The mission of the
Career Center is to empower
students to make informed,
intentional career decisions.
Students can take advantage
of credit classes, internships,
employment opportunities,
career assessments and
counseling, workshops,
research assistance
and more!

For more information, go to miracosta.edu/careers





### MIRACOSTA COLLEGE

Career Center miracosta.edu/careers

- **760.795.6772**
- careers@miracosta.edu



Career Studies and Services at MiraCosta College (also known as the Career Center) is located in Building 4700 on the Oceanside Campus. Students can find a number of resources, including a computer lab and a resource library as well as information on MiraCosta majors and related careers.

This brochure was funded by the Strengthening Career and Technical Education for the 21st Century Act (21-C01-050) awarded to MiraCosta College and administered by the California Community College Chancellor's Office. The MiraCosta Community College District, and each individual who represents the District, shall provide access to its services, classes, and programs without regard to national origin, immigration status, religion, age, gender, gender identity, gender expression, race or ethnicity, color, medical condition, genetic information, ancestry, sexual orientation, marital status, pregnancy, physical or mental disability, or veteran status, or because they are perceived to have one or more of the foregoing characteristics, or based on association with a person or group with one or more of these actual or perceived characteristics. In addition to the aforementioned legally protected characteristics, the District also has an interest in nondiscrimination based on additional factors such as accent, citizenship status, economic status, and ethnic group identification even though students or employees could not make a legal claim of discrimination based on these factors.

# CAREER STUDIES & SERVICES







Shaping Minds for Success.













# CAREER & LIFE PLANNING CREDIT COURSES

Career and Life Planning courses teach students how to make effective career and life decisions. The courses also provide tools and techniques for successful career development and employment searches.

### Introduction to Career Planning

**CRLP 101** 

This 1-unit course provides an introduction to the career planning process. Students explore their own interests, values, skills and personality preferences and how to relate them to career options. CSU transferable.

### College and Career Success

**COUN 100** 

This 3-unit course explores the issues and tasks related to college success and personal and career development throughout one's life. Students utilize the career planning process to prepare for work in the global economy.

UC, CSU transferable.

For more information about each course, please contact the Career Center at 760.795.6772.



"The career planning class helped me identify my goals and the career opportunities in my areas of interest. The instructor and the materials provided help with researching job opportunities, career

planning and career assessments. Even if you already have a major, I recommend the class."

-Patricia Renco, MiraCosta College student

# COOPERATIVE WORK EXPERIENCE (CO-OP) & INTERNSHIP STUDIES

MiraCosta College offers students the opportunity to gain experience in the workplace while earning college credit. Career Center staff can help students determine which program will best meet their individual needs.

# Cooperative Work Experience Education

Cooperative Work Experience Education combines work experience with college instruction. This program provides students who are employed with new, expanded and practical learning opportunities on the job so they may achieve the knowledge, skills and attitudes needed for career success. Cooperative work experience courses are offered in all career and technical education majors (Course #299) and as general work experience (WKEX 233) for undecided students. For more information, consult the MiraCosta College catalog at miracosta.edu/workexperience.

# Internship Studies

Internship Studies is designed to provide students with workplace skills and experience by linking classroom learning to the work world. The program helps students develop mentor relationships and adds significant experience to students' resumes. Internship Studies is offered in nearly all disciplines (course #292). For more information, consult the MiraCosta College catalog at miracosta.edu/internshipstudiesprogram.



"My internship with Hobie Cat was a wonderful experience. I was able to get my foot in the door, get to know my coworkers and that helped me get a full time job here at Hobie Cat Company. I now have my dream job. I couldn't be happier.

—Gretchen Koch, interned at Hobie Cat then hired full time.

## **SERVICES & WORKSHOPS**

## Career Counselina

Career counseling can help students decide which major or career they wish to pursue. MiraCosta College offers a variety of assessments that assist students with identifying their interests, personality styles, skills and values.

## Career Fairs

The Career Center hosts several career information and employment events. Without leaving campus, students meet with working professionals from a number of fields and with employers seeking to hire MiraCosta College students and graduates.

# Career Services & Workshops

MiraCosta College offers a number of other services including workshops such as:

- Choosing a major
- Writing resumes and cover letters
- Organizing your job search
- Social and professional networking
- Interviewing

# Computer Resource Lab & Research Assistance

Students come to the Career Center for assistance with a variety of career-related needs, from choosing a major to finding a job or internship. The lab provides students with computers and offers an extensive collection of career resources.



"Creating a 3-D model for the Oceanside airport in my summer internship helped me find my passion. Now I am transferring to Cal Poly Pomona and I know I want to pursue Architectural Desian."

Marine Corps veteran and recent graduateGilberto Perez