Students question IVCF

P
ositioned in the lawn between the Student Center and HUB on the Oceanside campus, the Africa Tent was hard to miss. The tent was hosted by the InterVarsity Christian Fellowship to raise awareness for the plight of African people affected by the AIDS virus. After students, faculty, and staff exited the tent, members of the IVCF spoke with them about what they had seen.

Penny Webber was confused by the message of the tent itself, in contrast with the message they received upon exiting. “I thought it was a good thing to put up and learn about, until the end when you speak to the people,” Webber said. “Instead of talking about AIDS, you’re talking about religion. It was shocking to me. I don’t think they should use that sort of thing as an indoctrination tool for any group.”

Some students said that they were put off by the religious message outside of the tent. “I thought it was a good cause, but it was lame that they used it to push their religion,” said Katie Tietz.

Some students, both Christian and non-Christian, said they didn’t feel comfortable talking about their beliefs. The AIDS crisis is very real, but it’s none of their business whether I believe in God or not,” said Jones. Also confusing was the correlation between the African AIDS crisis and the evangelism. “I think they’re kind of working against themselves here. When I see horrible things like that it makes me think there isn’t a God,” said Jones.

The tent was run by IVCF student and staff volunteers from all over San Diego. “It takes a lot of manpower to run the tent so we recruit volunteers from other campuses,” said Natalia Kolku, IVCF staff worker. Volunteers from UCSD, SDSU, CSU San Marcos, Southernview College and MCC spoke with tent-goers at the end of the experience.

The Impact One tent was sponsored by a partnership with IVCF and World Vision, a non-profit organization. The tent was hosted by the InterVarsity Christian Fellowship to raise awareness for the plight of African people affected by the AIDS virus. After students, faculty, and staff exited the tent, members of the IVCF spoke with them about what they had seen.

Soma has open bands of all sorts.

The MiraCosta College Chariot

The pandemic disaster plan in the works

SYNDEE WOOD
Managing Editor

MiraCosta College is creating a disaster plan focusing on the possibility of an influenza pandemic while they make plans for the upcoming flu season. The pandemic disaster plan includes the same MCC faculty and staff members as the general disaster plan, but centers on keeping the college running during a pandemic.

There are two types of flu, seasonal and pandemic. Seasonal flu affects about 10 percent of the population every year resulting in several thousand deaths while pandemic flu strikes every 35 to 40 years and can kill millions. The last pandemic flu was the Hong Kong flu in 1968. A mild pandemic, the Hong Kong flu resulted in 34,000 American deaths. The last severe pandemic, the 1918 Spanish flu, caused 20 million deaths worldwide.

Seasonal flu hits each year in enough time for health officials to produce a flu vaccine that mutates three existing strains of the virus. Pandemic, however, takes health officials by surprise as there is no way to predict which strain of influenza will spread easily and become a disaster. The public has no immunities to the particular strain and there is not sufficient time to create a vaccine.

The first element of MCC’s pandemic disaster plan is education. Currently, Student Health Services is on a hand washing campaign. They want to educate students and staff on how the virus is transmitted and how important good simple hygiene is in prevention. The influenza virus is an airborne virus, meaning it is transmitted respiratorily. When a flu-afflicted person coughs or sneezes, the virus is catapulted into the air and in turn, breathes it in. The influenza virus lives on that surface for eight to 24 hours. Spreading occurs when someone touches a virus-infected surface and, in turn, breathes it in. The influenza virus lives for only 15 minutes in a tissue so Student Health Services recommends using a tissue whenever possible, instead of sneezing or coughing into the air.

Pandemic flu strikes every 35 to 40 years and is a serious threat. The first pandemic flu is thought to have started in China in the early 20th century, spreading to the U.S. in 1918. It claimed 20 million lives worldwide. The second pandemic was the Hong Kong flu in 1968. A mild pandemic, the Hong Kong flu resulted in 34,000 American deaths. The last severe pandemic, the 1918 Spanish flu, caused 20 million deaths worldwide.

The pandemic disaster plan committee wants the plan to focus on how to keep the campuses functioning in the event of flu pandemic. They are encouraging department employees to get cross training in case a key person becomes ill and needs to be replaced. Business continuity is an important factor in the plan.

