end up handling their own finances. This may be due to longevity, divorce or many other reasons. This class will prepare you to handle your finances and give you a deep knowledge of financial markets. We will cover budgeting and give you tools to create and run a budget. You will learn how to properly allocate assets. We will spend a lot of time

breaking down stocks/equities vs. bonds/fixed income. You will learn how to evaluate your portfolios against proper benchmarks and how to interpret your financial statements. Each class includes a packet of color worksheets. This class will give you peace of mind and knowledge that will last a lifetime. This is a fun, hands-on, interactive class and questions are welcomed.

Fee: \$45. Early Bird Special \$35 (Register BEFORE 1/3 for this rate, class start date 1/10 and BEFORE 4/26 for class start date 5/2)

Instructor: Michael Graney

Location: San Elijo Campus, Room 306

Time Options: 2 Tuesdays, 1/10–1/17, 6–9 PM

2 Tuesdays, 5/2 & 5/9, 6–9 PM

Medicare Basics

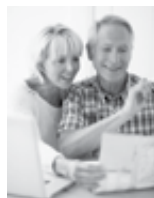
This class covers the essentials of the American Medicare Health System, its structure, the restriction or gaps that exist, cost and coverage details as well as who can become a beneficiary. Other areas of concern to be discussed include supplemental coverage options such as Medi-Gap Insurance, Senior Advantage plans and prescription drug plans; structured timelines for coverage, cost and coverage limitation, etc. Medicaid/Medi-Cal coverage and missing coverage areas in all plans will also be detailed. A question-and-answer session will follow the main presentation. This event is only for educational purposes and no plan-specific benefits or details will be shared.

Fee: \$39. Early Bird Special \$35 (Register BEFORE 3/31 for this rate)

Instructor: Joseph Pospichal

Location: San Elijo Campus, Room 304

Time: 1 Saturday, 4/8, 10 AM–12 PM

**SECOND SATURDAY
Divorce Workshop for Women**

What women need to know about divorce!

A Community Education class open to women who want to learn more about the process of divorce.

- Explore the legal, financial, psychological, and social issues of divorce.
- Discover community resources available to help you.
- Talk with other women experiencing similar life changes.
- Learn from experts who have guided thousands of women through divorce.

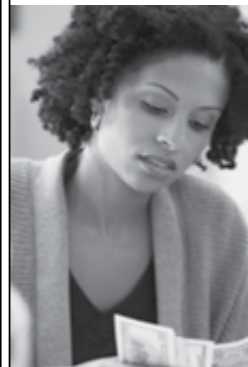
Registration: 8–8:30 AM on the day of the class. For more information please call 858.792.0524 or 858.524.0955.

8:30 AM–1:30 PM class, San Elijo Campus, Room 201

Held the second Saturday of each month

Spring dates: 1/14, 2/11, 3/11, 4/8, 5/13
ONLY \$45 per session

A parking pass is included with registration fee.

**WOMEN AND MONEY
Saving, Investing & Managing Money Independently**

What you need to know to empower your financial life forever!

The Money Club™ is a simple but powerful concept designed to teach women about finances in a collaborative, supportive environment... and have fun in the process! Class is open to all women, married or single.

You will learn to:

- Build a foundation of financial management skills.
- Save, earn, invest, and feel good about money.
- Uncover your own personal journey of financial empowerment.

Registration: 8:30–9 AM on the day of the class. For more information, please call Candace Bahr at 760.431.9288.

9–10:30 AM class, San Elijo Campus, Room 202

Held the second Saturday of each month

Spring dates: 1/14, 2/11, 3/11, 4/8, 5/13
ONLY \$15 per session

Materials: All students issued Financial Plan Binder to assemble throughout the year (no charge)

A parking pass is included with registration fee.

DIVORCE WORKSHOP FOR MEN

Save time, money and added grief!

- Learn about the legal, financial, and psychological issues surrounding divorce.
- Find helpful community resources available to men.
- Learn from experts who have guided thousands of men through divorce.

Registration: 8–8:30 AM on the day of the class.

Pre-registration is available through the Community Education Office. For more information please call 760.795.6820.

8:30–11 AM class, San Elijo Campus, Room 307 except for 3/11 will be in room 306

Held the second Saturday of each month

Spring dates: 1/14, 2/11, 3/11 (room 306), 4/8, 5/13
ONLY \$25 per session

Divorce
THE SURVIVAL GUIDE

A parking pass is included with registration fee.

Marvelous Manners for Dogs

Former San Diego Zoo animal trainer and current dog trainer, Britta Wilson, shares her animal training knowledge and expertise teaching you how to clicker-train your dog. Clicker-training is one of the most effective, easy and humane ways of training animals and is used by the most progressive animal trainers around the world. In class you will learn how to teach your dog important foundation behaviors and skills such as attention and focus, targeting, sit, down, recall, wait at a boundary, place and loose leash walking. You will be contacted by the instructor prior to class re: dog requirements and additional info.

Fee: \$127. Early Bird Special \$120 (Register BEFORE 3/14 for this rate)

Supplies: \$10 material fee will be collected in class.

