

Doris Lu-Anderson

Candidate for Associate Faculty Senator

As an Associate Faculty member in Kinesiology and Health Sciences and the ACP/IFL Representative for Kinesiology, I am committed to bringing representation to an area that currently has **no Associate Faculty voice** in the Academic Senate. Health Sciences — including Kinesiology and the Nursing & Allied Health (NAAH) programs — plays a vital role in student well-being, resilience, and academic success. Athletics Department, too, contributes significantly to student development, performance, and holistic wellness, yet neither Health Sciences nor Athletics has Associate Faculty representation at the Senate level.

In both **Health Sciences and Athletics**, we share a foundational belief that the body and mind are our greatest assets. This principle guides my work in cultivating a Well-Being Circle that supports faculty through practices that promote balance, resilience, and sustainable teaching. It also reflects the coaching mindset: when we invest in people, we strengthen the entire team.

Many Associate Faculty often feel isolated or unsure of the resources available to them. Much like athletes who thrive when communication is clear and support is consistent, our faculty perform at their best when they feel connected and valued. I hope to bridge that gap by fostering stronger communication, deeper connection, and a true sense of **belonging** across Health Sciences and Athletics.

I aim to bring this wellness-centered, equity-driven, and team-oriented perspective to the Senate while advocating for clarity, collaboration, and meaningful inclusion for all Associate Faculty.

Doris Lu-Anderson, Ph.D.
