

# Help Make Internships Equitable

## Hear from MiraCosta College Interns/Alumni:

“I wouldn’t have been able to work and do an internship if it wasn’t paid. Although students are seeking to gain new skills and experience through their internships they still have bills that need to be paid and family commitments. ... Paying interns allows them to focus on school as well as the internship.” - Chris Burroughs



“I believe the drive for a student is being a paid intern, because internship programs carve out a path of success for a student to create work that they can be proud of and excited to want to build on. Being a paid intern is a cornerstone in achieving a degree in college. Being able to showcase research and hands-on training to instructors, faculty and many others, is what drives a student to be successful in higher learning spaces: it sure did for me.” - Raul Ragudo



“You learn so much in school but to be able to actually do something it really sets in. ... For subsequent internships I came back during the summertime. I was full time then, pretty decent money for an internship. I actually got a salary increase when I went to my next internship. I think I was making \$30 an hour then, which is pretty nice. You go through 4 years of school, but that just only scratches the surface. You get to learn so much more. It’s so awesome.”- Matt Sheehan



## Support Underrepresented Students in Paid Internships.

- Of Pell Grant recipients, only 53.5% were paid; of non-Pell Grant recipients, 61.0% were paid
- Of seniors identifying as LGBTQIA+, only 53% were paid; not identifying as LGBTQIA+, 59% were paid
- Among first-generation interns, only 54% were paid; continuing generation interns, 60% were paid

“The Class of 2023: Inequity Continues to Underpin Internship Participation and Pay Status,”  
National Association of Colleges and Employers, 8/8/23.

## You can help MiraCosta College students participate in paid internships!

- Offer a paid internship at your organization. Reach out to Internship Coordinator Mike Green at [mgreen@miracosta.edu](mailto:mgreen@miracosta.edu) or at 760.757.2121, X6415.
- Establish a MiraCosta College Jobs and Internship Network ([JAIN](#)) account and post a paid internship.
- Contribute to the [MiraCosta College Foundation’s Career Center Student Assistance Fund](#) to help provide resources for students to be able to participate in paid internships.