Instructor: Britta Wilson

Location: Technology Career Institute, Room 101 and outside area

Time: 6 Tuesdays, 3/21–4/25, 5:30–6:30 PM

Designing Your Dream Home & Building Green

If you have ever considered building your own home, you cannot afford to miss this workshop. Sam Chereskin, a registered architect with over 20 years of experience in designing custom homes, will take you step-by-step through the process. You will learn valuable information about design phases, building permits, and fee structures. Also learn about sustainable "green" building products and construction methods that protect the environment. At the end of this workshop you will feel confident in your understanding of the process of designing and building your project. This knowledge is the key to successful dealings with architects, contractors, and building officials. As a result, you will be able to avoid common construction pitfalls, save time and money, and get the quality design you want.

Fee: \$55. Early Bird Special \$47 (Register BEFORE 2/3 for this rate)

Instructor: Samuel Chereskin

Location: San Elijo Campus, Room 302

Time: 1 Saturday, 2/11, 9 AM–1 PM



Be Your Own Handyman

This course is packed with hands-on lessons that will teach you the basics of carpentry, plumbing, electrical, wall patch and tile repair. You will learn how to replace toilets, install faucets and deal with those pesky leaks. You will also learn how to replace electrical outlets, install light fixtures and troubleshoot your electrical wiring. By the end of all four sessions you will be repairing minor wall damage, patching drywall, and installing ceramic tile. Whether you are thinking of becoming a professional handyman or just want to save money by "doing it yourself," you will find what you need in these hands-on workshops. Save time and money by completing your own home repairs.

Fee: \$49

Supplies: Note pad & pen

Instructor: Clayton Thibodeau

Offered at 2 locations for your convenience

Location: Oceanside Campus, Room 7001

- **Session I: Do it Yourself—Rough Carpentry, Plumbing & Electrical**
1 Saturday, 1/21, 9 AM–12 PM
- **Session II: Do it Yourself—Wall Patch & Tile**
1 Saturday, 1/28, 9 AM–12 PM
- **Session III: Do it Yourself—Plumbing**
1 Saturday, 2/4, 9 AM–12 PM
- **Session IV: Do it Yourself—Electrical**
1 Saturday, 2/11, 9 AM–12 PM



Location: San Elijo Campus, Room 406

- **Session I: Do it Yourself—Rough Carpentry, Plumbing & Electrical**
1 Saturday, 4/1, 9 AM–12 PM
- **Session II: Do it Yourself—Wall Patch & Tile**
1 Saturday, 4/8, 9 AM–12 PM
- **Session III: Do it Yourself—Plumbing**
1 Saturday, 4/22, 9 AM–12 PM
- **Session IV: Do it Yourself—Electrical**
1 Saturday, 4/29, 9 AM–12 PM

Adult Horsemanship

English or Western style.

This is a wonderful opportunity for you to learn about horses, grooming, horsemanship, and to begin riding in a safe and beautiful environment. Horseback riding helps build confidence and responsibility, soothes and releases stress, provides exercise, and develops a strong bond between you and horses. All levels welcome, including the experienced rider who wants to get back in the saddle.

Note: Students must weigh under 200 lbs.

Fee: \$210

Supplies: Bring water and sunscreen, and wear closed-toe shoes and comfortable clothes that can get dirty. All students will have to sign a waiver. Students between the ages of 15–17 must be accompanied by an adult and will need to have a parent or guardian sign a waiver.

Instructor: Teri Cagle

Location: Hoof Haven Farms
4777 S. Mission Road, Fallbrook

Time: 6 Saturdays, 2/4–3/11, 11:30 AM–1 PM



Golf—Games and Drills

This is a class designed for fun. If you are playing golf and getting bored with practice or want to make practicing more fun, this class is for you! Each class will focus on different aspects of the game. You will learn ways to practice by playing games that are both fun and skill-building at the same time. You will learn how to practice in ways that simulate playing on a course.

Fee: \$82. Early Bird Special \$77 (Register BEFORE 3/21 for this rate).

Supplies: \$50 material fee will be collected in class for weekly range balls and golf course fee. The last class will be on course play day (\$14 extra fee)

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Sundays, 3/26–5/14, 9–10 AM

Golf—Full Swing

Are you interested in learning the golf swing? Have you been playing a while and just can't find the consistency you are looking for? Want to cure that slice or hook? Come join me in the Full Swing fundamental class. This class will focus on the full swing only. We will go over the fundamentals of the golf swing, posture, grip, aim, swing plane, swing path. We will break down the swing and cover a different part every week including set up, back swing, transition, down swing and follow through. By the end of this class you will have a very good understanding of the golf swing and how to practice. Bring a smile. Your instructor will provide the rest!

Fee: \$82. Early Bird Special \$77 (Register BEFORE 1/25 for this rate)

Supplies: \$50 material fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Sundays, 1/29–3/19, 9–10 AM



Golf—Beginner

The PERFECT class for beginners! This class keeps things simple and fun while introducing you to the basic fundamentals and understanding of the game of golf. It's great for your social, business and personal life, and can be learned at any age. Now is a great time to learn. This class will introduce you to the game and the shots and clubs used for each in a relaxed group atmosphere. We will cover the full swing, putting, chipping, pitching and the sand bunker shot, as well as cover basic rules and etiquette. Clubs and balls will be provided, so just bring yourself and get ready to have some fun and meet new friends.

