

The Good LIFE at MiraCosta College

Vol. 32, No. 5 The Newsletter of LIFE at MiraCosta College, Oceanside Campus

May 2026



A Lifelong Learning Group

www.miracosta.edu/life, then select *Oceanside LIFE Calendar (PDF)*

Calendar for May 2026

Meetings will be held in person at the MiraCosta College, Oceanside Campus, at 1:00 pm in the Board Room, of the Administration Building (Building 1000) and by the Internet Application ZOOM.

- May 1 1:00 **12,000 Years in San Diego** **Adam Niesley, Director**
San Diego Archaeological Center
Learn how archaeologists reconstruct 12,000 years of San Diego County history through material culture, revealing adaptation, diet, mobility and preservation challenges.
- May 1 2:30 **The Music of John Prine** **Dennis Ditchfield,**
LIFE Member, Occasional Presenter
John Prine's music is a blend of folk and country music combined with humor, sharp observations, and a mastery of language. Hear a sample of his work.
- May 8 1:00 **Stories of San Diego's Food Community** **Katie Stokes, Publisher/Chief Editor**
"Edible San Diego"
Learn how informational media is produced which is featured in print magazines, e-newsletters, and ediblesandiego.com.
- May 8 2:30 **The US Roots of Central American Migration** **David Hollingsworth**
Adjunct Professor, Palomar College
David Hollingsworth will educate us about how United States policy in Central America helped create the modern refugee crisis.
- May 15 1:00 **The Mysterious Oarfish/Scripps Marine Vertebrate Collection** **Ben Frable, M.Sc**
Scripps Institution of Oceanography
Oarfish are rarely known around the world as living sea-serpents and creatures out of folklore. Two rare specimens washed up on San Diego beaches in 2024. Both ended up in the Scripps Marine Vertebrate Collection, where scientists studied and preserved them. Learn more about these rarities and the collection that houses them.
- May 15 2:30 **Why Psychedelics Matter** **Jacob Tell**
ONIRACOM GLOBAL CEO
Jacob Tell explores why psychedelic mushrooms are re-entering public conversation through neuroscience, medicine, and emerging scientific research.
- May 22 **No Classes – College closed for Memorial Day**
- May 29 1:00 **Moonlight Theatre** **Steve Claudini**
Artistic Director, Moonlight Theater
Walk down memory lane with a look to the past and the future of this beloved Vista treasure. Vista's Moonlight Amphitheatre is an outdoor theater that has Broadway quality shows in our own backyard.
- May 29 2:30 **Miracosta College Scholarship Recipients** **Tori Fishinger, Moderator**
MCC College Students
Three distinguished scholars will join a conversation on the impact and the transformative role LIFE Scholarships play in student success.



To join a Zoom meeting, LIFE must have your email address in order for you to receive the invite link. Meetings will start at 12:45 pm (you can join 15 minutes earlier) and the speaker will start at 1:00 pm.

Email: life.miracosta@gmail.com. **To Donate to the LIFE Scholarship Fund:** Write a check to **MiraCosta College Foundation**; Mail it to: **One Barnard Dr., MS 7; Oceanside, CA 92056**. In the memo area put: **LIFE Scholarship Fund**. Or go to: <https://miracosta.edu/lifescholarship> and you can donate online. There is a "drop-down" box to indicate the donation will be credited to the **LIFE Scholarship Fund**. The QR code to the left can also be used