Accelerate Your Future

Enrichment Classes
Career & Professional Development
Driver Education
English Language Institute
In-Person & Online Classes
Work Skills Training
WELCOME TO YOUR FUTURE

Turning ideas into innovation.

Powering what’s next in technology.

Inspiring a new generation of doers!

Breaking new ground for entrepreneurs.

TCI has run out of space, and yet we have a greater need for accelerated training programs than ever before! Help us create TCI²!

1. Serve on the TCI² advisory committee
2. Lend your ideas toward our capital campaign to raise funds for a new building
3. Talk to us about changing the future of workforce development in San Diego through your generous donation call 760.795.6824

2075 Las Palmas Drive | Carlsbad | CA 92011
miracosta.edu/community | commed@miracosta.edu
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WORKSHOPS • CLASSES

In this bulletin you will find a variety of enrichment and workforce training courses. All of these courses are affordable, fee-based, not-for-credit offerings that are not supported by any state or local taxes. Your enrollment fees keep this program going.

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Note from the Executive Director:
Although it has been a long year with continued pandemic and economic challenges, Community Education staff remain committed to your growth, enrichment and personal development for 2022. It is our sincere hope that you can take advantage of our many spring classes to uplift your spirit and/or increase your skills. We will keep your safety and comfort foremost as we provide web-based, livestream, in-person and hybrid courses for your pleasure.

Sincerely,
Linda Kurokawa

MiraCosta College is accredited by the Accrediting Commission for Community and Junior Colleges, Western Association of Schools and Colleges, 10 Commercial Blvd., Suite 204, Novato, CA 94949, 415.506.0234, an institutional accrediting body recognized by the Council for Higher Education Accreditation and the U.S. Department of Education. Additional information about accreditation, including the filing of complaints against member institutions, can be found at: accjc.org. The college is also approved by the California Department of Education for the training of veterans under the provisions of the GI Bill® of Regulations.

MiraCosta College shall provide access to educational programs and employment practices, and shall not discriminate based on accent, age, ancestry, citizenship status, color, disability, economic status, ethnic group identification, gender, sex, marital status, medical condition, national origin, parental status, race, religion, sexual orientation, or veteran status.

PHONE 760.795.6820 | MIRACOSTA.EDU/COMMUNITY
Your learning options

Face-to-face
- Scheduled in-person time in class
- Vaccination is required for in-person classes (exception for medical or religious reasons)

Online
- All coursework done online
- No scheduled class meetings, allowing you to learn at your convenience
- Interact with instructor and classmates on our own time
- Learning activities and assignments must be submitted by due dates

Hybrid
- Part online without a set time to attend, part scheduled class time
- Scheduled class time will be face-to-face on campus
- Primarily for lab science, physical education and occupational classes

Livestream
- Sessions meet online at specific days and times
- Interact live with instructor and classmates in a virtual environment
- Online assignments with due dates to be completed outside of class session
- Continue class experiences like lectures and small group work

In order to be on MiraCosta College Campuses, each student will need to show proof of Covid vaccine.

Board Policy 5210: Communicable Disease
The MiraCosta Community College District is committed to providing a safe and healthy campus. The district shall establish administrative procedures necessary to assure cooperation with local public health officials in measures necessary for the prevention and control of communicable diseases. SARS-CoV-2 and the disease it causes, COVID-19, is a global pandemic and has resulted in widespread illness and death worldwide, in the United States, and in California. In furtherance of this commitment, the district shall establish administrative procedures regarding COVID-19 vaccination to mitigate the risks surrounding exposure to COVID-19. These administrative procedures will require that all students who are on district premises for any face-to-face instructional and student support activities (e.g., office hours, classes, library, tutoring, etc.) have been fully vaccinated against COVID-19. The district will accept any COVID-19 vaccine that has been Food and Drug Administration (FDA) Emergency Use Authorized (EUA) and/or has been approved by the World Health Organization (WHO). Exemptions from these vaccine requirements are specified in AP 5210.
REGISTRATION

HOW TO REGISTER

1. Internet Registration — Go to commed.miracosta.edu to register online.

2. By Phone: 760.795.6820 — Please have your Visa, MasterCard or Discover card in hand and your registration information ready when you call.


4. By Mail — Complete the registration form on the next page using a separate form for each person (forms may be duplicated). Visa, MasterCard, Discover card or check (payable to MiraCosta College) can be used to pay registration fees. Mail checks and completed registration form(s) to: Community Education & Workforce Development, MiraCosta College Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, CA 92011.

Remember to mark your calendar with class date, time and location. Please include your email address on your registration form to receive an email confirmation of your enrollment.

PARKING INFORMATION

Parking permits normally required at MiraCosta College campuses in Oceanside, San Elijo and the Community Learning Center have been waived for spring 2022 semester in student parking lots ONLY. College police will be enforcing parking requirements in staff parking lots or spots, and disabled parking spaces. Parking is always free at the Technology Career Institute.

REFUND AND TRANSFER POLICY

Check refunds may take 4–6 weeks to process.

Class/Workshop Refund Policy: Refunds will be made up to three business days prior to the class start date. No refunds will be given once a class has started. A $15 cancellation fee will be retained for each refund. A full refund will be given if a class is cancelled due to low enrollment. Unused attendance is not transferable to another class session.

Excursion Refund Policy: Refunds will be made up to five business days before the excursion only if the excursion is full and someone on the waiting list is available to take your place. There will be a $25 cancellation fee if a replacement can be found.

Workforce Training Refund Policy: Refunds will be made up to five business days, depending on course, prior to the class start date. A $75 cancellation fee for work skills programs will be retained for each refund. A full refund will be given if a class is cancelled due to low enrollment. Unused attendance is not transferable to another class session.

Class/Workshop Transfer Policy: Transfers will be approved up to three business days prior to the class start date. Students must receive a verbal approval from Community Education before a transfer can be made.

For more information, email us at: commed@miracosta.edu
Job Training, Workshops, Classes and Excursions
All of these offerings are affordable, fee-based and not-for-credit offerings.

REGISTRATION FORM  □ SPRING 20 ______  □ SUMMER 20 ______  □ FALL 20 ______

MAIL TO:
Community Education & Workforce Development
MiraCosta College
Technology Career Institute
2075 Las Palmas Drive
Carlsbad, CA 92011

YOU WILL RECEIVE AN EMAIL CONFIRMING YOUR ENROLLMENT.

Have questions? Call 760.795.6820.
Parking permits are not needed spring 2022.

____________________________________________________
Last                First         Middle Initial
____________________________________________________
Phone: Day                Evening
____________________________________________________
Mailing Address
____________________________________________________
City                 Zip Code
____________________________________________________
Email Address           Date of Birth

Please list the courses you wish to attend:

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Register by phone or online at commed.miracosta.edu 24 hours a day with your credit card (or complete this registration form if you prefer):

□ VISA       □ MASTERCARD       □ DISCOVER CARD

____________________________________________________
Card Number
____________________________________________________
Signature of Cardholder     Expiration Date

MiraCosta College reserves the right to change class location, schedules, fees and instructors when necessary. Please, no tape recording during classes without prior permission from the instructor. MiraCosta College is pleased to welcome and admit students 18 years of age and over. Students under 18 will be permitted to attend classes only with prior consent of the instructor and staff member. MiraCosta College shall provide access to educational programs and employment practices, and shall not discriminate based on accent, age, ancestry, citizenship status, color, disability, economic status, ethnic group identification, gender, sex, marital status, medical condition, national origin, parental status, race, religion, sexual orientation or veteran status.
**Drawing Animals**

All experience levels are welcome, especially the enthusiastic beginner!

Let’s draw animals—from decoratively filled silhouettes to realistic head studies and expressive gesture drawings. Learn to render eyes, fur and feathers using pencil media, watercolor pencils, pen and ink. Working from photos, lessons will include freehand methods and the realistic artist’s use of tools, such as grids and proportional dividers.

**Supplies:** A $3 materials fee will be collected in class. A supplies list will be sent prior to the start of class.

Drew Bandish, artist / $155
San Elijo Campus, Room 206
6 Sat, 2/5–3/19, 9 AM–12 PM. No class on 2/19.

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**NEW Create Art Using Natural Elements**

This course is designed to teach you the basics of drawing using natural substances, such as charcoal, conte and graphite. In the first class, students will make a coptic stitch journal. This ancient technique is easy to learn, however the result is a complex, multifaceted binding. In the second class, we will focus on the basics of how to draw, how to “see,” compose and practice using these elements for any subject matter in your journal.

**Supplies:** A $5 materials fee will be collected in class for bookbinders. A supplies list will be included with your student confirmation upon registration.

Portico Bowman / $65
San Elijo Campus, Room 305
2 Sat, 3/5–3/12, 10 AM–12 PM

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**Watercolor—an Elemental Approach**

All experience levels are welcome, especially the enthusiastic beginner!

Do you find inspiration in representational subjects (trees, rocks, water, sky, people, animals, buildings, flowers, shadows and colors) but are confused about how to paint them? Learn a logical, elemental approach to artfully depict representational subjects in watercolor while developing control of shape, color, value and texture in a watercolor medium.

**Supplies:** A $3 materials fee will be collected in class. A supplies list will be sent prior to the start of class.

Drew Bandish, artist / $169
San Elijo Campus, Room 206
7 Sat, 4/2–5/21, 9 AM–12 PM. No class on 4/16.

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**Watercolor and Mixed Media Techniques**

For older adults. Are you looking for a way to reduce stress and have a relaxing and creative experience in a supportive group while exploring your artistic creativity? Join us as we create lasting and beautiful works of art with confidence. Learn extremely fun and easy techniques to achieve quality results. We will combine traditional and non-traditional watercolor techniques and concepts with demonstration and personal guidance.

**Supplies:** A supplies list will be included with your student confirmation upon registration. Supplies are kept to a minimum.

Denise McMurtrie / $89
La Colonia Park, Conference Room
7 Tues, 2/1–3/15, 1:30–3:30 PM
7 Tues, 3/29–5/10, 1:30–3:30 PM
Paint a Plethora of Cats and Dogs
Let's have fun learning to draw, paint and create compositions using a variety of breeds of cats and dogs. You will be amazed by how easy it is to paint your favorite cats and dogs and then arrange them in an eye-catching composition. You will also learn how to use ink and watercolor to bring your animals to life.

Supplies: A $3 materials fee will be collected in class for handouts. A supplies list will be emailed by the instructor prior to the start of the class.
Barbara Roth / $129
San Elijo Campus, Room 205
4 Sat, 4/23–5/14, 1–4 PM

Keeping a Nature Journal
All experience levels welcome.
This workshop will focus on learning to observe the natural world that surrounds us. Heighten your appreciation and observational skills by drawing and painting trees, skies, plants, animals, weeds, and other interesting things you find growing or living in your area. You will also learn to record seasonal colors and weather.

Supplies: A $3 materials fee will be collected in class for handouts. A supplies list will be emailed by the instructor prior to the start of the class.
Barbara Roth / $129
Fletcher Cove Community Center
4 Thurs, 2/24–3/17, 1–4 PM

Pen and Ink is Easier Than You Think
All experience levels welcome.
Learn techniques using pens, colored inks and watercolor to create unique artwork. Understand how to make lines, marks, tones and washes with different pen tips and waterproof and water soluble inks. Add shading and character to your watercolor paintings plus learn how to hand letter. Express your creativity with your ink drawings and discover the secrets of pen and ink.

Supplies: A $3 materials fee will be collected in class for pens, colored inks and handouts. A supplies list will be sent prior to the start of class.
Barbara Roth / $129
La Colonia Park, Conference Room
4 Wed, 2/23–3/16, 10 AM –1 PM

Dream Inspired Paintings
Use subjects from your dreams to create interesting and fun watercolor paintings. In this class, learn to arrange images from your night or day dreams into pleasing compositions. We will explore how to interpret your dreams by using symbols, colors and painting techniques to give your paintings a dreamy, lighthearted mood.

Supplies: A $3 materials fee will be collected in class for handouts. A supplies list will be emailed by the instructor prior to the start of the class.
Barbara Roth / $129
Fletcher Cove Community Center
4 Tues, 2/1–2/22, 1–4 PM
Painting at the Beach–Fletcher Cove

Recommended for those with some knowledge of basic painting.

Paint in oil or acrylic. Class includes discussion, demonstrations and instruction. Topics covered include color mixing, brushstroke technique, values, perspective and composition. Each class ends with a critique designed to help evaluate how students are progressing in a friendly, nurturing atmosphere. Enjoy the ocean views and paint outside if you like!

**Supplies:** A supplies list will be included with your student confirmation upon registration.

Amanda Parra-Settles / $169
Fletcher Cove Community Center
6 Wed, 2/2–3/9, 9 AM–12 PM
6 Wed, 3/23–4/27, 9 AM–12 PM

Portrait Painting by the Beach

Recommended for those with some knowledge of basic painting.

Learn how to capture the essential qualities of a portrait. This class welcomes all levels of painters as we explore painting portraits at our beautiful beach location. Paint in oil or acrylic. The course includes lecture, demonstrations and exercises. We will emphasize proportion, perspective, value, and color theory specifically related to skin tones. Learn the skill of painting portraits from life as well as from reference. Enjoy the serene views and ocean breeze while we create the human form!

**Supplies:** A supplies list will be included with your student confirmation upon registration.

Amanda Parra-Settles / $169
Fletcher Cove Community Center
6 Thurs, 2/17–3/24, 9 AM–12 PM

Landscape Painting at the Beach

Discover the joy of painting landscapes at the beach. This class takes students beyond creating a “nature scene” to producing a dynamic piece of landscape art through a focus on color theory and atmospheric perspective. We will study other landscape artists and what makes their work so engaging and lively. Students will learn how to make the most out of painting from life at the beach and from reference material.