Fee: \$82. Early Bird Special \$77 (Register BEFORE 3/17 for this rate)

Supplies: \$50 material fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Fridays, 3/24–5/12, 9–10 AM

Golf—Women's Beginner

This class is for ladies who are interested in learning about the game of golf in a relaxed group atmosphere. Golf is a game that can enhance your fitness, relationships and your resume. We will cover all the basics including the swing, etiquette and rules so you will feel comfortable going to the driving range or course to play with friends or for business. Enjoy the outdoors, fresh air, make new friends and learn a game that can be enjoyed for a lifetime. Everything will be provided, just bring yourself and be ready to have some fun.

Fee: \$77

Supplies: \$50 material fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time Options:

8 Tuesdays, 1/24–3/14, 9:45–10:45 AM

8 Tuesdays, 3/21–5/9, 9:45–10:45 AM

Golf—Women's Level 2

Fore!!!! Are you finding yourself saying this too much? This class is designed for the lady golfer looking to improve her golf skills and achieve more consistency in all areas of the game while having fun and meeting new friends to play with. After reviewing the fundamentals, instruction will focus on using drills and simple training aids to start taking your game to the next level. There will be classes on putting, chipping, pitching as well as the full swing with the driver and irons. By the end of this class you will know why the ball goes left, right, high or low and how to fix it, so you can yell YEAH!!! instead of FORE!!! Clubs and balls are included.

Fee: \$77

Supplies: \$50 material fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time Options:

8 Tuesdays, 1/24–3/14, 11 AM–12 PM

8 Tuesdays, 3/21–5/9, 11 AM–12 PM



Tennis—Basics

Why not enjoy a game you can play all your life? Tennis is a great way to meet new people, have fun, stay healthy and live longer. Learn the basics of a great game, including forehand, backhand, groundstrokes, volley, lobs, overheads and serves, as well as rules, scoring, and etiquette. Tennis is an exercise you can enjoy. Join us and surprise yourself!

Fee: \$99. Early Bird Special \$95 (Register BEFORE 2/1 for this rate)

Supplies: \$4 material fee will be collected in class for tennis balls. Bring a tennis racket, drink, hat/visor, sunscreen/sunblock.

Instructor: Andrew Cretella

Location: Canyon Crest Academy, Tennis Courts

Time: 7 Sundays, 2/5–3/26, 9–11 AM

No class on 2/19.



ELI

MiraCosta College English Language Institute



Upcoming Program Dates for 2017: 1/23–3/17 and 3/27–5/19

The English Language Institute (ELI) offers international students the opportunity to increase their English language proficiency and develop the skills needed for success in a college or university in the United States. This intensive English-as-a-second-language program provides individualized instruction in small classes. The program is designed for students with a minimum of one year English language training at high school or college level. This class may not be appropriate for advanced ESL students or students with a TOEFL score greater than 500 paper-based or 46 IBT. Students must be at least 18 years old or meet our minor policy requirements. 1-20's will be issued through our International Student Office. We also accept tourist visas for a modified program.

Instructional components include:

- TOEFL preparation
- Study of American culture
- Computer literacy development of study skills

Integrated academic preparation in reading, writing, listening, speaking, and grammar.

Fee: \$1,895 (instruction, application fee, books, and student services). Health insurance is an optional fee of \$350. Students must purchase our insurance plan or purchase their own insurance plan that meets our requirements. (Fees subject to change.)

For more information, write, telephone, or email:

MiraCosta College English Language Institute

MiraCosta College, 1 Barnard Drive, Oceanside, CA 92056

Telephone: 760.757.2121, x6590 | Email: lcargile@miracosta.edu | miracosta.edu/eli

EXCURSIONS

Griffith Observatory with a Trip to San Antonio Winery**Saturday, February 11**

The Griffith Observatory is one of L.A.'s greatest cultural attractions. It offers breathtaking views of the Pacific Ocean to Downtown L.A. from atop Mt. Hollywood in Griffith Park. The observatory and accompanying exhibits were opened to the public on May 14, 1935. Today, the Griffith Observatory is renowned as a national leader in public astronomy, and a beloved gathering place for visitors.

The observatory offers many magnificent astronomy exhibits. It has a nice café and gift shop on the premises for you to grab a bite or purchase a souvenir. There is an optional planetarium show that you may purchase tickets to (subject to availability and time constraints). The planetarium show costs \$7 for adults and \$5 for seniors age 60 and older. If you are relatively fit, you may also enjoy a short hike on some of the trails surrounding the observatory offering gorgeous views of the city.

On our way to the observatory, we will stop at the beautiful San Antonio Winery for a free tour and optional no-host wine tasting and/or lunch. Then we will re-board the bus to travel to the Griffith Observatory for the remainder of our time.

Be sure to wear comfortable shoes and bring a jacket or sweater.