Disaster Plan, continued on page 2
Chariot Staff

AUSTIN BAILEY
Staff Writer

The MiraCosta College Tennis Club held a tennis tournament on September 30 and October 1 at the Oceanside campus. The competition took place on the campus tennis courts and was open to MCC students and staff. The event provided a chance for all students, faculty and staff who enjoy tennis to come out and participate in what was a “great competition,” said Mira Seavone, advisor to the tennis club and events coordinator for this weekend’s tournament.

“The level of play was good,” said Seavone, “it was a great opportunity to meet other players.”

Matches were held Saturday and Sunday between 9 a.m. and 6 p.m. On Saturday, it was singles only, and on Sunday it was mixed doubles.

“In some cases it was two students per team,” said Seavone; “11 of the 14 were students for singles on Saturday.”

Dana Ledet took home the women’s trophy for Saturday’s singles competition. Ledet squared off with Roxanne Morgan, the new reading instructor at MCC, for what was an intense 45 minute match. “There were only two of us,” said Ledet “that’s why it was so funny.”

The win came as a surprise to Ledet who hadn’t played tennis in quite some time. “I hadn’t picked up a racket in more than five years,” said Ledet, “I just hit the balls against the houses with my friends—so it was quite surprising. We don’t care if we win or lose. If we both win, we’ll split the trophy in half,” said Ledet.

Tera Pon Thitathan won the men’s competition on Saturday, in what was a “very dramatic” finals match according to Ari Fazlinejad, president and founder of the MCC tennis club. Fazlinejad started the tennis club at MCC back in November 2005. “When I came to MiraCosta I was disappointed that there wasn’t a tennis club, so I started one,” said Fazlinejad.

“I love tennis [and] I have been playing for about 8 years,” said Fazlinejad. “Tennis is a skill based sport,” said Seavone; “sometimes you can go out and play great and other days you are like ‘where is it?’ There is always the luck of the draw. Sometimes you play the most advanced player at the beginning of the competition,” stated Seavone.

Members of the tennis club said that the courts have been frequented by many people from the surrounding community and that the tennis club was very happy with its turn out for Saturday and Sunday’s tournament. “We look forward to more competition in the future,” said Seavone.

The MCC tennis club meets Fridays from 4:30 p.m. to 6:30 p.m. at the tennis courts in Oceanside. All members of the community are welcome.

Students, faculty and staff participate in tennis tournament

MCC receives $400K state media grant

Money to be used to offer training on mobile wireless device use

VALENTINE DAMA Staff Writer

MiraCosta College will become the first college ever in California to offer training on how to create and deliver content from mobile wireless devices. The grant will fund research and will be used in the development of curriculum for the program.

The project, which runs for two years, has been funded by the state through a $422,000 grant. “MCC is creating the Mobile Media Institute in partnership with Santa Barbara City College and a yet-to-be-named high school,” says Jeff Uhlrik, director of Internet and Multimedia Technologies MCC.

Guy Smith, director of Santa Barbara City College’s School of Media Arts, and Uhlrik worked together to secure the grant.

On November 2, the first meeting will be held in MCC to discuss plans for the program. This will be presented to the Industry Advisory Board that is yet to be appointed. The first class of students will undergo training starting fall 2001.

Disaster Plan, continued from page 1

MCC’s pandemic disaster plan is currently in draft form. A few key people have yet to input their comments. “We are still meeting to flesh out some details,” said Marge Reyzer, Coordinator of Student Health Services.

In addition to creating the plan, Reyzer said the committee provides the county of San Diego Public Health Services with details of the plan for their own information. Public Health Services needs to be updated and informed so that, in the event of a pandemic, they can decide when to alert the public of “social isolation.” Social isolation is the cessation of all public events, like sporting events and school.

“Every walk of life will be affected,” said Reyzer. In the event of a pandemic, as many as 25 percent of the general public, including hospital workers, firefighters, teachers, and grocery workers will suddenly become ill. Reyzer said symptoms may appear 24 to 48 hours after infection of a pandemic virus. Those with more immunities may take longer to see symptoms. “It depends on how virulent a virus it would be,” said Reyzer.

Whether dealing with pandemic or seasonal, Reyzer recommends practicing good hygiene for flu prevention. Washing hands is very important in preventing the spread of the virus, said Reyzer. Keeping the hands away from the face is also important because that is how the virus is transmitted. Use a sleeve or tissue when coughing or sneezing, taking care to throw the tissue away. Be sure to wash hands often.