**Supplies:** A supplies list will be included with your student confirmation upon registration.

Amanda Parra-Settles / $169
Fletcher Cove Community Center
6 Tues, 3/8–4/12, 1–4 PM

Painting for Beginners

People tend to feel intimidated and self-conscious of their ability to create art. This class is a safe space for beginners and hobbyists picking up painting for fun while learning the basics, the types of brushes, types of paint, mediums, how to make canvases, tools (palette knives, mahlsticks, palette types, etc.) You can create art with the proper foundation of knowledge. This class is a safe space to explore the joys of painting.

**Supplies:** A supplies list will be included with your student confirmation upon registration.

Amanda Parra-Settles / $165
San Elijo Campus, Room 205
6 Sat, 4/2–5/7, 9 AM–12 PM

The Art of the Sketch and Keeping a Sketchbook

Having a sketchbook is so very important to an artist. Not having one is like thinking you can write a book without a first draft. This class is filled with exercises designed to teach students how to harness the power of a sketchbook, encourage progress through failure, plan a final piece using a sketchbook and use the world, locally and at large, as inspiration. Eventually, a sketchbook can become a piece of art in its own right.

**Supplies:** A supplies list will be included with your student confirmation upon registration.

Amanda Parra-Settles / $165
Fletcher Cove Community Center
6 Wed, 3/23–4/27, 1–4 PM
Oil Painting for Pleasure
A class for new or experienced students with established drawing skills.
The goal is to understand value, shape and color, and how to use them to create a harmonious painting. The class emphasis changes each semester, so there is continual learning of new skills. There will be a mix of painting with the class on a project and working independently. By the end of this course, you will have some finished paintings to display in your home proudly! Build the foundation you need to create great works of art.

Supplies: A $5 materials fee will be collected in class. A supplies list will be sent by the instructor prior to the start of class.
Anne Benkendorf / $169
San Elijo Campus, Room 205
6 Sat, 2/5–3/19, 9 AM–12 PM. No class on 2/19.
Fletcher Cove Community Center
6 Thurs, 4/14–5/19, 9 AM–12 PM

Mosaic for the Garden
All experience levels are welcome. Explore the mosaic design, methods and techniques intended for outdoor use such as a stepping stone, birdhouse and 3D rock or stone. More advanced students may choose to do their project with individual guidance from the instructor and class participation. Bring in your excitement for this hands-on class and learn mosaic techniques this spring.

Supplies: A $50 materials fee will be collected in class. Most materials and use of tools supplied.
Cathy Sparks / $165
San Elijo Campus, Room 206
7 Thurs, 2/3–3/17, 6–9 PM

Stained Glass for Beginners
Create your beautiful stained glass art pieces and windows! Learn the art of stained glass from a master cutter, right in a stained glass studio. In this comprehensive workshop, you will gain the basics of design and assembly, as well as the use of the tools needed to develop beautiful stained glass artwork. By the end of the workshop, you will have created as many as three projects suitable for display or sale (depending on your speed and ability.)

Note: Studio has been rearranged so that students can safely learn. There will be hand sanitizer provided on each table and in the bathroom.

Supplies: A $45 per-project materials fee for glass, solder, lead and copper will be collected in class. On-site sales of tools available.
Don Myers / $129
Don Myers Stained Glass
1025 S. Coast Highway, Oceanside
3 Sat, 3/5–3/19, 11 AM–2 PM

Pattern Making and Sewing
All experience levels are welcome. Make perfect fitting patterns for bodice, sleeves, skirt and pants! Learn the art of taking measurements, pattern drafting using templates in your size provided by the instructor, fitting, grading, and sewing of the test garment. Enjoy learning how design can showcase your unique, beautiful body shape.

Supplies: Sewing machines are not required for this class nor are they available for use. Bring a sack lunch. A materials list will be included with your student confirmation upon registration.
Angela Fesi-Pouliot / $129 / Oceanside Campus, Room 4529
4 Sat, 2/26–3/19, 10 AM–3 PM
NEW The Craft of Papermaking and Book Binding

Books do not grow on trees. However, you can make your own handmade paper from cotton. Participants will learn the basics of papermaking and make their own sheets. The instructor will demonstrate two bookmaking techniques: the Coptic Stitch & Casebound Book. The final two weeks will be spent constructing one or both kinds of books.

Supplies: A $5 materials fee will be collected in class. A supplies list will be sent prior to the start of class.
Portico Bowman / $119
Oceanside Campus, Room 4529
5 Sat, 4/2–4/30, 9 AM–12 PM

INSTRUCTOR BIO:
S. Portico Bowman is a professor Emerita at Pittsburg State University where for twenty years she taught a variety of classes: printmaking, papermaking, book arts and bookmaking, design, toy design, sculpture, sculptural ceramics, and grant writing for artists. For nine summers, she was the lead art instructor at the Hawai’i Preparatory Academy on the Big Island. She taught ceramics, drawing, design, printmaking, and creative writing to middle and high school students. Portico is looking forward to the publication of her first novel, Cashmere Comes From Goats, forthcoming in spring 2022 from Stonehouse Publishing.

NEW Elements of Papermaking: for 2D and 3D projects

Papermaking is relaxing, satisfying and easy to learn. Every sheet is magical. You will learn to harvest plant-based materials from nature. We will look at papermaking artists, the kinds of work they do, and what you can do. Handmade paper can be used for 2D and 3D projects. Your interest will determine what you make in the last week of class.

Supplies: A $5 materials fee will be collected in class. A supplies list will be sent prior to the start of class.
Portico Bowman / $115
La Colonia Park, Classroom
4 Thurs, 3/31–4/21, 10 AM–1 PM

NEW Toy Design: Boomers Making Toys for Young Zoomers for Older Adults

Do you ever wish for the good old days when toys whizzed, banged, fell apart and could be put back together? Do you ever wish you could show your grandchildren what you played with when you were young? Bring your experience, ideas and imagination and join in the fun as we make toys.

Supplies: A $10 materials fee will be collected in class. A supplies list will be sent prior to the start of class.
Portico Bowman / $75
La Colonia Park, Classroom
4 Thurs, 2/24–3/17, 10 AM–12 PM

INSTRUCTOR BIO:
S. Portico Bowman is a professor Emerita at Pittsburg State University where for twenty years she taught a variety of classes: printmaking, papermaking, book arts and bookmaking, design, toy design, sculpture, sculptural ceramics, and grant writing for artists. For nine summers, she was the lead art instructor at the Hawai’i Preparatory Academy on the Big Island. She taught ceramics, drawing, design, printmaking, and creative writing to middle and high school students. Portico is looking forward to the publication of her first novel, Cashmere Comes From Goats, forthcoming in spring 2022 from Stonehouse Publishing.
Knitting Basics and Beyond

All experience levels are welcome. Learn the timeless art of knitting while unlocking your creativity in this no-stress class. Taught by a certified knitting instructor, each session will be divided into two parts. First, we will explore topics through lectures and hands-on practice. Then, knitters will have time to work on their projects, consult with the instructor on specific issues and share in the relaxing experience of knitting as a part of a community.

Supplies: A $3 materials fee will be collected in class for lesson handouts. A supplies list will be sent by the instructor prior to the start of class.
Karen des Jardins / $125
San Elijo Campus, Room 609
6 Tues (every other Tues), 2/1–4/12, 6–8:30 PM

Upholstery—All Levels

This class is suitable for beginner students, the DIYer, advanced students and those already in the field. Classes will focus on styling, identifying different types of fabrics and furniture styles and furniture building techniques and construction. Beginner students will learn basic fundamentals, techniques, terminology and how to plan and execute a project. Advanced students will build on their intermediate knowledge, while learning additional, more complex techniques. Both beginner and advanced students will gain a working knowledge of wood finishes and minor wood restoration. Those students already in the field will be adding to their current portfolio, as well as editing its content as skills improve.

Upholstery of sofas and large items are scheduled one-item-at-a-time on a proven skills basis (no recliners).

Note: Please bring binder, paper for notes and your class project. Shopping resources for supplies will be given.

Supplies: A $20 materials fee will be collected in class. Limited supplies included.
Mary Cortmyer / $199
Landes Recreation Center, 2855 Cedar Road Oceanside
8 Thurs, 2/3–3/24, 5–9 PM

Upholstery and Wood Restoration—Furniture Re-Imagined

All experience levels are welcome.

Inspired by a popular DIY show, Furniture Re-Imagined is a class that explores different finishes, upholstery fabrics and the repurposing of traditional furniture. Bring your chairs, small dressers, side tables and headboards. Topics include:

• How to prep wood
• Painting furniture
• Antiquing and distressing
• Re-styling
• Fabrics

Note: Please bring a binder, paper for notes and your class project. Resources for your supplies will be given (no sofas or large items please).

Supplies: A $20 materials fee will be collected in class. Limited supplies included.
Mary Cortmyer / $275
Landes Recreation Center
2855 Cedar Road Oceanside
8 Sat, 2/5–4/2, 10 AM–4 PM. No class on 2/19.
**NEW** Microsoft Excel 2-Day Workshop for the Business Professional

**Students must be familiar with the basics of Microsoft Excel.**

In this workshop, you will move beyond opening a spreadsheet and typing in values.

**Topics include:**
- Create user-friendly worksheets through the use of cell and table style galleries to quickly format your spreadsheet precisely the way you want
- Use Excel’s conditional formatting feature
- Create reports with interactive charts and Pivot tables
- Write powerful formulas that will help you perform complex math functions, make decisions and find values in a table

**Supplies:** Students should bring a USB flash drive and notebook to class.

Ghazal Yousofy / $95
San Elijo Campus, Room 505
2 Sat, 3/5 & 3/12, 9 AM–1 PM

**NEW** Introduction to QuickBooks Workshop

This course will teach you to navigate the system and grow your business regardless of your current QuickBooks skill level. You will receive hands-on experience using QuickBooks Pro software designed to help small and medium-sized businesses maintain financial data with ease and accuracy. We will begin with an introduction to basic accounting fundamentals, then learn how to maneuver through the software quickly, as well as delve into basic file management principles. Then, we focus on the basic skills needed to effectively deal with customers, vendors, banking transactions and what happens “behind the scenes,” as QuickBooks helps you manage financial data, including balance sheets and profit and loss statements.

**Supplies:** Students should bring a USB flash drive and notebook to class.

Anthony Butler / $149
San Elijo Campus, Room 505
2 Sat, 4/2 & 4/9, 9 AM–1 PM

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**INSTRUCTOR BIO:**

**Ghazal Yousofy** graduated from San Diego State University with a Bachelor’s of Science in Business Administration with an emphasis on Information Systems. She is currently working as a Budget Specialist at the San Diego Unified School District. Ghazal has a background in conducting trainings and a passion for helping students excel in their goals.

**INSTRUCTOR BIO:**

**Anthony Butler** is detail oriented professional with Accounting, Payroll, Tax Preparation and Administrative background. For more than 10 years, Anthony worked with small businesses in a variety of industries. He is currently a full service Tax Preparer and Bookkeeper. He provides training for clients as well as accounting professionals.
The Best Program in North County

There are two requirements in order to get a driver license in the state of California before the age of 18. 1) Classroom Driver Education and 2) Behind-the-Wheel Driver Training. MiraCosta College offers both! Students must be at least 15 to take driver education classes and 15 ½ to take behind-the-wheel training.

### Classroom Driver Education

**$95**
Certified instructors interact with students using guest speakers, contemporary audio/visual aids and the most recent edition of *License to Drive*.

MiraCosta College Oceanside Campus
1 Barnard Drive, Oceanside, Room 3201

Four Saturdays, 8 AM–3:15 PM
- 1/22–2/12/2022
- 2/26–3/19/2022

### Adult Driver Training

**$370 / 18 years of age and older**
Lessons consist of three days of training, two hours per day. The instructor will pick you up at your home. You must have a valid California learner’s permit to sign up. (Package deal does not apply.)

Call 760.231.1221 to register.

### Behind-The-Wheel Training

**$370**
Six hours of one-on-one training
Students receive six hours of one-on-one instruction in our Behind-the-Wheel Driver Training Program. Convenient times after school, evenings, and weekends are available. Behind-the-Wheel Driver Training pickup locations: Carlsbad High, El Camino High, Rancho Buena Vista High, La Costa Canyon High, Sage Creek High, MiraCosta College (Barnard Dr. campus) and MiraCosta College in Cardiff. All licensed instructors are professional and reliable. Our courses satisfy all DMV requirements.

To register for Behind-the-Wheel Training, please call 760.231.1221.

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Pre-enrollment is required for both Classroom Driver Education and Behind-the-Wheel Driver Training programs. Please call 760.795.6825 or 760.795.6820 to register over the phone with a Visa, MasterCard or Discover Card or come in person to the MiraCosta College Barnard Dr. Campus, Building T510, or TCI Campus in Carlsbad. You can also register online at [commed.miracosta.edu](http://commed.miracosta.edu). To register for Behind-the-Wheel Training only, call 760.231.1221.

*You must complete the Behind-the-Wheel Driver Training Program within one year of completing Classroom Driver Education.*
The English Language Institute (ELI) offers international students the opportunity to increase their English language proficiency and develop the skills needed to succeed at a college or university in the United States. This eight-week intensive English as a second language (ESL) program provides individualized instruction in small class sizes. The program is designed for students with a minimum of one year of English language training at high school or college level. This class may not be appropriate for advanced ESL students or students with a TOEFL score greater than 500 paper-based or 46 IBT. Students must be at least 18 years old or meet our minor policy requirements. Our International Students Office will issue 1-20’s. We accept students with an F1 or B visitor visa or any visa where “enrichment” or “study” is permissible.

Instructional components include:
- TOEFL preparation
- Study of American culture
- Computer literacy development of study skills
- Integrated academic preparation in reading, writing, listening, speaking and grammar

Fee: $1,915 (includes instruction, application fee, books and student services. ) Health insurance is an optional fee of $363 for 3 months. Students must purchase our insurance plan or purchase their own insurance plan that meets our requirements (Fees subject to change.)