Fee: Book Early for \$59. For booking made after 2/1, fee will increase to \$69

Guides: Carrie & Debi (staff)

Activity Level: Easy

Note:

- Wear very comfortable walking shoes.
- Dress casually and in layers of clothing or bring a jacket for cool and/or warm weather.
- Sunscreen and/or hat is recommended if you go hiking or plan to be outdoors.
- Cameras and binoculars are great to bring along.
- Map of trails can be picked up at the observatory's information booth. Any additional questions can be answered by park rangers and museum guides.
- Self-guided tours at the observatory.

Depart: 10 AM. Return: approx 7:45 PM

**Exploring East Anacapa Island****Saturday, March 4**

Situated only twelve miles from the mainland, Anacapa is one of the five islands in the Channel Islands National Park and is home to 265 species of plants and a multitude of seabirds. From February through April, Anacapa is a rainbow of color created by the bloom of native wildflowers. Intensity and duration of the bloom differs a bit each year due to varied rainfall and temperature.

Travel time by boat is approximately one hour, a little longer if we come across interesting wildlife in the channel. Visitors depart the boat by stepping onto a ladder at the Landing Cove where you climb several rungs to a wooden dock. From the dock, there is a winding set of over 157 steps that take you to the island plateau about 200 feet above sea level for stunning coastal views. Once you have climbed to the plateau, you will find a figure-eight-shaped trail system that meanders over gentle slopes to dramatic overlooks, magnificent coastal views, and the last permanent lighthouse built on the west coast. An interpretive trail guide is available to help you navigate your way around. This trip is perfect for those who love nature and enjoy learning about California's native wildlife and ocean. Participants should be in good physical condition.

Fee: Book Early for \$115. For booking made after 2/2, fee will increase to \$125

Guides: Kristin Maccarrone (staff)

Activity Level: Moderate

Note:

- Wear low-heeled, rubber soled shoes with good tread (no high heels)
- Dress casually and in layers of clothing for cool and/or warm weather.
- Sunscreen and/or hat is recommended.
- Cameras and binoculars are great to bring along.
- Check with your doctor for appropriate sea sickness medication if necessary. Visitors should be in good physical condition.
- There are no food vendors on the island. Bring a small backpack, your lunch, snacks and drink items.

Depart: 5 AM. Return: approx 8 PM

**Long Beach Antique Market & Belmont Shore****Sunday, April 30**

Known as "the flea market with style" and voted one of the best flea markets in the country with lots of treasures to be found, the Long Beach Antique Market is a once-a-month event featuring more than 800 vendors sprawled over 20 acres. Unique and interesting items abound, ranging from clothing to couches and everything in between. Strolling in the sunshine of Veteran's Stadium is so much better than strolling under the fluorescent lights of a corporate mall! With something for every room in your house, both inside and outside, these vendors love to wheel & deal!



After approximately two hours at the flea market, we will head out to explore the charming beachside community of Belmont Shore. You will have time to shop the locally inspired shops, upscale boutiques, gift shops, book stores, and specialty shops. There will be time to dine along the shore where you're sure to discover a new dining favorite from coffee houses, bakeries, sweet shops, and specialty foods. If you still have time and energy, take a relaxing stroll along the beach.

Fee: Book Early for \$67. For booking made after 3/13, fee will increase to \$77 (includes transportation and flea market entrance fee)

Guides: Sharon Gaitan (staff)

Activity Level: Easy

Note:

- We recommend you wear VERY comfortable walking shoes and bring a collapsible rolling cart.
- No pets allowed.
- There will be a no-host lunch. Food vendors are very limited at the antique market. Belmont Shore has more options.

Depart: 8 AM. Return: approx 6 PM

The Fabulous 50s at Almansor Court**Thursday, May 18**

Let's take a trip down memory lane back to the 50s! Enjoy popular songs from Elvis, The Coasters, Fats Domino, Frank Sinatra, Dean Martin, Nat King Cole, and many others! There will be songs from some of the hit shows of the 50s as well, like *The King and I*, *Grease*, *Damn Yankees* and *Smoky Joe's Café*. Feel free to sing along and who knows, you might even feel like dancing along too!



Almansor Court is a beautiful restaurant/show venue with gorgeous views of the lake and golf course located in Alhambra, California. We will be served a luncheon with wine, coffee, tea, garden salad, chicken piccata or veggie pasta, mashed potatoes, warm rolls, vegetable medley, and an ice cream sundae to top it all off. The luncheon and show goes from 12 PM to 3:45 PM.

After the lunch and show, we will make a quick stop at charming Old Town Pasadena for a nice walk and shopping.

Get ready to go back in time!

Fee: Book Early for \$118. For booking made after 4/17, fee will increase to \$128 (includes show and lunch)

Guides: Linda Kurokawa (staff)

Activity Level: Easy

Note: Wear comfortable shoes for walking.

Depart: 10 AM. Return: approx 7:45 PM

NOTE: Day parking permits are required at MiraCosta College, Oceanside Campus except Sundays. Parking permit may be purchased from machine in Parking Lot 1-A. Day parking fee is \$1.