Currently, MCC Student Health Services is offering flu shots for $15 to students and staff, until supplies are exhausted. For more information, visit Student Health Services on the Oceanside campus, building 3300 and on the San Elijo campus, Admissions building.

Encuentros

The 3rd Annual Educational & Career Exploration Conference For Latino Middle and High School Age Boys

Saturday, October 14, 2006 9 a.m. - 1:30 p.m.

Encuentros Leadership of North San Diego County is presenting its 3rd Annual Educational & Career Exploration Conference to address its mission of improving educational outcomes for boys of Latino descent in North San Diego County.

This year’s event will include a continental breakfast, lunch, motivational and informative lectures representing a variety of career fields, educational information from local colleges, (one-on-one and small group sessions) led by prominent Latino males occupying various roles.

Tuesday
Roberto Salas’ Old World/New World reception 7 p.m. to 9 p.m.

Wednesday
Blood drive, in the center of campus 10 a.m. to 3:30 p.m.
Talks with the Artist Roberto Salas 11 a.m. to 2 p.m.

Thursday
College Hour: October-Fest Noon to 1 p.m.

Friday
Film showing of ‘Intimate Strangers’ 1 p.m. SEC room 204
7 p.m. OC Little Theatre
**Biodiesel:**

*Good for the wallet, good for the world*

SYNDEE WOOD
Managing Editor

Biodiesel is the alternate fuel that everyone should know about, but, what exactly is biodiesel? It is a vegetable-based fuel that is used in diesel engines the same way diesel is. The use of biodiesel does not burn fossil fuels, emits half the carbon monoxide and about 25 percent of the carbon dioxide that diesel does and it has a closed carbon cycle. It actually cleans the engine, costs less than regular diesel (much less, if you make your own) and it is biodegradable. The best part of using biodiesel? It smells yummy.

Biodiesel is made from vegetable oil. Although the diesel engine was originally created to run on peanut oil, it is advisable to process vegetable oil into biodiesel before putting it into today’s Ford F250. Generally, biodiesel starts as vegetable oil from a local restaurant that is then combined with methanol and lye in a souped-up backyard blender. After 24 hours of stewing, the blend separates into two parts; biodiesel and glycerin. The glycerin is skinned off and can be used to make soap. At this point, the biodiesel can be pumped directly into the fuel tank or, if desired, it can be washed, by running water through it, for another 24 hours before being used.

Since biodiesel begins as vegetable oil, it uses no fossil fuels, thereby reducing emissions and decreasing the CO2 in the atmosphere. Even better, biodiesel has its own closed carbon cycle. In other words, it eats up the carbon it emits. That is comparable to a cow eating its own waste, only not as gross. And, it doesn’t end with mad-diesel disease. The small amounts of CO2 that biodiesel does emit are turned into energy by the growing plants needed to make biodiesel.

No brainer, huh? Wait, there’s more! Using biodiesel in the diesel engine leaves it cleaner. The lubricity factor of biodiesel assures that the fuel injector lasts longer and diesel residue tends to break down when using biodiesel. Biodiesel costs less than regular diesel fuel. At pumps around the country it can be as little as a nickel cheaper and as much as a dollar cheaper. By investing in a kit, it can cost a mere 50 cents to make soap. At this point, the biodiesel can be pumped directly into the fuel tank or, if desired, it can be washed, by running water through it, for another 24 hours before being used.

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Music
Happy birthday, Wolfgang!
Conductor: James Shepard
Carlsbad Community Church
Sunday, October 15 • 2:30 p.m.
General admission, $10; students/children, $5.
The Miracosta Chamber Chorale, North Coast Concert Chorale and Camarata
Singers join together to perform a wide variety of traditional and contemporary choral music: The North Coast Performers will present a tribute to the 150th birthday of Wolfgang Mozart with a performance of Missa Brevis in F Major (K. 192).

Theatre
The Dining Room
September 28, 29, October 5, 6, 7:30 p.m.; September 30, October 7, 2 p.m. and 7:30 p.m., October 1 and 8, 2 p.m.
Preview performance, September 27, 7:30 p.m.
General admission, $10; seniors/staff, $8; students, $6.
Preview night: All seats, $6.

