Japanese Festival blooms at MCC

Last Week MiraCosta College hosted the tenth annual Japanese Spring Festival on the Oceanside campus. Events took place on Wednesday and Thursday. Friday concluded the celebration with the film, "Hula Girls" directed by Lee San-il. The festival included many interesting features such as traditional dances and live musical performances by local artists and musical groups.

The festival began on Wednesday with a show performed in the little theater on the Oceanside campus. Yuki Easter and the Southern California Koto Ensemble gave a performance using traditional koto instruments. The koto is a traditional Japanese string musical instrument introduced in Japan from China in the 7th to 8th century. The performance consisted of several traditional folk instrumentals and concluded with the group's rendition of The Beatles' classic "Yesterday." After the group performed, they opened the stage to the audience to give them an opportunity to learn the strange and beautiful instrument.

Following the Koto performance, was a traditional Japanese dance presentation by the Bando Mitsugai Group. For this portion of the event, the performers demonstrated their dances to the sounds of much-honored Japanese folk songs while wearing genuine Japanese dance attire.

On Thursday during College Hour, students were entertained by the Vista Buddhist Temple Shoken-ji Taiko. The performers reenacted a traditional beating of Taiko drums using bachi sticks. In Japan, Taiko drums were often used to motivate troops, to help set a marching pace and to call out orders or announcements. When approaching or entering a battle, the taiko yaku (drummer) was responsible for setting the marching pace by six paces per beat of the drum.

There was also the eighth Annual Haiku Contest. Paper kites covered the campus with student haiku's that were submitted for the contest. The winners were announced on Wednesday. Kathryn Kessab, Zach Fishinger and Shelley J. Beeby were the top three contestants in the contest. Kessab’s haiku read, "Morning birds singing, In a nest of strings and worms, No fear of danger. Realness leaves me blind, I see my life in pixels, The dots come and go." Runners up included Matthew Rowe, Denise Stephenson, Yancey Meyer, Elliott Davis, Andrew Arechiga and David Sanchez.

The International Language Department and the Japanese Club organized the event. The inspiration for this occasion came from Noriko Kameda, Japanese Instructor, who was given a grant from the North County Higher Education department. The grant was to give students an opportunity to experience genuine Japanese culture. The organizers wanted to give MCC students something they could actually be a part of. This was why most of the events held throughout the festival were interactive for audience members. "I wanted to give the students something they could touch," said Noriko Kameda.
Join us in Mississippi

Help rebuild homes damaged by Hurricane Katrina.

June 1-6.

Contact Jane DeRoche at jderoche@miracosta.edu or Anna O’Cain at aocain@miracosta.edu for more information.

The summer schedule has been posted on SURF.

Click on “Class Schedule and Course Catalog” and select Summer 2008 from the dropdown menu.

A pdf version of the print schedule will be available on April 8th.

The hard copy print schedules will be on campus on April 28.

The fall schedule will be available online during finals week.

Show love to the graduates you know

Buy a graduation announcement in The Chariot and let everyone know how proud you are of your graduate!

Graduation Rates

The display rate for graduation announcements in The Chariot is $6 per column-inch. This is 25% off regular rates. A column is approximately 2 inches wide (1.717” exactly). The Chariot is printed in tabloid format (16” x 9”). Each page has five columns. Announcements can either be email to The Chariot at mccchariot@yahoo.com (preferable .pdf or .jpeg) or delivered to room 3441 in the Student Activities Building. Example ad sizes are seen below.

Graphs provided by: Jordan Barber

5/05  5/12  5/19

$24  $24  $24

$48  $48  $48

$144  $144  $144

$240  $240  $240

Grab the last three editions and show the love!

Check the dates that you want your graduation announcement to run. Circle the size you would like your announcement to be and deliver it to The Chariot office with announcement information.

MCC’s “best” are honored

The Awards and Scholarships Committee is pleased to announce the following students have been selected to receive MiraCosta’s Medal of Honor for 2008.