Excursion Rules & Regulations

- Refunds will be granted no later than five working days before the excursion. There will be a \$25 cancellation fee if the excursion is full and a replacement can be found. No refunds will be granted after the excursion has taken place.
- The bus will depart on time. **Pick up and drop off at MiraCosta College, Oceanside Campus, Parking Lot 1A.**
- Anyone missing the bus will not receive a refund.
- MiraCosta College reserves the right to make itinerary changes if necessary. Any excursion may be cancelled due to low enrollment.
- Seating arrangements on the bus will be on a first-come, first-served basis. Those who have difficulty sitting at the rear of the bus are advised to arrive early.
- No smoking is permitted on the bus.

2017-2018

TRIPS MiraCosta College Multi-Day

Join us for a fun **FREE** slide presentation of these trips
Thursday, February 9, 2017 from 6-7 PM
MiraCosta College Technology Career Institute, Room 102

Peru: Ancient Land of Mysteries

January 20, 2018 | 10 Days | 15 Meals

Fantastic archeological treasures set amidst the soaring Andean peaks—this can only be Peru. Discover Lima’s colonial heritage and see why the “City of Kings” is a UNESCO World Heritage Site. Explore Andean art forms and the local way of life from ancient times through present day during your stay in the Sacred Valley. Participate in workshops that teach you traditional agricultural methods and learn about local music and dance. Savor an authentic Pachamanca dinner, a unique process where food is placed on hot stones and buried in the ground to cook. Travel to Machu Picchu aboard the famed Vistadome train. Spend a night at the base of this “Lost City of the Incas” in a luxury hotel and enjoy an exclusive culinary demonstration. Immerse yourself in Cuzco, a city that blends Inca and Spanish colonial influences. Meet the indigenous Uros people of the floating islands on Lake Titicaca.

- Discover the exquisite cuisine of Peru, which has been awarded the top food travel destination in the world four years in a row.
- Explore the colorful markets of Peru, including the famous Pisac village market.

Fee: \$4,799 pp double, \$5,649 single (Book soon to get this group price!)



Taste of Vietnam

October 12, 2017 | 15 Days | 27 Meals



Delve into an ancient and mysterious world as you explore Vietnam’s rich culture and complex history. At the Vietnam War Memorial Park, tour the Cu Chi Tunnels – underground hideouts used during the war. Experience life on the Mekong Delta. Learn about the country’s unique culinary traditions during a cooking demonstration in rural Ky Sona, a cooking class in Hoi An, and while visiting the Tra Que Herb Village. Stay aboard a luxury junk boat on brilliant Halong Bay. Behold the nation’s imperial past at the Thien mu Pagoda and marvel at the haunting ruins of My Son. A new colorful mosaic unfolds everyday as you make your way through this fascinating land.

- Relax as you soak your feet in an herbal bath at Tra Que Herb Village.
- Try your hand at lantern making at a famous lantern workshop.

Fee: \$4,599 pp double, \$5,149 single (Book soon to get this group price!)

If you prefer prices
**WITHOUT roundtrip air
 packages, come to our
 slide presentation for more
 information or call us at
 760.795.6820.**

Iceland: Land of Fire & Ice

Summer 2017. Dates coming soon | 9 Days | 13 Meals

An island of dramatic contrasts, Iceland is a landscape forged by fire and ice. Steaming lava fields and hot pools reflect its volcanic nature, while massive glaciers continue to sculpt the mountains and valleys, leaving thundering waterfalls and plunging fjords. Travel the “Golden Circle” where many natural scenic wonders are located. Enjoy an overnight stay in a local fishing village to enjoy a scenic bay cruise. Create your own adventure with your choice of exciting activities—soak in the Blue Lagoon, go on a whale watching cruise, take a volcanic cave hike, or stroll along coastal lava fields while admiring natural wildlife.

- Choose between a lava cave adventure or walking the lava fields.
- Cruise on the ice-strewn Jökulsárlón Glacial Lagoon, gliding past icebergs.

Fee: TBA (Call us in January 2017 or come to the slide presentation for further information)