Film
October 13 “Intimate Strangers” (France, 2005)
A French woman tells her marital troubles to a psychiatrist and soon they have solidified a lineup with a new bassist, MCC student Adam Scott, and student Dave Thiboutot supports Fitznagel’s Corgan-like solos with foot-tapping rhythm guitar as well as eerie keyboard effects.

Special Event
An Evening with Artist Carolyn St.
Friday, October 20 • 7:30 p.m.
San Elijo Campus, Room 204
Admission is free.
Carolyn St., best-selling au of such novels as “The Handymen” and “Golden Days” will discuss her newest book, “There Will Never Be Another You.”

Art
Old World: New World
Roberto Salas
October 10 – November 2
Reception: Tuesday, October 10, 7-9 p.m.
Talk with the Artist: Wednesday, October 11 • 11 a.m. and 2 p.m.
Salas explores personal identity using imagery from Spain, Portugal, Mexico and the Caribbean.

Reviews
The Oddfellows debut album not catastrophic
CHRISTINA LUCIDI Business Editor
The Oddfellows are finally making “The Grimming Catastrophe” available for purchase. Despite not being signed to a label yet, The Oddfellows’ debut album can be ordered from their website (www.oddfellowsband.com), and it’s just as black as a killer.

The Oddfellows is the brain child of the beats, Matt Fitzgerald, wrote, composed, and produced most of the album. MCC student Dave Thiboutot supports Fitzgerald’s Corgan-like solos with foot-tapping rhythm guitar as well as eerie keyboard effects.

“The Grimming Catastrophe” is a great song with a gitty, metal-influenced bass line. “How to be a God” is a fun, 80’s-inspired jam that didn’t make it to the album, but is available for download on the band’s MySpace.

Afor after having a revolving door for band members, The Oddfellows have solidified a lineup with a new bassist, MCC student Adam Scott, and a new drummer.

“The Immortal Cell:” a thought provoker
MIYUKI HUGHES Staff Writer
The Immortal Cell, by Michael West, is a long awaited read that gives a thought-provoking perspective into the realities of life, death, disease, and human emotion. West uses a combination of personal experience, scientific facts, and philosophy to tell his controversial story about his battle to advance studies in the field of stem cell research.

As an advocate for stem cell research, West argues that stem cells can be used as a means of medicinal methods rather than cloning sheep and goats.

West brings up topics about mortality, the idea that a person would not think about in their daily lives. I would recommend this book for anyone who wishes to gain insight about man’s finite existence.

The highlight has to be the star track of the album “Mountain” with a return to Cookie Mountain” on the Radio's third full length album, goes beyond the promise shown in previous albums. Every song creates its own mood, and it is almost impossible not to get sucked into them.

The highlight has to be the vocals. Taste Adelembits belts out obscure lyrics like, “all I ever wanted was to be destroyed at sea, the hurricane rescued me, savage calmness” with the high falsetto of Kip Malone against him. Also comparable is candice guitar work on songs such as “Blues From Down Here.”

The truck of the album is “Wolf Like Me,” which hops along “like a rabbit on caffeine,” complete by Adelembits at a recent concert. The song literally commands movement with a tempo faster than a pacemaker gone awry.

If you have never heard TV on the Radio, this is the album to start with. While it can be argued that this is not their greatest stylistic achievement, it most certainly is their most mature and accessible.
What would our founding fathers have to say?

AUSTIN BAILEY
Staff Writer

John Adams—one of the founding fathers and the second president of the United States—once said “Democracy never lasts long. It soon wastes, exhausts and murders itself. There was never a democracy that did not commit suicide.”

Often, in times when our country is seeking a moral compass for issues involving its core values, we turn to the founding fathers to ask what they would do in a given situation.

Congress recently passed a bill allowing for what many in the government and the media are calling “coercive interrogation.” This bill allows the president to authorize, on a case by case basis, methods of intelligence gathering such as keeping an enemy combatant in a cold room for a long period of time; playing music at high decibels (it was reported in the New York Times that this method of interrogation has, in the past, involved playing music from the rock group The Red Hot Chili Peppers at a high decibel); sleep deprivation and long periods of forced standing.

Many advocates of so called “coercive interrogation” believe that the nation would be “committing suicide” (at least in the form of compromising national security) to prevent these harsh forms of intelligence gathering from going forward. Others believe that it is the beginning of the erosion of our core values to allow these kinds of techniques. So which is it?