Congratulations to:

Maryna Chumakova
Ian Dorsey
Rebecca Jenkinson
Rachel Liu
Logan Lossing
Alex Mattingly
Joseph Mullen
Andrew Pinkard
Cathy Robin
Timothy Stockwell
Mylinh Tran
Dmitriy Yegorov

These outstanding students will be honored at a special luncheon on Saturday, May 10, 2008 at 12 noon in the Oceanside Student Center Dining room. The event is free and open to all faculty and staff. You are encouraged to attend the luncheon and help celebrate the accomplishments of these fine students.
Student Speak

Question: Do you think music venues should be open to all ages regardless of alcohol sales?

“No. There’s a difference in crowds and the quality of the show between older and younger audiences.”
- Katie Kennedy

“We were permitted into the bar, but only to set up equipment, play and then leave. Luckily we were able to sell enough tickets not to have to pay the fee, but most of the people who bought tickets were family and less than half of them actually showed up. The bar ended up making almost $200 dollars from our ticket sales and who knows how much in drink and food sales from the customers we brought them. What did we get in return? We got a hand shake from Mike the stage manager and a boot out the door once we were done playing.”
- Brandi Cooper

“Ten because a lot of bands play at the House of Blues. Sometimes you could only go if you were with an adult.”
- Jeff Sanford

“No. There’s a difference in crowds and the quality of the show between older and younger audiences.”
- Paul Thomas

“We got a hand shake from Mike the stage manager and a boot out the door once we were done playing.”
- Brandi Cooper

Those venue owners are robbing themselves of hundreds of potential customers and in a sense encouraging delinquency among teens.

“The bands they hire to play at their clubs often have a demographic of people ages eighteen to twenty one but only the twenty-one year olds are allowed in. This alienates 75% of the bands’ fan bases and also encourages the teens to find alternative ways to see the bands, which, in the long run, creates what the bar was trying to avoid in the first place. This not only has a negative effect on the venue and the kids, but also the musicians and the music industry in general. When the alienated age limits were lowered, young people would not be as likely to turn to drinking as a way to entertain themselves. All I know is that venue owners need to start stepping up to make a change if and when they do, it can only have a positive outcome.

Reviews

This film “ruins” the action

“The Ruins,” based on the best seller, follows four American friends on vacation in Cancun. They meet a German tourist that persuades them to join his hunt for his younger brother, who was last seen with his girlfriend near some mysterious Mayan ruins.

The formulaic plot draws along like a lazy snail and did not serve its purpose: to scare me. The whining Mayan vines amused me rather than horrified me as I sat in my seat awaiting the film’s predictable ending. If not for Jena Malone, I think I would have walked out of the movie.

My favorite part of the film was the angry Mayan villagers guarding the ruins, who were much more terrifying than the possessed vines. They added an element of creepy reality to the entire film. Disappointingly, “The Ruins” is your run-of-the-mill pressurized American horror movie about what goes awry when pretty, young naïve things travel abroad.

“Iva Lee’s Southern and Creole Cuisine is a great place if you want to experience Southern cooking. I ordered the Stewed Abe with Sweetened Soy Reduction, Milton Slaw and Sweet Potato Bird Nest. This dish was excellent. The Abe was perfectly seared around the edges, and the sauce was phenomenal. The milton slaw and sweet potato was ridiculously tasty. I also ordered spicy andouille, crawfish, and chicken gumbo. I was impressed even though it was little under seasoned for my taste.

For many working stiffs, utterly removing themselves from society in order to do nothing but surf is a dream. For Dr. Dorian Paskowitz and his family, that dream became a reality. The documentary “Surfwise,” tells the story of Paskowitz, his wife and nine children as they “tour” America, in search of good waves, good health and ultimate freedom.

For Dr. Dorian Paskowitz and his family, that dream became a reality. The documentary “Surfwise,” tells the story of Paskowitz, his wife and nine children as they “tour” America, in search of good waves, good health and ultimate freedom. However the price of freedom is realized when his children, un schooled and ill prepared, grow up and are forced to deal with the reality their father kept from them.