Location: Oceanside Campus, Room T510

DATES

• 1/24–3/18/2022
• 3/28–5/20/2022
• 6/6–7/29/2022

For more information, write, telephone or email:
1 Barnard Drive, Oceanside, CA 92056
760.757.2121, x6590 | email: lcargile@miracosta.edu | miracosta.edu/eli
**NEW** T’ai Chi by the Sea
—Del Mar Powerhouse

Inhale a deep ocean-fresh breath and RELAX! T’ai Chi and Qigong are ancient healing arts widely practiced around the world. T’ai Chi, originally a style of Martial Art, focuses on meditative movements that are known for improving one’s balance, body awareness, and overall wellness after longtime practice. Practice easy-to-learn movements that promote balance, harmony, and coordination, while improving strength, flexibility and posture.

**Supplies:** Wear comfortable clothes and shoes.

Peter Wu / $89 per class
Del Mar Powerhouse, Community Room

**T’ai Chi Level 1**
Students will learn Bafa Wubu, the ideal form for all beginners.
8 Mon, 2/28–4/18, 9:30–10:30 AM

**T’ai Chi Level 2**
Students will learn the world famous 24-movement Yang-style form.
8 Mon, 2/28–4/18, 10:30–11:30 AM

**T’ai Chi by the Sea**
—Fletcher Cove

Achieve T’ai Chi fitness at our cottage high above Solana Beach. Learn this ancient Chinese full body-mind-health exercise, while practicing the harmonizing yin/yang principles—relaxation, deep breathing, movement that stimulate and circulate vital internal energy. Improve your balance, flexibility, coordination, strength and posture.

**Supplies:** Wear comfortable clothes and shoes.

Ippo De Luca / $89
Fletcher Cove, Community Center

**T’ai Chi Level 1**
Students will learn the Five Elements & animals of nature expressed in Martial Arts.
8 Fri, 2/25–4/22, 8:45–9:45 AM. No class on 3/25.

**T’ai Chi Level 2**
Students will learn the world famous 24-movement Yang-style form.
8 Fri, 2/25–4/22, 10–11 AM. No class on 3/25.

**Pilates**

Pilates mat class is back! Pilates mat class is a total body workout done with resistance exercise that do not impact the joints. The exercises challenge your core, as well as stretching and strengthen your entire body. This class is taught in a focused and fun environment for all to benefit and enjoy. You will leave this class feeling stronger, energized and ready to start your day!

**Supplies:** Please bring exercise mat to class.

Geri Jones / $55
Fletcher Cove Community Center
7 Tues, 2/1–3/15, 9–10 AM

**NEW** Daily Stretching Routine for Flexibility and Balance

This class aims to assist you in creating your personalized stretching daily routine. Regardless of your age or your physical activity, everything you do relies on ease of motion. Multiple studies have shown that regular stretching exercises will help you feel lighter and younger, strengthen your bones, move efficiently and effortlessly increasing flexibility, stabilize your body and improve balance, relieve back pain, stiff necks, and sore knees. Moreover, obtaining balance and proper body positioning can evenly distribute pressure on the intervertebral discs and avoid excessive stress on the ligaments. There is much more to know about stretching and flexibility than you might imagine. This class is for everyone who is looking to commit to a healthier and longer life.

**Supplies:** Please bring a yoga mat. Yoga blocks and strap are recommended.

Maria Laura Carlsson / $95
Del Mar Powerhouse, Community Room
10 sessions. 5 Tues & Thurs, 3/1–4/5, 9–10:30 AM. No class on 3/17.
**NEW** Mindful and Happy™

Mindfulness is available to everyone. In this class, we will learn how to practice being mindful everyday. This Mindful and Happy™ course will introduce you to mindfulness and the body, the breath, emotions, compassion and communication. Living mindfully can reduce stress, invite more focus on the present moment, and bring joy and happiness. The course will offer tools, exercises, and discussions which will help you cultivate a more mindful life.

Laurie Keig-Morrell / $89
San Elijo Campus, Room 309

**NEW** Earn American Heart Association BLS Certification Today

We offer American Heart Association BLS Health Care Provider and AED certification for workplace employees, healthcare providers, phlebotomy students and the community every month. The course covers AED and choking/airway obstruction for adults, children and infants and is intended for certified or non-certified, licensed or non-licensed healthcare professionals.

**Supplies:** Please bring a form of ID to verify name.
George Fadi / $105
Oceanside Campus, Room 3102
Wed, 2/9 OR 4/27 OR 5/11, 5–9 PM
Sat, 3/12, 9 AM–1 PM

**FOOD & WINE**

**NEW** Plant-Powered Food Prep—Body and Mind Renewal

Early springtime is a time to let go of the old and make room for the new. Take action and create change with these easy to make, cleansing and nutritionally supportive, plant-powered dishes and meals. Elaine will show you ways to prepare meals for body and mind renewal along with tips to support this process.

**Supplies:** A $40 materials fee will be collected in class. Bring a little container, your own utensils, a water bottle, and your appetite.
Elaine Bryan / $79
Oceanside Campus, Room 4526
4 Mon, 2/7–3/7, 6:30–8:30 PM. No class on 2/21.

**NEW** Spring Renewal: Indian Plant-Based Meal Prep/Cooking at Torrey Pines

Dive into the amazingness of delicious Indian food with Certified Health Coach Elaine Bryan. Lean how to use spices, plants and ingredients to create healthy food while exploring the numerous benefits of a diet rich in plants. We will be sampling a variety of plant-based gluten free food made in class. Bring your appetite and imagination—leftovers will be available to take home.

**Supplies:** A $40 materials fee will be collected in class. Bring a little container, your own utensils, and your appetite. A supplies list will be included in your registration so that you have plenty of time to purchase items if you need to.
Elaine Bryan / $59
Torrey Pines High School
Room: Home Economics-2 (HE2)
Sat, 3/5, 11 AM–2 PM

**INSTRUCTOR BIO:**
**Elaine Bryan** is an educator of mindful plant-powered living with an emphasis on incorporating more plants in a stressless, doable, flavorful, fun way for our health. She is also a certified health coach, holistic cancer coach, registered yoga teacher and plant-powered enthusiast.
Cooking Healthy Plant-Based Meals with Love

Don’t you wish you could be inspired to create flavorful, delicious food that is exciting and healthy? You will learn ways to convert your favorite dishes into a no-oil, non-processed, plant-based deliciousness. Get ready to listen, take notes, cook and taste in this two-hour thought-provoking experience. This class is for everyone looking for a healthier lifestyle or just some new, yummy and interesting recipes. Vegans or vegetarians, nonvegans or non-vegetarians are welcome.

Supplies: A $45 materials fee will be collected in class. Bring a little container, your own utensils, a water bottle, and your appetite.

Maria Laura Carlsson / $79
Oceanside Campus, Room 4526
4 Sat, 3/12–4/9, 10 AM–12 PM. No class on 3/26.

The Chemistry of Cooking Livestream

Are you finding yourself at home more often and looking for a fun and engaging activity? Get the family together and join this interactive livestream class. This class will introduce you to the underlying principles of chemistry as it relates to cooking food. We will investigate the chemical and physical properties of foods and how different preparation methods affect how food appears and tastes. At the end of the course, you will be a scientist and a chef!

Supplies: Instructor will email a PDF of materials and a suggested supply list. Required materials in the kitchen are measuring cups and spoons, basic utensils, a timer, a pot, a pan, and access to a stove and an oven. Suggested items include a kitchen scale, thermometer, and a grill/skillet. Instructor will email Zoom link.

Sarah Dunn / $75 / Online (Family members in same household are welcome to join in at no additional cost.)
4 Tues, 3/1–3/29, 6:30–8:30 PM. No class on 3/22.

Wine Tasting Certificate Passport

Whether you’re new to wine exploration or are an experienced wine connoisseur, our latest Wine Tasting Certificate Passport is a fun and interesting way to learn more about wine. This beautiful, compact, one-of-a-kind passport is easy to carry and the perfect way to record all of your wine tasting experiences of up to 40 wines per class—over 200 wines in total from all around the world. Simply complete six wine appreciation classes (including at least one core tasting class and at least one master tasting class) to earn the coveted Wine Tasting Certificate stamp from MiraCosta College and Sommelier Dane Kuta. The classes include many fun wine-related games, entertaining videos, engaging presentations, food and cheese pairings, and, of course, plenty of in-depth learning about each wine region. Each class includes its own unique textbook. You’ll certainly develop your wine tasting skills, and make new friends along the way.

Core Tasting courses / 6 sessions in each course
• Old World vs. New World
• Italian Wine, Art and Culture*
• Wines From a Land Down Under*
• Vive La France!*
• I Love California Wine!* 
• Discovering Gems of the Wine World

Master Tasting courses / 4 sessions in each course
• Napa Valley
• Bordeaux*
• Champagne*

*These courses will be available in future semesters.

INSTRUCTOR BIO:
Maria Carlsson worked as a main chef and director in her own catering service for over seven years. Cooking and teaching are her passions. She has taught several subjects in Argentina, Mexico, and the USA during the last 30 years. Maria has spent the greater part of her career exploring the impact of certain diets and physical activities. Her unique holistic approach embraces the interplay between nutrition, a healthy mindset and wellness.
**NEW** The Wines of Napa Valley! – Master Tasting Course

Napa Valley wine expert and Certified Sommelier Dane Kuta guides you on a four-week in-depth journey in the study of Napa Valley wines. As you immerse yourself in all things Napa, you will master the intriguing history of the valley, hear amazing stories of early Napa settlers, and enjoy some of the most esteemed wines in the world.

**Note:** Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register.

**Supplies:** A $85 materials fee will be collected prior to the start of class. Please bring three wine glasses, pen and paper to each class. Six wine tastes per session. Textbook included.

Dane Kuta / $79
San Elijo Campus, Room 302
4 Wed, 2/2–3/9, 7–9 PM. No class on 4/6.

**NEW** Discovering Gems of the Wine World – Core Tasting Course

Discover gems of the wine world with Certified Sommelier Dane Kuta. We’ll taste wines from little-known and hidden wine producing regions, such as Colorado, Texas, and all the way to Greece and England. Unusual wine varietals from these unique areas are sure to surprise and enrich both your palate and your knowledge of wine. If you are a wine connoisseur, you won’t want to miss this class!

**Note:** Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register.

**Supplies:** A $75 materials fee will be collected prior to the start of class. Please bring three wine glasses, pen and paper to each class. Six wine pours each week and a textbook included.

Dane Kuta / $95
San Elijo Campus, Room 302
6 Wed, 2/2–3/9, 7–9 PM

**Wine Tasting—Old World vs New World—Core Tasting Course**

Back by popular demand! A Certified Sommelier shows you the differences between New and Old World wines. In this entertaining and engaging class, learn to accurately identify a wine based on its sight, nose and palate characteristics using a deductive approach. Taste varietals from around the world such as Merlot, Syrah, Chardonnay and Sauvignon Blanc—six wines per session!

**Note:** Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register.

**Supplies:** A $75 materials fee will be collected prior to the start of class. Please bring three wine glasses, pen and paper to each class. Six wine tastes per session. Textbook included.

Dane Kuta / $95 / San Elijo Campus, Room 302
6 Wed, 4/20–5/25, 7–9 PM

**HOME & GARDEN**

**Organic Edible Gardening Livestream**

Grow your own organic produce! Whether you want to provide your family with nutritious food, save money, get some exercise or just be more sustainable, this course will give you the skills and knowledge you need to be on your way to a successful harvest. If you have a few hours a week, you can grow the best organic vegetables for your table. You do not need a large yard. Growing in raised beds and containers makes gardening so much easier. We will discuss building raised beds and where to buy pre-made ones. All aspects of gardening will be covered: design and care, preparation, planting, harvesting and more. You will learn everything you need to know about our favorite vegetables, fruits, herbs and edible flowers. Join us in the dirt to make great, healthy food!

**Supplies:** Gardening tools and a supplies list will be suggested and emailed to students before the start of class. Instructor will send a Zoom link before class begins.

Debbi Dubbs / $65
3 Sat, 3/5–3/19, 11 AM–1 PM
**NEW** Grow Cut Flowers from Bulbs, Tubers, Corms and Seeds Livestream

Learn to grow easy-cut flowers from all forms. There’s nothing like fresh-cut flowers in your home. They’re a great addition to the garden as they attract beneficial insects and pollinators. You will get tips on growing spring bulbs, such as choosing a good bulb or tuber and planting them in containers or in the ground. Get ready for a colorful garden that may last until late fall.

**Supplies:** Gardening tools and a supplies list will be suggested and emailed to students before the start of class. Instructor will send a Zoom link before class begins.

Debbi Dubbs / $39
1 Sat, 4/2, 11 AM–1 PM

**NEW** Plant a Spring Herb Garden Livestream

Learn herb families, herb garden design, tools, and growing methods from the comfort of your home or garden. Herbs are the most giving and forgiving plants in a kitchen garden. There are a million ways to use herbs inside a kitchen and the good news? You’ll get loads of harvests from your herb garden so you can say, ‘Goodbye’ to grocery store herbs.

**Supplies:** Gardening tools and a supplies list will be suggested and emailed to students before the start of class. Instructor will send a Zoom link before class begins.

Debbi Dubbs / $45
1 Sat, 4/9, 11 AM–2 PM

**Spanish 1A for Mature Adults Livestream**

This is a beginning Spanish class. Spanish 1A is designed for students with limited or no knowledge of Spanish or for those who have previously taken a Spanish language class and want to refresh what they once learned. A great class for students who would like to learn the basics of the Spanish language for traveling purposes. Class will include instruction in grammar, vocabulary, and pronunciation through reading, writing and conversation.

**Supplies:** Students must purchase Spanish is Fun Book 1–5th edition by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com. Instructor will send an email with Zoom link before class begins.