The truth is twofold: 1) nothing like this kind of situation existed in the days of the early republic, and 2) of all of the founding fathers, and former presidents, from the first century of America’s existence and longer, would have okayed tortured without so much as a breath of hesitation. The reason is simple: the society of the late 1700’s did not have remotely the same human rights standards of today. detention of enemy combatants was something Jefferson thought of as an impediment to greater liberty.

Jefferson was a master of poetic hyperbole and pious incantation, having once famously said, in reference to the 1787 Shay’s Rebellion in Massachusetts, “The tree of liberty must be refreshed from time to time with the blood of patriots and tyrants.” There is no doubt that Jefferson would have taken a pious stance on defending liberty from foreign enemies. However, as professor Byrom points out, “whether or not Adams, Jefferson or anyone might support this kind of legislation, doesn’t mean that it is automatically okay.”

Abraham Lincoln was a man who seemed to carry as many external burdens as he did internal ones. He has consistently been portrayed as a man of great inner conflict; a conceivable leader with conflicting sentiments about slavery, having once called it an abomination of man and also saying (in response to his critics) that he never once advocated the freeing of slaves or the equality of a slave to a white man. Lincoln once said “My paramount object in this struggle [the civil war] is to save the union... If I could save the union without freeing any slave I would do it, and if I could save it by freeing all of the slaves I would do it.” Yet there seemed to be a rift between his personal reservations about the barbarity of slavery and the political necessity to approach the subject with a deferential tenor. Lincoln proves that sometimes a president’s personal beliefs are constrained by what he feels is best for the country.

“It is safe to say that whatever Bush’s NSA program actually involves, no one would have batted an eyelid if FDR had approved a similar program during World War II,” says Kevin Drum from Washington Monthly. FDR was a president of modern liberal rhetoric. He once said “Human kindness has never weakened the stamina or softened the fiber of a free people. A nation does not have to be cruel to be tough.” But he was cruel and tough. With the internment of Japanese Americans, he was very tough, and his actions went unquestioned, to a large extent, by the media. As Abraham Lincoln proved earlier, the standards of the past are far from the standards of today.

Abraham Lincoln was the second president of the United States was such a new country, it would have been highly unlikely for any president at that time to take anything but a ruthless stance in the defense of the republic.

Thomas Jefferson was much the same in the sense that he believed in limited central government. However, it is virtually impossible to speculate how he would feel about an organization such as the CIA conducting harsh intelligence gathering, other than to note that a larger federal government professor of political science at MCC. (The Central Intelligence Agency will be the agency performing any coercive methods.)

“In Jefferson’s time, there was not much media. Those guys could get away with murder and probably did,” added Dr. Phillips. It is no doubt that all of these presidents were patriots and did what they felt they had to be done in order to, as Lincoln put it, “preserve the union.” However, as Mr. Byrom pointed out earlier, the standards of the past are far from the standards of today.

John Adams was the second president of the United States and a conservative constitutionalist. According to Bradley Byrom, a professor of History at MCC, Adams “wasn’t a big supporter of the bill of rights by practice.” Having signed the Alien Sedition Act of 1798 into law, Adams retained the right as executive in chief to “apprehend and deport resident aliens if their home countries were at war with the United States.” Because the United States was such a new country, it would have been unlikely for any president at that time to take anything but a ruthless stance in the defense of the republic.

It is no doubt that all of these presidents were patriots and did what they felt they had to be done in order to, as Lincoln put it, “preserve the union.” However, as Mr. Byrom pointed out earlier, the standards of the past are far from the standards of today.
Club News

M.E.Ch.A Club
Movimiento Estudiantil Chicano de Aztlán
Meche 101_miracosta@yahoo.com
Meetings: Tuesdays noon to 1 p.m. M.E.Ch.A advisor is Edward Pohlet (760) 757-2121 ext. 6345

Barrio Arte Club
Mcc_barrio_arte@yahoo.com or call (760) 757-2121 ext. 6246
Follow your passion, follow your talents. Come and join Barrio Arte! Invest. Create and Imagine! Meetings: Thursday 12:30 to 2 p.m.

Business Club
Meetings are 3:30 on Thursday’s at the Club Meeting Room.
The MCC Business Club will be collaborating with Theatre Arts Departments. We will be developing marketing data analysis to increase college theatre patronage. You will receive hands-on support from four super-achievers from SCORiE who have offered their time and marketing business knowledge to work with club members. Join today!