Interviews from members of the Paskowitz family were included to create a viewing glass experience on a group of people who, to some, are considered the first family of surfing. The film held my interest throughout and gave me a grounded perspective on the dream of checking out of society by use of real, hard footage and testimonies from the ones who experienced it firsthand.

Though it wasn’t the most visually appealing documentary I’ve seen, “Surfwise” is defiantly a film worth seeing purely for its content.

Third time’s the charm

Port Isabel’s new album Third is already all over the Internet, way ahead of its April release date. It has been over ten years since Port Isabel’s last release, Roseland NYC Live in 1998, but with Third they show that they haven’t missed a beat as they deliver their darkest and most beautiful album to date. To be honest, it’s a smash hit!”

Lead singer Beth Gibbons’ haunting vocals take us serenely through what seems to be her darkest nightmares. The lyrics are sorrowful, and the music is simply gorgeous. The opening track “Silence” sets the tone for the album. Gibbons’ vocals open with, “Tempted in our minds/tormented by use...” which collectively manage to revive the Portishead sound. It may have taken the band 11 years to produce, but they produced an album nothing less than amazing.
MCCArts Calendar

Art for Sale!

Help fund MCC students to rebuild Mississippi

CRISTAL HARRIS
Editor-in-Chief

Art “Escape”
All media student art show. April 29 – May 13
Reception: Thursday, May 1, 11 a.m.-2 p.m.

Music
Windjammers Community Concert Band “Spring Concert”
MiraCosta College Creative Arts Complex, Studio A Saturday, May 10 at 2 p.m.
Free admission. The band will perform standards from concert band literature. This is a wonderful opportunity to hear the compositional artistry of some of the greatest composers of wind ensemble music, including Gustav Holst, Charles Ives, and Robert Russell Bennett.

“Sing Into Spring”
MiraCosta College Theatre, Oceanside Campus Saturday, May 10 at 7: 30 p.m.
Sunday, May 11 at 2 p.m.
General admission, $10; students/seniors, $8.

Film
The International Film Series will be screening “Volver” on May 9. “Volver” is about a middle-aged woman who returns to her home town, after a death, in order to fix the situations she couldn’t resolve during her life. The film is directed by Pedro Almodóvar. The screening will take place Friday at 1 p.m., on the San Elijo campus in room 204, and at 7 p.m. in the Little Theatre (3601) on the Oceanside campus. Admission is free.

Special Event
The MiraCosta College Foundation and the Encinitas Chamber of Commerce will present Encinitas’ First Annual Cinco de Mayo Celebration on Saturday, May 3, noon-6 p.m. at the MiraCosta College San Elijo Campus, 3333 Manchester Ave., Cardiff.
The free event will include vendor booths, a kid’s zone, Mexican food, and feature live music by MiraCosta’s Latin Jazz Orchestra, Cuban salsa group Luna Llena, and mariachi band Trio Amigos. MiraCosta’s ballet folklorico will also perform. Food will be sold by El Nopalito, and beer and wine will be sold by the Encinitas Chamber of Commerce.

Artwork is now being accepted for “Everything is not okay,” the Katrina Art Auction to help raise money for students traveling to Mississippi. The group will stay in Mississippi from May 1 to 5 to help rebuild homes left in devastation by Hurricane Katrina. All proceeds from the art auction will help pay for travel expenses, food and accommodations. The art auction will take place May 5 to May 9. All bidding will end at 3 p.m. on May 9. Faculty member Jane DeRoche and Anna O’Cain are coordinating the event.

O’Cain will be accepting artwork on Monday and Wednesday in room 2272 from 12 p.m. to 2 p.m. and 4:30 p.m. to 7: 30 p.m. Anyone who wishes to donate artwork is asked to have their artwork matted, mounted or framed so they can be displayed easily. Any form of artwork is acceptable. Artist must fill out a submission form in order to donate artwork. Every artist will know who purchased their art.