Gerda Snell / $139
8 Wed, 3/23–5/11, 9–11 AM

**Spanish 1B for Mature Adults Livestream**

This is the next step after 1A. Designed for those with some knowledge of Spanish or have taken Spanish 1A. Conversations will be promoted by doing dialogs that deal with daily life. Your vocabulary will improve and you will feel more confident speaking Spanish. Guaranteed to be lots of fun!

**Supplies:** Students must purchase Spanish is Fun Book 4th or 5th edition by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com. Instructor will send an email with Zoom link before class begins.

Gerda Snell / $139
8 Wed, 1/19–3/9, 11:15 AM–1:15 PM
Spanish 1C for Mature Adults Livestream

**This is the next class after Spanish 1B.**

This course is designed for those students with some knowledge of Spanish. During this class, we will review grammar, increase vocabulary, improve pronunciation and study culture through writing and conversation exercises using dialogs, stories and role-playing.

**Supplies:** Students must purchase *Spanish is Fun Book 1–5th edition* by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com. Instructor will send an email with Zoom link before class begins.

Gerda Snell / $139

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Getting Started–American Sign Language (ASL)

Have you always wanted to learn ASL in a fun and interactive environment? Now is your chance! This six-week interactive course will introduce you to basic conversational signs and skills that will enable you to communicate with the Deaf community.

**Supplies:** Students must purchase *Learn to Sign the Fun Way* by Penny Warner (ISBN: 978-0761532637) prior to the start of class.

Lisa Alcantara / $125
Oceanside Campus, Room 3104
6 Sat, 3/12–4/16, 10 AM–12 PM

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Spanish 2A for Mature Adults Livestream

**This is the next step after Spanish 1C.**

Students will broaden their skills and proficiency by engaging in conversations, learning new vocabulary and practicing grammar in a relaxed, informal atmosphere. It will be lots of fun.

**Supplies:** Students must purchase *Spanish is Fun Book 2* by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com. Instructor will send an email with Zoom link before class begins.

Gerda Snell / $139
8 Wed, 1/19–3/9, 9–11 AM

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Italian Language—Basic Conversation and Writing

Learn the basic conversation and writing of the beautiful Italian language. Meet fabulous people who, like you, are fascinated by the Italian way of life, the art, the music, the food, the style, and more. This class is designed to be repeated as often as you wish.

**Note:** Some previous knowledge of Italian language is preferred.

**Supplies:** Please have a notebook with pen or pencil ready for class.

Angela Fesi-Pouliot / $119
Oceanside Campus, Room 3106
6 Tues, 2/8–3/15, 6–8 PM

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French Conversation

**Parlez-vous français? Oui, Oui!** Come experience this fun and dynamic class guaranteed to provide you with the opportunity to gain confidence, learn vocabulary, perfect pronunciation and increase fluency in the French language. Topics will change weekly and cover a wide variety of subjects. Enjoy this unique experience.

**Supplies:** A $5 materials fee will be collected for handouts.

Lisa Porfirio / $105
San Elijo Campus, Room 305
6 Mon, 1/31–3/14, 6–8 PM. No class on 2/21.

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Intermediate Spanish 1 Livestream

This continuation class of Beginning Spanish 3 is designed for those with knowledge of the Spanish language in present tense. This class will include more grammar, conjugation in past tense and future tense, new vocabulary, pronunciation, important expressions, as well as reading, writing and conversation through dialogs, stories and role playing. Extra credit is given to those who keep the laughs flowing.


Alicia Flores Meneses / $135
8 Thurs, 2/24–4/28, 10 AM–12 PM
No class on 3/24 & 3/31.

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Spanish 2A for Mature Adults Livestream

**This is the next step after Spanish 1C.**

Students will broaden their skills and proficiency by engaging in conversations, learning new vocabulary and practicing grammar in a relaxed, informal atmosphere. It will be lots of fun.

**Supplies:** Students must purchase *Spanish is Fun Book 2* by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com. Instructor will send an email with Zoom link before class begins.

Gerda Snell / $139
8 Wed, 1/19–3/9, 9–11 AM

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Spanish 1C for Mature Adults Livestream

**This is the next class after Spanish 1B.**

This course is designed for those students with some knowledge of Spanish. During this class, we will review grammar, increase vocabulary, improve pronunciation and study culture through writing and conversation exercises using dialogs, stories and role-playing.

**Supplies:** Students must purchase *Spanish is Fun Book 1–5th edition* by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com. Instructor will send an email with Zoom link before class begins.

Gerda Snell / $139

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Getting Started–American Sign Language (ASL)

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**Supplies:** Students must purchase *Learn to Sign the Fun Way* by Penny Warner (ISBN: 978-0761532637) prior to the start of class.

Lisa Alcantara / $125
Oceanside Campus, Room 3104
6 Sat, 3/12–4/16, 10 AM–12 PM

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Spanish 2A for Mature Adults Livestream

**This is the next step after Spanish 1C.**

Students will broaden their skills and proficiency by engaging in conversations, learning new vocabulary and practicing grammar in a relaxed, informal atmosphere. It will be lots of fun.

**Supplies:** Students must purchase *Spanish is Fun Book 2* by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com. Instructor will send an email with Zoom link before class begins.

Gerda Snell / $139
8 Wed, 1/19–3/9, 9–11 AM

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Intermediate Spanish 1 Livestream

This continuation class of Beginning Spanish 3 is designed for those with knowledge of the Spanish language in present tense. This class will include more grammar, conjugation in past tense and future tense, new vocabulary, pronunciation, important expressions, as well as reading, writing and conversation through dialogs, stories and role playing. Extra credit is given to those who keep the laughs flowing.


Alicia Flores Meneses / $135
8 Thurs, 2/24–4/28, 10 AM–12 PM
No class on 3/24 & 3/31.

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Spanish 2A for Mature Adults Livestream

**This is the next step after Spanish 1C.**

Students will broaden their skills and proficiency by engaging in conversations, learning new vocabulary and practicing grammar in a relaxed, informal atmosphere. It will be lots of fun.

**Supplies:** Students must purchase *Spanish is Fun Book 2* by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com. Instructor will send an email with Zoom link before class begins.

Gerda Snell / $139
8 Wed, 1/19–3/9, 9–11 AM

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Intermediate Spanish 1 Livestream

This continuation class of Beginning Spanish 3 is designed for those with knowledge of the Spanish language in present tense. This class will include more grammar, conjugation in past tense and future tense, new vocabulary, pronunciation, important expressions, as well as reading, writing and conversation through dialogs, stories and role playing. Extra credit is given to those who keep the laughs flowing.


Alicia Flores Meneses / $135
8 Thurs, 2/24–4/28, 10 AM–12 PM
No class on 3/24 & 3/31.
NEW Vive la chanson française!
Get your French groove on through an exploration of French lyrical music from opera to slam and everything in between. Each week will explore different songs, their meaning, as well as their idiomatic expressions. This is a wonderful opportunity to broaden your French cultural and linguistic knowledge in a fun and supportive setting. Class will be conducted in French, therefore previous knowledge of French preferred but no musical knowledge necessary.

Note: Previous knowledge of French required.

Supplies: A $5 materials fee will be collected for handouts.
Lisa Porfirio / $89
San Elijo Campus, Room 305
6 Mon, 4/4–5/9, 6–8 PM

Spanish Short Stories and Culture Livestream
Designed for those with at least three years of Spanish or have taken Spanish 3D. During class, we will be improving our conversational skills, increasing vocabulary, learning idiomatic expressions, reading short stories and cultural articles. Join us in this fun conversational class.

Note: Instructor will send the reading materials in PDF format by email for each class.

Alicia Flores Meneses / $115 per class / Livestream
Level 1: Designed for those with at least three years of Spanish or have taken Spanish 3D
Level 2: Designed for those with at least four years of Spanish and have taken Spanish 3D.
8 Fri, 2/25–4/29, 10 AM–12 PM No class on 3/25 & 4/1.

Country Line Dance
Come on out and kick up your heels!
This fun and energetic line dance class, set to country, pop and R&B, will teach you dances popular at local line dance clubs. Recommended for students with some line dance experience. Great for cardio fitness, improved muscle strength and memory retention.

Supplies: Wear comfortable clothes and shoes with little or no traction.
Vicki Deriso / $69
San Elijo Campus, Room 204
4 Fri, 2/4–3/4, 6:30–7:30 PM. No class on 2/18.
4 Fri, 4/29–5/20, 6:30–7:30 PM

NEW Tap N Jazz
No experience required. Learn Tap and Jazz dance steps in a fun and supportive environment. Dancing promotes improved muscle strength, mental acuity, and cardiovascular health. Tap dance helps you develop both mental and physical confidence. This is a fun beginning Tap and Jazz dance class that explores the fundamentals of movement, rhythm, and timing. You will gain coordination and muscle control while building stamina and endurance. Get a great workout, improve memory and make music with your feet—all at the same time!

Supplies: Bring tap and jazz shoes to wear during class.
Geri Jones / $89
Fletcher Cove Community Center
7 Tues, 3/1–4/19, 10:30–11:30 AM No class on 4/5.
**PERFORMING ARTS/DANCE/MUSIC | PERSONAL FINANCE & WORKSHOPS**

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**NEW** Guitar for Beginners

No experience necessary. For students who have long thought about picking up the guitar, this course will provide an easy foundation that will get you playing. This class covers chords, strumming, rhythms, technique, and improvisation. Students leave playing complete songs of their choice, with a solid technical foundation.

**Supplies:** Instructor will send a PDF to print. Bring your own guitar, binder with printed course materials, a foot stool, and a music stand.

Richard Miller / $99
San Elijo Campus, Room 201
8 Tues, 3/29–5/17, 7:30–8:30 PM

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**Beginning Ukulele–Hybrid**

Do you have a ukulele sitting in a closet gathering dust and want to learn how to play it? Jam on the beach with friends and show off what you have learned. This course is open to those students who would like to learn to play the ukulele.

**Note:** Class offered in-person and via Zoom (simultaneously).

**Supplies:** Music stand, Ukulele, three-ring binder/notebook, and pencil with eraser.

Zenia Panao / $95
San Elijo Campus, Room 201
7 Wed, 2/2–3/16, 6:30–8 PM

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**Coastal Communities Concert Band**

Under the direction of Tom Cole, the 75-piece Coastal Communities Concert Band rehearses every Monday night at Oak Crest Middle School. Membership is based on experience and needed instrumentation. Call the personnel manager at 760.533.2333 to learn about joining. If your section is full, you may be put on a waiting list until a vacancy occurs. For more information, please visit cccband.com.

Tom Cole / $75
Oak Crest Middle School
Mon, 2/7–5/30, 7–9:30 PM

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**Ukulele Next Level–Hybrid**

Advance your ukulele skills to the next level. You will learn more chords, finger-style picking and transposing of chords. This virtual class will be full of challenging songs and a lot of fun.

**Note:** Class offered in-person and via Zoom (simultaneously).

**Supplies:** Music stand, Ukulele, three-ring binder/notebook and pencil with eraser.

Zenia Panao / $99
San Elijo Campus, Room 201
8 Wed, 4/6–5/25, 6:30–8 PM

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**Guitar for Beginners**

No experience necessary. For students who have long thought about picking up the guitar, this course will provide an easy foundation that will get you playing. This class covers chords, strumming, rhythms, technique, and improvisation. Students leave playing complete songs of their choice, with a solid technical foundation.

**Supplies:** Instructor will send a PDF to print. Bring your own guitar, binder with printed course materials, a foot stool, and a music stand.

Richard Miller / $99
San Elijo Campus, Room 201
8 Tues, 3/29–5/17, 7:30–8:30 PM

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**Ukulele Next Level–Hybrid**

Advance your ukulele skills to the next level. You will learn more chords, finger-style picking and transposing of chords. This virtual class will be full of challenging songs and a lot of fun.

**Note:** Class offered in-person and via Zoom (simultaneously).

**Supplies:** Music stand, Ukulele, three-ring binder/notebook and pencil with eraser.

Zenia Panao / $99
San Elijo Campus, Room 201
8 Wed, 4/6–5/25, 6:30–8 PM

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**PERSONAL FINANCE & WORKSHOPS**

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**A, B, C, Ds of Medicare**

This class covers the essentials of the Medicare Health System, its structure, existing restrictions, cost and coverage details, as well as who can become a beneficiary. Other topics include: supplemental plans, Part C, and drug plans, how they are structured, timelines, limitations and missing coverage areas.

**Supplies:** Please bring pen and paper to take notes.

Joseph Pospichal / $45
San Elijo Campus, Room 202
1 Sat, 2/26, 10 AM–12 PM
Oceanside Campus, Room 3106
1 Sat, 4/2, 10 AM–12 PM

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**Money 101 Financial Independence for Young Adults**

Students today often lack a knowledge of basic money management and investment skills or even the ability to write a check and manage a checking account. This class will help provide young people with the tools to effectively budget, save and invest money, understand debt and obtain and manage credit. Topics discussed in class will include insurance coverage issues, differences in retirement plans and how to develop long and short-term investment strategies and goals. Taking the guesswork out of managing money leads to a long and healthy financial life.

Nikki Simpson / $45
San Elijo Campus, Room 304
2 Thurs, 4/7 & 4/14, 6–8 PM

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**Looking to set up a Vacation Rental Property? See page 31**

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PHONE 760.795.6820 | MIRACOSTA.EDU/COMMUNITY 23
PERSONAL FINANCE & WORKSHOPS

Retirement Planning Today
Learn about how planning for retirement has changed in a post-pandemic world. Retirement Planning Today® is designed for adults looking to retire anytime within the next 15 years. The course addresses financial issues that pertain to the self-employed as well as employees of corporations and government agencies. The course is designed to teach you how to build wealth and align your money with your values to accomplish your goals in life. Whether you plan to retire next year or 15 years from now, the information you learn in this class can deliver rewards throughout your lifetime.