Voices to Action
V2A and Service Learning are looking for a few good volunteers needed on September 27, from 9 a.m. - 1 p.m. to go to Camp Pendleton to help with the Military Outreach Ministry Food Distribution Program. This program provides food for service members and their families. Transportation is available. Contact the Service Learning Office at (760) 795-6616.

Black Student Union
Every Odd Wednesday the BSU club meets in Temescal Hall (OC Student Center) from 2-3 p.m.

Future Educators Club
On October 27, the Club will display and sell “El Dia de los Muertos” artwork from 7 – 11 p.m., location TBA. This event is to promote the club and fundraise. This event is free and open to all.

Pushing past the
Writing Center goes beyond correction service

Students and tutors analyze works of writing in an informal setting. Here, peers are conversing to improve a literary analysis. Students from any background can expect to receive tutoring tailored to their needs.

TOM JOHNSON
Staff Writer
Located in the libraries of both the San Elijo and Oceanside campuses, the Writing Center allows students to receive guidance focusing on global and local concerns regarding the writing process. At a time when writers need a second set of eyes to scan their work, they have the choice to either partake in 15 minutes of reading and discussion or sign up for a 50-minute session of analysis. Until three years ago, Miracosta College had no program that offered assistance to writers in need of support. Operated by Denise Stephenson and Brandi Blahnik, the center employs twenty-five writing consultants who have done well in their classes and have strong skills in dealing with people. Employees also receive consistent training throughout the semester to reiterate principles and teach new techniques. These meetings are intended to expose workers to effective methods of teaching, and also inspire them to continue improving as tutors.

Although some have described the center as “an emergency room for sick papers,” the center is far from a service that encourages surface level help. Problems in mechanics and grammar are put to the back burner, while the writer’s purpose and execution are addressed. “Our philosophy is not to correct papers because then we would be an editing service,” said Stephenson. However, this does not rule out that some work might call for a mechanical tweaking. Each session should be tailored to the needs of the specific student. For one who has written something destined for publication, mechanics would take precedence. One the other hand, although many may think that the work of an ESL student would necessitate a thorough revamping in grammar, a tutor who simply changes mistakes will not teach a student nothing. This method would also defeat whatever purpose the teacher might have had in assigning the material to an English learner. ESL students often get help by simply discussing their assignment and generating ideas. A tutoring session is often geared toward thought organization. One of the most common problems for students is developing their ideas in a systematic way that fits an assignment. Those who come willing to communicate their frustrations will experience a holistic approach to organization. Tutors are encouraged to empower their tutees with skills that they can use to get past certain obstacles. Kinesthetic and visual learners are given a chance to use legos to build their ideas into tangible objects. A bucket of toys is close in reach: the ultimate in creative teaching methods. The “red pen” approach to crossing out mistakes and drawing arrows for paragraph placement is designed to clean up a piece of work but, according to the WC, it does not teach the student how to communicate their ideas any more efficiently.

MiraCosta College will be host a Blood Drive on Wednesday, October 11 from 10 a.m.-3 p.m. in the center of the campus, 1 Barnard Dr., Oceanside. The drive is open to the public as well as MiraCosta College staff and students. For additional information, or to schedule an appointment, contact Catherine Halmay at (760) 795-6675. Donors are encouraged to eat a good meal and drink plenty of fluids before donating blood. All donors must show proof of identity.

Give the gift of life this year

BLAKE LINDSEY
ASG Senator

With the holiday season fast approaching, many people turn their thoughts to the wonders of giving and receiving. Whether hoping for the newest tech toy, or looking to spend some extra time with that special someone, there is something that we can all do to make this season better for the world. Donating blood provides those in need the chance to make it through their most trying times. The MiraCosta College’s Health Services department is working in conjunction with the San Diego Blood Bank to sponsor a blood drive on the Oceanside campus, which is scheduled for October 11 and 12. The drive will be held on the pavilion adjacent the Information Hub, and runs 10 a.m. to 3:30 p.m.

MCC’s Associated Student Government will also be on hand to lend support to both groups by recruiting donors and helping handle paperwork. The ASG is also planning a College Hour event scheduled to coincide with the blood drive, running from noon to 1 p.m. on October 12. The event, entitled Service to Others, will provide live music and draw attention to the blood drive. Food is provided to all those whom donate. The entire process, from sitting down and filling out the paperwork to the post-donation snack, takes about 45 minutes, and could profoundly impact the life of another.
Hello Campus Students!