All artwork will be presented in the Quiet Room on the Oceanside Campus. Each piece of art will have bidding forms available. All persons bidding must register with basic contact information. O’Cain will be available to collect final bids by cell or email from 12 p.m. to 3 p.m. on May 9. Purchased artwork must be picked up between 3 p.m. and 4:30 p.m. on May 9.

The group will travel to Ocean Springs, Mississippi and will stay at Camp Victor which has hosted over 13,000 volunteers and has worked to help reconstruct over 1,500 homes. Students who are interested in volunteering in Mississippi can contact DeRoche or O’Cain for travel information. Attending students may need to pay for their own airfare plus $20 a day for every day they stay in Mississippi. For those who want to volunteer but can’t travel to Mississippi may help by “sitting” in the exhibit to oversee the bidding process during the open hours of the Quiet Lounge.

Alaina Nilo is a current student in O’Cain’s Art 101 class. This will be Nino’s first time going to Mississippi and volunteering. “I had planned to go before and now I can go and help out,” said Nilo.

Last year 11 students journeyed with O’Cain and DeRoche to Mississippi to help out with Katrina efforts. “The student that chose to go blew my mind. I knew if I had the chance I’d do it again,” said O’Cain. Volunteers helped with gutting homes, molding, interior paint and also cooking for the other volunteers. O’Cain believes this trip is very beneficial to students. “They learn about how volunteerism is at the very foundation of stabilizing a community in need,” said O’Cain.

Photos Provided by: Anna O’Cain/ Art Faculty

Clockwise: (left) Etching created by Rebecca McIntire. Color pencil piece by Alaina Nilo. Etching drawn by Mary May. Each one of these pieces will be part of the collection sold at the "Everything is not okay" Katrina Art Auction.

Art Auction.
Collection sold at the "Everything is not okay" Katrina Art Auction.

Mississippi

Help fund MCC students to rebuild Mississippi

CRISTAL HARRIS
Editor-in-Chief

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Art Auction.
Collection sold at the "Everything is not okay" Katrina Art Auction.
A hidden treasure that many students may not know about is jobs available on campus. Each week the MCC Chariot publishes companies looking for employees, but students can also visit the Career Center. On-campus employment is one of the best jobs for college students because instead of driving across town it's a short walk across campus. It saves on gas, time and is a great way to learn more information about MCC. Students who are interested must register with college.monstertrak.com to view all available listings. Jobs can be searched by category, listing date, location or type. Students on campus receive $9 an hour and can work a maximum of 19.5 hours a week. The math figures out to be almost $180 weekly. Minimum wage in California is $8 an hour. By working 19.5 employees can earn an extra $20 every week. The only requirement to work on campus is students must be enrolled in at least six units. It’s a great opportunity for someone who has never had a job before. “They’re gaining practical work experience and on the job training,” said Lisa Montes, Student Employment Coordinator. Plus the supervisors are understandable when it comes to school schedules. Many of the departments on campus offer positions and some have more requirements than others. For students who want to work in child development and the police department, potential applicants must have these fingerprints documented and a background check completed. Students can work before going to class or after and to length to work may only be a short walk across campus. The best time to look for a job on campus is between the second week in May and the end of June. Many departments send in job openings to the Career Center for the upcoming summer and fall semesters. Jobs where cash is taken home at the end of the day are a gleaming hope when it comes to working college students. The advantage is steering clear of the painful penniless days before payday because cash is in hand at the end of every shift. According to www.financialtimes.com, customers in the US pay approximately $26 billion in tips every year. The extra cash can help pay for lab fees, last minute supplies or gas to go to school. Including homework with classes and work can be tough. Jobs with the task of manning a desk are great ways to fit in homework while at work. Some jobs would include working at the library, the evening shift in student activities or an appointment service. Jobs like these are normally not constantly busy so fitting in time to study is possible. A job that perfect for any college student is being hired as a nanny for school aged children. What is better than working with someone who has the same schedule? Part of being a nanny is getting the kids ready for school in the morning, coming home and doing homework. The pay isn’t so bad either. Job listings on www.monstertrak.com have nanny wages ranging from $10 to $15 an hour, depending on first aid certification and experience. By working even a minimum of 6 hours a day 5 days a week a nanny can bring home $300 to $450 a week. The best time to look for a job on campus is between the second week in May and the end of June. Many departments send in job openings to the Career Center for the upcoming summer and fall semesters. Jobs where cash is taken home at the end of the day are a gleaming hope when it comes to working college students. The advantage is steering clear of the painful penniless days before payday because cash is in hand at the end of every shift. According to www.financialtimes.com, customers in the US pay approximately $26 billion in tips every year. The extra cash can help pay for lab fees, last minute supplies or gas to go to school. Including homework with classes and work can be tough. 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A great resource for college students is Forbes Fortune 2008’s list of “100 best Companies to Work For.” All the companies listed offer employees great incentives and stability. Genentech ranks fifth on the top 100 list and is company with nearby locations that support MCC. The biotechnology program has good ties with Genentech and some students have worked to receive internships with the company. Some other companies that ranked the list are Qualcomm at number eight, Nordstrom at 36, Scripps Health at 56 and Navy Federal Credit Union at 78. A hidden treasure that many students may not know about is jobs available on campus. Each week the MCC Chariot publishes companies looking for employees, but students can also visit the Career Center. On-campus employment is one of the best jobs for college students because instead of driving across town it’s a short walk across campus. It saves on gas, time and is a great way to learn more information about MCC. 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It is not too late to apply for financial aid at MCC

