Course Details

Information Technology Email and Messaging Safety

Email is the primary means of attack from cyber-perpetrators. This course provides an overview of cybercrime via email, and how to employ safe email and messaging practices to avoid and help prevent cyber threats, attempts at fraud and identity theft.

To continue, please select a course version

Full Course

This version is designed for all staff members.
① 14 Minutes

Course Details ×

Information Technology Cybersecurity Overview

The convenience of web access makes it easy to forget that we need to protect and care for our information. This introductory course provides an overview of cybercrime and cybersecurity, including the basics of cybersecurity along with the effects of cybercrime, the types of cyber threats and how users are susceptible.

To continue, please select a course version

Full Course

This version is designed for all staff members. ① 15 Minutes

Course Details ×

Information Technology Browser Security Basics

A large number of cyber attacks target browser activity. This course provides all staff members with an overview of browser security and ways to browse the web safely. Topics include: the types of browser threats, the basics of browser security and safe browsing practices.

To continue, please select a course version

Full Course

This version is designed for all staff members. ① 17 Minutes