Supplies: This course includes 235-page illustrated book.
Brad Lineberger / $65—bring your spouse for free!
Carlsbad Senior Center
La Costa Canyon High School
2 Tues, 5/10 & 5/17, 6–9 PM
Carlsbad Senior Center
2 Thurs, 5/19 & 5/26, 6–9 PM

Financial Planning for Women
Statistics tell us that eight out of ten women will end up handling their own finances. This may be due to longevity, divorce or other reasons. This class will prepare you to manage your finances and give you a deep knowledge of financial markets. We will cover budgeting and give you tools to create and run a budget. You will learn how to allocate assets properly. We will spend a lot of time breaking down stocks/equities vs. bonds/fixed income. You will learn how to evaluate your portfolio against proper benchmarks and how to interpret your financial statements. Each class includes a packet of worksheets. This class will give you peace of mind and knowledge that will last a lifetime. This is a fun, hands-on, interactive class where questions are welcomed.

Michael Graney / $45
San Elijo Campus, Room 303
2 Mon, 3/7 & 3/14, 6–9 PM

Retirement Planning Today
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Michael Graney / $45
San Elijo Campus, Room 303
2 Mon, 3/7 & 3/14, 6–9 PM

Divorce Workshop for Women
A Community Education class open to women who want to learn more about the process of divorce.

• Explore the legal, financial, psychological and social issues of divorce
• Discover community resources available to help you
• Talk with other women experiencing similar life changes
• Learn from experts who have guided thousands of women through divorce

Registration: Call 760.795.6820 or register at miracosta.edu/community
Pre-registration is available through the Community Education Office.
ONLY $45 per session / San Elijo Campus, Room 201
Spring Dates: 2/12, 3/12, 4/9, 5/14
Held the second Saturday of each month, 8:30 AM–1:30 PM
Q&A 1:30–3 PM

Divorce Workshop for Men
• Learn about the legal, financial, and psychological issues surrounding divorce
• Find helpful community resources available to men
• Learn from experts who have guided thousands of men through divorce

Registration: Call 760.795.6820 or register at miracosta.edu/community
Pre-registration is available through the Community Education Office.
ONLY $25 per session / San Elijo Campus, Room 307
Spring Dates: 2/12, 3/12, 4/9, 5/14
Held the second Saturday of each month, 8:30–11:30 AM
Getting Started with Your dSLR
In this workshop, you will learn how to set up your camera to optimize the quality of your photographs. We will cover essential topics of white balance and ISO, allowing you to shoot under challenging conditions. Additionally, you will learn about the little icons on your shooting dial. After you have completed this class, you’ll be able to take pictures right away!

Supplies: A $3 materials fee will be collected in class. Please bring your camera and manual for class.
Terry Matsuoka / $49
Oceanside Campus, Room 3516
1 Tues, 2/8, 6:30–8:30 PM
San Elijo Campus, Room 302
1 Tues, 4/5, 6:30–8:30 PM

From Good to Great Photos: Understanding Aperture and Shutter Speed
Even if you didn’t realize it, this is probably why you bought your dSLR in the first place. Aperture and shutter speed can be daunting concepts to understand on your own. Once you master these aspects of photography, it’s what will separate your pictures from the rest. We will also look at some of the photos you took after your first session for constructive evaluation. After this class, you’ll be able to practice depth-of-field and capture motion and time.

Supplies: A $3 materials fee will be collected in class. Please bring your camera and manual for class.
Terry Matsuoka / $49
Oceanside Campus, Room 3516
1 Tues, 2/15, 6:30–8:30 PM
San Elijo Campus, Room 302
1 Tues, 4/12, 6:30–8:30 PM

Making Shooting Perfect Pictures Easy
After this class you will be well equipped with ideas on how to approach your picture taking. The most important aspects of making great photos are arranging things in your frame and how it is lit. Learn compositional and lighting techniques to try the next time you go out to take pictures. We will also learn what kind of effects different lenses have on your photos. Level up your creativity!

Supplies: A $3 materials fee will be collected in class. Please bring your camera and manual for class.
Terry Matsuoka / $49
Oceanside Campus, Room 3516
1 Tues, 2/22, 6:30–8:30 PM
San Elijo Campus, Room 302
1 Tues, 4/19, 6:30–8:30 PM

Introductory digital SLR photography series can be taken as individual courses for $49, or together for only $135!
The photography topics are interrelated and affect one another, so we recommend you take all three (Getting Started with Your dSLR, Aperture and Shutter Speed and Making Shooting Perfect Pictures Easy) to get a complete understanding of the camera and picture-taking.
**Adult Horsemanship**

*English or Western style.* This is a wonderful opportunity for you to learn about horses, grooming, horsemanship and to begin riding in a safe and beautiful environment. Horsetrack riding helps build confidence and responsibility, soothes and releases stress, provides exercise, and develops a strong bond between you and horses. All levels welcome, including the experienced rider who wants to get back in the saddle.

**Note:** Students must weigh under 200 lbs, be healthy and in good physical condition and able to mount and dismount a horse by themselves. Students will need to sign a waiver supplied by the instructor at the first class. Students between the ages of 15–17 must be accompanied by an adult and will need to have a parent or guardian sign a waiver.

**Supplies:** Bring water and sunscreen. Wear closed-toe shoes and comfortable clothes that can get dirty.

Teri Cagle / $210
Hoof Haven Farms, 4777 S. Mission Road, Fallbrook
6 Sat, 2/26–4/2, 12–1:30 PM

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**Golf–Women’s Level 2**

A class designed for the lady golfer looking to improve her existing golf skills and achieve more consistency in all areas of the game. Through drills and simple training aids, classes will focus on putting, chipping, pitching and the full swing with a driver and irons.

**Supplies:** A $55 materials fee will be collected in class for weekly range balls and golf course fee.

Scott Newman / $169 / Encinitas Ranch Golf Course
8 Tues, 2/1–3/22, 10–11 AM
8 Tues, 4/5–5/24, 10–11 AM

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**Golf–Full Swing FUNdamentals**

Are you interested in learning the golf swing? Have you been playing a while and can’t find the consistency you are looking for? Join the Full Swing Fundamental class. This class will focus on the full swing only. We will go over the golf swing fundamentals, posture, grip, aim, swing plane and swing path. We will break the swing down and cover a different part every week including set up, backswing, transition, downswing and follow through. By the end of this class you will have an excellent understanding of the golf swing and how to practice.

**Supplies:** A $55 materials fee will be collected in class for weekly range balls and golf course fee.

Scott Newman / $169 / Encinitas Ranch Golf Course
$165 / 7 Sun, 4/10–5/22, 10:15–11:15 AM

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**Golf–Women’s Beginner**

This class is for ladies who are interested in learning about the game of golf in a relaxed group atmosphere. We will cover the full swing, putting, chipping, pitching and the sand bunker shot, as well as basic rules and etiquette. Everything will be provided; just bring yourself and be ready to have some fun.

**Supplies:** A $55 materials fee will be collected in class for weekly range balls and golf course fee.

Scott Newman / $169 / Encinitas Ranch Golf Course
8 Tues, 2/1–3/22, 9–10 AM
8 Tues, 4/5–5/24, 9–10 AM
Become a Notary Public

Whether you want to boost your income, create a new job opportunity, provide a service to your community, or increase the value to your current employer, this is the perfect opportunity. Successful notaries are valuable in almost any industry: real estate, legal, medical, and banking to name just a few. We are offering an option of an in-person or livestream seminar, which responds to the current demand in the field. You will be ready to take the official notary exam and practice as a safe and effective notary.

Note: For in-person class, you are automatically registered for the official notary exam directly following the seminar. See box below regarding the notary test. For livestream class, use this link to view the schedule for other in-person testing in California. It is recommended that students register for a test date, time, and site prior to registering for a class, as test dates do sometimes fill. Testing information is updated regularly and larger counties offer multiple test dates and times each month. Walk-ins are welcome, although you are not guaranteed a seat: exam-registration.cpshr.us/notary/exam-registration

Must be at least 18 years of age. A serious conviction may disqualify an applicant. Register for the official notary exam 15 days in advance or be a walk-in candidate.

Two options available!

Supplies: A $35 materials fee will be collected in class (book will be provided).
Notary Public Seminars, Inc. / $99
In-person
Oceanside Campus, Room 3101
Sat, 3/19, 8 AM–6 PM

Supplies: A $20 materials fee will be collected at registration for livestream class workbook. The book and materials will be emailed to students from Notary Public Seminars.
Livestream
Tues, Wed, Thurs, 2/1, 2/2 & 2/3, 6–8:15 PM

When you are ready to take the in-person exam, please bring the following:
1) Completed Secretary of State-Notary Public Application
2) Proper ID
   • State-issued driver’s license or ID card
   • U.S. passport or a passport issued by a foreign government
   • U.S. military ID card
3) 2 x 2 color passport photo of yourself (can be obtained at Walgreens and CVS)
4) Two #2 pencils
5) Completion Certificate from notary public training
6) Payment for the exam, check or money order $40 made payable to “Secretary of State”

Renewing Notaries

Eligible Renewing Notaries are required to take a 3-hour state approved Notary Education course, the official notary exam and be Livescan fingerprinted every four years. Your commission must be current to be eligible for the three-hour course otherwise, sign up for our six-hour class. The seminar will update you on new notary law and refresh your memory on notary rules and regulations to prep you for the exam. Class includes the state exam.

Two options available!

Supplies: A $35 materials fee will be collected in class (book will be provided).
Notary Public Seminars, Inc. / $50
In-person
Oceanside Campus, Room 3101
Sat, 3/19, 12:45–6 PM

Supplies: A $20 materials fee will be collected at registration for class workbook. The book and materials will be emailed to students from Notary Public Seminars.
Livestream
Tues, 2/1, 6–8:15 PM & Wed, 2/2, 6–7 PM

Notary Testing

Need to take only the notary exam? Register in advance with MiraCosta College Community Education. A six-hour approved course must be completed before you are eligible to take the notary exam (see information below regarding the notary test).

Notary Public Seminars, Inc. / $30
Oceanside Campus, Room 3101
Sat, 3/19, 3:45–6 PM

All Notary Students

Register in advance as walk-ins will not be accepted. Class is subject to cancellation due to low enrollment. Due to State regulations, no one will be admitted to the classroom after 8:15 AM. You must return from breaks on time.
Become a Loan-Signing Agent
Make the most out of your notary commission by becoming a certified Loan Signing Agent. Our livestream seminar will teach you how to notarize loan documents and give you a simple strategy to launch your new business. Learn the information and tools you need to succeed as a signing agent from the comfort of your home. Our expert teachers are seasoned in the business; they’ll teach you the process of completing a signing, best practices in the industry, and how to get loan signing assignments. Students are eligible to access our private Facebook page to ask questions, watch webinars and receive updates. All you need is your smartphone to join. A certificate is awarded upon completion of the course.

Topics include:
• Notarize a loan package from any bank successfully every time
• The dos and don’ts of the profession
• What to discuss with your clients
• How to develop your own business
• Getting signed up with busy signing agencies

Two options available!
Prerequisite: Must be a notary public or have taken a notary class.

Supplies: A $40 materials fee and a $20 certificate fee will be collected in class.
Notary Public Seminars, Inc. / $99

In-person
Oceanside Campus, Room 3102
Sat, 4/9, 10 AM–4 PM

Supplies: A $30 materials fee will be collected upon registration. The book and materials will be emailed to students from Notary Public Seminars or provided during in-person class.
Livestream
Tues, Wed, Thurs, 4/19, 4/20 & 4/21, 6–8 PM

Starting a Profitable Home-Based Business Livestream—Elective
Many successful businesses start as home-based businesses, such as Google and Microsoft! Whether you want to start the next multi-billion dollar business or create your own source of income, this class will teach you the foundation to get started and be successful.

Note: Instructor will send an email with Zoom link before class begins.

Supplies: Please have a notebook and pen or pencil ready to take notes.
Cheryl Brown / $45
4 Tues, 4/26–5/17, 7–8:30 PM

Be a Schedulemaster Livestream—Elective
Have you ever said, “there just isn’t enough time” or “if only I had more time?” If so, this is the class for you! In just four short weeks, you will learn where your time goes, how to be more practical with your time, how to prioritize, and how to be a schedulemaster!

Note: Instructor will send an email with Zoom link before class begins.

Supplies: Please have a notebook and pen or pencil ready to take notes.
Cheryl Brown / $45
4 Mon, 4/4–4/25, 7–8:30 PM

Make Extra Income—DMV Auto Wholesale Business from Home
Learn how to make extra income buying and selling wholesale cars as a home-based business. You will learn six techniques that can earn you $3,000 selling just one to three cars a month. Learn how to get your auto dealer license and how to operate a profitable used car business. You’ll get a FREE list of the 300+ dealer-only auctions in the USA where automobiles are sold below wholesale prices. This class is DMV approved and you will receive a DMV certificate of completion at the end of the class.

Supplies: Your instructor will send you a PayPal Invoice to pay the $25 materials fees for this class. Please have a notebook and pen or pencil when you sign in to take this class.
Wayne Williams / $95 / Oceanside Campus, Room 3102
Wed & Thurs, 3/2 & 3/3, 6–9 PM
CAREER & PROFESSIONAL DEVELOPMENT

Photography Business Certificate Series

In this Professional Photographer Certificate Series you will learn important principles and practical step-by-step techniques to get started in a career as a professional photographer. Register for all three courses to get the certificate. A Certificate of Accomplishment will be awarded upon completion of the series.

BUNDLE AND SAVE: sign up for all three courses for only $285!

NEW Building and Marketing a Photography Business—Required Core Class

Make the leap from amateur to professional! Students are introduced to the steps involved in building one’s photography brand, and delve into the practicalities of finding clients and selling work to develop a successful photography business. Learn how to market yourself and your business, how to bill the client and deliver the finished product. Lectures will include discussions on the various photography careers available. Evaluate advertising media and marketing approaches for promoting and selling photographic work; produce promotional plans, portfolio and web gallery.