There are three ways to obtain information about Financial Aid at MiraCosta College:
Visit our website: www.miracosta.edu/financialaid
Stop by the office on the Oceanide Campus, Building 3000
Monday–Thursday 8am–7pm, Friday 8am–4:30pm
Give us a call at 760/795-6711
Monday–Thursday 10am–7pm, Friday 10am–4:30pm
To apply for federal financial aid:
Complete the Free Application for Federal Student Aid (FAFSA) at www.fafsa.ed.gov and you will be considered for:
- Pell Grant, Federal Supplemental Grant (FSEOG), and the Academic Competitiveness Grant (ACG)
- Federal Work Study (FWS) provides funds that are earned through part-time employment on campus.
- Grants are financial assistance based on need and other criteria and do not have to be repaid.
- The Board of Governors Fee Waiver (BOGW) is available to students must meet the criteria for qualifying for the BOGW, you will very likely qualify for enrollment fee and reduces the parking fee (parking fee reduction only available for the Fall and Spring terms). There are 3 different types of BOGW waivers (Methods A, B, or C) and two ways to apply:
  - To be considered for Method A or B, complete the BOGW application that is included in the middle section of this class schedule. Attach the required verification documents and submit to the Financial Aid Office for eligibility determination. We recommend that you also complete the FAFSA. If you meet the criteria for qualifying for the BOGW, you will very likely qualify for federal grant money.
  - For Method C, complete the FAFSA as instructed above.

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Oceanide Campus
Tuesday, April 29 from 12 – 1 pm
OC 1202
Timed Writing Exams presented by Denise Stephenson
Do you panic when you have to write for in-class exams? Whether your test requires short answers or long essays, this workshop will provide strategies for writing on demand.
Thursday, May 1 from 12 – 1:30 pm
OC 1202
Minimize Stress, Calm Your Senses, Focus on Success presented by Edward Pohlett
Does stress get in the way of your academic success? Come and join us for an interactive workshop that identifies key stress relief strategies for college students. Do it now before finals take over our world!
San Elijo Campus
Wednesday, April 30 from 12 – 1:30 pm
SEC Student Center Conference Room
Minimize Stress, Calm Your Senses, Focus on Success presented by Edward Pohlett

To apply for a loan and are responsible for repayment when the loan comes due. To apply for enrollment fee assistance:
- For Method A, complete the BOGW application that is included in the middle section of this class schedule. Attach the required verification documents and submit to the Financial Aid Office for eligibility determination. We recommend that you also complete the FAFSA. If you meet the criteria for qualifying for the BOGW, you will very likely qualify for federal grant money.
- For Method C, complete the FAFSA as instructed above.