Exploring Sri Lanka

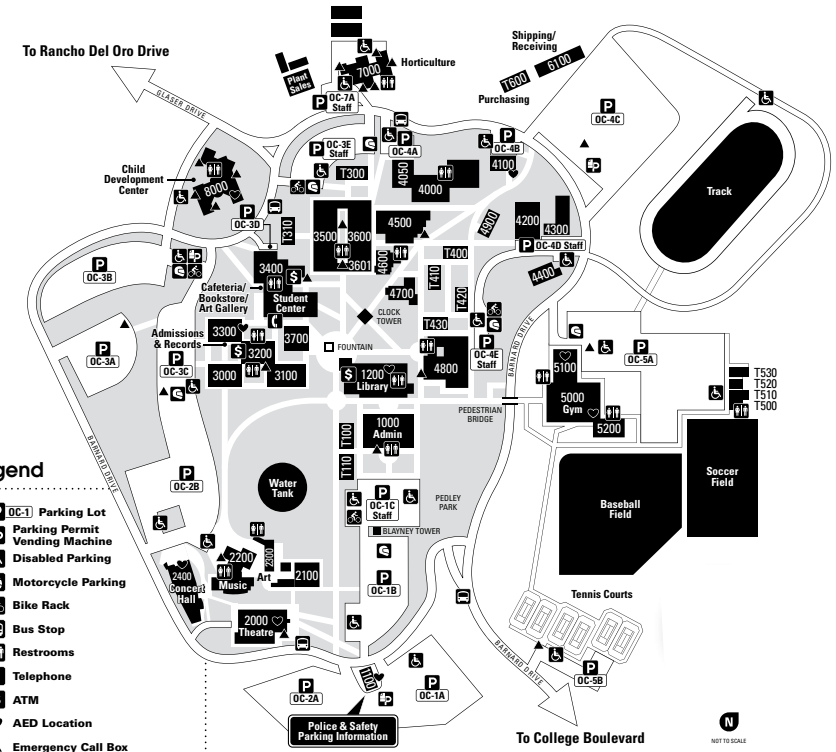
TBA, 2018 | 13 Days | 22 Meals

Embark on a comprehensive tour of Sri Lanka’s largest city, Colombo. Delight in a visit to a home for orphaned elephants. See elephants bathing and grazing in their natural habitat in Minneriya National Park. Visit a spice market and learn about the unique spices used in Sri Lankan cuisine, such as cinnamon, clove and cardamom.

- Visit the inspiring Pinnawala Elephant Orphanage.
- Cruise the tranquil Mahaweli River.

Fee: approx \$5,699 (Book soon to get this group price!)





Directory

Bldg. #	Bldg. #	Bldg. #
Admissions & Records.....3300	Disabled Students Services.....3000	President, Office of the.....1000
Art.....2100, 2200, 2300	Drivers Education.....T510	Printing Services.....3400
Art Gallery.....3400	English Language Institute.....T510, T520	Proctoring Center.....3300
Associate Faculty Office.....4606	Enrollment Information.....3300	Purchasing.....T600
Associated Students.....3400	EOPS.....3000	School Relations/Diversity Recruit.....3400
Athletics.....5200	Facilities Department.....4200	Service Learning.....3300
Automotive Technology.....4000	Financial Aid/Scholarships.....3000	Shipping/Receiving.....6100
Biotechnology.....4050	Gymnasium.....5000	Student Accounts.....3200
Bookstore.....3400	Health Services.....3300	Student Activities.....3400
Business Development.....1000	Horticulture.....7000	Student Center.....3400
Business Services.....1000	Human Resources.....1000	Tech Prep.....3700
Cafeteria.....3400	Institutional Research.....1000	Testing Office.....3300
CalWORKs.....3000	Instructional Services.....1000	Theatre.....2000
Career Center.....4700	International Students.....3400	Little Theatre.....3601
Child Development Center.....8000	Library & Information Hub.....1200	Transfer Center.....3700
College Police.....1100	Lost & Found.....1100	Tutoring.....1200
Computer/Business Department.....4800	Math Learning Center.....1200	Veterans Education Office.....3300
Concert Hall.....2400	Music.....2200, 2300	Veterans Information Center.....T100
Counseling.....3700	Nursing/Allied Health.....T420, 4400	Wellness Center.....4100
Dance Studio.....5100	Parking Permits.....1100	Writing Center.....1200



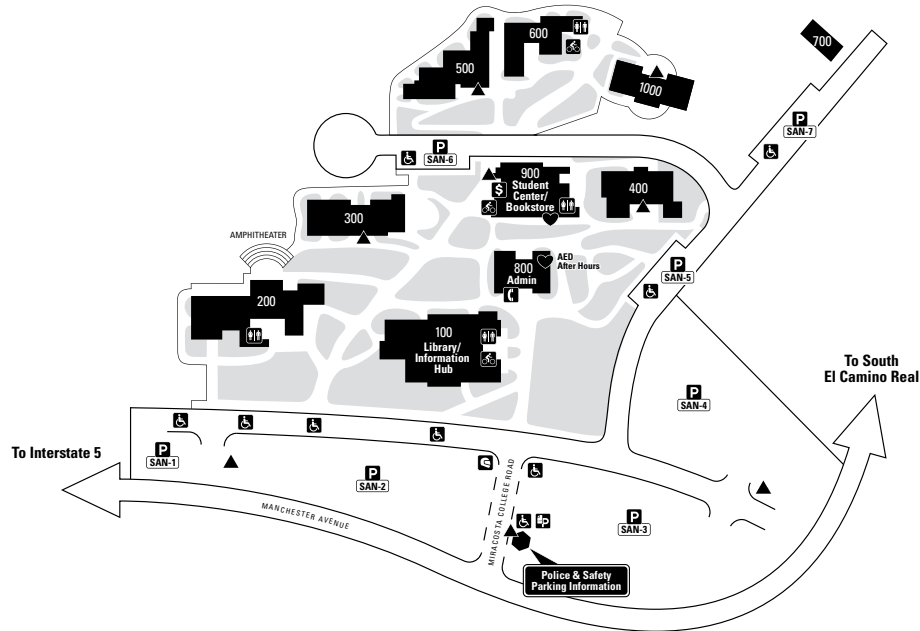
OCEANSIDE CAMPUS

Located just north of Highway 78 off College Boulevard; 121-acre hilltop campus with coastal and mountain views