Peggy Ryan / $159 / San Elijo Campus, Room 505
6 sessions. Tues & Thurs, 4/5–4/21, 6:30–8:30 PM

NEW Intro to Photojournalism 101—Elective

Students will learn the photo techniques professional photographers master. From portraiture, food illustrations, breaking news shoots, to sports and fashion assignments. Working photojournalists successfully incorporate these photo techniques into their daily photo assignments.


Hall Wells / $99
San Elijo Campus, Room 505
4 Sessions. Tues & Thurs, 3/8–3/17, 6:30–8:30 PM

NEW The Business of Commercial Food Photography—Elective

Turn your passion into a career! Topics Include:

• How to get work in the Food Photography Industry
• Discover unique compositions and lighting techniques. Add commercial stills to your portfolio
• How to promote and network yourself to grow your client list
• Techniques on communicating with your vendors and clients on set and off

Supplies: A $12 materials fee will be collected in class for food to photograph. Please bring your dSLR or mirrorless camera. A phone camera is also acceptable.

Megan Morello / $65
San Elijo Campus, Room 609
2 Sat, 5/14–5/21, 9 AM–12 PM
Entrepreneurial Certificate Series

To fulfill the requirements of the Entrepreneurial Certificate Series, students must take three required core classes: two from Community Education and one from the MiraCosta College Small Business Development Center (SBDC); one elective and attend 90% of each course taken. Students who complete the series will receive five hours of specialized business consulting with the SBDC, which includes free in-depth market research reports and a Certificate of Accomplishment from Community Education.

Core Classes Include: (must take all three)

- Accounting and Record Keeping (see page 30)
- How to Promote and Market Your Business (see page 30)
- Start Your Business in a Day: Developing Your Business Plan (to sign up, send an email to MiraCosta's SBDC: centerinfo@miracosta.edu)

Electives Include: (must take one)

- Intro to QuickBooks (see page 13)
- Be a Schedulemaster (see page 28)
- Starting a Profitable Home-Based Business (see page 28)
- Microsoft Excel for the Business Professional (see page 13)
- Start Your Business in a Day: What it Takes to Succeed, Financing, Taxes & Business Entities (to sign up, send an email to MiraCosta's SBDC: centerinfo@miracosta.edu)

**NEW** Accounting and Record Keeping in a Small Business—Core Class

Revenues, expenses, ledgers, and journals—these are the tools used in recordkeeping for small businesses. Learn proven methods to help you comply with reporting requirements of financial institutions and governmental agencies, such as the IRS. Class discussion will cover the selection of manual systems currently on the market.

**Supplies:** Please have a notebook and pen or pencil ready to take notes.
Cheryl Brown / $79
TCI, SBDC Training Room
4 Wed, 2/23–3/16, 7–8:30 PM

**NEW** How to Promote and Market Your Business—Core Class

Learn what makes your customers want to buy. Use mailings, presentations, advertising, Internet, publicity, social media, special events and other media to get your message out. Measure results and get return on investment. Create a mini-marketing plan and your first year’s sales forecast. Create Compelling sales messages, and create a brochure layout using key messages. Align business goals with marketing goals for the most powerful effect.

**Supplies:** Please have a notebook and pen or pencil ready to take notes.
Cheryl Brown / $79
TCI, SBDC Training Room
4 Tues, 3/1–3/22, 7–8:30 PM
Guide to Creating Your Vacation Rental Property

The concept of a vacation rental property has gained considerable momentum in recent years. For good reason, the expansion of the economy, in addition to the advent of the private accommodation sector, has made it considerably easier for families to go on more vacations. Buying a vacation rental property requires a keen understanding of local markets and projected revenue. We will discuss performance and pitfalls. You will also know how to set yourself apart as a premier host, commanding a greater rental pool. Topics will include:

- How to set up a vacation rental. The difference between short-term rental and vacation rental.
- What are your obligations to the guest?
- What goes into a successful business model? What are the best modes of rental leads?
- How to vet interested parties. How to protect yourself.
- The “real” net profit. The importance of reviews. Your vendor obligations and relations.

Upon completing the course, you will have an accurate understanding of what to expect when renting your home in the vacation rental market.

INSTRUCTOR BIO:
Patricia Waters has been a licensed real estate agent for over 15 years in both Hawaii and California. Her focus has primarily been on vacation rentals. She is well versed in hospitality and understands the responsibilities of being both a property owner and a host. She has provided acquisition and management services to portfolio investors for over two decades. She enjoys performance coaching and preparing properties for turnkey use.

Guide to Creating Your Vacation Rental Property

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Supplies: Please have a notebook and pen or pencil ready to take notes.
Patricia Waters / $59
San Elijo Campus, Room 303
2 Sat, 3/5 & 3/12, 10 AM–1 PM
Fletcher Cove Community Center
2 Tues, 5/3 & 5/10, 2–5 PM

Human Resources Certificate Program–3 Mondays

Our HR Certificate Program is appropriate for individuals who are not yet HR professionals and for HR veterans who wish to update their skills. This program was developed to enable participants to complete their studies in just three days and has been approved for 24 general recertification credit hours toward PHR, SPHR and GPHR recertification through the Human Resource Certification Institute (HRCI). This program provides an essential skillset that leads to jobs in Human Resources. All content is designed to address core HR competencies:

- History and role of human resources in today’s workplace
- Creating and administering an effective HR department
- Compensation, benefits and retirement programs
- Staffing (recruiting and retention) strategies
- Employment law and compliance hot topics
- Effective employee relations and termination

Nadia Ardebili / $98 per class or $530 for all six sessions
Technology Career Institute, SBDC Classroom
3 Mon, 2/28–3/14, 8:30 AM–12:30 PM & 1:30–5:30 PM
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### HOW TO APPLY FOR WORK SKILLS TRAINING

The majority of our work skills training classes (identified by a ◊) require an application to be completed in our online database prior to enrolling. Start here commed.miracosta.edu/, then follow the steps below:

1. Click Courses & Programs
2. Click Work Skills & Certification Training, listed last
3. Select your program of interest, e.g. “CNC Programming and Operation”
4. Select Course, e.g. “CNC (Computer Numerical Control) Operation”
5. Click “Apply Now”
6. Lastly, submit a photo ID in person or via email to commed@miracosta.edu.

**Note:** For our longer work skills training programs and/or outside funding sources, there may be additional forms and documents that are required. Our programs will typically accept students ages 16 years or older. Please contact our office at 760.795.6820 prior to applying.

### CERTIFICATE INFORMATION

For any program over 50 hours, students will have the opportunity to earn a Certificate of Accomplishment. If you are enrolled and successfully complete a program under 50 hours, we can issue a certificate for $20.

### REFUND POLICY

Refunds will be made up to five working days prior to your class start date. A $75 cancellation fee will be retained for each refund. There are no refunds given once the class has begun, unless special permission has been granted by the program supervisor. A full refund will be given if a class is cancelled due to low enrollment.

For more information, email us at commed@miracosta.edu
FREE INFORMATION SESSIONS

**Child Visitation Monitor**
- Wed, 3/2 at 5–6 PM, livestream
  Instructor will send an email with Zoom link before the information session begins.

**Biomedical Equipment Technician**
- Zoom: Fri, 5/27 at 10 AM (information session only)
- Tues, 6/7 at 6 PM (information session with testing)
- Tues, 6/21 at 4 PM (interviews by invite only)
  Technology Career Institute • 2075 Las Palmas Drive, Carlsbad

**BrewTech**
- Zoom: Mon, 6/27 at 10 AM (information session only)
- Wed, 7/6 at 6 PM (information session with testing)
  Technology Career Institute • 2075 Las Palmas Drive, Carlsbad
- Wed, 7/20 at 2–5 PM (interviews by invite only)
  Landes Recreation Center • 2855 Cedar Road, Oceanside

**Engineering Technician** (Scholarships available)
- Tues, 2/15 at 6 PM (information session only)
- Zoom: Mon, 3/7 at 10 AM (information session only)
- Thurs, 3/17 at 9 AM (information session with testing and interviews following)
- Zoom: Mon, 4/4 at 10 AM (information session only)
- Thurs, 4/14 at 4 PM (testing and interviews only)
  Technology Career Institute • 2075 Las Palmas Drive, Carlsbad

**Machinist Technology** (Scholarships available)
- Thurs, 4/28 at 6 PM (information session only)
- Zoom: Mon, 5/9 at 10 AM (information session only)
- Thurs, 5/26 at 9 AM (information session with testing and interviews following)
- Zoom: Mon, 6/6 at 10 AM (information session only)
- Thurs, 6/23 at 4 PM (testing and interviews only)
  Technology Career Institute • 2075 Las Palmas Drive, Carlsbad

**Phlebotomy Technician**
- Wed, 2/9 at 5:30 PM, livestream. A Zoom link will be emailed to students prior to the information session.
  Note: no assessment needed!

**Unmanned Systems (Drone) Operator Technician**
- Zoom: Tues, 5/31 at 10 AM (information session only)
- Tues, 6/14 at 6 PM (information session with testing)
- Tues, 6/28 at 2–5 PM (interviews by invite only)
  Technology Career Institute • 2075 Las Palmas Drive, Carlsbad

**Veterinary Assistant**
- Wed, 2/2, at 5:30 PM, livestream. A Zoom link will be emailed to students prior to the information session.
  Note: Mandatory math and reading comprehension assessment is scheduled on Wed, 2/9 at 2:15 PM.

MiraCosta College’s Technology Career Institute is an equal opportunity employer (EOE). Auxiliary aids and services are available upon request to individuals with disabilities.

Note: If you have a verifiable disability, you will need to call 760.795.6820 at least one week prior to the assessment to ensure proper accommodations can be made.
Advanced Manufacturing Leadership Certificate

**Bundle these classes for $1,265**
GI Bill® and WIOA funding available

- Blueprint Reading with GD&T
- LEAN Six Sigma
- OSHA-30
- Quality Assurance Basics for Manufacturing

Biomedical Equipment Technician Certificate

GI Bill®, Sallie Mae and WIOA funding available

- Fundamental Electronics
- Human Anatomy
- Advanced Troubleshooting
- BMET Career Readiness
- OSHA-10
- 440-hour course

CNC Operator Certificate

**Bundle these classes for $1,595**
GI Bill®, Sallie Mae and WIOA funding available

- 3D CAD for Manufacturing—Resumes in Summer 2022
- Blueprint Reading with GD&T
- Computer Numerical Control (CNC) Operation
- OSHA-10

CNC Programming Certificate

**Bundle these classes for $1,680**
GI Bill®, Sallie Mae and WIOA funding available

- 3D CAD for Manufacturing—Resumes in Summer 2022
- Blueprint Reading with GD&T
- Digital Precision Measuring
- CNC Programming—Introduction and Intermediate

Child Visitation Monitor Certificate

WIOA funding available

- Make a difference in the lives of children and families.
- Satisfies the State Requirements
- Covers State Policies and Procedures
- Safety and Responsibilities
- 24-hour course

BrewTech Certificate

GI Bill®, Sallie Mae and WIOA funding available

- Techniques and Technology of Brewing
- Equipment Troubleshooting and Repair
- Brewing Formulas
- History and Nature of Brewing
- OSHA-10 and LEAN Training
- 280-hour course

Electronics Certificate

**Bundle these classes for $2,150**
GI Bill®, Sallie Mae and WIOA funding available

- Basic Electronics—Resumes in Summer 2022
- Introduction to Electromechanics—Resumes in Summer 2022
- Electronic Assembly
- OSHA-10
- Quality Assurance Basics for Manufacturing

Engineering Technician Certificate

GI Bill®, Scholarships, Sallie Mae and WIOA funding available

- Electrical
- Mechanical
- Robotics
- Automation
- OSHA-10 and LEAN Training
- 600-hour course

For individual course details, please see pages 36–45.
# PROGRAMS

## Machinist Technology Certificate
- GI Bill®, Scholarships, Sallie Mae and WIOA funding available
- • Blueprint Reading with GD&T
- • OSHA-10
- • Manual Lathe, Mill and CNC training
- • CNC Programming
- • LEAN Six Sigma
- • 487-hour course

## Massage Therapy Certificate
- CAMTC Approved
- GI Bill®, and Sallie Mae funding available
- • Anatomy and Physiology
- • Body Mechanics and Chair Massage
- • Advanced Massage Theory and Methods
- • Shiatsu, Tai Chi and Acupressure
- • Massage for Athletes

## Veterinary Assistant Certificate
- GI Bill®, Sallie Mae and WIOA funding available
- Entry-level training for the veterinary assistant profession.
- • Basic Animal Care
- • Safety Procedures
- • State/Federal guidelines
- • Veterinary Medical Terminology
- • 65-hour course

## Phlebotomy Technician Certificate
- GI Bill®, Sallie Mae and WIOA funding available
- • CPT1 Phlebotomy Technician Certificate
- • Basic Phlebotomy
- • Advanced Phlebotomy
- • Hands-on and Post Course Externship
- • 80-hour course

## Welding I Certificate
- GI Bill®, Sallie Mae and WIOA funding available
- Explore basic welding processes and procedures.
- • Shielding Metal Arc Welding (SMAW)
- • Interpretations of Blueprints/Shop Drawings
- • Gas Metal Arc Welding (GMAW)
- • Flux Core Arc Welding (FCAW)

## Real Estate License Certificate
- GI Bill®, and Sallie Mae funding available
- • Real Estate Principles
- • Real Estate Practice
- • Real Estate Finance and Economics
- • 150-hour course

## Solar Certificate
- WIOA funding available
- • System sizing and design exercises
- • Basic electronics, basic electrical wiring
- • Safety
- • Viability of solar and other alternative energy systems

For individual course details, please see pages 36–45.
WORK SKILLS TRAINING

◊Biomedical Equipment Technician Program (BMET)

Biomedical Instrument Technology is constantly expanding in healthcare, playing an increasing role in patient monitoring and treatment. Therefore, there is an ever increasing need for Biomedical Equipment Technicians (BMETs) to provide user training, inspection, calibration, maintenance and repair of medical devices. MiraCosta’s 440-hour BMET program will train students to use, troubleshoot, repair monitor and maintain biomedical instruments to prepare you for a career in this expanding field. The BMET program was developed as a result of increasing demand for biomedical equipment technicians in San Diego County and around the country. Courses build on lecture topics through extensive hands-on application in the areas of:

- Science
- Human Anatomy and Physiology
- Fundamentals of Electronics
- Fundamentals of Mechanics
- Introduction to computers, networks and cybersecurity
- Survey of instruments used in healthcare
- Documentation
- Advanced maintenance, troubleshooting and repair
- Career Readiness

$6,000 Reduced Fee $3,500 GI Bill®, Sallie Mae and WIOA funding available.

