

Basic Self-Defense Techniques for Women

HOSTED BY THE
MIRACOSTA COLLEGE POLICE DEPARTMENT

Date(s): April 25th and April 26th, 2019



When: First Day: 3:30pm – 8:30pm

Second Day: 3:30pm – 9:30pm

Where: MiraCosta College: Day 1: OC 1202

Day 2: OC 5101

1 Barnard Dr. Oceanside, CA 92056



Course is free of charge
and offered to female
students, staff and
community members

To sign up: Call 760-795-6640 or email jsneary@miracosta.edu

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