SAN ELIJO CAMPUS

3333 MANCHESTER AVENUE | CARDIFF | CA 92007 | 760.944.4449 | MIRACOSTA.EDU



Legend

- SAN-1 Parking Lot
- Parking Permit Vending Machine
- Disabled Parking
- Motorcycle Parking
- Bike Rack
- Restrooms
- AED Location
- Emergency Call Box
- Telephone
- ATM

Rev. 0516

Directory

Building 100

- Computer Labs
- Library
- Math Learning Center
- Testing
- Tutoring
- Writing Center

Building 200

- Amphitheater
- Art Studios
- Classrooms
- Multipurpose Room

Building 300

- Classrooms
- Faculty Offices
- Meeting Room

Building 400

- Classrooms
- Faculty Offices
- Science Labs

Building 500

- Classrooms
- Faculty Offices
- Language Lab

Building 600

- Classrooms
- Faculty Offices

Building 700

- Facilities

Building 800

- Administration
- Admissions & Records
- Counseling
- Dean, San Elijo Campus
- Faculty Workroom
- Instructional Services
- Student Accounts/Cashier
- Student Information

Building 900

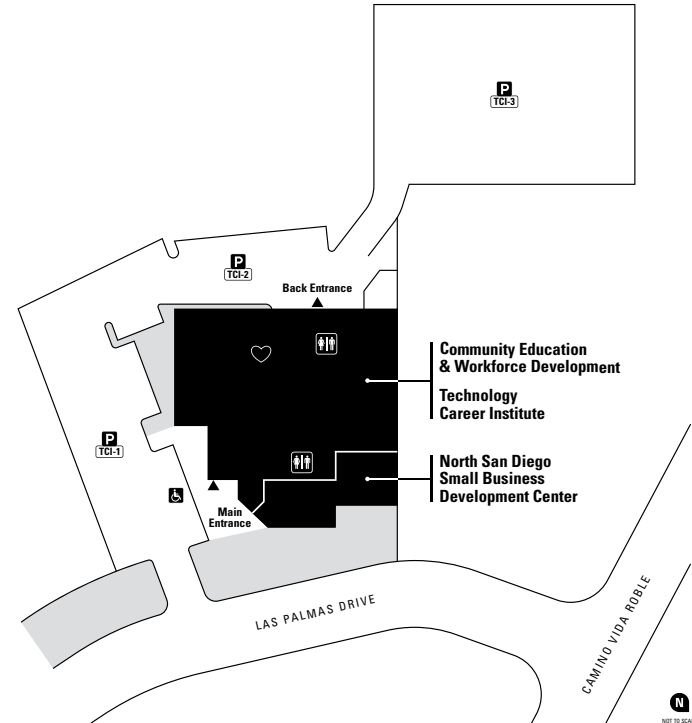
- Associate Dean of Student Services
- Bookstore
- Cafeteria
- Health Services
- Meeting Rooms
- Student Activities

Building 1000

- Science Labs

TECHNOLOGY CAREER INSTITUTE & SMALL BUSINESS DEVELOPMENT CENTER

2075 LAS PALMAS DRIVE | CARLSBAD | CA 92011 | 760.795.6820 | TCI.MIRACOSTA.EDU



Legend

- TCL-1 Parking Lot
- Disabled Parking
- Restrooms
- AED Location
- Emergency Call Box

Rev. 0116

Directory

Community Education & Workforce Development

760.795.6820
miracosta.edu/community

Technology Career Institute

760.795.6820
tci.miracosta.edu

North San Diego Small Business Development Center

760.795.8740
sandiegosmallbiz.com



SAN ELIJO CAMPUS

Nestled below the bluffs and facing the San Elijo Lagoon; 42-acre campus just east of I-5