Technology Career Institute
Mon–Wed, 8/1–12/6. 8 AM–4:30 PM. No class on 9/5. 8 hours each day.

Register for the FREE information session (details on page 33).

“Passed the technical knowledge test 1st try with the knowledge I gained from MiraCosta Technology Career Institute. The advanced course material was surprisingly very applicable to the job skills required for success in the technology industry.” — Brandon Jackson, BMET student —

◊Blueprint Reading with GD&T

In this 30-hour hands-on class students learn to read and correctly interpret blueprints used in the manufacturing trades. They will get an opportunity to draw and edit simple blueprints through step-by-step development of multi-view drawings. In addition, students will learn the basics of geometric dimensioning and tolerancing (GD&T). This course is the perfect introduction to GD&T, symbols, applications and methods of inspection.

$315 / Technology Career Institute
5 Sat, 2/5–3/12, 9 AM–3:30 PM. No class on 2/19.

UPCOMING CLASSES

- 3D CAD for Manufacturing–Summer 2022
- Basic Electronics–Summer 2022
- Electronic Assembly Re-certification–Summer 2022
- Introduction to Python–xy–Fall 2022

“Passed the technical knowledge test 1st try with the knowledge I gained from MiraCosta Technology Career Institute. The advanced course material was surprisingly very applicable to the job skills required for success in the technology industry.” — Brandon Jackson, BMET student —
Work Skills Training

◊BrewTech Program
San Diego is well known as the craft beer brewing capital of the United States with over 150 active brewhouses and more scheduled to open soon. MiraCosta’s 280-hour hybrid course BrewTech Program is designed to train students to become productive brewers, while gaining confidence in the brewhouse, cellar or packaging line. As one of the premiere craft beer programs in the San Diego area with an on-site brewery, this class will focus on ‘grain-to-glass’ hands-on experience. The curriculum, including recipe development, wort production, cellar practices and packaging, is designed to train students to become a turnkey brewery technician. Classroom material covers the chemistry and biology of beer production and will introduce students to brewery equipment. Industry tours around San Diego will expose students to multiple brewing applications that will serve to enhance their knowledge of craft beer production. Students will also gain workplace skills training that will further add to their employability.

$4,000 Reduced Fee $2,000 GI Bill®, Sallie Mae and WIOA funding available.
Landes Recreation Center, 2855 Cedar Road, Oceanside
Tues–Thurs, 9/6–12/17, 4–10 PM, 7 Sat, 9/24, 10/8, 10/22, 11/5, 11/19, 12/3 & 12/17. 8 AM–2:30 PM
No class on 11/24.
▶ Register for the FREE information session (details on page 33).

◊Computer Numerical Control (CNC) Operation
Computer numerical control (CNC) is the automated control of manufacturing machining tools (drills, boring tools, lathes) by means of a computer. In this 56-hour course, students will learn safety, terminology, and basic blueprint reading, as well as interpretation of G&M codes, and operation of both a HAAS CNC mill and lathe. Students will also get exposure to CAD/CAM software. Course material and activities are provided via demonstrations and hands-on instruction.

$850 Sallie Mae and WIOA funding available.
Technology Career Institute
6 Sun, 2/6–3/20, 9 AM –2:30 PM. No class on 2/20.

◊CNC Programming—Introduction
Using MasterCam Mill
In this 30-hour introductory course, students learn how to design basic CNC programs for a three-axis CNC milling machine. Students will be instructed on G&M codes, Boolean logic and machine and control definitions. In addition, the class will cover basic aspects of post configuration, variable definitions, formatting, post lines, post text, modality and control definitions.

$400 Sallie Mae and WIOA funding available.
Technology Career Institute
6 Sun, 2/6–3/20, 9 AM–2:30 PM. No class on 2/20.

◊CNC Programming—Intermediate
Using MasterCam Mill
MasterCam is the most widely used CAM software in the industry and this intermediate, 30-hour course will provide students with trade-specific tips and tricks, whether they are in production or programming. This course also teaches additional topics for more intricate programs and designs. HAAS simulators will be used to test run the programs.

$400 Sallie Mae and WIOA funding available.
Technology Career Institute
WORK SKILLS TRAINING

◊Digital Precision Measuring
Using a Portable CMM
An introduction to metrology using a portable CMM and Verisurf CAD software. In this 30-hour course students will learn the basics of inspection, measurement, analysis and reverse engineering. This course is for individuals working within the advanced manufacturing environment.

$315 / Technology Career Institute
5 Sat, 4/23–5/21, 9 AM–3:30 PM

◊Electronic Assembly
Learn the necessary training to become an electronic assembler at an advanced manufacturing company:
• Soldering through-hole and surface mount single-lead/multi-lead components
• Soldering multi-pin IC chips
• Measuring and cutting wire
• Trimming insulation, tinning wires and mounting to terminals
• Inspecting workmanship for acceptability to industry standards
• Familiarization with printed circuit board (PCB) cleanliness, coating and suitability for assembly requirements
• Understanding of product assurance, rework and repair processes and methodologies
In this 80-hour course students will work toward IPC certification. In addition, students will learn the role of production in the manufacturing system and how certain skill sets, such as reading and analyzing acceptance criteria, testing, documentation and soldering are integral to the job.

$1,300 Reduced Fee $500 WIOA funding available.
Technology Career Institute
10 Sun, 2/27–5/8, 8:30 AM–5 PM. No class on 4/17.

◊Engineering Technician Program
Whether you want to work in electronics, aerospace, biotechnology or breweries, this program can provide you with the necessary training.
Engineering technology integrates theory and application in mechanical, electrical and electronic systems, fluid power, automation, robotics and computer software. Our 600-hour program is 75% hands-on, gets students in front of industry leaders and trains students in the areas that companies have requested. Students will receive:
• OSHA and LEAN certification
• Industry tours and guest speakers
• Work experience program (WEP)
• Employment readiness bootcamp
• Multiple projects and industry collaboration
• San Diego EDC preferred provider opportunities
Students will experience an accelerated program designed to prepare them with the skill sets to qualify for immediate entry into positions with local industry. Or, if a student has a college degree in this subject area or is interested in pursuing one in the future, this is the perfect supplement to enhance their current or future education.

$7,000 Reduced Fee $3,000 GI Bill®, Scholarships, Sallie Mae and WIOA funding available.
Technology Career Institute
Mon–Fri, 5/2–8/17, 8 AM–4:30 PM. No class on 5/30, 6/20 & 7/4.
► Register for the FREE information session (details on page 33).

© COMMUNITY EDUCATION & WORKFORCE DEVELOPMENT
Machinist Technology Program

Want to work in the aerospace industry, make medical device parts and accessories or design a new golf club?

Gone are the days of the grease-covered, conventional machinist. Today’s machinist must be highly trained with specific skills, working in high-tech manufacturing plants that are clean and innovative. Our nation has a huge shortage of skilled workers. As 77% of skilled Baby Boomers leave the workforce, San Diego County will need to fill thousands of positions over the next 15 years.

To meet this need, we offer a fast-paced, high-level training program. Students will be able to complete this program in 21-weeks (487 hours), with training in shop math, metal properties, reading blueprints, precision measuring, tooling, G&M codes, and manual and CNC machining. In addition, students will receive:

- OSHA-10 certification
- LEAN training
- Industry tours
- Guest speakers
- Multiple projects
- Career Readiness Bootcamp
- Internship opportunities

$6,500 Reduced Fee $2,500 GI Bill®, Scholarships, Sallie Mae and WIOA funding available.

Technology Career Institute
Mon–Thurs, 7/25–12/14, 3–9:30 PM
No class on 9/5 & 11/24. 6 hours each day.

Register for the FREE information session (details on page 33).
PLC Design Logic

A hands-on study of PLC programming and logic design using Siemens TIA S7-1200 hardware/software, as well as ladder logic based on a RS Logix 500 emulator. Topics covered during this 30-hour course are hardware components and software interfacing with the PLC, ladder logic using switches, timers and counters, arithmetic operations, MOV operators, logic functions, shift registers and subroutines. Three simulated design projects will be assigned throughout the course. By the end of the course students will be familiar with ladder logic programming and interfacing with PLC controllers, as well as design methodologies for PLC programming.

Note: A basic understanding of electrical circuitry is strongly recommended.

$300 / Technology Career Institute
5 Sat, 3/12–4/9, 11:30 AM–5:30 PM

Quality Assurance Basics for Manufacturing

Manufacturing companies are thriving in San Diego County. That means thousands of products must be inspected to ensure that quality meets or exceeds customer expectations. Whether it’s a screw that goes into your body or a solar array on a satellite, it’s critical that the part is made or assembled correctly. This 15-hour workshop provides students with an overview of quality assurance concepts within the manufacturing industry.

Course topics include:
- Day-to-day job functions
- Inspection and testing topics
- Material certificates, MIL standards and verification
- AS9100 overview
- Auditing overview
- Manufacturing processes
- Documentation

$275 / Technology Career Institute
3 Tues & Thurs, 3/29–4/14, 5:30–8 PM

OSHA-10

This OSHA 10-hour General Industry Safety Card does not expire and is recognized in all 50 states as evidence of knowledge of OSHA regulations. This course will also include current Covid-19 mitigation techniques, Covid-19 recording and reporting guidelines, and information on Covid-19 contingency planning in addition to essential safety topics that are relevant to any business such as ergonomics, material handling, machine guarding, electrical safety, emergency action plans, walking working surfaces, fall protection, personal protective equipment and hazard communication.

$230 / Technology Career Institute
Sat, 4/23, 9 AM–5 PM & Sun 4/24, 9 AM–1 PM

OSHA-30

The 30-hour general industry outreach training course is a comprehensive safety training program designed for anyone involved in the general industry. The course provides extensive information on OSHA compliance, safety and health hazards in the workplace, employer responsibilities, workers’ rights, hazard recognition, avoidance, abatement and prevention. Successful completion of this course results in a Department of Labor 30-hour OSHA General Industry safety card that is federally recognized in all 50 states and never expires.

$425 / Technology Career Institute
2 Sat & Sun, 4/23–5/1, 9 AM–5 PM
Quality Assurance Basics 2 Root—Cause/Problem Solving Analysis

Root cause is fundamental to problem solving. This 20-hour course presents the process and tools to identify the cause of a problem, solve it, and prevent it from occurring again. We focus on understanding root cause analysis as a procedure. The format of the course consists of lecture, practice, and role-playing. Whether your company is manufacturing, financial or service oriented, this course is needed. Who should attend—Quality, risk, process engineers and managers, technicians, operations, process owners, those who want to improve their ability to solve recurring problems.

$315 / Technology Career Institute
4 Mon & Wed, 4/25–5/18, 5:30–8 PM

The demands of the world have changed, upgrade your skills to meet the need. That’s why it’s an exciting time to be a part of MiraCosta College. With courses that focus on technical skills, field knowledge, and career readiness—it’s everything today’s employers need now, and skills that will carry you well into the future.

New

Introduction to Solar PV Installation

NABCEP Certificate of Knowledge Test Preparation

This exciting course in Green Energy is both a hands-on and information-based class that will help students pass the North American Board of Certified Energy Practitioners (NABCEP) Entry Level Solar Installer Exam. NABCEP is a nationally recognized certifying agency for solar installers. The Entry Level Certificate can be used to get a job with a local solar installation company, as it demonstrates that you have achieved a basic knowledge of the fundamental principles of the application, design, installation and operation of solar photovoltaic (PV) and solar heating systems. While the focus of this program is on the academic knowledge needed to pass the exam, more than half of the hours will be used for practical hands-on experience. The class will jointly build a working solar system using standard PV components and electrical parts and tools. The class will integrate theory, laws and regulations with practical applications. Topics include system sizing and design exercises, basic electronics, basic electrical wiring, safety, and a discussion about the viability of solar and other alternative energy systems.

NABCEP Testing: Students will be offered the opportunity to take the NABCEP test at the conclusion of the course.

Job Placement: MiraCosta College is in collaboration with several Solar PV companies that are eagerly waiting to hire the graduates of this class.

Brian Goldojarb

$500. Student tuition is being funded by the San Diego Workforce Investment Board and is fully covered. Students must pre-register for this course. WIOA funding available.

Landes Recreation Center
2855 Cedar Road, Oceanside

Tues & Thurs, 3/1–5/3, 7–9:30 PM & 4 Sat, 3/12, 3/26, 4/9 & 4/23, 9 AM–4 PM (30 min lunch)
Unmanned Systems (Drone) Operator Technician Program with FAA Certificate Test Prep

San Diego is a center for innovation and unmanned aircraft systems (UAS) are becoming the technology of choice for overwater, aerospace, retail delivery and agriculture industries. Our 365-hour program will employ hands-on training using state-of-the-art technology. Upon course completion, students will be ready to take the FAA Unmanned Aircraft Systems (UAS) Drone Knowledge Test—the required exam needed to pass to get a Remote Pilot Certificate.

Course includes:

- Industrial safety
- Electrical and specialty wiring
- Programmable controllers
- Machine design
- PC base data acquisition and control
- Geographic Information Systems (GIS)
- Electrical and mechanical repair
- Introduction to careers
- Introduction to drones (UAVs)
- Drone piloting
- FAA certificate requirements and regulations
- FAA exam prep
- Career Readiness
- OSHA-10 Certificate
- Lean Training
- Industry Networking & Guest Speakers

$4,000 Reduced Fee $3,000 GI Bill® and Sallie Mae funding available.