We are off to a great semester! Most of you have settled in and are beginning to think ahead towards spring semester. Planning can save time, energy, and the one of the most precious college student resources—CASH! There are classes to plan and books to buy, but with the holidays quickly approaching money can be tight. Mira Costa College Police Department is holding an inspiring essay contest. The title of the essay is “Innovative Crime Prevention Strategies on Campus.” The writer’s job is to bring forth ideas that can be utilized on Mira Costa College campuses. The essay needs to be a minimum of 5 pages, typed, double spaced, with 1” borders, (similar to APA format). There is no maximum number of words to be used. We are looking for your own ideas; however, if you are familiar with other strategies, you may write about them—you could even create your own twist to it. If you write about an idea that is not your own, you must cite the source. Essays must be turned in to the Campus Police Department no later than December 1, 2006. Winners will be announced and awarded December 18, 2006.

There will be a Grand prize winner who will receive a $100.00 gift certificate to the college bookstore, a basket of school supplies for spring semester, and an Award Certificate. Winning essays will be displayed in the lobby of the Campus Police Department and talked about in upcoming “The Fuzz” columns. This is an unbelievable opportunity to show productive interest in your school, earn some school supplies, and have a few extra bucks for the holidays. (It will also look great on your resume!)

If you have any questions about the essay contest or have questions for “The Fuzz”, contact Officer Rebecca Arnold (760) 795-6519 or email: rarnold@miracosta.edu.

Officer Rebecca Arnold informs
What should you do?

As far as the crying goes, the stock answer for (unhappy) crying post-copulation is that the girl has endured some sort of wretched trauma like being molested or raped. But usually, the girl will cry after sex the first time, not be okay for a while and then start crying afterwards.

Maybe this recently began because she feels like she is at a point in her relationship with you that there is a different level of intimacy that enables her to tap into some sort of hurt she may have experienced in the past. Regardless of her past situation, I would encourage her to talk about it. Not necessarily with you, but maybe that would be a good start, since some people are relatively reluctant to talk to authoritative figures like therapists about deeply personal issues. If she is seriously upset and crying, I would suggest getting her into some kind of treatment so she can try to figure out what causes her to feel this way.

Have a question for Boy and Girl? Email them at boymeetsgirlmeetscolumn@gmail.com. All names are kept confidential.

Boy #2: What should you do?

You should get better at sex. If you are so loony that you make her cry, you both got problems. OK, well if you are not the problem, then it must be her, right? If the bear cub noises are coming from her vagina, your penis may be too small for her and you are making her excrete a vaginal air biscuit. Alternatively, if she's intentionally making these noises, she may just be enjoying or faking.

There is actually nothing wrong with her crying after sex. This is actually a very beautiful response to such an intimate experience. Sometimes when referring to a woman's sexual journey, it is best to use comparisons for men like it to you, but not only do you make stupid sounds during sex too, but you sweat all over the place and make stupid faces too.

As far as your girlfriend is concerned, it appears that her climax induces a deep emotional response that you need to harness. She is looking to be consoled and you need to be there for her. Remember, making love to your woman is very beautiful and you need to cherish her and the time you have together.

Girl: Maybe you should stop “accidentally slipping.” Or, maybe you could give her a warm glass of milk. Or, perhaps a herring.

“accidentally slipping.” Or, maybe you could give her a warm glass of milk. Or, perhaps a herring. Seriously though, wow, I almost don't know what to say. It makes me very concerned in that your shorty does this, but even more so I am concerned about the fact that this is a recent development.

As far as the bear cub growling goes, maybe that's just her noise. Like a tennis grunt. She has probably restrained her noise of choice in fear of you leaving her or not wanting to continue to have sex with her because of the weird noise she makes. Just deal with the noise. I hate to be the one to break it to you, but not only do you make stupid sounds during sex too, but you sweat all over the place and make stupid faces too.

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Alternatively, if she's intentionally making these noises, she may just be enjoying or faking. There is actually nothing wrong with her crying after sex. This is actually a very beautiful response to such an intimate experience. Sometimes when referring to a woman's sexual journey, it is best to use comparisons for men like it to you, but not only do you make stupid sounds during sex too, but you sweat all over the place and make stupid faces too.

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