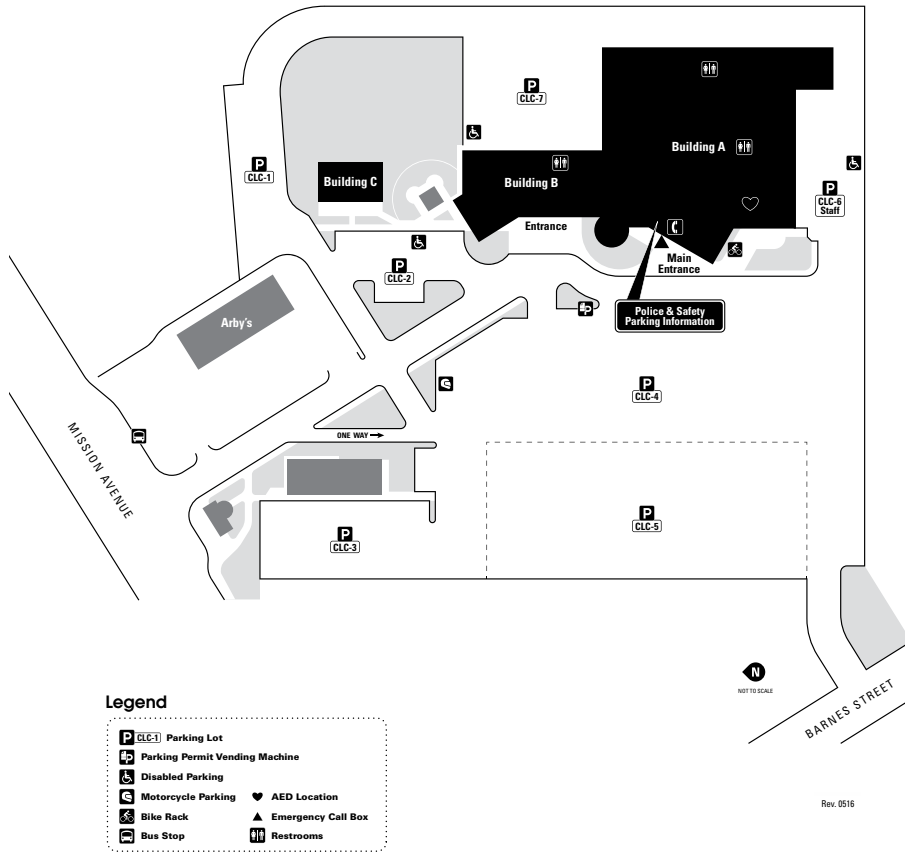


TECHNOLOGY CAREER INSTITUTE & SMALL BUSINESS DEVELOPMENT CENTER

Located off Palomar Airport Road between El Camino Real & I-5

COMMUNITY LEARNING CENTER

1831 MISSION AVENUE | OCEANSIDE | CA 92058 | 760.795.8710 | MIRACOSTA.EDU



Directory

Building A
 Classrooms 101–121
 Academic Support Center
 Administration
 Bookstore
 Community Room
 Counseling
 Police & Safety, Parking / Information
 Student Lounge

Building B
 Classrooms 130–135
 Computer Labs
 Science Lab

Building C
 Academic Support Center
 Testing Center

CLASS LOCATION GUIDE

CVMS	Carmel Valley Middle School	3800 Mykonos Lane	San Diego
CCA	Canyon Crest Academy	5951 Village Center Loop Road	San Diego
DMPC	Del Mar Powerhouse Community Center	1658 Coast Boulevard	Del Mar
DMSTDR	Del Mar Surf & Turf Driving Range	Jimmy Durante Boulevard	Del Mar
DMSG	Don Myers Stained Glass	1025 South Coast Highway	Oceanside
ECHS	El Camino High School	400 Rancho del Oro Drive	Oceanside
ERGC	Encinitas Ranch Golf Course	1275 Quail Gardens Drive	Encinitas
FC	Fletcher Cove Community Center	133 Pacific Avenue	Solana Beach
HHF	Hoof Haven Farms	4777 South Mission Road	Fallbrook
LCP	La Colonia Park	715 Valley Avenue	Solana Beach
LCCHS	La Costa Canyon High School	1 Maverick Way	Carlsbad
LRC	Landes Recreation Center	2855 Cedar Road	Oceanside
CLC	MiraCosta College, Community Learning Center	1831 Mission Avenue	Oceanside
OC	MiraCosta College, Oceanside Campus	1 Barnard Drive	Oceanside
SAN	MiraCosta College, San Elijo Campus	3333 Manchester Avenue	Cardiff
TCI	MiraCosta College, Technology Career Institute	2075 Las Palmas Drive	Carlsbad
OCMS	Oak Crest Middle School	Balour Drive & Oak Crest Park Drive	Encinitas
OARC	Ocean Air Recreation Center	4770 Fairport Way	San Diego
SDHSA	San Dieguito High School Academy	800 Santa Fe Drive	Encinitas
SHS	Sunset High School	684 Requeza Street	Encinitas
TPHS	Torrey Pines High School	3710 Del Mar Heights Road	San Diego



COMMUNITY LEARNING CENTER

From I-5, take the Mission Avenue exit in Oceanside and go east. The campus is on the right (south side) of Mission Avenue, approximately one-third mile east of I-5.

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Every Season, a New Reason

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Enjoy affordable costs and wonderful tours

WHAT ARE YOU WAITING FOR?

For details please see page 56-57

or call 760.795.6820.



BOX OF THOUGHTS

“I’ve learned how the industry operates in the real world. I’ve learned what a company looks for in potential employees. I would have not had a clue if it wasn’t for this program.”

Engineering Technician Program

“This course was amazing. The amount of stuff we learned was way more than I thought could be done in 3 months. Her teaching style pushed me to figure out problems and solutions on my own.”

Machinist Technology

“I came into the course wanting to learn how to weld and I feel like I got the hang of it and now can consider myself a competent welder.”

Welding



COMMUNITY EDUCATION
& WORKFORCE DEVELOPMENT

Technology Career Institute
2075 Las Palmas Drive
Carlsbad, CA 92011