Technology Career Institute
Mon–Thurs, 8/1–12/7, 3–8:30 PM
No class on 9/5 & 11/24. 5 hours each day.

Register for the FREE information session (details on page 33).

Welding I Program

Designed to train students to qualify for an American Welding Society (AWS) code, this 132-hour course will explore basic welding processes and procedures, safety, interpretations of blueprints/shop drawings, metallurgy, fabrication tools, welding qualifications and procedure qualification. In addition, students will receive a significant amount of hands-on training in:

- Shielded Metal Arc Welding (SMAW)
- Gas Metal Arc Welding (GMAW)
- Flux Core Arc Welding (FCAW)

$2,400 Reduced Fee $1,500 GI Bill®, Sallie Mae and WIOA funding available.

Landes Recreation Center
2855 Cedar Road, Oceanside
11 Tues, Wed & Thurs, 1/18–3/31, 5–9 PM
17 Sat, 1/15–5/21, 9 AM–5:30 PM
No class on 2/19 & 4/16.

Welding and Metal Fabrication

Interested in expanding upon your newly acquired skills from our Welding I class by getting some hands-on experience? If so, this 60-hour class is a great opportunity to practice and expand upon existing skills. Topics will include class projects, covering:

- SMAW, GMAW & FCAW welding processes
- Plasma arc cutting
- Blueprint reading
- Basic tool safety and “tools of the trade” suggested checklist for welders/fabricators.
- Hands-on experience with the ironworker, cold saw and band saw.

Students will also learn math fabrication skills, job steps from start to finish, tacking, squaring and order of welding and basic critical thinking.

$985

Landes Recreation Center
2855 Cedar Road, Oceanside
15 Mon, 2/7–5/23, 5–9 PM. No class on 2/21.
**Massage Therapy Program | CAMTC Approved**

500 hours completed in just ONE semester

Whether you are a beginner looking for a first-rate training and professional qualification or a qualified therapist wishing to further your knowledge and skills, MiraCosta College’s Massage Therapy training program is just right for you. Our newly revised Massage Therapy program is held, Tuesday–Friday and some Saturdays. This 500-hour program has a maximum student number, ensuring close supervision for each learner. Massage therapists can specialize in many different types of massage modalities. Swedish, deep-tissue and sports massages are just a few of the many modalities of massage therapy. This program is designed for anyone who meets the prerequisites and is interested in becoming a massage therapist, sports massage therapist or starting their own massage business.

**Textbooks:** Course requires you to purchase three textbooks for an approximate cost of $200. List will be sent prior to class.

Kevin Whitfield, Keoni Salgado, Tania Yager / $5,000 due at time of registration. GI Bill® and Sallie Mae funding available. Students are required to purchase and wear white or black short/cap sleeve shirt (polo/athletic style), dark/khaki knee/ankle length pants and closed-toed shoes while working with the public. Students will also bring personal sanitizer, a clean sheet and massage lotions.

Oceanside Campus, Room T520


No class on 2/18/22, 3/21/22–3/25/22, 5/30/22.

**Phlebotomy Technician Program with NCCT Exam**

MiraCosta College Community Education & Workforce Development, in partnership with PhlebotomyU, is proud to offer this excellent opportunity for those seeking to enter the medical field as a CPT1 phlebotomy technician.

Students are required to complete:

- A minimum of 20-hours in basic phlebotomy
- A minimum of 20-hours in advanced phlebotomy
- A minimum of 40-hours in a laboratory course in applied phlebotomy
- 40–120 hours of clinical externship in a healthcare setting

Students who pass the course will also be eligible to take the certification examination offered by the National Center for Competency Testing (NCCT) in class at the conclusion of the course. Upon successful completion of the course, participants will be issued a state-approved training certificate.

**Note:** A $100 California CPT 1 License Application fee, BLS Certification and all immunization are not included in the tuition fee and must be paid by the student. High school diploma or GED required.

$2,750 GI Bill®, Sallie Mae and WIOA funding available.

**Additional Fees:** A $90 National Examination Fee and a $100 Background Check and Drug Screen Fee will be collected at the time of registration with the tuition fee.

Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, Room 100

Mon, Wed & Fri, 3/7–5/13, 5–8:30 PM (in-person)

**Externship:** Clinical externships will be provided and supervised by our phlebotomy program staff.

Register for the FREE online information session: Wed, 2/9 at 5:30 PM, livestream (details on page 33).
**Veterinary Assistant Program**

Become a veterinary assistant in just a few months! This 65-hour program will provide students with an overview and entry-level training. Learn basic animal care principles and techniques, safety procedures and state/federal guidelines. Topics include:

- Basic anatomy and physiology
- Basic radiology
- Small animal breeds
- Animal nutrition
- Parasite control
- Recordkeeping and veterinary office procedures
- Client relations and communications
- Veterinary medical terminology, hospital patient care and surgical preparation

Students will learn laboratory techniques and customer representative skills appropriate for a veterinary assistant. This class is entry-level and is NOT a veterinary technician training program, which requires a two-year American Veterinary Medical Association (AVMA) accredited degree program.

**Supplies:** Students will need to purchase the book, *Veterinary Assisting Fundamentals & Applications* by Beth Vanhorn & Robert Clark and *Animal Restraint for Veterinary Professionals* by C.C. Sheldon, James Topel and Teresa Sonstagen (available on amazon.com) prior to the first class session.

$1,090 GI Bill®, Sallie Mae and WIOA funding available. Additional Fees: A $15 lab fee will be collected at the time of registration with the tuition fee.

Technology Career Institute
2075 Las Palmas Drive, Carlsbad, Room 100
10 Sat, 3/5–5/14, 9 AM–5:30 PM. No class on 4/16.

**Externship:** We strongly recommended a minimum of 80 externship hours at the conclusion of the training (this is required for anyone receiving funding from an outside organization).

Register for the FREE information session now:
Wed, 2/2 at 5:30 PM, livestream (details on page 33).

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**Child Visitation Monitor**

Are you looking for a career opportunity in which you can work within the community, gain valuable experience and make a difference in the lives of children and families? Consider becoming a Professional Child Visitation Monitor: a position that is always in demand. Monitors earn $45–$60 an hour, depending on the case. Often, based on protection and safety issues, a judge will order that a child only have contact with a parent when a neutral third person is present during the visit. The monitor’s responsibility is to ensure the safety and well-being of the children involved. After completion of this course, monitors can apply at a visitation agency or work independently. This comprehensive course satisfies the State’s 24-hour training requirement. You will learn California State policies and procedures as well as your role as a monitor. Must be at least 21 years old and have a clean record.

**Note:** A small business license is required if you want to work independently as a child visitation monitor.

**Supplies:** A $65 handbook fee will be collected in class. Bring sack lunch or snacks.

Jazmin Mundo / $315 WIOA funding available.
3 Sat, 4/2–4/16, 8:30 AM–4:30 PM
Oceanside Campus, Room 3504

Register for the FREE livestream information session now: Wed, 3/2 at 5 PM (details on page 33).
Real Estate License Program—Livestream

An accelerated 4-month program that includes licensing exam preparation. The Real Estate License Program provides the perfect training for those students planning to enter the real estate profession, as well as opportunities for those currently working in real estate and related areas to increase knowledge in this field. The duration of the course is four months/150-hours and includes testing preparation and the opportunity to take the real estate exam at the end of class.

Course includes: Real Estate Principles, Real Estate Practice, Legal Aspects of Real Estate, Mastering Real Estate Math and Exam Preparation.

CERTIFICATIONS: If students attend all classes, complete the necessary coursework and pass the required tests, students will receive a MiraCosta College Certificate of Accomplishment. Licensing to become a real estate salesperson is conducted by the California Department of Consumer Affairs Bureau of Real Estate (BRE). To obtain a California Real Estate Salesperson license, candidates must first qualify for and pass a written examination. For information about state licensing, go to bre.ca.gov.

Note: Instructor will send an email with Zoom link for online portion of the class. Online class will be recorded for students that cannot participate in the designated online time.

Blair Havens / $350 per course, or save and sign up for all three courses for $900
GI Bill® and Sallie Mae funding available.


Real Estate Principles: Tues & Thurs 2/1–3/3, 6:30–9:30 PM. 2 Wed, 2/9 & 2/16, 6:30–9:30 PM 2 Sat, 2/5 & 2/26, 8:30 AM–4:30 PM
Real Estate Finance & Economics: Tues & Thurs, 4/12–5/12, 6:30–9:30 PM 2 Wed, 4/20 & 5/11, 6:30–9:30 PM. 2 Sat, 4/23 & 4/30, 8:30 AM–4:30 PM
Online Electronics/Robotics

MiraCosta Community Education & Workforce Development, in partnership with George Brown College, is proud to offer six interactive and highly innovative distance education programs that combine state-of-the-art lab simulation with award-winning curriculum. The program content is delivered on CD, DVD or USB drive and is supported through the online virtual campus.

**Automation Technician**
The AT program provides an introduction to industrial automation, including digital electronics, process control, and programming of PLCs, robotic and SCADA systems.

Fee: $1,850 WIOA funding approved.
Or pay as you go (cost per module available at miracosta-gbc.com).

**Robotics Technician**
An introduction to industrial robotics, this course explains how they are used in plants or manufacturing systems.

Fee: $1,740 WIOA funding approved.
Or pay as you go: initial registration $570 and $90 for each of the remaining 13 modules.

**Electronics Technician**
The ET program covers the fundamentals of electronics and prepares students for further on-the-job training as a consumer, commercial or industrial electronics service technician.

Fee: $1,800 WIOA funding approved.
Or pay as you go: initial registration $430 and $60 for each of the remaining 23 modules.

**Electromechanical Technician**
The ET program is designed to provide students with a foundation in electromechanical technology, such as industrial maintenance, design and installation, technical services, technical sales and industrial research.

Fee: $1,800 WIOA funding approved.
Or pay as you go: initial registration $430 and $60 for each of the remaining 23 modules.

**Programmable Logic Controller (PLC) Technician**
The basic introduction to PLCs, this program is designed for people with little or no background in the area. Visit the website listed below for more information.

Fee: $1,800
Or pay as you go: initial registration $450 and $75 for each of the remaining 18 modules.

**Programmable Logic Controller II (PLC) Technician**
The PLC Technician II Certificate provides a more advanced study of PLCs, introducing tag-based addressing, DCS and SCADA systems.

Fee: $1,800
Or pay as you go: initial registration $450 and $75 for each of the remaining 18 modules.

In partnership with George Brown College, MiraCosta Community Education & Workforce Development provides more information at miracosta-gbc.com or call 866.277.0881.
LOCATIONS | MAPS

OCEANSIDE CAMPUS

1 BARNARD DRIVE | OCEANSIDE
CA 92056 | 760.757.2121
MIRACOSTA.EDU

Located just north of Highway 78
off College Boulevard; 121-acre
hilltop campus with coastal and
mountain views

Directory

Admissions & Records
2100, 2200, 2300
Art
3400
Arts
5200
Automotive Technology
4000
Biology
4050
Board Room
T200
Bookstore
3400
Business/Financial Services
T210
Cafeteria
3400
CalWORKs
3000
Career Center
4700
Child Development Center
8000
College Police
1100
Concert Hall
2400
Consortium
3700
Dance Studio
2700
Development & Foundation
T250
Driver Education
T510

English Language Institute
T510, T520
Enrollment Information
3000
EMS
3000
Facilities Department
4200
Financial Aid/Scholarships
3000
Gymnasium
5000
Health Services
3300
Horticulture
7000
Human Resources/Payroll
T210
Institutional Advancement
T230
Institutional Research
7210
Instructional Services
T260
International Students
3400
Library & Information Hub
1100
Lost & Found
1100
Math Learning Center
1200
Music
2200, 2300
Nursing/Allied Health
T420, 4400
Parking Permits
1100
President, Office of the
T210
Printing Services
3400

Proctoring Center
3300
Public Information Office
T250
Purchasing
T600
School Relations/Diversity
3400
Service Learning
3300
Shipping/Receiving
6100
Strong Workforce
T560
Student Accessibility Services
3000
Student Accounts/Cashier
3200
Student Center
3400
Student Life & Leadership
3400
Testing Office
3300
Theatre
2000
Theatre Studio
2700
Little Theatre
3601
Transfer Center
3700
Tutoring
1200
Veterans Services
T100
Wellness Center
4100
Writing Center
1200

PHONE 760.795.6820 | MIRACOSTA.EDU/COMMUNITY 47
3333 MANCHESTER AVENUE | CARDIFF
CA 92007 | 760.944.4449
MIRACOSTA.EDU

Nestled below the bluffs and facing the San Elijo Lagoon; 42-acre campus just east of I-5
2075 LAS PALMAS DRIVE | CARLSBAD
CA 92011 | 760.795.6820
MIRACOSTA.EDU/COMMUNITY

Located off Palomar Airport Road between El Camino Real & I-5
in Carlsbad

Directory
Community Education & Workforce Development
Technology Career Institute
760.795.6820
miracosta.edu/community

North San Diego Small Business Development Center
760.795.8740
sandiegosmallbiz.com

SoCal Veterans Business Outreach Center
760.795.8739
socalvboc.org

CLASS LOCATION GUIDE

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For additional information and assistance, call 760.795.6820

careertraining.ed2go.com/miracosta

For additional information and assistance, call 760.795.6820
Technology Career Institute
2075 Las Palmas Drive
Carlsbad, CA 92011

See program details on page 37 or call 760.795.6820 for more information.
miracosta.edu/community

MiraCosta BrewTech Program earned the 2021 title of Collegiate Grand National Champion with four gold medals and a silver.

Tour our BrewTech facility
Please schedule in advance with Carisa at 760.757.2121, x6528

BrewTech PRIDE

MiraCosta BrewTech