

Mental Health Resources

PAY HEALTH FEE

[Health Services](#) are for currently enrolled students who have already paid the Health Services fee.

Students who need to pay the fee can pay at these locations:

[Oceanside Cashier's Office](#)

OC3202
760-795-6746

[San Elijo Admissions & Records](#)

Administration Building
760-634-7870

[Community Learning Center](#)

Front Desk
760-795-8710

ON CAMPUS RESOURCES

[Health Services](#) offers free and confidential counseling at the Oceanside and San Elijo campuses, and via Zoom or by phone.

Sessions are 50 minutes, one time per week for six weeks. Same-day sessions are also available for urgent matters.

Oceanside Campus

Building 3300, Room 3322

760-795-6675

Monday - Thursday: 8:00 am - 7:00 pm
Friday: 8:00 am - 3:00 pm

San Elijo Campus

Building 900, Room 917

760-757-2121 x7747

Monday - Friday: 8:00 am - 3:00 pm

Community Learning Center

760-795-8710

Students can be referred to the CLC Front Desk for information on accessing Health Services support.

OFF-CAMPUS RESOURCES

**FOR LIFE THREATENING EMERGENCIES:
CALL 911**

[Crisis Text Line:](#)

Text "COURAGE" to 741741

[County of San Diego Access & Crisis Line:](#)

(888) 724-7240

**[MiraCosta Campus Assessment, Resources and Education \(CARE\)
CARE Basic Needs Resource Guide](#)**

Community Resources for Childcare, Domestic Violence, Employment, Financial, Food Insecurity, Health/Dental Care, Homelessness or Displacement, Legal Aid, Mental Health, Rental Assistance, Technology, Transportation, Undocumented/Mixed Status, WiFi