



Modify Credit Course: NUTR 105 - Human Performance and Sports Nutrition



Status: In Review

[View Proposal History](#)

component of the course requires in-person contact. For example, students may be required to take at least one exam through a testing center, at least one lecture may be conducted in-person, at least one activity or lab may be offered in-person, etc.

Type of Approval

100% Online or Hybrid

Indicate which component(s) of curriculum delivery requires on-ground or hands-on activities (such as labs, demonstrations and proctored exams) except in the case of emergency remote instruction. If the none of the course should be taught online except in case of emergency remote instruction, you may write "entire course."

Source

Styles

Format

Font

Size

Words: 0, Characters: 0

Course Suitability for Distance Education

Check the following to indicate that all instructors assigned to teach this course as 100% Online or Hybrid (in accordance with the approval type) will be able to: meet all expectations as outlined in [AP 4105](#).

- ☒ Be prepared to teach distance education in accordance with any department and college procedures, and negotiated agreements.
- ☒ Ensure that the same standards of course quality shall be applied to distance education as are applied to traditional classroom courses and that the same course outcomes are achieved regardless of instructional modality. The MiraCosta Online Class Quality Guidelines document provides guidance for how to design and teach DE classes that are likely to effectively enable students to achieve the designated outcomes.
- ☒ Ensure regular effective contact between instructor and students, and among students, including frequent, quality, instructor-initiated interaction. The MiraCosta Online Class Quality Guidelines document provides guidance for how to design and facilitate these interactions.
- ☒ Create an environment of academic integrity, monitor progress, and track attendance.
- ☒ Establish expectations on the frequency and timelines of instructor-initiated contact and feedback, for student participation in student-student interactions, and manage unexpected instructor absences.
- ☒ Meet the accessibility requirements in state and federal regulations (Americans with Disabilities Act of 1990 (ADA), Section 508 of the Rehabilitation Act of 1973, California Government Code Section 11135 and Title 5, Section 55205). MiraCosta's Ten Tips for Creating Accessible Course Content provides specific guidance regarding how these regulations must be met.
- ☒ Uphold institutional procedures to authenticate students.

Cover

4/4

Course Status

Duplication

Hours/Scheduling
Criteria

Materials Fee

Concurrent Scheduling

Course Description

Performance Objectives

Assignments

Methods of Instruction

Methods of Evaluation

Required Instructional
Materials

Enrollments

Registration
Requisites/Limitations

Library

Student Learning
Outcomes

Distance Ed (Form A)

Honors

General
Education/Transfer

2/2

Course Proposal:
Articulation

Codes/Dates

12/12

Co-contributor

ASSIST

ASSIST Preview