Student success workshops
Be prepared for finals and sit in on a workshop

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How safe is “safe sex?”
Know the facts vs. the myths. Your future depends on it.
Make informed, healthy, confident choices.

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real answers, real help.
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birthchoice.net
397 F. Street, Suite B 2nd Fl.
San Marcos 92078

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• pregnancy options and abortion counseling
• STD education and prevention
• support services

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New Student Special!
Unlimited Yoga $30 for 30 days
Bring coupon with valid MiraCosta ID

Leave the Sprinnting to us
North County’s new SPRINTER light rail train has arrived. With service every half hour on weekdays and every hour on the weekends, it’s easy to hop aboard the SPRINTER. Catch the train at any one of the new 15 stations. BREEZE buses are conveniently coordinated to connect you to major destinations along the Highway 78 corridor. Your ticket to North County’s new short cut begins at only $2 per trip.
The transfer Center has answers to all your questions

The University of California has received 121,005 applications for admission to the fall 2008 term, breaking the record for the fourth year in a row. Overall applications increased by 9 percent over fall 2007, with a 9.2 percent increase at the freshman level and an 8.7 percent increase at the transfer level.

Virtually all prospective students—97 percent of freshmen and 99 percent of transfers—applied online. Just 721 paper applications were submitted.

Question: What is an education plan?

Answer: An education plan is a personalized, 6-year program that explains and lists each class you need for your major, and elective and general education requirements. A term-by-term class plan maps out the courses you should take each term. Please come into the University Transfer Center ASAP for an appointment which are available in the mornings, afternoons, and early evenings 760-795-6880.

Question: Will my high school grades and SAT scores count when I transfer?

Answer: The UC and CSU systems do not require high school grades or SAT scores as support as needed. Proficiency with Excel and word processing software. Spanish language skills desirable. Send resume via fax 858-239-1815 or e-mail to NCGojdcox.net

Question: P a r t - t i m e W i l l i n g t o p e r f o r m w h e l e r t h e r i g h t.

Answer: About 20 hours per week. 2-3 days in the summer. 5 1/2 years experience caring for siblings ages 3 and 5. High energy & love to have fun. Ex. references. Own transportation and CPR certified.

Question: Contact: Christine Tooney 858-337-7416

Answer: For more information on internships, jobs, and career resources, stop by the Career Center, Hldg. 3700 on the Oceanside Campus, or call 760-795-6772. Staff is available on a walk-in basis at the San Elijo Campus from 11am-5pm in the Student Center. Stop by on or before April 22nd, and May 7th and 28th.

Hello Readers!

This week is part 2 on the topic of identity theft. Hopefully, you are beginning to (if you weren't before) take more cautious steps to protect yourself. There are so many ways your identity can be taken; one of them is by "shoulder surfing." What happens here is when you are using your financial cards, such as at an ATM, grocery store, gas station, or even department store, the thief stands near you and reads the information off of your card and memorizes it. The person even watches how you punch in your pin number. (This person does not even have to be directly next to you to get the information.) A tactic to be more covert is to keep your cards backwards in your wallet and do not remove it from your wallet until you are ready to make the transaction. When you remove your card, keep your personal information facing down, and move it to where the palm of your hand continues to mask the imprints. Use your arm or opposite hand to cover the key pad. Slide the card quickly and when entering your pin number, be discrete. If you realize it looks like a lot of steps, it's okay and after a couple of tries you'll be a pro. Another method of operation for identity stealers is retrieving your information by copying it at a retail establishment, store, or any other place that uses a terminal to read the information off of the card. The information can be copied from the stored data or it is directly copied. This process is called skimming. If you are a trusting person and haven't been reading your monthly statements, you may want to check them. A good percentage of the charges are small. This is not to alert the financial institution or you. There are also times when the "skimmer" will swipe your card twice, telling you the first transaction did not go through. Later the "skimmer" takes the cash from your employer and you have two charges on your bill, for the exact same amount. Try to be very alert when you are out and about using your credit and ATM cards. There are a lot of lurkers and they watch for people who are not paying attention to what it going on around them and be careful to be protected, as I have shared with you before, this crime is becoming more and more prevalent, so be watchful! Submit your law enforcement related questions to “The Fuzz”, Officer Rebecca Arnold 760-757-2211 x 6519 or via email: rarnold@miracosta.edu
Ask Me Anything
A student offers advice to other students

Q: I don’t know what to do. I am a young mother of a two year old. I am living with my baby’s father, but have a lot of problems with him. I know that he is using drugs, I already try to take him to a rehabilitation center, but things didn’t work. I really want to live with him. I know I don’t have a future with him, but I don’t know what to tell him, or what to do.

A: It is really hard when you love someone and they are addicted to drugs, especially if it is the father of your child. You can’t help someone unless they want to be helped. It is sad, but it’s the truth. You need to do what is best for you and your child. Your child should come first regardless. It sounds like you have done all you can. I would say try and be independent and take care of your kid. I know it sounds easier said than done, but sometimes you got to do what you got to do. If you have done all you can, then there is nothing else you can do for him. He is going to have to help himself. He is going to have to snap out of his funk. Sometimes they can fight the drug addiction, but most of the time they can’t. Maybe you getting on with your life will wake him up, but there are no guarantees. Tell him if he wants to be in you and your child’s life, he is going to have to change his ways.

Have a question you need answered? Submit your questions to mccchariot@yahoo.com and have them answered in the Student Q&A.

What’s for lunch?
San Elijo
MONDAY
Main Event: Chili Verde Burrito
Side Item: Salad & Roll
Grill: Chipotle Bacon Cheese Burger

TUESDAY
Healthy Choice: Thai Ginger Beef Salad
Side Item: Fortune Cookie
Grill: Buffalo Chicken Sandwich w/ Ranch Dressing

WEDNESDAY
Main Event: “Pho” Vietnamese Chicken Noodle Soup
Side Item: Vegetables & Roll
Grill: French Dip w/ Swiss Cheese

THURSDAY
Healthy Choice: Pasta Putenessca
Side Item: Pasta, Vegetables & Roll
Grill: Popcorn Chicken “Po Boy” Sand

Oceanside
MONDAY
Main Event: Chili Verde Burrito
Healthy Choice: Rigatoni w/ Lo Fat Feta Cheese, Roma Tomatoes & Artichokes (V)
Grill: Chipotle Bacon Cheese Burger

TUESDAY
Main Event: Baked Meatloaf
Healthy Choice: Thai Ginger Beef Salad
Grill: Buffalo Chicken Sandwich w/ Ranch Dressing

WEDNESDAY
Main Event: “Pho” Vietnamese Chicken Noodle Soup
Healthy Choice: Oven Baked Southwestern Vegetable Quesadilla
Grill: French Dip w/ Swiss Cheese

THURSDAY
Main Event: Hand Carved Roast Beef
Healthy Choice: Pasta Putenessca
Grill: Popcorn Chicken “Po Boy” Sand

FRIDAYS
Main Event: Chicken Cacciatore
Grill: Chicken Breast w/ Pasta, Vegetables & Roll

MCC Art Auction
Help fund MCC students to rebuild Mississippi

What  Katrina Art Auction
Who  Organized by Anna O’Cain
Where  MCC Quiet Lounge
When  Monday, May 5th until Friday, May 9th (the closing of all bids will occur at 3pm on May 9th)

All proceeds will be used specifically for Katrina volunteer trip expenses.

* If you would like to donate any artwork to the auction please contact Anna O’Cain (ao@marinacost.edu) or Jani DelRocco (jdelrocco@marinacost.edu). Artwork should be matted, mounted, or framed so that they may be easily installed in the Quiet Lounge. Work will be accepted in Room 2272 on April 28th from 12-2 and 4:30-5:30 and April 30th from 12-2 and 4:30-5:30